

**ASIAN POWERLIFTING FEDERATION**  
**Asian Women's Masters & Open Classic Powerlifting Championships**  
**Istanbul (Turkiye), 02-10.12.2025**

**DETAILED SCORESHEET**

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
<b>Open</b>																					
<b>-47kg</b>																					
1	Altamimi Alhanouf	26.10.9	KUW	46.70	0.2790	11	125.0	<del>430.0</del>	130.0	2	72.5	<del>75.0</del>	75.0	3	160.0	165.0	<del>475.5</del>	1	370.0	103.22	12
2	Ompod Veronica	06.01.0	PHI	45.80	0.2845	13	125.0	135.0	137.5	1	55.0	57.5	60.0	5	145.0	152.5	160.0	2	357.5	101.72	9
3	Kuznetsova Sofia	12.12.0	AIN	46.40	0.2808	15	112.5	120.0	122.5	4	70.0	72.5	75.0	2	152.5	160.0	<del>472.5</del>	3	357.5	100.38	ps.
4	Khoo Sheue Yee	24.11.9	MAS	46.35	0.2811	9	115.0	122.5	127.5	3	60.0	<del>65.0</del>	65.0	4	140.0	152.5	<del>460.0</del>	4	345.0	96.98	8
5	Boumpouka Theodora	24.06.9	QAT	46.15	0.2823	10	102.5	110.0	<del>442.5</del>	7	67.5	72.5	75.0	1	135.0	145.0	<del>455.0</del>	6	330.0	93.17	7
6	Chang Hua-Yu	29.09.8	TPE	46.50	0.2802	17	107.5	115.0	<del>420.0</del>	6	57.5	<del>62.5</del>	<del>62.5</del>	7	132.5	145.0	147.5	5	320.0	89.66	6
7	Bakhtiyar Pakzad Elnaz	16.04.0	IRI	46.05	0.2830	18	92.5	105.0	117.5	5	47.5	52.5	<del>57.5</del>	8	122.5	<del>432.5</del>	<del>432.5</del>	8	292.5	82.76	5
8	Chandrashekhar Tapadia T	31.07.8	IND	47.00	0.2772	14	100.0	<del>405.0</del>	<del>405.0</del>	9	55.0	57.5	60.0	6	130.0	<del>437.5</del>	<del>437.5</del>	7	290.0	80.39	4
9	Doha Leya	12.08.0	LBN	46.15	0.2823	12	<del>400.0</del>	100.0	<del>405.0</del>	8	45.0	47.5	<del>50.0</del>	10	122.5	<del>425.0</del>	<del>425.0</del>	9	270.0	76.23	3
10	Al-Thani Muneera	09.04.9	QAT	45.65	0.2855	16	80.0	<del>85.0</del>	<del>85.0</del>	10	<del>47.5</del>	47.5	50.0	9	105.0	<del>442.5</del>	112.5	10	242.5	69.23	2
<b>-52kg</b>																					
1	Farid Farhanna	26.09.9	SGP	51.85	0.2531	30	132.5	140.0	145.0	4	67.5	70.0	<del>72.5</del>	9	202.5	212.5	217.5	1	432.5	109.48	12
2	Nikitina Elizaveta	21.06.0	AIN	51.80	0.2533	29	150.0	155.0	<del>457.5</del>	2	90.0	95.0	<del>97.5</del>	1	160.0	167.5	<del>477.5</del>	3	417.5	105.77	ps.
3	Salnikova Natalia	13.01.8	AIN	52.00	0.2525	26	145.0	150.0	155.0	3	90.0	92.5	<del>95.0</del>	2	155.0	165.0	<del>472.5</del>	4	412.5	104.16	ps.
4	Lee Shu Wei	29.08.0	MAS	51.40	0.2551	31	142.5	152.5	156.0	1	75.0	80.0	82.5	4	140.0	150.0	155.0	7	393.5	100.36	9
5	Wu Pei-En	25.12.9	TPE	51.45	0.2548	32	132.5	142.5	<del>447.5</del>	5	67.5	75.0	<del>77.5</del>	7	147.5	160.0	167.5	2	385.0	98.11	8
6	Bautista Jeremy Reign	01.01.9	PHI	51.40	0.2551	33	120.0	<del>430.0</del>	130.0	7	<del>85.0</del>	90.0	<del>95.0</del>	3	150.0	<del>465.0</del>	<del>467.5</del>	8	370.0	94.37	7
7	Ong Siew Chan Kelly	07.04.9	SGP	51.45	0.2548	28	<del>422.5</del>	122.5	<del>425.0</del>	8	72.5	77.5	<del>80.0</del>	6	150.0	157.5	<del>462.5</del>	5	357.5	91.10	6
8	Tegio Diana Mae	17.09.9	QAT	51.05	0.2566	34	125.0	132.5	<del>440.0</del>	6	70.0	75.0	77.5	5	125.0	135.0	140.0	9	350.0	89.81	5
9	Tse Long Kiu	24.06.0	HKG	51.15	0.2561	27	107.5	115.0	120.0	9	67.5	70.0	72.5	8	147.5	155.0	<del>462.5</del>	6	347.5	89.01	4
<b>-57kg</b>																					
1	Polianskaia Kseniia	22.11.8	AIN	56.95	0.2347	40	155.0	165.0	<del>475.0</del>	2	90.0	95.0	<del>100.0</del>	2	175.0	185.0	<del>490.0</del>	1	445.0	104.45	ps.
2	Alhaddad Mariam	24.09.9	KUW	56.45	0.2363	41	155.0	165.5-c	<del>468.0</del>	1	<del>92.5</del>	92.5	<del>95.0</del>	3	165.0	172.5	<del>477.5</del>	2	430.5	101.72	12
3	Kondo Fuka	05.05.9	JPN	56.70	0.2355	42	142.5	150.0	<del>452.5</del>	4	97.5	102.5	<del>105.0</del>	1	152.5	165.0	<del>472.5</del>	4	417.5	98.32	9
4	Keenan Lauren	27.10.0	QAT	56.70	0.2355	43	155.0	<del>466.0</del>	<del>466.0</del>	3	75.0	<del>80.0</del>	80.0	4	160.0	170.0	<del>475.0</del>	3	405.0	95.38	8
<b>-63kg</b>																					
1	Abramova Galina	19.06.8	AIN	62.75	0.2193	63	165.0	175.0	182.5	1	<del>85.0</del>	85.0	92.5	3	205.0	225.0	240.5	1	515.5	113.07	ps.
2	Tiong Natalie	14.11.9	SGP	61.55	0.2221	56	147.5	157.5	162.5	3	77.5	<del>82.5</del>	82.5	5	190.0	<del>202.5</del>	<del>202.5</del>	2	435.0	96.63	12
3	Azzi Julie	07.08.0	LBN	62.35	0.2203	66	160.0	167.5	172.5	2	75.0	77.5	80.0	6	160.0	167.5	175.0	4	427.5	94.16	9
4	Huang Yen-Tzu	22.10.9	TPE	59.05	0.2286	62	125.0	135.0	142.5	5	95.0	105.0	<del>113.0</del>	1	150.0	165.0	<del>482.5</del>	7	412.5	94.29	8
5	Alqassar Haya	18.11.8	KUW	59.90	0.2263	61	<del>432.5</del>	132.5	137.5	7	70.0	72.5	<del>75.0</del>	8	180.0	187.5	<del>492.5</del>	3	397.5	89.96	7
6	Mirzaiyan Saadatloo Zahra	06.04.9	IRI	62.90	0.2190	57	122.5	130.0	135.0	8	87.5	92.5	<del>95.0</del>	4	160.0	170.0	<del>475.0</del>	6	397.5	87.06	6
7	Ahn Jeong Min	29.02.0	KOR	62.60	0.2197	58	145.0	150.0	157.5	4	65.0	<del>67.5</del>	<del>67.5</del>	9	<del>442.5</del>	147.5	<del>452.5</del>	9	370.0	81.28	5
8	Amirah Nursaidah	09.09.8	MAS	62.05	0.2210	65	100.0	115.0	<del>470.0</del>	9	<del>75.0</del>	75.0	<del>85.0</del>	7	100.0	140.0	160.0	8	350.0	77.34	4
9	Albaqali Hawra	20.08.9	BRN	61.15	0.2231	59	125.0	132.5	140.0	6	55.0	60.0	<del>65.0</del>	10	130.0	140.0	145.0	10	345.0	76.98	3
10	Alsafran Kumasha	29.01.8	KUW	62.50	0.2199	60	75.0	80.0	82.5	10	40.0	47.5	<del>50.0</del>	11	105.0	112.5	122.5	11	252.5	55.53	2
—	Zein Layan	21.02.9	KSA	60.50	0.2247	64	<del>442.5</del>	<del>442.5</del>	<del>442.5</del>	—	100.0	102.5	<del>107.5</del>	2	160.0	170.0	<del>475.0</del>	5	DSQ	—	—
<b>-69kg</b>																					

1	Kabak Anna	10.11.0	AIN	67.40	0.2099	106	185.0	195.0	200.0	1	90.0	95.0	100.0	1	192.5	202.5	<del>242.5</del>	1	502.5	105.50	ps.
2	Abi Saad Sara	04.09.0	LBN	65.65	0.2132	110	<del>160.0</del>	160.0	170.0	3	75.0	77.5	<del>80.0</del>	6	190.0	200.0	<del>242.5</del>	2	447.5	95.42	12
3	Graham Rianna	07.09.9	HKG	66.15	0.2123	<sup>111</sup>	152.5	160.0	165.0	4	<del>92.5</del>	92.5	95.0	2	150.0	160.0	170.0	5	430.0	91.28	9
4	Mwaniki Peris Wanja	19.12.9	QAT	68.85	0.2074	105	155.0	<del>160.0</del>	160.0	5	80.0	<del>85.0</del>	<del>85.0</del>	5	165.0	175.0	180.0	3	420.0	87.12	8
5	Alejandro Christine Erine	20.12.9	PHI	68.15	0.2086	108	142.5	147.5	<del>150.0</del>	6	<del>85.0</del>	85.0	90.0	4	157.5	165.0	170.0	6	407.5	85.01	7
6	Jimbo Reina	16.03.9	JPN	68.95	0.2073	109	152.5	162.5	170.5	2	72.5	75.0	<del>77.5</del>	7	142.5	152.5	160.0	8	405.5	84.04	6
7	Lam Pui Kwan	03.08.9	HKG	66.65	0.2113	112	125.0	132.5	137.5	7	90.0	95.0	<del>100.0</del>	3	160.0	172.5	<del>177.5</del>	4	405.0	85.59	5
8	Alenezi Yasmeen	26.02.0	KUW	67.70	0.2094	107	117.5	122.5	127.5	8	57.5	62.5	<del>65.0</del>	8	155.0	162.5	<del>167.5</del>	7	352.5	73.82	4

**-76kg**

1	Salimiyani Rizi Elham	04.06.8	IRI	75.05	0.1983	123	170.0	180.0	192.5	2	90.0	97.5	102.5	1	180.0	192.5	200.0	1	495.0	98.18	12
2	Reboton Joyce Gail	04.04.9	PHI	75.30	0.1980	121	190.0	197.5	<del>203.5</del>	1	90.0	<del>92.5</del>	92.5	2	187.5	197.5	<del>200.0</del>	2	487.5	96.54	9
3	Hsu Hsiao-Li	07.12.8	TPE	73.95	0.1998	122	165.0-c1	180.0-c1	187.5-c1	3	90.0	<del>95.0</del>	<del>95.0</del>	3	165.0	185.0	195.0	3	472.5	94.39	8
4	Mc Hugh Hannah	21.04.9	QAT	74.80	0.1987	124	145.0	150.0	<del>152.5</del>	4	72.5	77.5	<del>80.0</del>	5	160.0	<del>170.0</del>	175.0	4	402.5	79.96	7
5	Haider Fatema	28.06.8	BRN	73.80	0.2000	125	<del>140.0</del>	142.5	<del>145.0</del>	5	82.5	<del>85.0</del>	85.0	4	170.0	<del>177.5</del>	<del>177.5</del>	5	397.5	79.49	6

**-84kg**

1	Abouassi Nour	29.01.8	QAT	83.45	0.1893	78	175.0	187.5	192.5	1	97.5	105.0	<del>110.0</del>	2	180.0	195.0	210.0	1	507.5	96.09	12
2	Demchinskaia Ksenia	11.05.9	AIN	83.90	0.1889	79	165.0	175.0	<del>182.5</del>	2	110.0	115.0	120.0	1	180.0	195.0	<del>215.0</del>	2	490.0	92.58	ps.
3	Huseby Megan	22.11.9	QAT	82.15	0.1905	76	145.0	155.0	162.5	3	82.5	85.0	87.5	3	142.5	152.5	162.5	5	412.5	78.60	9
4	Shorna Jannatul	30.10.8	BAN	80.55	0.1921	80	147.5	150.0	160.0	4	70.0	75.0	<del>82.5</del>	5	147.5	160.0	170.0	3	405.0	77.80	8
5	Ghorbanipour Halimehjani	27.02.8	IRI	81.85	0.1908	77	135.0	<del>142.5</del>	147.5	5	65.0	<del>75.0</del>	75.0	6	<del>142.5</del>	150.0	<del>170.0</del>	6	372.5	71.08	7
6	Peng Jin	14.10.9	CHN	84.00	0.1888	82	<del>120.0</del>	120.0	130.0	6	80.0	<del>82.5</del>	82.5	4	<del>110.0</del>	115.0	125.0	7	337.5	63.74	6
—	Abo Al Resesh Taghreed	20.09.0	SYR	82.60	0.1901	81	<del>140.0</del>	<del>150.0</del>	<del>150.0</del>	—	70.0	75.0	<del>80.0</del>	7	162.5	170.0	<del>172.5</del>	4	DSQ	—	—

**84+kg**

1	Muravyeva Karina	19.10.8	AIN	119.25	0.1716	94	205.0	215.0	222.5	2	107.5	112.5	<del>117.5</del>	1	<del>190.0</del>	195.0	207.5	3	542.5	93.10	ps.
2	Capacio Jennifer	14.08.8	PHI	108.80	0.1747	93	187.5	200.0	210.0	3	95.0	100.0	102.5	2	195.0	205.0	212.5	2	525.0	91.72	12
3	Shen Ti-Ni	25.05.0	TPE	98.00	0.1793	95	190.0	200.0	205.0	4	92.5	97.5	<del>100.0</del>	3	200.0	210.0	217.5	1	520.0	93.26	9
4	Lin Yu-Cin	12.01.9	TPE	88.40	0.1853	91	175.0	182.5	X	5	82.5	<del>87.5</del>	<del>87.5</del>	6	<del>200.0</del>	200.0	<del>215.0</del>	4	465.0	86.16	8
5	Ratnakar Bhatt Pooja	22.06.9	IND	119.65	0.1715	92	160.0	<del>165.0</del>	X	7	80.0	85.0	87.5	5	175.0	<del>190.0</del>	<del>190.0</del>	5	422.5	72.46	7
6	Bano Rukshana	16.10.9	IND	120.85	0.1712	89	<del>175.0</del>	175.0	<del>182.5</del>	6	70.0	75.0	77.5	8	170.0	<del>180.0</del>	<del>180.0</del>	6	422.5	72.34	6
—	Yagaanbandi Batjargal	31.08.8	MGL	126.45	0.1700	88	210.0	222.5	227.5	1	85.0	92.5	97.5	4	<del>217.5</del>	<del>217.5</del>	<del>220.0</del>	—	DSQ	—	—
—	Hannoun Myriam	01.01.9	SYR	132.05	0.1690	90	<del>200.0</del>	<del>200.0</del>	<del>210.0</del>	—	80.0	<del>90.0</del>	X	7	<del>160.0</del>	X	X	—	DSQ	—	—

**Team (points)**

1	Philippines	44	[12+9+9+7+7]	469.36	IPF GL
2	Qatar	44	[12+9+8+8+7]	450.35	IPF GL
3	Chinese Taipei	41	[9+8+8+8+8]	466.22	IPF GL
4	Kuwait	37	[12+12+7+4+2]	424.25	IPF GL
5	Singapore	30	[12+12+6]	297.22	IPF GL
6	Iran	30	[12+7+6+5]	339.08	IPF GL
7	Lebanon	24	[12+9+3]	265.81	IPF GL
8	Malaysia	21	[9+8+4]	274.68	IPF GL
9	Hong Kong, China	18	[9+5+4]	265.87	IPF GL
10	India	17	[7+6+4]	225.19	IPF GL
11	Japan	15	[9+6]	182.36	IPF GL
12	Bahrain	9	[6+3]	156.47	IPF GL
13	Bangladesh	8	[8]	77.80	IPF GL

14 China	6 [6]	63.74 IPF GL
15 South Korea	5 [5]	81.28 IPF GL
— Neutral Athlete	—	
— Mongolia	—	
— Saudi Arabia	—	
— Syria	—	

### Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Abramova Galina	Neutral Athlete	62.75	515.5	113.0729	1
2.	Farid Farhanna	Singapore	51.85	432.5	109.4809	1
3.	Nikitina Elizaveta	Neutral Athlete	51.80	417.5	105.7720	2

### Masters 1

#### -47kg

1	Inui Hatsumi	01.11.8	JPN	46.45	0.2805	7	97.5	102.5	105.0	1	57.5	<del>60.0</del>	<del>60.0</del>	1	115.0	120.0	122.5	2	285.0	79.94	12
2	Audrey Ling	05.07.8	MAS	46.35	0.2811	8	87.5	<del>95.0</del>	95.0	3	45.0	47.5	<del>50.0</del>	2	125.0	132.5	<del>135.0</del>	1	275.0	77.30	9
3	Lin I-Shan	09.06.8	TPE	45.85	0.2842	6	100.0	102.5	<del>107.5</del>	2	40.0	42.5	<del>45.0</del>	3	100.0	105.0	110.0	3	255.0	72.48	8

#### -52kg

1	Gharaei Sophia	15.08.8	IRI	51.90	0.2529	22	102.5	112.5	120.0	2	65.0	72.5	75.0	1	120.0	132.5	145.0	1	340.0	85.99	12
2	Yap Janice	12.04.8	SGP	50.70	0.2582	24	100.0	110.0	115.0	3	50.0	55.0	<del>57.5</del>	4	132.5	142.5	<del>145.0</del>	3	312.5	80.67	9
3	Koyama Kana	26.05.8	JPN	51.35	0.2553	25	112.5	117.5	120.0	1	57.5	60.0	<del>62.5</del>	3	120.0	130.0	<del>135.0</del>	4	310.0	79.13	8
4	Anna Rina Rahim	02.04.8	MAS	50.25	0.2602	23	95.0	102.5	<del>107.5</del>	4	57.5	<del>60.0</del>	60.0	2	125.0	135.0	142.5	2	305.0	79.37	7

#### -57kg

1	Murayama Eri	02.02.7	JPN	56.75	0.2353	38	140.0	<del>146.0</del>	146.0-c1	1	65.0	70.0	<del>72.5</del>	1	140.0	152.5	162.5	1	378.5 -c1	89.08	12
2	Huang Pei-Wen	19.11.8	TPE	56.35	0.2366	39	120.0	<del>127.5</del>	<del>130.0</del>	2	40.0	<del>45.0</del>	<del>45.0</del>	2	140.0	150.0	157.5	2	317.5	75.12	9

#### -63kg

1	Honda Mayumi	13.04.8	JPN	62.50	0.2199	52	130.0	<del>140.0</del>	<del>140.0</del>	1	67.5	<del>75.0</del>	<del>75.0</del>	1	145.0	160.0	<del>162.5</del>	1	357.5	78.62	12
2	Singh Shikha	16.09.8	IND	61.50	0.2223	51	<del>105.0</del>	105.0	107.5	3	52.5	55.0	57.5	3	137.5	145.0	150.0	2	315.0	70.02	9
3	Nikaein Koupaei Nasibeh	27.01.8	IRI	62.25	0.2205	53	107.5	<del>112.5</del>	115.0	2	47.5	52.5	<del>55.0</del>	4	125.0	<del>132.5</del>	<del>132.5</del>	3	292.5	64.49	8
4	Abe Mizuki	04.08.7	JPN	62.70	0.2195	54	100.0	102.5	<del>105.0</del>	4	<del>62.5</del>	62.5	<del>65.0</del>	2	100.0	105.0	107.5	4	272.5	59.80	7

#### -69kg

1	Hemanthi Nadeeka	03.09.8	SRI	68.20	0.2085	103	110.0	115.0	<del>117.5</del>	2	50.0	<del>55.0</del>	<del>55.0</del>	4	140.0	147.5	150.0	1	315.0	65.69	12
2	Jumahat Norliyana	06.12.8	SGP	67.95	0.2090	104	110.0	115.0	117.5	1	55.0	<del>57.5</del>	<del>57.5</del>	2	130.0	137.5	140.0	3	312.5	65.30	9
3	Krasnova Liubov	23.07.8	AIN	67.40	0.2099	100	100.0	110.0	<del>117.5</del>	3	52.5	60.0	<del>65.0</del>	1	120.0	132.5	140.0	2	310.0	65.08	ps.
4	Abdullah Ebtesam	05.02.8	KSA	65.05	0.2144	101	80.0	85.0	90.0	4	50.0	52.5	<del>55.0</del>	3	90.0	95.0	<del>102.5</del>	4	237.5	50.93	8

#### -76kg

1	Kar Sumitra	18.07.7	IND	72.65	0.2016	116	<del>145.0</del>	145.0	155.0	1	60.0	62.5	<del>70.0</del>	3	150.0	160.0	<del>170.0</del>	2	377.5	76.09	12
2	See Huay Lan	31.07.8	MAS	74.30	0.1993	119	142.5	<del>150.0</del>	<del>150.0</del>	2	65.0	67.5	<del>70.0</del>	2	152.5	157.5	162.5	1	372.5	74.24	9
3	Bong Chai Yen	03.02.8	MAS	75.35	0.1980	118	<del>120.0</del>	120.0	<del>132.5</del>	3	72.5	75.0	<del>77.5</del>	1	127.5	135.0	<del>142.5</del>	4	330.0	65.33	8
4	Nayeb Mahdi Abadi Fatem	13.07.7	IRI	73.90	0.1998	117	100.0	110.0	<del>115.0</del>	4	50.0	55.0	<del>57.5</del>	4	125.0	135.0	<del>142.5</del>	3	300.0	59.95	7

#### -84kg

1	Banu Kazi Gulshan	12.04.7	IND	84.00	0.1888	71	150.0	161.5	166.0	1	65.0	70.0	75.0	2	185.0	200.0	<del>208.5</del>	1	441.0	83.28	12
2	Gowda Annette	24.01.8	IND	80.40	0.1923	73	142.5	152.5	<del>155.0</del>	2	70.0	75.0	77.5	1	145.0	157.5	<del>165.0</del>	3	387.5	74.50	9
3	Jamiro Rachel Rueve Mar	01.08.8	PHI	82.85	0.1899	74	122.5	130.0	137.5	4	57.5	62.5	<del>67.5</del>	4	145.0	152.5	165.0	2	365.0	69.31	8
4	Norleila Hussin	08.08.8	MAS	83.20	0.1896	72	125.0	135.0	142.5	3	65.0	70.0	<del>72.5</del>	3	145.0	152.5	<del>162.5</del>	4	365.0	69.19	7

5	Foo Wei Wei	28.07.7	MAS	80.55	0.1921	70	<del>407.5</del>	<del>407.5</del>	107.5	5	50.0	<del>55.0</del>	<del>55.0</del>	5	135.0	142.5	<del>447.5</del>	5	300.0	57.63	6
6	Abdul Majid Sara	17.08.8	QAT	83.60	0.1892	75	<del>82.5</del>	90.0	102.5	6	37.5	45.0	<del>50.0</del>	6	110.0	122.5	130.0	6	277.5	52.50	5

### 84+kg

1	Abdul Razak Rozana	27.10.8	SGP	101.40	0.1777	86	132.5	137.5	142.5	3	57.5	60.0	62.5	3	170.0	180.0	<del>493.0</del>	1	385.0	68.41	12
2	Ezdiani Ahamad Dusuki	27.06.7	MAS	101.00	0.1779	87	140.0	145.0	152.5	1	67.5	72.5	<del>75.0</del>	2	150.0	157.5	<del>465.0</del>	2	382.5	68.04	9
3	Hemati Maryam	21.03.8	IRI	96.25	0.1803	85	130.0	140.0	147.5	2	62.5	67.5	72.5	1	140.0	152.5	<del>472.5</del>	3	372.5	67.15	8

### Team (points)

1	Japan	51	[12+12+12+8+7]	386.57	IPF GL
2	India	42	[12+12+9+9]	303.88	IPF GL
3	Malaysia	42	[9+9+9+8+7]	364.28	IPF GL
4	Iran	35	[12+8+8+7]	277.59	IPF GL
5	Singapore	30	[12+9+9]	214.39	IPF GL
6	Chinese Taipei	17	[9+8]	147.60	IPF GL
7	Sri Lanka	12	[12]	65.69	IPF GL
8	Philippines	8	[8]	69.31	IPF GL
9	Saudi Arabia	8	[8]	50.93	IPF GL
10	Qatar	5	[5]	52.50	IPF GL
—	Neutral Athlete	—	—	—	—

### Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Murayama Eri	Japan	56.75	378.5	89.0773	1
2.	Gharaei Sophia	Iran	51.90	340.0	85.9948	1
3.	Banu Kazi Gulshan	India	84.00	441.0	83.2824	1

### Masters 2

#### -47kg

1	Yoshioka Yuri	29.06.7	JPN	46.65	0.2793	4	<del>440.5</del>	110.5	113.5	1	60.0	<del>62.5</del>	<del>62.5</del>	1	110.0	115.0	120.0	2	293.5	81.97	12
2	Tsai Shu-Min	14.02.6	TPE	46.30	0.2814	3	102.5	107.5	<del>444.0</del>	2	52.5	<del>57.5</del>	57.5	2	107.5	115.0	120.0	1	285.0	80.20	9
—	Kuwahara Ayako	19.11.7	JPN	46.20	0.2820	5	<del>62.5</del>	62.5	67.5	3	<del>37.5</del>	<del>37.5</del>	<del>37.5</del>	—	90.0	<del>97.5</del>	<del>97.5</del>	3	DSQ	—	—

#### -52kg

1	Nadia Tanoto Xin Hui Pauli	23.10.7	SGP	51.40	0.2551	21	100.0	<del>405.0</del>	105.0	1	45.0	47.5	<del>50.0</del>	1	102.5	110.0	117.5	1	270.0	68.86	12
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#### -57kg

1	Vishnoi Ekta	03.06.7	IND	56.30	0.2368	37	125.0	131.0-c2	<del>435.0</del>	1	65.0	<del>67.5</del>	<del>70.0</del>	1	150.0	161.0-c2	162.5-c2	1	358.5	84.88	12
2	Hashimoto Misako	09.10.7	JPN	55.65	0.2389	36	90.0	95.0	100.0	2	50.0	52.5	55.0	2	122.5	127.5	135.0	2	290.0	69.28	9

#### -63kg

1	Nasrin Shammi	02.07.7	BAN	62.25	0.2205	49	107.5	<del>420.0</del>	125.0	1	45.0	<del>52.5</del>	<del>52.5</del>	3	137.5	147.5	152.5	1	322.5	71.11	12
2	Han Mihui	10.03.6	KOR	61.10	0.2232	48	77.5	85.0	<del>87.5</del>	2	45.0	<del>50.0</del>	50.0	2	120.0	<del>422.5</del>	<del>422.5</del>	2	255.0	56.93	9
3	Lin Li-Min	30.09.7	TPE	57.90	0.2319	50	60.0	70.0	X	3	50.0	55.0	57.5	1	90.0	100.0	110.0	3	237.5	55.07	8

#### -69kg

1	Liu Kuei-Yu	15.05.7	TPE	64.60	0.2153	98	130.0	<del>440.0</del>	140.0	1	60.0	65.0	<del>67.5</del>	1	130.0	140.0	145.0	1	350.0	75.37	12
2	Yamakawa Masami	18.11.7	JPN	68.25	0.2084	97	110.0	117.5	120.0	2	50.0	55.0	<del>60.0</del>	2	120.0	125.0	<del>427.5</del>	2	300.0	62.53	9
3	Sarma Sanchita	18.09.7	IND	67.25	0.2102	99	80.0	90.0	95.0	3	40.0	45.0	<del>47.5</del>	3	100.0	110.0	117.5	3	257.5	54.13	8

#### -76kg

1	Dholakia Shweta	30.06.7	IND	73.40	0.2005	114	125.0-c2	<del>432.5</del>	132.5-c2	1	60.0	<del>62.5</del>	<del>62.5</del>	2	120.0	<del>427.5</del>	<del>427.5</del>	2	312.5	62.66	12
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2	Reiher Tania	20.09.7	THA	73.80	0.2000	115	80.0	85.0	<del>90.0</del>	2	<del>62.5</del>	62.5	<del>65.0</del>	1	120.0	127.5	132.5	1	280.0	55.99	9
<b>-84kg</b>																					
1	Gholami Ommolbanin	21.03.6	IRI	82.95	0.1898	69	85.0	105.0	115.0	1	55.0	62.5	72.5	1	85.0	102.5	112.5	3	300.0	56.94	12
2	Mahavadi Pragathi	16.04.7	IND	77.55	0.1953	68	<del>400.0</del>	100.0	105.0	2	45.0	52.5	<del>55.0</del>	2	110.0	120.0	<del>430.0</del>	1	277.5	54.20	9
3	Petukhova Irina	13.04.6	AIN	80.25	0.1924	67	50.0	55.0	60.0	3	45.0	50.0	<del>55.0</del>	3	107.5	115.0	120.0	2	230.0	44.25	ps.

#### Team (points)

1	India	41	[12+12+9+8]	255.88	IPF GL
2	Japan	30	[12+9+9]	213.78	IPF GL
3	Chinese Taipei	29	[12+9+8]	210.64	IPF GL
4	Bangladesh	12	[12]	71.11	IPF GL
5	Singapore	12	[12]	68.86	IPF GL
6	Iran	12	[12]	56.94	IPF GL
7	South Korea	9	[9]	56.93	IPF GL
8	Thailand	9	[9]	55.99	IPF GL
—	Neutral Athlete	—	—	—	—

#### Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Vishnoi Ekta	India	56.30	358.5	84.8817	1
2.	Yoshioka Yuri	Japan	46.65	293.5	81.9669	1
3.	Tsai Shu-Min	Chinese Taipei	46.30	285.0	80.1990	2

#### Masters 3

<b>-52kg</b>																					
1	Imai Shigemi	17.02.6	JPN	51.10	0.2564	20	75.0	77.5	80.0	1	35.0	37.5	40.0	1	105.0	115.0	<del>423.0</del>	1	235.0	60.25	12
<b>-57kg</b>																					
1	Noguchi Mari	03.05.6	JPN	56.45	0.2363	35	92.5	<del>404.0</del>	101.0	1	42.5	45.0	<del>50.0</del>	1	110.0	120.0	127.5	1	273.5 -c3	64.63	12
<b>-63kg</b>																					
1	Lutsenko Elena	20.08.6	AIN	62.85	0.2191	46	117.5	122.5	127.5	1	97.5-w3,wt	103.5-w2,v	<del>106.0</del>	1	150.0	160.0	<del>468.0</del>	1	391.0	85.68	ps.
2	Sekiya Megumi	09.01.6	JPN	59.85	0.2264	45	80.0	87.5	92.5	2	45.0	<del>50.0</del>	<del>50.0</del>	2	117.5	127.5	136.0	2	273.5	61.93	12
3	Cheam Michelle	12.08.6	SGP	61.90	0.2213	47	70.0	75.0	<del>77.5</del>	3	37.5	40.0	<del>42.5</del>	3	90.0	97.5	<del>402.5</del>	3	212.5	47.03	9
<b>-69kg</b>																					
1	Lee Tsai-Wei	15.07.6	TPE	66.80	0.2110	96	85.0	95.0	<del>400.0</del>	1	40.0	42.5	45.0	1	100.0	110.0	115.0	1	255.0	53.82	12
<b>-76kg</b>																					
1	Okhremchuk Vera	07.06.6	AIN	73.25	0.2007	113	<del>430.0</del>	130.0	137.5	1	65.0	<del>70.0</del>	<del>70.0</del>	1	120.0	125.0	<del>427.5</del>	1	327.5	65.74	ps.
<b>84+kg</b>																					
1	Sally Loughborough	27.05.6	MAS	102.70	0.1771	84	97.5	105.0	112.5	1	<del>60.0</del>	60.0	<del>62.5</del>	1	120.0	130.0-c3	135.0-c3	1	307.5	54.46	12

#### Team (points)

1	Japan	36	[12+12+12]	186.80	IPF GL
2	Malaysia	12	[12]	54.46	IPF GL
3	Chinese Taipei	12	[12]	53.82	IPF GL
4	Singapore	9	[9]	47.03	IPF GL
—	Neutral Athlete	—	—	—	—

**Best Lifters of Masters 3 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Lutsenko Elena	Neutral Athlete	62.85	391.0	85.6759	1
2.	Okhremchuk Vera	Neutral Athlete	73.25	327.5	65.7371	1
3.	Noguchi Mari	Japan	56.45	273.5	64.6253	1

**Masters 4****-47kg**

1	G Jayasree	20.05.5	IND	46.55	0.2799	1	<del>25.0</del>	<del>25.0</del>	25.0	1	<del>20.0</del>	20.0	<del>22.5</del>	1	60.0	70.0	72.5	1	117.5	32.89	12
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**-52kg**

1	Ishibashi Aiko	27.07.5	JPN	49.10	0.2658	19	80.0	85.0	90.0	1	55.0	60.0	<del>62.5</del>	1	95.0	100.0	105.0	1	255.0	67.78	12
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**-63kg**

1	Hsieh Chih-Yun	27.02.5	TPE	59.65	0.2270	44	<del>52.5</del>	<del>52.5</del>	52.5	1	25.0	30.0	<del>32.5</del>	1	65.0	70.0	<del>80.0</del>	1	152.5	34.61	12
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**Team (points)**

1	Japan	12	[12]	67.78	IPF GL
2	Chinese Taipei	12	[12]	34.61	IPF GL
3	India	12	[12]	32.89	IPF GL

**Best Lifters of Masters 4 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Ishibashi Aiko	Japan	49.10	255.0	67.7790	1
2.	Hsieh Chih-Yun	Chinese Taipei	59.65	152.5	34.6120	1
3.	G Jayasree	India	46.55	117.5	32.8854	1

**Abbreviations:**

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AIN = Neutral Athlete

BAN = Bangladesh

BRN = Bahrain

CHN = China

HKG = Hong Kong, China

IND = India

IRI = Iran

JPN = Japan

KOR = South Korea

KSA = Saudi Arabia

KUW = Kuwait

LBN = Lebanon

MAS = Malaysia

MGL = Mongolia

PHI = Philippines

QAT = Qatar

SGP = Singapore

SRI = Sri Lanka

SYR = Syria

THA = Thailand

TPE = Chinese Taipei