

ASIAN POWERLIFTING FEDERATION
Asian Women's Sub-Juniors & Juniors Equipped Powerlifting Championships, Dehradun (India), 06-12.05.2025

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Sub-Juniors																					
-43kg																					
1	Badekar Gayatri	06.01.0	IND	42.95	0.2353	2	120.0	433.0	133.0	1	50.0	58.0-cs	61.0-cs	1	125.0-cs	131.0-cs	435.0	1	325.0 -cs	76.46	12
-47kg																					
1	Gu Dong-Le	15.11.0	TPE	46.50	0.2209	6	120.0	130.0	435.5	1	75.0	80.5-cs	82.5-cs	1	127.5	137.5	143.0-cs	1	355.5 -cs	78.53	12
2	Borshnyakova Milena	06.06.0	KAZ	46.15	0.2222	7	115.0	425.0	125.0	2	55.0	60.0	62.5	2	115.0	127.5	430.0	2	315.0	69.99	9
3	Mahendiran Mathusri	18.02.1	IND	46.85	0.2196	8	75.0	85.0	95.0	3	35.0	45.0	45.0	3	90.0	100.0	427.5	3	230.0	50.52	8
-52kg																					
1	Passyuk Viktoriya	20.06.0	KAZ	51.05	0.2063	14	435.0	135.0	157.5	1	75.0	77.5	80.0	1	430.0	130.0	140.0	2	375.0	77.36	12
2	S R Deepana	15.06.0	IND	51.25	0.2057	12	145.0	455.0	455.0	2	65.0	72.5	75.0	2	145.0	452.5	460.0	1	362.5	74.57	9
3	Sravani Bhukya	31.07.0	IND	48.65	0.2135	13	90.0	400.0	105.0	3	40.0	50.0	55.0	3	100.0	445.0	115.0	3	270.0	57.66	8
-57kg																					
1	Bondareva Yekaterina	20.02.0	KAZ	54.30	0.1978	22	145.0	155.0	460.0	1	60.0	67.5	72.5	1	127.5	135.0	137.5	1	365.0	72.19	12
2	Shinde Sae	06.10.0	IND	54.70	0.1968	20	125.0	435.0	440.0	2	50.0	57.5	60.0	2	125.0	135.0	137.5	2	320.0	62.99	9
-63kg																					
1	Lakra Ishu	08.04.0	IND	62.25	0.1818	26	155.0	465.0	465.0	1	85.0	92.5	400.0	1	145.0	157.5	466.0	1	405.0	73.62	12
-69kg																					
1	Guryeva Margarita	28.11.0	KAZ	63.95	0.1790	38	160.0	175.0	185.0	1	80.0	95.0	95.0	2	142.5	152.5	160.0-cs	1	425.0	76.08	12
2	Yu Pei-Ying	27.07.0	TPE	67.40	0.1740	39	175.0	185.0	490.0	2	80.0	87.5	92.5	1	135.0	145.0	152.5	2	425.0	73.95	9
3	Gavrina Elena	13.06.0	KAZ	66.45	0.1753	37	100.0	110.0	120.0	3	40.0	47.5	52.5	3	70.0	85.0	90.0	3	257.5	45.14	8
-76kg																					
1	Santos Sabina Mae	16.01.0	PHI	75.85	0.1642	44	180.0	490.0	190.0	1	85.0	92.5	98.0	1	155.0	162.5	470.5	1	445.0 -cs	73.08	12
2	Bespalova Kira	08.08.0	KAZ	69.45	0.1713	43	110.0	125.0	140.0	2	57.5	57.5	60.0	2	110.0	127.5	442.5	2	327.5	56.11	9
-84kg																					
1	Topilskaya Kira	24.10.0	KAZ	76.40	0.1637	28	125.0	135.0	140.0	1	50.0	60.0	67.5	1	100.0	115.0	125.0	1	325.0	53.20	12
84+kg																					
0	Su Sheng-Ci	04.04.0	TPE	121.10	0.1411	33	200.0	220.0	240.0		90.0	102.5	110.0		150.0	170.0	183.5-cs		533.5	75.26	ps.
1	Nurlankyzy Kuralay	18.06.0	KAZ	102.60	0.1469	32	110.0	125.0	130.0	1	57.5	67.5	75.0	1	100.0	110.0	447.5	1	315.0	46.28	12

Team (points)

1	Kazakhstan	60	[12+12+12+12+12]	325.12	IPF GL
2	India	50	[12+12+9+9+8]	345.30	IPF GL
3	Chinese Taipei	21	[12+9]	227.74	IPF GL
4	Philippines	12	[12]	73.08	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Gu Dong-Le	Chinese Taipei	46.50	355.5	78.5331	1
2.	Passyuk Viktoriya	Kazakhstan	51.05	375.0	77.3572	1
3.	Badekar Gayatri	India	42.95	325.0	76.4614	1

Juniors

-43kg																					
1	J Akhila	20.12.0	IND	41.60	0.2416	1	85.0	85.0	95.0	1	40.0	45.0	45.0	1	85.0	92.5	400.0	1	217.5	52.55	12
-47kg																					
1	Trempolets Arina	29.07.0	KAZ	46.90	0.2195	5	120.0	130.0	137.5	1	70.0	72.5	75.0	1	122.5	127.5	432.5	2	340.0	74.62	12
2	Zhurbenko Olga	15.11.0	AIN	46.75	0.2200	4	115.0	122.5	127.5	2	60.0	62.5	62.5	2	120.0	130.0	135.0	1	322.5	70.95	ps.
3	Sanjay Hande Mansi	21.07.0	IND	43.95	0.2309	3	90.0	102.5	115.0	3	50.0	55.0	60.0	3	95.0	105.0	112.5	3	282.5	65.23	9
-52kg																					
1	Udaltsova Alina	23.12.0	AIN	51.75	0.2043	9	155.0	162.5	467.5	2	107.5	115.0	447.5	1	150.0	160.0	X	2	437.5	89.40	ps.
2	Tabuan Jessa Mae	31.12.0	PHI	51.70	0.2045	11	160.0	170.0	472.5	1	90.0	100.0	105.5-cj	2	160.0	470.0	470.0	1	435.5	89.05	12
3	Chandana Thudi Siri	24.09.0	IND	51.35	0.2054	10	425.0	130.0	135.0	3	70.0	75.0	77.5	3	115.0	420.0	420.0	3	327.5	67.28	9
-57kg																					
1	Malygina Svetlana	19.03.0	AIN	56.70	0.1923	16	465.0	165.0	175.0	3	120.0	125.0	427.5	2	155.0	165.0	170.0	3	470.0	90.39	ps.
2	Erasmu Jane	22.04.0	PHI	55.75	0.1944	15	170.0	480.0	480.0	4	105.0	110.5-cj	115.0-cj	3	160.0	170.0	172.5	2	457.5	88.94	12
3	Katkova Alina	24.02.0	AIN	56.40	0.1930	17	172.5	180.0	185.0	1	425.0	125.0	427.5	1	140.0	147.5	455.0	4	457.5	88.28	ps.
4	Almas Shaik Sadiya	27.10.0	IND	56.45	0.1929	18	480.0	180.0	485.0	2	82.5	90.0	92.5	5	170.0	180.0	485.0	1	452.5	87.27	9
5	Bochenkova Yuliya	03.10.0	KAZ	56.05	0.1937	19	145.0	157.5	165.0	5	87.5	92.5	92.5	4	130.0	142.5	450.0	5	400.0	77.50	8
-63kg																					
1	Filatova Olga	24.06.0	AIN	61.30	0.1834	24	210.0	220.0	227.5	1	105.0	110.0	442.5	1	182.5	187.5	X	1	517.5	94.91	ps.
2	Rani Neha	19.04.0	IND	59.35	0.1870	23	480.0	480.0	180.0	2	92.5	97.5	402.5	2	162.5	170.0	475.0	3	447.5	83.66	12
3	Bajju Seeya Metilda	09.07.0	IND	58.95	0.1877	25	455.0	155.0	465.0	3	85.0	90.0	92.5	3	460.0	160.0	175.0	2	422.5	79.31	9
-69kg																					
1	Pukhova Dana	16.08.0	AIN	67.90	0.1733	34	195.0	205.0	212.5	1	112.5	117.5	422.5	1	175.0	185.0	492.5	1	515.0	89.26	ps.
2	Litvin Viktoria	20.08.0	KAZ	67.55	0.1738	35	140.0	150.0	X	2	60.0	65.0	70.0	2	120.0	130.0	137.5	2	352.5	61.26	12
-76kg																					
1	Mukhutdinova Iuliia	05.05.0	AIN	72.45	0.1678	41	195.0	205.0	215.0	1	132.5	137.5	145.0	1	160.0	167.5	175.0	2	535.0	89.77	ps.
2	Gharami Sneha	27.03.0	IND	75.15	0.1649	40	182.5	200.0	207.5	2	95.0	102.5	110.0	2	167.5	175.0	482.5	3	492.5	81.23	12
3	Gaas Regina	28.06.0	KAZ	72.90	0.1673	42	200.0	240.0	240.0	3	100.0	407.5	407.5	3	170.0	180.0	492.5	1	480.0	80.30	9
—	Bastrykova Kamila	19.07.0	KAZ	71.05	0.1694	36	192.5	200.0	200.0	—	102.5	440.0	110.0	—	150.0	460.0	477.5	—	452.5	76.65	ps.
-84kg																					
1	Shabeena Shaik	04.01.0	IND	81.80	0.1590	27	170.0	180.0	190.0	1	70.0	80.0	85.0	1	150.0	165.0	180.0	1	455.0	72.32	12
84+kg																					
1	Ogirenko Anastasiia	12.10.0	AIN	110.90	0.1439	30	190.0	200.0	240.0	3	165.0	172.5	475.0	1	170.0	175.0	182.5	2	555.0	79.87	ps.
2	Malykhina Diana	25.04.0	KAZ	123.10	0.1406	29	235.0	235.0	252.5	2	90.0	100.0	127.5	2	150.0	165.0	495.0	3	527.5	74.16	12
3	V Ameya	10.03.0	IND	106.65	0.1454	31	220.0	250.0	250.0	1	70.0	70.0	425.0	3	170.0	192.5	207.5	1	512.5	74.50	9

Team (points)

1	India	57	[12+12+12+12+9]	377.03	IPF GL
2	Kazakhstan	53	[12+12+12+9+8]	367.84	IPF GL
3	Philippines	24	[12+12]	177.99	IPF GL
—	Neutral Athlete	—			

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Filatova Olga	Neutral Athlete	61.30	517.5	94.9095	1
2.	Malygina Svetlana	Neutral Athlete	56.70	470.0	90.3904	1

3. Mukhutdinova Iuliia Neutral Athlete 72.45 535.0 89.7666 1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AIN = Neutral Athlete

IND = India

KAZ = Kazakhstan

PHI = Philippines

TPE = Chinese Taipei