
TO: ALL IPF NATIONAL MEMBER FEDERATIONS
FROM: IPF ANTI-DOPING COMMISSION
RE: REMINDER OF CHANGES TO THE IPF ANTI-DOPING RULES AS OF 1 JANUARY 2021
DATE: 17 MAY 2021

As we are now 6 months into the implementation of new 2021 World Anti-Doping Code (“Code”) and the new 2021 IPF Anti-Doping Rules, this communication serves as a reminder to all National Member Federations (“National Federations” under the IPF Anti-Doping Rules) regarding national-level testing and requirements related to education.

National-Level Testing

As you are all aware, for IPF to maintain its compliance with the World Anti-Doping Code and for IPF National Federations to maintain (compliant) membership status with the IPF, effective January 1, 2021, National Federations **are no longer allowed to run their own national-level testing program.**

IPF firstly thanks all of you who have successfully and promptly modified your past practices and entered into collaborative agreements with your National Anti-Doping Organisation. We wish you good luck with the same

We remind you all that if a National Federation wishes to continue national-level testing, two options are available:

1. Outsource your program to your local National Anti-Doping Organization (NADO) - PREFERRED
2. Outsource your program under the authority of the IPF

IPF will have to enforce these requirements strictly and uniformly to maintain both its status as a Signatory to the Code and its Tier 1 Compliance Status with WADA.

We urge you to contact the IPF through the CCES (ipfantidoping@cces.ca) or your NADO to have this implemented as soon as possible. Should you need assistance finding contact information for your NADO, we will gladly assist.

We take this opportunity to invite you to view the 2021 IPF Anti-Doping Rules on the IPF website as well as all the new content developed to reflect these updated rules and IPF’s new partnership with the CCES.

Education

IPF brings to your attention Article 18.8 of the IPF Anti-Doping Rules and Article 20.3.13 of the World Anti-Doping Code to which you are all bound and which states that

All National Federations shall be required to conduct anti-doping education in coordination with their National Anti-Doping Organizations (NADO).

Therefore, IPF encourages you to identify one individual within your federation who will become the contact person responsible for anti-doping education (“Anti-Doping Education Officer”).

This Education Officer must then directly contact your respective NADO (or RADO) to open communication lines with regards to anti-doping education for your athletes. This way - you can obtain educational materials for your athletes and support personnel in your own language.

- If you require assistance obtaining the contact information for your NADO for educational purposes, please contact us at ifpantidoping@cces.ca and we will assist you.

ADEL

Do you know what ADEL is? Have you told your athletes and coaches to use ADEL?

ADEL is an online anti-doping education platform that offers interactive and informative education modules for everyone involved in sport.

IPF invites you all to encourage Athletes and coaches from your federation to register for ADEL and to complete as many modules as possible. <https://adel.wada-ama.org/>

You should consider making completion of ADEL modules mandatory for each of your athletes and their coaches. As you will see - the Modules are available in various languages.

IMPORTANT REMINDER:

All Registered Testing Pool Athletes must successfully complete the “*Registered Testing Pool Athletes education program*” through ADEL as a requirement.

And

All Junior and Sub-Junior athletes competing at the following IPF Championships must successfully complete the “*international -level athletes education program*” through ADEL as a requirement in order to be able to compete:

- World Sub-Junior & Junior Powerlifting Championships
- World Sub-Junior, Junior & Open Classic Powerlifting Championships
- World Open, Sub Junior, Junior & Masters Classic & Equipped Bench Press Championship

If you have any questions on the contents of this circular or your many obligations under the IPF Anti-Doping Rules please to not hesitate to contact IPF.

We all have a role to play in respecting our respective obligations under the IPF Anti-Doping Rules and in keeping our sport and our athletes healthy and clean.

Kind regards,



Gaston Parage, President



Maia Blackman, Chair IPF Anti-Doping Commission