

2013 The Results of Asian Men's Powerlifting Championships
 May 1–6th, Ahwaz, Iran

 Disqualified by doping offence

53kg class

Subjunior

1	Moradi	Saeed	Iran		52.9	130	70	150	350
2	Awlad Thani	Al Khattab	Oman	1998	52.4	140	55	125	320
3	AL-OGAILI	MUSTAFA	Iraq	1996	52.3	120	72.5	125	317.5

Junior

1	Ramirez	Regie	Philippines	1993	52.6	200	112.5	217.5	530
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59kg Class

Subjunior

1	AL-LAMI	ALI	Iraq	1996	58.4	180	110	182.5	472.5
2	Ahmadi	Mohammadreza	Iran		58.4	170	102.5	195	467.5

Junior

1	Wang	Chun-Lin	Chinese Taipei	20-Sep-90	58.4	245	135	230	610
2	AL-MASSLAWI	AHMED	Iraq	1990		195	125	192.5	512.5

Open

1	Tavakoli	Esmaeil	Iran		59	200	85	190	475
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M1 Division

1	Rabiee	Abdolreza	Iran		59	170	100	170	440
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M2 Division

1	Assadpour	Jomeh	Iran		58	120	72.5	140	332.5
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M3 Division

1	Marumoto	Hidetoshi	Japan	1947/1/3	57.7	180.0	108.0	173.0	461
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66kg Class

Subjunior

1	Li	Sheng-Fu	Chinese Taipei	8-Jan-95	64.3	237.5	155	225	617.5
2	Alinaghian	Mehdi	Iran		66	165	122.5	180	467.5

Junior

1	Alkiyumi	Yahya	Oman	1991	63.5	200	165	205	570
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Open

1	Hsieh	Tsung-Ting	Chinese Taipei	28-Mar-82	64.3	255	211	265	731
2	Ahmadzadeh	Seyed Ahmad	Iran		65.6	270	145	240	655

M1 Division

1	Momozdur Shetabi	Mozdurshetabi Morteza	Iran		65.7	202.5	122.5	207.5	532.5
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M2 Division

1	Niwa	Hironori	Japan	1961/4/6	65.5	—	120.0	220.0	—
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M4 Division

1	Heydar Sagheb	Ali	Iran		65	120	80	150	350
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74kg Class

Subjunior

1	Mohammadparast	Mehdi	Iran	1997	73.3	160	105	175	440
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Junior

1	Alzakwani	Omar	Oman	1992	72.9	232.5	162.5	242.5	637.5
2	MADHLOOM	HUSSEIN	Iraq	1990	72.1	225	155	252.5	632.5
3	Alhashemi	Saed	Oman	1992	73.3	210	147.5	190	547.5

Open

1	Huang	Lung-Hsin	Chinese Taipei	11-Jan-83	73.8	282.5	210	307.5	800
2	Rostami	Hossein	Iran		73.5	275	197.5	240	712.5

M1 Division

1	Hosseinzadeh	Nematallah	Iran		72.5	205	125	190	520
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M2 Division

1	Ghorbani	Ramezan Ali	Iran		73.1	170	70	190	430
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M3 Division

1	Moradi	Ramezan Ali	Iran		72	140	97.5	137.5	375
2	Abdollahzadeh	Ali	Iran		72.7	175	60	175	410

M4 Division

1	Osawa	Mitsuru	Japan	1941/8/1	73.1	175.0	115.0	160.0	450
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2	Movasaghi	Mohammad Ebrahim	Iran		69.2	75	45	130	250
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83kg Class

Subjunior

1	Abdollahzadeh	Mohammad	Iran		79.7	200	150	220	570
2	Mohammadparast	Pouria	Iran	1997	82.7	160	80	150	390

Junior

1	ALI	CHALAK	Iraq	1992	79.5	270	175	255	700
2	Aulad Thani	Mohammed	Oman	1990	81.5	252.5	167.5	242.5	662.5
3	Cruz	Clark	Philippines	1994	82.9	235	140	245	620

Open

1	Alzaabi	Faisal Ahmed Obaid Alghais	UAE	17/12/1978	81.5	200	170	170	540
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M1 Division

1	Fathi	Alinaghi	Iran		81.7	250	150	250	650
2	Motaghian	Morteza	Iran		78.6	237.5	155	180	572.5

M2 Division

1	Yamaguchi	Makoto	Japan	1963/11/3	82.2	260.0	155.0	240.0	655
2	Jafari	Reza	Iran		78	210	115	180	505

M3 Division

1	Kitano	Toshio	Japan	1946/10/9	82.7	230.0	100.0	245.0	575
2	Zatparvar	Majid	Iran						

M4 Division

1	Daneshvar	Mohammad Hossein	Iran		80.6	100	55	130	285
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93kg Class

Subjunior

1	Nasiri	Tohid	Iran		92.5	220	170	270	660
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Junior

1	Barkhordar	Mohammadreza	Iran		92	280	195	300	775
2	Aulad Thani	Salim	Oman	1992	91.2	292.5	157.5	282.5	732.5
3	Ichino	Tomoyuki	Japan	1990/11/10	91.6	270.0	170.0	255.0	695
4	Adeelah	Raed	Iraq	1992/9/24	89.4	240	180	250	670
5	Caparas	Aldrin	Philippines	1993	92.3	247.5	165	217.5	630

Open

2	Rezai	Alireza	Iran		91.9	320	212.5	285	817.5
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M1 Division

1	Khosravi	Mohammadreza	Iran		92.3	220	195	227.5	642.5
2	Yura	Sukh-Ochir	Mongolia	1970	91.6	255	150	210	615

M2 Division

R	Haji Gholizadeh	Jabbar Ali	Iran	1953	86	205	150	210	565
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M3 Division

1	Majidc Zatparvar	Valizadeh Hossein	Iran		83.1	150	115	165	430
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M4 Division

1	Rohani	abbas	Iran		92.5	70	55	90	215
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105kg Class

Subjunior

1	Karimi	Hossein	Iran	1995					
2	TAHA	MOHAMMED	Iraq	1995	101.3	220	130	200	550

Junior

1	Ranjbar	Mostafa	Iran		104.7	340	220	331	891
2	Yang	Sen	Chinese Taipei	14-Aug-94	104.1	325	220	305	850
3	Jahanshahi	Alireza	Iran		99.3	320	180	300	800
4	Su	Cheng-Fong	Chinese Taipei	14-Dec-93	97.7	250	157.5	270	677.5
5	Cueto	Brandon	Philippines	1991	98.4	225	142.5	220	587.5
6	Alhasni	Qais	Oman	1992	104	210	100	205	515

Open

1	Yazdani	Mostafa	Iran		98.6	315	207.5	332	854.5
2	Azizi	Naser	Iran		103	310	207.5	300	817.5
3	Alhasni	Issa	Oman	1989	101.5	300	200	260	760

M1 Division

1	Norouzi	Alireza	Iran		100.2	255	175	281	711
2	MOHAMMED	BASMAN	Iraq	1969	104.1	265	100	200	565

M2 Division

1	Bahmanyar	Akbar	Iran		100.5	180	150	205	535
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120kg Class**Subjunior**

1	Nejhadi	Peyman	Iran		111.2	255	165	260	680
2	ALSAEEGH	AHMED	Iraq	1995	114.4	220	145	200	565

Junior

1	Debuque	Raymond	Philippines	1993	118.5	240	200	247.5	687.5
2	Maleki	Ali	Iran		114.5	265	172.5	245	682.5

Open

1	Dalir	Majid	Iran		118.2	380	250	300	930
2	Bataa	Chimidtseren	Mongolia	1981	112.8	300	270	250	820

M1 Division

1	Golestani	Abbas	Iran		116.5	305	217.5	270	792.5
2	AL-JANABI	ODAY	Iraq	1966	108.5	140	140	160	440

M2 Division

1	Bakhtiari	Masoud	Iran		113.2	190	110	186	486
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M3 Division

1	Fardin	Mohamadreza	Iran		105.2	80	60	120	260
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120+kg Class**Subjunior**

1	Arash	Orutl	Iran		142.3	245	185	235	665
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Junior

1	Mehrabizadeh	Ahmad	Iran		120.1	300	217.5	270	787.5
2	AL-KRIZI	MUNTADHER	Iraq	1992	137	330	155	280	765

Open

1	Maleki	Mojtaba	Iran		145.1	397.5	255	340	992.5
2	Chao	Chien-Hsiung	Chinese Taipei	13-Jun-69	146.1	315	215	290	820
3	Almandhari	Aida	Oman	1985	125.9	320	200	265	785
-	Mafi Gholami	Mehdi	Iran		136.6	—	—	—	—

M2 Division

1	AZEEZ	KADHIM	Iraq	1957	124.8	145	110	150	405
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M3 Division

1	zareipour	Mohammad Hossein	Iran		137	—	85	140	—
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no IPF Sirazov Ruslan Tagikistan 1987
We are waiting for their joining to IPF.

2013 Asian Women's Powerlifting Championships

6-Dec-13

Quezon City, Philippines

Lot #	Class	Category	Surname	First name	Team	Birth Year	Body Wt	Squat			Benchpress			Sub Total	Deadlift			Total	Rank	Formula Point	Formula	SQ	BP	DL
								1	2	3	1	2	3		1	2	3					Best	Best	Best
8	43	Sub-Junior	Ancuelo	Darryl Ann	Philippines	1997	42.33	60	65	70	32.5	35	37.5x	105	70	80	85	190	1	274.455	1.4445	70	35	85
6	47	Junior	Estrella	Princess	Philippines	1990	46.1	50	60x	60	25	30	35	95	65	72.5	80	175	1	238.63	1.3636	60	35	80
10	47	Master III	Kondo	Sumiko	Japan	1949	46.1	82.5	87.5	90	45	47.5	50x	137.5	90x	90x	90x		-		1.3636	90	47.5	
1	47	Open	Mangcao	Letecia	Philippines	1982	45.93	120	132.5x	132.5x	55	65	71.5x	185	125	135	142.5x	320	1	437.696	1.3678	120	65	135
5	52	Junior	Martin	Jasmine	Philippines	1993	48.29	120	125	130x	50	60	62.5	187.5	142.5	150	157.5	345	1	455.538	1.3204	125	62.5	157.5
7	52	Master II	Aoyama	Fujie	Japan	1959	51.9	110	120	125	60	62.5	65	190	105	110x	110	300	1	374.55	1.2485	125	65	110
3	52	Open	Evangelista	Leslie	Philippines	1981	51.17	122.5	132.5	140	70	75	80x	215	142.5	155	162.5	377.5	1	476.9713	1.2635	140	75	162.5
4	52	Open	Omori	Seiko	Japan	1951	51.4	135x	135	145	72.5	77.5	80x	222.5	120	127.5x	127.5x	342.5	2	430.7965	1.2578	145	77.5	120
9	52	Sub-Junior	Suarez	Nikita	Philippines	1996	49.2	50	52.5	55	30	32.5	35	90	70	80	90	180	1	234.072	1.3004	55	35	90

Chief referee:

Side Referee:

Side: Referee

2013 Asian Women's Powerlifting Championships

6-Dec-13

Quezon City, Philippines

Lot #	Class	Category	Surname	First name	Team	Birth Year	Body Wt	Squat			Benchpress			Sub Total	Deadlift			Total	Rank	Formula Point	Formula	SQ	BP	DL
								1	2	3	1	2	3		1	2	3					Best	Best	Best
6	57	Master III	Hirano	Toyomi	Japan	1950	52.6	85	90	95	40	45x	45x	135	90	x	x	225		278.01	1.2356	95	40	90
3	57	Open	Koykka	Anita	Philippines	1960	54.01	140	150	160.5x	65	x	x	215	150	175.5	182.5x	390.5		472.7393	1.2106	150	65	175.5
2	57	Open	Lao	Joanna	Philippines	1985	54.63	100	110	120x	48	52.5	57.5x	162.5	120	130x	130	292.5		351.0585	1.2002	110	52.5	130
5	63	Open	Ip	Wing Yuk	Hong Kong	1961	62.4	105	x	x	73	82.5	87.5x	187.5	105	x	x	292.5		316.4265	1.0818	105	82.5	105
9	72	Open	Garcia	Ethel	Philippines	1981	65.29	100	110	125x	45	50	55	165	110	120	125	290		303.543	1.0467	110	55	125
8	84	Open	Ferrer	Annette	Philippines	1983	75.96	100	135x	140x	60	65x	65x	160	110	125	135	295		278.362	0.9436	100	60	135

Chief referee:

Side Referee:

Side: Referee

Team awards

Women Sub-Jr	43	47	52	57	63	72	84	84+	Top 5 total	Rank
Philippines	12		12						24	1

Women Jr	43	47	52	57	63	72	84	84+	Top 5 total	Rank
Philippines		12	12						24	1

Women Open	43	47	52	57	63	72	84	84+	Top 5 total	Rank
Philippines		12	12	12	9	12	12		60	1
Hong Kong					12				12	2
Japan			9						9	3

Women Master II	43	47	52	57	63	72	84	84+	Top 5 total	Rank
Japan			12						12	1

Women Master III	43	47	52	57	63	72	84	84+	Top 5 total	Rank
Japan				12					12	1

Class	Category	Surname	First name	Team	Birth Year	Body Wt	Total	Formula Point
43	Sub-Junior	Ancuelo	Darryl Ann	Philippines	1997	42.33	190	274.455
52	Sub-Junior	Suarez	Nikita	Philippines	1996	49.2	180	234.072
52	Open	Evangelista	Leslie	Philippines	1981	51.17	377.5	476.97125
57	Open	Koykka	Anita	Philippines	1960	54.01	390.5	472.7393
47	Open	Mangcao	Letecia	Philippines	1982	45.93	320	437.696
52	Open	Omori	Seiko	Japan	1951	51.4	342.5	430.7965
57	Open	Lao	Joanna	Philippines	1985	54.63	292.5	351.0585
63	Open	Ip	Wing Yuk	Hong Kong	1961	62.4	292.5	316.4265
72	Open	Garcia	Ethel	Philippines	1981	65.29	290	303.543
84	Open	Ferrer	Annette	Philippines	1983	75.96	295	278.362
57	Master III	Hirano	Toyomi	Japan	1950	52.6	225	278.01
52	Master II	Aoyama	Fujie	Japan	1959	51.9	300	374.55
52	Junior	Martin	Jasmine	Philippines	1993	48.29	345	455.538
47	Junior	Estrella	Princess	Philippines	1990	46.1	175	238.63

Sub-Jr Best Lifter

Open Best Lifter

Master III Best Lifter

Master II Best Lifter

Jr Best Lifter