

**ASIAN POWERLIFTING FEDERATION**  
**Asian Women's Equipped Championships, Hong Kong (Hong Kong), 21.04-26.05.2019**  
**SCORESHEET**

Rnk	Name	d.o.b.	Nation	Bwt	SQ	BP	DL	TOTAL	IPF Pts	Pts
<b>Open</b>										
<b>-47kg</b>										
1.	Liu Mei-Xiang	18/06/1983	TPE	46.37	145,0 1	82,5 1	140,0 1	367,5	583,46	12
<b>-52kg</b>										
1.	Yip Rebecca	01/01/1976	HKG	49.73	90,0 1	75,0 1	110,0 1	275,0	447,64	12
<b>-57kg</b>										
1.	Tendolkar Suchita	28/02/1995	IND	54.79	157,5 2	75,0 2	147,5 1	380,0	555,23	12
2.	Yu Weilli	01/01/1983	HKG	56.24	165,0 1	77,5 1	137,5 2	380,0	549,00	9
<b>-63kg</b>										
1.	Hung Hsiu-Ching	22/06/1995	TPE	61.98	200,0 1	100,0 2	215,0 1	515,0	677,44	12
2.	Tomazova Yuliya	26/07/1993	KAZ	62.53	190,0 2	105,0 1	182,5 2	477,5	633,38	9
3.	Liu Yu Jie	27/01/1984	TPE	61.31	120,0 3	60,0 3	140,0 3	320,0	462,56	8
4.	Chan Pui Yee	01/01/1994	HKG	60.35	102,5 4	42,5 4	107,5 4	252,5	389,25	7
<b>-72kg</b>										
1.	Anggraini Mulia	15/12/1995	INA	67.63	211,0 1	135,0 1	201,0 1	547,0	687,10	12
2.	B. Gaikwad Prateeksha	01/01/1991	IND	71.83	180,0 2	107,5 2	170,0 2	457,5	578,34	9
<b>-84kg</b>										
1.	Sonali Gite	31/03/1990	IND	84.00	220,0 1	125,0 1	177,5 3	522,5	608,35	12
2.	Preeti Temghare	21/10/1989	IND	83.69	200,0 2	110,0 2	177,5 2	487,5	575,67	9
3.	Doushabchi Maryam	01/01/1987	IRI	78.20	175,0 3	102,5 4	180,0 1	457,5	560,32	8
4.	Ho Florence	01/01/1979	HKG	83.10	135,0 4	105,0 3	145,0 4	385,0	478,71	7
<b>84+kg</b>										
1.	Su Fang-Yun	14/11/1992	TPE	122.37	260,0 1	140,0 1	217,5 1	617,5	615,52	12

**Nation (points)**

1.	Chinese Taipei	44	[12+12+12+8]	2338,99 IPF Pts
2.	India	42	[12+12+9+9]	2317,58 IPF Pts
3.	Hong Kong	35	[12+9+7+7]	1864,58 IPF Pts
4.	Indonesia	12	[12]	687,10 IPF Pts
5.	Kazakhstan	9	[9]	633,38 IPF Pts
6.	Iran	8	[8]	560,32 IPF Pts

**Best Lifters of Open by IPF Points System**

Rnk	Lifter	Nation	Bwt	Total	IPF Points	Σ.Rnk
1.	Anggraini Mulia	Indonesia	67.63	547,0	687,0965	1
2.	Hung Hsiu-Ching	Chinese Taipei	61.98	515,0	677,4391	1
3.	Tomazova Yuliya	Kazakhstan	62.53	477,5	633,3793	2

**Sub-Juniors****-52kg**

1.	Doskul Adelya	13/08/2003	KAZ	51.37	130,0	1	75,0	1	122,5	1	327,5	506,50	12
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**-57kg**

1.	Chen Yi-Jin	11/06/2003	TPE	53.64	152,5	1	60,0	2	137,5	1	350,0	524,26	12
2.	Wu Pei-Chen	02/09/2004	TPE	56.13	140,0	2	65,0	1	120,0	2	325,0	484,86	9

**-63kg**

1.	Turpan Marina	01/01/2002	KAZ	58.11	130,0	1	57,5	1	115,0	1	302,5	452,19	12
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**-84kg**

1.	Skvortsova Yekaterina	31/07/2001	KAZ	83.28	162,5	1	90,0	1	160,0	1	412,5	504,74	12
2.	Lyzhnik Polina	01/01/2003	KAZ	81.57	110,0	2	65,0	2	110,0	2	285,0	384,85	9

**84+kg**

1.	Li Hsin-Ying	07/08/2005	TPE	91.05	175,0	1	90,0	1	155,0	1	420,0	496,95	12
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**Nation (points)**

1.	Kazakhstan	45	[12+12+12+9]	1848,28	IPF Pts
2.	Chinese Taipei	33	[12+12+9]	1506,07	IPF Pts

**Best Lifters of Subjuniors by IPF Points System**

Rnk	Lifter	Nation	Bwt	Total	IPF Points	Σ.Rnk
1.	Chen Yi-Jin	Chinese Taipei	53.64	350,0	524,2585	1
2.	Doskul Adelya	Kazakhstan	51.37	327,5	506,5019	1
3.	Skvortsova Yekaterina	Kazakhstan	83.28	412,5	504,7395	1

**Juniors****-43kg**

1.	Jheng Ya-Syuan	20/11/1999	TPE	41.61	133,0	1	57,5	1	122,5	1	313,0	539,59	12
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**-47kg**

1.	Sangle Anjali	08/07/1999	IND	46.85	105,0	1	55,0	1	115,0	1	275,0	459,44	12
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<b>-52kg</b>													
1.	Suryani Lilis	27/03/1998	INA	51.21	186,0	1	95,0	1	186,0	1	467,0	680,06	12
<b>-63kg</b>													
1.	Kochina Valeriya	08/11/1998	KAZ	62.61	180,0	1	100,0	1	170,0	1	450,0	602,63	12
2.	Lin Chih-Yi	15/05/1996	TPE	61.88	160,0	2	80,0	2	145,0	3	385,0	533,26	9
3.	Sardesai Hritvika	31/03/2000	IND	62.12	152,5	3	70,0	3	152,5	2	375,0	521,32	8
<b>-72kg</b>													
1.	Nurkenova Asel	14/08/2000	KAZ	70.60	185,0	1	117,5	1	182,5	1	485,0	610,75	12
2.	Lai Si Ying	06/08/1999	TPE	67.07	150,0	2	100,0	2	165,0	2	415,0	548,70	9
3.	Shen Michelle	01/01/1997	HKG	68.25	127,5	3	52,5	3	137,5	3	317,5	441,96	8
<b>84+kg</b>													
1.	Meier Regina	15/03/1999	KAZ	110.39	237,5	1	150,0	1	172,5	1	560,0	587,08	12
2.	Chang Yi-Chiao	15/11/1997	TPE	100.41	200,0	2	102,5	2	160,0	2	462,5	519,34	9

#### Nation (points)

1.	Chinese Taipei	39	[12+9+9+9]	2140,88	IPF Pts
2.	Kazakhstan	36	[12+12+12]	1800,46	IPF Pts
3.	India	20	[12+8]	980,77	IPF Pts
4.	Indonesia	12	[12]	680,06	IPF Pts
5.	Hong Kong	8	[8]	441,96	IPF Pts

#### Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	Σ.Rnk
1.	Suryani Lilis	Indonesia	51.21	467,0	680,06	10
2.	Nurkenova Asel	Kazakhstan	70.60	485,0	610,75	38
3.	Kochina Valeriya	Kazakhstan	62.61	450,0	602,63	30

#### Masters 1

<b>-52kg</b>													
1.	Hsieh Yu-Hsin	27/09/1977	TPE	50.39	75,0	1	30,0	1	117,5	1	222,5	379,45	12
<b>-57kg</b>													
1.	Ekta Vishnoi	03/06/1973	IND	54.89	125,0	1	75,0	1	145,0	1	345,0	513,15	12
<b>-72kg</b>													
1.	Arthi Arun	13/03/1975	IND	67.18	130,0	1	62,5	2	137,5	1	330,0	457,78	12
2.	Ho Wing-Nga	01/01/1973	HKG	69.40	115,0	2	80,0	1	110,0	2	305,0	426,26	9

**Nation (points)**

1. India	24	[12+12]	970,93 IPF Pts
2. Chinese Taipei	12	[12]	379,45 IPF Pts
3. Hong Kong	9	[9]	426,26 IPF Pts

**Best Lifters of Masters 1 by IPF Points System**

Rnk	Lifter	Nation	Bwt	Total	IPF Points	Σ.Rnk
1.	Ekta Vishnoi	India	54.89	345,0	513,1494	1
2.	Arthi Arun	India	67.18	330,0	457,7807	1
3.	Ho Wing-Nga	Hong Kong	69.40	305,0	426,2635	2

**Masters 2**

<b>-47kg</b>													
1.	Wong Wai-Yu	01/01/2060	HKG	46.30	75,0	1	47,5	1	102,5	1	225,0	395,94	12
<b>-63kg</b>													
1.	Ip Wing-Yuk	01/01/2061	HKG	61.83	110,0	1	70,0	1	115,0	1	295,0	433,24	12
<b>-72kg</b>													
1.	Chan Mei-Mei	01/01/2068	HKG	63.36	140,0	1	84,5	1	145,0	1	369,5	511,22	12

**Nation (points)**

1. Hong Kong	36	[12+12+12]	1340,40 IPF Pts
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**Best Lifters of Masters 2 by IPF Points System**

Rnk	Lifter	Nation	Bwt	Total	IPF Points	Σ.Rnk
1.	Chan Mei-Mei	Hong Kong	63.36	369,5	511,2225	1
2.	Ip Wing-Yuk	Hong Kong	61.83	295,0	433,2413	1
3.	Wong Wai-Yu	Hong Kong	46.30	225,0	395,9388	1

**Masters 3**

<b>84+kg</b>													
1.	Tendulkar Anuja	28/02/2058	IND	102.36	85,0	1	60,0	1	120,0	1	265,0	343,35	12

**Nation (points)**

1. India	12	[12]	343,35 IPF Pts
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### Best Lifters of Masters 3 by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	Rnk
1.	Tendulkar Anuja	India	102.36	265,0	343,3477	1

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#### Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;  
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.  
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = Hong Kong

INA = Indonesia

IND = India

IRI = Iran

KAZ = Kazakhstan

TPE = Chinese Taipei