

Asian Powerlifting Federation
West Asia Classic Bench Press Cup 2025
Doha, Qatar - 20-08-2025 to 22-08-2025
Final Results

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best Points	IPF GL Points	Place	
Open - 66kg												
1	TARIK ELKARNEEB	16-03-1993	QAT	65.45	0.569805	132.5	140.0	145.0 140.0	12	79.772700	3 <u>🏆</u>	
2	MOHAMMED SAAD KADHIM	01-01-2001	IRQ	64.00	0.576845	85.0	95.0	97.5	97.5	9	56.242388	11
Open - 83kg												
1	ABDULAZIZ AHMADY	01-03-2000	KUW	81.65	0.506542	130.0	135.0	140.0	140.0	12	70.915880	5
Open - 93kg												
1	MOHAMED MEDANY	14-06-1988	QAT	91.55	0.478120	180.0	192.5 192.5 180.0	180.0	12	86.061600	2 <u>🏆</u>	
2	OMAR ALMASRI	15-06-1985	SYR	87.35	0.489437	120.0	130.0	X	130.0	9	63.626810	8
3	AMER GHAFIL	01-07-1969	IRQ	92.10	0.476711	90.0	90.0	100.0	100.0	8	47.671100	12
Open - 105kg												
1	ABDULKAREEM OUDAH	01-05-1988	IRQ	104.00	0.449759	130.0	145.0	150.0 145.0	12	65.215055	7	
2	AIMAN TAHAN	22-02-1972	SYR	103.30	0.451176	110.0	140.0	150.0 140.0	9	63.164640	9	
Open - 120kg												
1	RENWAR HAMA	01-10-1991	IRQ	120.00	0.421882	210.0	220.0 232.5 210.0	210.0	12	88.595220	1 <u>🏆</u>	
2	FAISAL ALSHAMMARI	11-03-1989	KUW	113.90	0.431575	170.0	200.0 200.0 170.0	170.0	9	73.367750	4	
Open - 120+Kg												
1	HASAN ALMASHKOOR	19-04-1994	IRQ	145.00	0.391033	150.0	160.0	170.0	170.0	12	66.475610	6
2	HUMAM NAJAM ABED	01-01-1994	IRQ	120.50	0.421132	135.0	150.0 160.0 135.0	135.0	9	56.852820	10	

Best Lifter - Open

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	RENWAR HAMA	IRQ	120kg	120.00	0.421882	210.0	88.595220
2	MOHAMED MEDANY	QAT	93kg	91.55	0.478120	180.0	86.061600
3	TARIK ELKARNEEB	QAT	66kg	65.45	0.569805	140.0	79.772700

Team Championship - Open

Place	Team	Points	Best Points	IPF GL Points
1	IRAQ	54	12+12+12+9+9	333.381093
2	QATAR	24	12+12	165.834300
3	KUWAIT	21	12+9	144.283630
4	SYRIA	18	9+9	126.791450
5	IRAN	9	9	56.242388

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best Points	IPF GL Points	Place	
Open - 52kg												
1	DIANA MAE TEGIO	17-09-1997	QAT	51.65	0.963105	70.0	75.0	75.0	75.0	12	72.232875	1 <u>☞</u>
Open - 84+Kg												
1	MYRIAM HANNOUN	10-05-1991	SYR	120.46	0.709677	60.0	85.0	95.0	85.0	12	60.322545	2 <u>☞</u>

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	DIANA MAE TEGIO	QAT	52kg	51.65	0.963105	75.0	72.232875
2	MYRIAM HANNOUN	SYR	84+kg	120.46	0.709677	85.0	60.322545

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	QATAR	12	12	72.232875
2	SYRIA	12	12	60.322545

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best Points	IPF GL Points	Place	
Sub Junior - 66kg												
1	NEEJERFAN RAHEEM	21-04-2007	IRQ	66.00	0.567205	105.0	110.0	115.0	115.0	12	65.228575	1 <u>☞</u>
Sub Junior - 74kg												
1	KHALED ALZEER	10-06-2008	KUW	70.00	0.549389	110.0	115.0	117.5	117.5	12	64.553208	2 <u>☞</u>
2	MOHAMMED BEBANE	07-08-2008	IRQ	72.75	0.538157	70.0	95.0	105.0	105.0	9	56.506485	3 <u>☞</u>
Sub Junior - 83kg												
1	MOHAMMED HUR	07-09-2008	IRQ	81.25	0.507826	85.0	95.0	95.0	85.0	12	43.165210	4

Best Lifter - Sub Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	NEEJERFAN RAHEEM	IRQ	66kg	66.00	0.567205	115.0	65.228575
2	KHALED ALZEER	KUW	74kg	70.00	0.549389	117.5	64.553208
3	MOHAMMED BEBANE	IRQ	74kg	72.75	0.538157	105.0	56.506485

Team Championship - Sub Junior				
Place	Team	Points	Best Points	IPF GL Points
1	IRAQ	33	12+12+9	164.900270
2	KUWAIT	12	12	64.553208

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best Points	IPF GL Points	Place	
Junior - 66kg												
1	ABDULMOHSEN AL AJMI	16-01-2003	KUW	59.25	0.601987	82.5	92.5	92.5	82.5	12	49.663928	6
Junior - 74kg												
1	ABDULMOHSEN AL SAHEL	09-06-2004	KUW	73.75	0.534259	142.5	447.5	447.5	142.5	12	76.131908	2 <u>☞</u>
Junior - 83kg												

Place	Name	DOB	Team	Bd.								IPF GL	
				Wt.	Coeff.	BP1	BP2	BP3	Best	Points	Points	Place	
1	MOHAMMAD ALSAFFAR	01-01-2003	KUW	78.50	0.516981	150.0	155.0	155.0	150.0	12	77.547150	1 <u>☞</u>	
2	BARHAM HASAN MOHAMMED ALI	01-01-2003	IRQ	80.80	0.509285	110.0	115.0	117.5	115.0	9	58.567775	4	
Junior - 120kg													
1	AMER HUR	10-08-2005	IRQ	116.85	0.426758	100.0	110.0	120.0	110.0	12	46.943380	7	
Junior - 120+Kg													
1	MOHAMMAD AKBAR	14-03-2004	KUW	126.20	0.413020	140.0	155.0	170.0	170.0	12	70.213400	3 <u>☞</u>	
2	AHMED ABED	27-10-2003	IRQ	121.50	0.419651	100.0	110.0	120.0	120.0	9	50.358120	5	

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best IPF GL	
						BP	Points
1	MOHAMMAD ALSAFFAR	KUW	83kg	78.50	0.516981	150.0	77.547150
2	ABDULMOHSEN AL SAHEL	KUW	74kg	73.75	0.534259	142.5	76.131908
3	MOHAMMAD AKBAR	KUW	120+kg	126.20	0.413020	170.0	70.213400

Team Championship - Junior				
Place	Team	Points	Best	
			Points	IPF GL Points
1	KUWAIT	48	12+12+12+12	273.556386
2	IRAQ	30	12+9+9	155.869275

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Master 1 - 83kg												
1	BELAL ALBAHSSAS	14-05-1977	SYR	76.50	0.524018	70.0	80.0	90.0	80.0	12	41.921440	4
Master 1 - 105kg												
1	MOHAMAD SULTAN	01-01-1985	LBN	103.90	0.449960	180.0	190.0	200.0	190.0	12	85.492400	2 <u>☞</u>
Master 1 - 120kg												
1	WALEED JAMOOL	15-04-1980	UAE	115.80	0.428443	170.0	180.0	190.0	190.0	12	81.404170	3 <u>☞</u>
Master 1 - 120+Kg												
1	KHODER EL SEN	02-01-1981	LBN	130.55	0.407328	210.0	227.5	232.5	232.5	12	94.703760	1 <u>☞</u>

Best Lifter - Master 1							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best IPF GL	
						BP	Points
1	KHODER EL SEN	LBN	120+kg	130.55	0.407328	232.5	94.703760
2	MOHAMAD SULTAN	LBN	105kg	103.90	0.449960	190.0	85.492400
3	WALEED JAMOOL	UAE	120kg	115.80	0.428443	190.0	81.404170

Team Championship - Master 1				
Place	Team	Points	Best	
			Points	IPF GL Points
1	LEBANON	24	12+12	180.196160
2	UNITED ARAB EMIRATES	12	12	81.404170

Team Championship - Master 1					
Place	Team	Points	Best		IPF GL Points
			Points	Points	
3	SYRIA	12	12		41.921440

Abbreviations:

IRQ = Iraq K UW = Kuwait LBN = Lebanon QAT = Qatar SYR = Syria UAE = United Arab Emirates