

ASIAN POWERLIFTING FEDERATION
Asian Men's Masters & Open Equipped Powerlifting Championships
Istanbul (Turkiye), 02-10.12.2025

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Open																					
-59kg																					
1	Erdenebold Nanzaddorj	22.03.9	MGL	58.90	0.1458	5	240.0	250.0	255.0	1	150.0	160.0	175.0	1	225.0	235.0	242.5	1	667.5	97.31	12
2	Rybka Oleg	29.08.0	AIN	58.40	0.1468	4	220.0	227.5	232.5	3	140.0	145.0	147.5	2	200.0	210.0	247.5	4	585.0	85.85	ps.
3	Sahu Gaurav	26.10.0	IND	58.70	0.1462	3	215.0	225.0	230.0	2	142.5	112.5	147.5	4	220.0	230.0	232.5	2	575.0	84.05	9
4	Bani Oraba Alazhar	01.09.9	OMN	58.40	0.1468	6	195.0	210.0	225.0	4	130.0	142.5	147.5	3	200.0	215.0	220.0	3	567.5	83.28	8
-66kg																					
1	Feng Po-Wen	04.11.9	TPE	65.50	0.1347	8	265.0	277.5	280.0	1	165.0	172.5	175.0	1	235.0	245.0	252.5	1	707.5	95.28	12
2	Lin Yi-Chun	30.10.9	TPE	63.25	0.1381	9	240.0	260.0	X	2	170.0	190.0	190.0	2	230.0	250.0	277.5	2	680.0	93.93	9
3	Ghamrawe Khaled	04.10.0	LBN	65.75	0.1343	11	242.5	212.5	215.0	3	75.0	100.0	122.5	4	170.0	220.0	230.0	3	535.0	71.85	8
—	Sirdani Abolfazl	17.06.8	IRI	65.65	0.1345	10	242.5	242.5	242.5	—	120.0	127.5	127.5	3	180.0	200.0	220.0	4	DSQ	—	—
-74kg																					
1	Olefir Denis	10.08.9	AIN	73.95	0.1240	20	325.0	340.0	355.0	1	240.0	250.0	255.0	1	265.0	265.0	280.0	2	875.0	108.48	ps.
2	Ionin Yakov	13.03.8	KAZ	73.00	0.1250	16	280.0	300.0	345.0	2	200.0	210.0	247.5	2	280.0	300.0	342.5	1	810.0	101.27	12
3	Bakour Omir	03.01.8	SYR	73.75	0.1242	17	250.0	260.0	282.5	4	175.0	182.5	190.0	3	255.0	267.5	282.5	3	717.5	89.11	9
—	Chen Ying-Ju	13.11.9	TPE	72.60	0.1255	19	250.0	250.0	250.0	—	120.0	127.5	127.5	6	245.0	265.0	267.5	4	DSQ	—	—
—	Balakrishna Arji	20.10.9	IND	72.83	0.1252	18	280.0	287.5	292.5	3	180.0	187.5	187.5	4	250.0	250.0	250.0	—	DSQ	—	—
—	Al-Hasani Ayman	12.11.9	OMN	73.85	0.1241	21	245.0	250.0	250.0	—	170.0	182.5	187.5	5	225.0	245.0	260.0	5	DSQ	—	—
-83kg																					
1	Shaibekov Vladislav	12.04.9	AIN	83.00	0.1155	30	320.0	320.0	335.0	1	260.0	265.0	265.0	2	285.0	295.0	305.0	1	900.0	103.93	ps.
2	Vasiukov Evgenii	29.05.8	AIN	82.05	0.1163	29	310.0	325.0	335.0	2	255.0	265.0	270.0	1	275.0	287.5	305.0	2	882.5 -w1	102.60	ps.
3	Wu Wei-Chun	18.05.9	TPE	82.35	0.1160	28	300.0	320.0	332.5	3	245.0	260.0	260.0	3	255.0	270.0	280.0	4	835.0	96.87	12
4	Modares Moslem	09.09.9	IRI	82.20	0.1161	31	240.0	260.0	280.0	5	145.0	155.0	162.5	4	240.0	255.0	262.5	5	655.0	76.07	9
—	Barghouth Ayham	10.03.9	SYR	81.90	0.1164	32	250.0	260.0	270.0	4	170.0	170.0	170.0	—	260.0	270.0	280.0	3	DSQ	—	—
-93kg																					
1	Stepanov Evgenii	13.10.0	AIN	92.80	0.1086	44	325.0	345.0	355.0	1	250.0	260.0	272.5	1	230.0	250.0	262.5	4	867.5	94.18	ps.
2	Chen Wei-An	06.08.9	TPE	91.40	0.1094	42	325.0	337.5	342.5	2	205.0	205.0	210.0	2	270.0	282.5	287.5	1	840.0	91.93	12
3	Svechnikov Vadim	14.08.0	KAZ	91.35	0.1095	40	270.0	282.5	282.5	5	185.0	190.0	197.5	3	260.0	277.5	277.5	2	745.0	81.56	9
4	El Mourad Rakan	31.03.9	LBN	92.65	0.1087	43	282.5	285.0	285.0	4	180.0	185.0	185.0	5	277.5	285.0	285.0	3	740.0	80.41	8
5	Batjargal Shinebayar	07.02.0	MGL	92.75	0.1086	45	280.0	297.5	302.5	3	170.0	182.5	190.0	4	220.0	255.0	262.5	5	707.5	76.83	7
-105kg																					
1	Mashintsov Sergei	20.04.8	AIN	102.60	0.1033	61	325.0	350.0	375.0	1	240.0	252.5	262.5	1	315.0	340.0	350.0	1	987.5	102.02	ps.
2	Alafbehbani Hossein	10.03.8	IRI	104.15	0.1026	57	300.0	320.0	330.0	3	170.0	182.5	192.5	5	300.0	325.0	337.5	2	847.5	86.95	12
3	Sanjay Tote Ganesh	01.01.0	IND	104.25	0.1025	56	332.5	332.5	332.5	2	220.0	220.0	220.0	3	245.0	265.0	277.5	4	817.5	83.83	9
4	Moosavi Seyedhadi	26.06.8	IRI	101.75	0.1037	59	245.0	245.0	250.0	5	230.0	232.5	232.5	2	250.0	265.0	275.0	3	757.5	78.56	8
5	Al Mamari Ayman	29.01.9	OMN	98.10	0.1056	60	250.0	260.0	275.0	4	195.0	205.0	222.5	4	230.0	250.0	260.0	5	695.0	73.36	7
—	Joshi Rahul	19.04.0	IND	98.85	0.1052	62	340.0	352.5	352.5	—	X	X	X	—	X	X	X	—	TD	—	—
-120kg																					
1	Goriachev Ivan	18.09.9	AIN	119.25	0.0969	72	390.0	410.0	410.0	1	302.5	342.5	312.5	1	310.0	327.5	340.0	2	1062.5	102.93	ps.
2	Kapralov Evgeniy	23.03.9	UZB	119.05	0.0969	70	350.0	367.5	367.5	2	260.0	270.0	277.5	2	350.0	370.0	380.0	1	970.0	94.03	12

3	Klass Alexandr	04.08.9	KAZ	115.40	0.0981	69	300.0	320.0	X	3	215.0	225.0	235.0	3	290.0	310.0	320.0	3	865.0	84.90	9
4	Kaweti Sagar Vijay	06.03.0	IND	112.20	0.0993	74	270.0	290.0	305.0	4	160.0	172.5	182.5	5	220.0	230.0	237.5	4	715.0	70.99	8
—	Bobomuratov Sanjar	01.01.9	UZB	117.00	0.0976	73	270.0	290.0	300.0	5	195.0	207.5	210.0	4	260.0	260.0	260.0	—	DSQ	—	—

120+kg

1	Tien Chi-Sen	24.03.9	TPE	126.75	0.0947	80	430.0	432.5	X	1	325.0	327.5	X	1	322.5	X	X	1	1080.0	102.28	12
2	Chsherbina Vassily	25.09.0	KAZ	127.30	0.0946	81	350.0	380.0	400.0	3	260.0	275.0	285.0	2	300.0	335.0	335.0	3	965.0	91.25	9
3	Praveen Raj Aswalt	01.04.0	IND	154.20	0.0892	79	367.5	390.0	405.0	2	140.0	202.5	210.0	3	270.0	292.5	310.0	2	925.0	82.49	8
—	Konovalov Andrei	29.04.8	AIN	158.75	0.0885	78	400.0	400.0	400.0	—	X	X	X	—	X	X	X	—	DSQ	—	ps.

Team (points)

1	Chinese Taipei	57	[12+12+12+12+9]	480.30	IPF GL
2	Kazakhstan	39	[12+9+9+9]	358.98	IPF GL
3	India	34	[9+9+8+8]	321.36	IPF GL
4	Iran	29	[12+9+8]	241.58	IPF GL
5	Mongolia	19	[12+7]	174.14	IPF GL
6	Lebanon	16	[8+8]	152.26	IPF GL
7	Oman	15	[8+7]	156.64	IPF GL
8	Uzbekistan	12	[12]	94.03	IPF GL
9	Syria	9	[9]	89.11	IPF GL
—	Neutral Athlete	—	—	—	—

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Olefir Denis	Neutral Athlete	73.95	875.0	108.4843	1
2.	Shaibekov Vladislav	Neutral Athlete	83.00	900.0	103.9293	1
3.	Goriachev Ivan	Neutral Athlete	119.25	1062.5	102.9339	1

Masters 1

-74kg

1	Manlangit Emmanuel	21.07.8	PHI	73.15	0.1249	15	225.0	240.0	240.0	1	200.0	210.0	210.0	1	230.0	240.0	255.0	1	665.0	83.03	12
2	Alo Murad	25.09.8	SYR	72.65	0.1254	14	140.0	170.0	180.0	2	100.0	110.0	120.0	2	170.0	200.0	220.0	2	520.0	65.22	9

-83kg

1	Almohammad Alshaykh F	08.08.8	SYR	82.80	0.1156	26	180.0	190.0	200.0	2	122.5	132.5	132.5	2	200.0	220.0	240.0	1	542.5	62.73	12
2	Farahmand Abootaleb	01.03.7	IRI	82.65	0.1158	27	185.0	190.0	202.5	1	120.0	130.0	137.5	1	185.0	200.0	200.0	2	517.5	59.91	9
3	Usmanov Djavaxir	23.07.8	UZB	78.60	0.1193	25	160.0	182.5	192.5	3	100.0	105.0	110.0	3	160.0	175.0	185.0	3	467.5	55.77	8

-93kg

1	Linnik Viktor	30.09.8	KAZ	89.40	0.1107	37	220.0	235.0	250.0	2	160.0	170.0	175.0	2	220.0	240.0	252.5	1	677.5	75.03	12
2	Al Masri Omar	15.06.8	SYR	90.05	0.1103	38	230.0	230.0	230.0	3	160.0	175.0	177.5	1	230.0	250.0	272.5	2	657.5	72.53	9
—	Fotiev Sergey	13.08.7	UZB	92.60	0.1087	39	260.0	260.0	260.0	1	147.5	147.5	147.5	—	232.5	242.5	255.0	3	DSQ	—	—

-105kg

1	Abbasloo Mohammad	19.06.8	IRI	99.55	0.1048	55	275.0	305.0	345.0	1	170.0	180.0	182.5	1	270.0	290.0	290.0	2	757.5	79.39	12
2	Mouma Feras	01.01.8	SYR	103.00	0.1031	51	240.0	250.0	260.0	4	165.0	175.0	182.5	2	250.0	265.0	275.0	1	700.0	72.19	9
3	Sheibani Tezergi Ali	22.05.7	IRI	103.00	0.1031	52	245.0	255.0	260.0	3	165.0	175.0	185.0	3	240.0	255.0	262.5	5	675.0	69.61	8
4	Nanjid Bat-Erdene	21.08.8	MGL	100.05	0.1045	54	250.0	260.0	262.5	2	120.0	155.0	155.0	5	250.0	262.5	270.0	4	630.0	65.87	7
5	Al Barni Sami	02.07.8	SYR	102.50	0.1034	53	220.0	220.0	235.0	5	140.0	150.0	150.0	4	255.0	262.5	265.0	3	615.0	63.56	6

-120kg

1	Frolov Mikhail	14.07.7	AIN	117.85	0.0973	65	305.0	335.0	350.0	1	225.0	245.0	255.0	1	235.0	255.0	275.0	2	880.0	85.65	ps.
2	Moradi Mehdi	22.09.8	IRI	112.75	0.0991	68	315.0	325.0	340.0	2	200.0	205.0	210.0	2	280.0	295.0	330.0	1	845.0	83.73	12
3	Ebrahimian Amir	09.08.8	IRI	115.45	0.0981	66	280.0	305.0	305.0	3	190.0	210.0	215.0	3	250.0	265.0	265.0	4	740.0	72.62	9
4	Saleh Jihad	05.07.7	SYR	109.25	0.1004	67	235.0	235.0	245.0	4	150.0	160.0	X	4	240.0	255.0	255.0	3	650.0	65.28	8

120+kg

1	Mousavi Seyed Ahmad	10.06.8	IRI	120.95	0.0964	77	230.0	260.0	290.0	1	160.0	175.0	190.0	2	200.0	222.5	252.5	1	717.5	69.13	12
2	Siddiqui Fahad	02.12.8	IND	154.25	0.0892	75	245.0	255.0	255.0	2	120.0	132.5	142.5	3	200.0	240.0	252.5	3	617.5	55.06	9
—	Karimian Jafar	16.09.7	IRI	120.70	0.0964	76	285.0	285.0	285.0	—	150.0	185.0	192.5	1	180.0	202.5	242.5	2	DSQ	—	—

Team (points)

1	Iran	54	[12+12+12+9+9]	364.78	IPF GL
2	Syria	47	[12+9+9+9+8]	337.95	IPF GL
3	Philippines	12	[12]	83.03	IPF GL
4	Kazakhstan	12	[12]	75.03	IPF GL
5	India	9	[9]	55.06	IPF GL
6	Uzbekistan	8	[8]	55.77	IPF GL
7	Mongolia	7	[7]	65.87	IPF GL
—	Neutral Athlete	—			

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Frolov Mikhail	Neutral Athlete	117.85	880.0	85.6478	1
2.	Moradi Mehdi	Iran	112.75	845.0	83.7294	2
3.	Manlangit Emmanuel	Philippines	73.15	665.0	83.0332	1

Masters 2

-59kg

1	Ghazi Mohamad	05.08.7	SYR	58.35	0.1469	12	120.0	120.0	125.0	1	75.0	80.0	85.0	1	130.0	140.0	150.0	1	355.0	52.13	12
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-83kg

1	Qaband Ali	01.01.7	SYR	82.35	0.1160	24	200.0	200.0	220.0	1	145.0	155.0	160.0	1	200.0	220.0	235.0	1	580.0	67.29	12
—	Bold Munkh-Erdem	10.10.6	MGL	80.40	0.1177	23	145.0	150.0	150.0	—	100.0	X	X	2	110.0	X	X	2	DSQ	—	—

-93kg

1	Nakamura Toshio	22.12.7	JPN	92.50	0.1088	36	205.0	210.0	215.0	1	165.0	175.0	180.0	1	125.0	165.0	207.5	2	555.0	60.36	12
2	Khardin Konstantin	07.06.6	UZB	87.10	0.1123	35	125.0	145.0	155.0	2	95.0	105.0	115.0	2	160.0	185.0	205.0	1	465.0	52.24	9

-105kg

1	Mardan Haris Mohammad	30.04.6	IRI	102.20	0.1035	48	210.0	230.0	245.0	1	175.0	175.0	180.0	1	225.0	235.0	245.0	1	670.0	69.34	12
2	Tahan Aiman	01.01.7	SYR	103.95	0.1027	49	210.0	235.0	247.5	2	180.0	190.0	190.0	2	210.0	235.0	257.5	2	650.0	66.74	9
3	Naimi Seyed Amir Abbas	01.10.7	IRI	100.85	0.1042	50	205.0	215.0	225.0	4	145.0	155.0	160.0	3	205.0	215.0	225.0	3	610.0	63.53	8
4	Ponnu Swami Uday Kuma	20.09.7	IND	94.80	0.1074	47	220.0	230.0	230.0	3	135.0	140.0	147.5	5	200.0	210.0	222.5	5	577.5	62.01	7
5	Yoshida Kazuhiro	10.02.7	JPN	97.60	0.1058	46	210.0	210.0	210.0	5	150.0	157.5	160.0	4	210.0	210.0	210.0	4	570.0	60.32	6

-120kg

1	Bekov Kairat	31.03.7	KAZ	117.05	0.0976	63	190.0	205.0	220.0	1	185.0	185.0	205.0	1	200.0	210.0	220.0	1	620.0	60.51	12
2	Kheir Allah Yasser	01.06.7	SYR	105.20	0.1021	64	100.0	120.0	140.0	2	100.0	110.0	130.0	2	110.0	130.0	150.0	2	380.0	38.81	9

Team (points)

1	Syria	42	[12+12+9+9]	224.97	IPF GL
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2	Iran	20	[12+8]	132.88	IPF GL
3	Japan	18	[12+6]	120.68	IPF GL
4	Kazakhstan	12	[12]	60.51	IPF GL
5	Uzbekistan	9	[9]	52.24	IPF GL
6	India	7	[7]	62.01	IPF GL
—	Mongolia	—			

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Mardan Haris Mohammad	Iran	102.20	670.0	69.3437	1
2.	Qaband Ali	Syria	82.35	580.0	67.2858	1
3.	Tahan Aiman	Syria	103.95	650.0	66.7446	2

Masters 3

-59kg																					
1	Manuel Luisito	02.12.6	PHI	55.70	0.1524	1	65.0	72.5	80.0	1	50.0	55.0	60.0	1	115.0	122.5	127.5	1	267.5	40.76	12
-74kg																					
1	Prasad Hatibaruah Dr. Jyc	01.10.6	IND	70.55	0.1279	13	137.5	152.5	157.5	1	92.5	102.5	440.0	2	160.0	172.5	177.5	1	437.5	55.96	12
2	Nagi Sajid	16.09.6	IND	73.25	0.1248	12	137.5	145.0	150.0	2	92.5	100.0	105.0	1	157.5	170.0	182.5	2	425.0	53.02	9
-83kg																					
1	Shkirman Vladimir	21.04.6	KAZ	77.25	0.1206	22	140.0	160.0	180.0	1	90.0	100.0	X	1	180.0	200.0	220.0	1	500.0	60.29	12
-93kg																					
1	Dejalud Morteza	25.05.6	IRI	92.45	0.1088	34	120.0	140.0	160.0	1	30.0	85.0	117.5	1	130.0	142.5	160.0	1	437.5	47.59	12

Team (points)

1	India	21	[12+9]	108.97	IPF GL
2	Kazakhstan	12	[12]	60.29	IPF GL
3	Iran	12	[12]	47.59	IPF GL
4	Philippines	12	[12]	40.76	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Shkirman Vladimir	Kazakhstan	77.25	500.0	60.2945	1
2.	Prasad Hatibaruah Dr. Jyc	India	70.55	437.5	55.9558	1
3.	Nagi Sajid	India	73.25	425.0	53.0192	2

Masters 4

-59kg																					
1	K K Velayudhan	07.04.5	IND	57.80	0.1479	2	60.0	70.0	80.0	1	35.0	40.0	42.5	1	110.0	122.5	130.0	1	252.5	37.36	12
-66kg																					
1	Alsawadi Mohamad Jamal	01.07.5	SYR	66.00	0.1339	7	50.0	50.0	50.0	1	50.0	50.0	60.0	1	50.0	70.0	70.0	1	180.0	24.11	12

Team (points)

1	India	12	[12]	37.36	IPF GL
2	Syria	12	[12]	24.11	IPF GL

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	K K Velayudhan	India	57.80	252.5	37.3571	1
2.	Alsawadi Mohamad Jamal	Syria	66.00	180.0	24.1101	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AIN = Neutral Athlete

IND = India

IRI = Iran

JPN = Japan

KAZ = Kazakhstan

LBN = Lebanon

MGL = Mongolia

OMN = Oman

PHI = Philippines

SYR = Syria

TPE = Chinese Taipei

UZB = Uzbekistan