

ASIAN POWERLIFTING FEDERATION
Asian Men's Sub-Juniors & Juniors Equipped Powerlifting Championships, Dehradun (India), 06-12.05.2025
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF	GL	Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts	
Sub-Juniors																					
-53kg																					
1	Lazarek Denis	4.08.0	KAZ	52.35	0.1604	3	110.0	120.0	130.0	1	65.0	75.0	77.5	1	120.0	135.0	142.5	1	340.0	54.54	12
-59kg																					
1	Uskenov Daniel	7.10.0	KAZ	57.80	0.1479	11	180.0	197.5	200.0	1	110.0	120.0	130.0	1	180.0	200.0	223.0	1	520.0	76.93	12
-66kg																					
1	Antonov Artur	6.02.0	KAZ	64.80	0.1357	15	180.0	195.0	195.0	1	90.0	95.0	95.0	1	170.0	180.0	190.0	1	455.0	61.75	12
-74kg																					
1	Hu Yu-Sung	3.01.0	TPE	72.15	0.1260	21	230.0	245.0	255.0	2	120.0	127.5	135.0	1	280.5-ws	290.0-ws	300.0-ws	1	680.0	85.68	12
2	Temirbolat Murat	8.08.0	KAZ	72.55	0.1255	22	225.0	240.0	250.0	1	125.0	132.5	137.5	2	215.0	230.0	235.0	2	617.5	77.52	9
3	Deineka Stepan	5.02.0	KAZ	73.35	0.1246	20	215.0	227.5	227.5	3	125.0	130.0	135.0	3	190.0	205.0	X	3	535.0	66.68	8
-83kg																					
1	Yu Wei-Ming	7.07.0	TPE	81.75	0.1165	27	250.0	250.0	255.0	1	145.0	152.5	160.0	1	235.0	245.0	255.0	1	670.0	78.06	12
2	Medina Jian Carlos	1.04.0	PHI	80.70	0.1174	26	240.0	250.0	270.0	2	140.0	150.0	150.0	3	235.0	242.5	250.0	2	632.5	74.26	9
3	Turpak Nikita	5.08.0	KAZ	81.55	0.1167	28	230.0	245.0	250.0	3	130.0	137.5	145.0	2	215.0	222.5	235.0	3	630.0	73.51	8
-93kg																					
1	Yevdokimov Nikita	8.05.0	KAZ	91.55	0.1093	31	240.0	250.0	260.0	1	155.0	155.0	160.0	2	210.0	220.0	227.5	2	632.5	69.16	12
2	Cheng You-Teng	6.05.1	TPE	88.65	0.1113	33	220.0	230.0	240.0	2	120.0	130.0	135.0	3	235.0	235.0	257.5	1	610.0	67.87	9
3	Chakrawarty Abhijeet	6.05.0	IND	89.10	0.1110	32	220.0	235.0	235.0	3	155.0	165.0	175.0	1	225.0	235.0	235.0	3	610.0	67.68	8
-105kg																					
1	Tileukhan Nurlan	3.04.0	KAZ	#####	0.1037	37	200.0	220.0	235.0	1	130.0	140.0	150.0	1	190.0	210.0	220.0	1	590.0	61.16	12
-120kg																					
1	Kumar Himesh	4.01.0	IND	#####	0.0970	42	270.0	285.0	285.0	1	140.0	140.0	160.0	2	200.0	230.0	250.0	2	675.0	65.48	12
—	Singh Ishaan	6.02.0	IND	#####	0.0971	43	270.0	270.0	270.0	—	120.0	135.0	145.0	1	220.0	235.0	252.5	1	DSQ	—	—
120+kg																					
1	Suleimenov Timur	5.10.0	KAZ	#####	0.0963	48	200.0	210.0	230.0	1	110.0	117.5	122.5	1	225.0	230.0	235.0	1	577.5	55.64	12
2	Ke Guan-Ting	2.06.0	TPE	#####	0.0903	19	382.5-cs	400.0-cs	X		200.0	212.5	220.0-cs		240.0	263.0-cs	X		883.0 -cs	79.69	ps.

Team (points)

1	Kazakhstan	60	[12+12+12+12+12]	323.55	IPF GL
2	Chinese Taipei	45	[12+12+12+9]	311.30	IPF GL
3	India	20	[12+8]	133.16	IPF GL
4	Philippines	9	[9]	74.26	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Hu Yu-Sung	Chinese Taipei	72.15	680.0	85.6786	1
2.	Ke Guan-Ting	Chinese Taipei	147.50	883.0	79.6925	1
3.	Yu Wei-Ming	Chinese Taipei	81.75	670.0	78.0630	1

Juniors

-53kg																					
1	Glazkov Vitaly	4.07.0	AIN	52.75	0.1594	2	162.5	162.5	170.0	2	120.0	125.0	130.0	1	165.0	170.0	177.5	2	477.5	76.11	ps.
2	S Amaljith	2.09.0	IND	52.65	0.1596	1	170.0	180.0	185.0	1	90.0	95.0	97.5	2	190.0	190.0	200.0	1	467.5	74.63	12
-59kg																					
1	Amanbayev Damir	7.08.0	KAZ	58.70	0.1462	9	200.0	210.0	215.0	2	120.0	125.0	132.5	3	205.0	222.5	225.0	2	572.5	83.68	12
2	Rybka Oleg	9.08.0	AIN	59.00	0.1456	5	215.0	215.0	230.0	3	140.0	145.0	147.5	2	200.0	207.5	210.0	4	572.5	83.35	ps.
3	Singh Sukhraj	2.09.0	IND	58.55	0.1465	4	210.0	217.5	222.5	1	140.0	145.0	150.0	1	180.0	190.0	195.0	5	567.5	83.12	9

4	Vasanth S Samuel	1.11.0	IND	57.75	0.1480	6	205.0	205.0	205.0	4	95.0	102.5	107.5	6	220.0	227.5	227.5	1	540.0	79.95	8
5	Ospanov Aitas	5.06.0	KAZ	58.45	0.1467	7	190.0	190.0	200.0	6	130.0	142.5	142.5	4	200.0	215.0	220.0	3	540.0	79.19	7
6	Tian Jun-Bao	6.08.0	TPE	58.75	0.1461	8	190.0	200.0	207.5	5	110.0	117.5	125.0	5	190.0	202.5	217.5	6	515.0	75.23	6
-66kg																					
1	Vamsi Modem	0.08.0	IND	64.75	0.1358	13	285.0	300.0	346.0	1	135.0	142.5	145.0	2	230.0	242.5	250.0	1	695.0	94.38	12
2	Nikulin Nikita	5.02.0	AIN	65.15	0.1352	14	235.0	245.0	255.0	2	145.0	150.0	155.0	1	210.0	225.0	232.5	2	635.0	85.85	ps.
3	Zeinedilov Azat	5.10.0	KAZ	65.70	0.1344	12	170.0	185.0	195.0	3	115.0	120.0	125.0	3	170.0	180.0	195.0	3	515.0	69.21	9
-74kg																					
1	Plakhotnikov Vadim	8.07.0	KAZ	72.10	0.1261	17	275.0	292.5	305.0	1	165.0	172.5	172.5	2	250.0	265.0	285.0	1	750.0	94.54	12
2	Shchipanov Aleksandr	7.04.0	AIN	73.45	0.1245	19	215.0	227.5	240.0	3	205.0	217.5	222.5	1	210.0	225.0	242.5	2	700.0	87.17	ps.
—	Singh Diljeet	8.09.0	IND	73.80	0.1241	18	250.0	250.0	255.0	2	170.0	170.0	170.0	—	X	X	X	—	DSQ	—	—
-83kg																					
1	Politsinskii Aleksandr	3.06.0	AIN	82.35	0.1160	24	290.0	310.0	330.0	1	205.0	212.5	217.5	1	275.0	290.0	290.0	1	797.5	92.52	ps.
2	Jafar R Muhammad	0.09.0	IND	81.95	0.1163	23	270.0	285.0	292.5	2	177.5	187.5	187.5	2	260.0	270.0	277.5	2	732.5	85.22	12
3	Zheltoev Kirill	2.12.0	KAZ	75.60	0.1222	25	240.0	250.0	270.0	3	150.0	160.0	160.0	3	200.0	220.0	X	3	620.0	75.79	9
-93kg																					
1	Gizhko Aleksandr	7.10.0	AIN	91.30	0.1095	29	270.0	282.5	300.0	2	200.0	205.0	207.5	1	310.0	322.5	332.5	1	837.5	91.71	ps.
2	Galauran Mark Jason	1.12.0	PHI	92.20	0.1089	30	310.0	330.0	340.5-cj	1	180.0	202.5	202.5	2	275.0	295.0	307.5	2	815.5	88.84	12
-105kg																					
1	Parshin Ivan	7.08.0	AIN	#####	0.1027	34	320.0	337.5	347.5	1	180.0	180.0	207.5	1	280.0	305.0	312.5	1	832.5	85.47	ps.
2	Yuan Hao-Che	8.09.0	TPE	99.45	0.1049	36	260.0	282.5	295.0	2	175.0	187.5	187.5	2	250.0	270.0	331.5	2	707.5	74.18	12
-120kg																					
1	Kadakin Igor	8.10.0	AIN	#####	0.1007	38	295.0	305.0	315.0	1	197.5	205.0	210.0	3	235.0	250.0	262.5	1	787.5	79.29	ps.
2	Kabanov Ruslan	5.08.0	AIN	#####	0.1019	39	280.0	285.0	292.5	3	200.0	210.0	215.0	1	240.0	252.5	262.5	2	752.5	76.72	ps.
3	. Pankaj	1.12.0	IND	#####	0.0991	41	290.0	290.0	290.0	2	190.0	205.0	215.0	2	200.0	220.0	230.0	3	735.0	72.80	12
4	Sapakov Aibar	1.11.0	KAZ	#####	0.0979	40	270.0	282.5	295.0	4	175.0	187.5	187.5	4	230.0	250.0	252.5	4	700.0	68.56	9
120+kg																					
1	Singh Harmmeet	9.08.0	IND	#####	0.0910	46	280.0	280.0	290.0	2	165.0	175.0	182.5	1	225.0	240.0	252.5	2	725.0	65.98	12
2	Chang Yi	6.06.0	TPE	#####	0.0962	45	270.0	300.0	300.0	1	160.0	167.5	172.5	2	227.5	232.5	240.0	3	705.0	67.79	9
3	Jadhav Sumit	9.01.0	IND	#####	0.0905	44	270.0	270.0	300.0	3	125.0	132.5	132.5	3	250.0	270.0	280.0	1	675.0	61.11	8

Team (points)

1	India	60	[12+12+12+12+12]	393.01	IPF GL
2	Kazakhstan	51	[12+12+9+9+9]	391.78	IPF GL
3	Chinese Taipei	27	[12+9+6]	217.20	IPF GL
4	Philippines	12	[12]	88.84	IPF GL
—	Neutral Athlete	—			

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Plakhotnikov Vadim	Kazakhstan	72.10	750.0	94.5413	1
2.	Vamsi Modem	India	64.75	695.0	94.3768	1
3.	Politsinskii Aleksandr	Neutral Athlete	82.35	797.5	92.5180	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AIN = Neutral Athlete
IND = India

KAZ = Kazakhstan
PHI = Philippines

TPE = Chinese Taipei