

**ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION**  
**2025 Asian / Pacific / African Women's Classic Powerlifting Championships, Himeji (Japan), 06-13.07.2025**

**DETAILED SCORESHEET**

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press				All Deadlift			Total	IPF GL	Pts		
<b>Open</b>																					
<b>-47kg</b>																					
1	Ray Sweta	17.05.9	IND	45.80	0.2845	11	120.0	132.5	<del>135.0</del>	1	70.0	75.0	80.0	2	145.0	157.5	<del>160.0</del>	1	370.0	105.28	12
2	Kani Rie	09.10.7	JPN	46.80	0.2784	14	120.0	125.0-c1	<del>127.5</del>	3	72.5-c1	<del>77.5</del>	77.5-c1	3	142.5	150.0-c1	155.0-c1	2	357.5 -w1	99.52	9
3	Gonzalvo Angela Aura	07.04.9	PHI	46.40	0.2808	13	117.5	122.5	125.0	2	65.0	67.5	70.0	4	145.0	152.5	<del>162.5</del>	3	347.5	97.57	8
4	Ta Melissa	29.06.0	NZL	46.80	0.2784	12	107.5	112.5	115.0	4	77.5	80.0	82.5	1	120.0	132.5	<del>152.5</del>	5	330.0	91.87	7
5	Chandrashekhar Tapadia T	31.07.8	IND	46.50	0.2802	10	100.0	105.0	<del>110.0</del>	5	55.0	57.5	60.0	5	132.5	137.5	142.5	4	307.5	86.16	6
<b>-52kg</b>																					
1	Craven Elizabeth	19.03.7	AUS	51.70	0.2538	31	135.0	142.5	145.0	2	77.5	82.5-w2	85.0	1	165.0-w2	175.0-w2	<del>187.5</del>	1	405.0 -w2	102.78	12
2	Lee Shu Wei	29.08.0	MAS	51.40	0.2551	32	137.5	145.0	151.0	1	72.5	77.5	80.0	2	140.0	147.5	152.5	5	383.5	97.81	9
3	Takekawa Yu	21.03.9	JPN	51.50	0.2546	30	120.0	132.5	135.0	3	75.0	80.0	<del>82.5</del>	3	<del>150.0</del>	150.0	<del>165.0</del>	6	365.0	92.94	8
4	Fang Hui-Ling	25.02.8	TPE	51.60	0.2542	37	<del>125.0</del>	<del>125.0</del>	125.0	6	70.0	75.0	<del>77.5</del>	5	160.0	165.0	<del>167.5</del>	2	365.0	92.78	7
5	Ong Siew Chan Kelly	07.04.9	SGP	51.30	0.2555	35	125.0	130.0	<del>132.5</del>	4	70.0	75.0	<del>80.0</del>	4	142.5	150.0	155.0	4	360.0	91.98	6
6	Nuwaboot Nattacha	26.09.9	THA	51.20	0.2559	34	122.5	127.5	<del>130.0</del>	5	62.5	67.5	70.0	6	150.0	157.5	<del>162.5</del>	3	355.0	90.85	5
7	Peh Jolyn Jia Lyn	06.03.8	SGP	52.00	0.2525	29	<del>125.0</del>	125.0	<del>130.0</del>	7	55.0	60.0	<del>62.5</del>	8	<del>147.5</del>	<del>147.5</del>	147.5	7	332.5	83.96	4
8	Decock Charlotte	27.05.0	THA	51.70	0.2538	33	105.0	112.5	117.5	8	62.5	67.5	70.0	7	142.5	<del>152.5</del>	<del>152.5</del>	8	330.0	83.74	3
9	Li Min	13.09.9	CHN	51.70	0.2538	38	70.0	<del>80.0</del>	<del>82.5</del>	9	<del>32.5</del>	<del>35.0</del>	35.0	9	120.0	<del>140.0</del>	<del>140.0</del>	9	225.0	57.10	2
<b>-57kg</b>																					
1	Kratz Samantha	18.07.9	AUS	56.70	0.2355	63	140.0	147.5	155.0	2	82.5	87.5	90.0	2	160.0	170.0	180.0	2	425.0	100.09	12
2	Hsieh Kai-Hsuan	21.01.9	TPE	56.10	0.2374	58	147.5	155.0	160.0	1	77.5	82.5	85.0	4	165.0	172.5	<del>180.0</del>	5	417.5	99.12	9
3	Jennings Catherine	28.11.9	NZL	57.00	0.2346	57	142.5	<del>150.0</del>	150.0	4	85.0	90.0	92.5	1	167.5	175.0	<del>180.0</del>	4	417.5	97.93	8
4	Kamilla Inez Devina Insan	02.08.9	INA	56.60	0.2358	64	145.0	150.0	<del>155.0</del>	3	80.0	85.0	87.5	3	162.5	170.0	175.0	3	412.5	97.27	7
5	Rai Parekh Nami	01.05.9	IND	57.00	0.2346	62	<del>140.0</del>	140.0	<del>147.5</del>	6	75.0	82.5	<del>85.0</del>	5	175.0	182.5	<del>185.0</del>	1	405.0	95.00	6
6	Murray Amanda	17.03.8	NZL	56.50	0.2361	59	130.0	135.0	140.0	5	65.0	67.5	70.0	7	155.0	162.5	<del>167.5</del>	6	372.5	87.96	5
7	Kim Songhee	23.11.9	KOR	56.50	0.2361	65	130.0	<del>135.0</del>	137.5	7	77.5	<del>82.5</del>	<del>82.5</del>	6	140.0	145.0	<del>150.0</del>	7	360.0	85.01	4
8	Liew Hui Wen	21.05.9	MAS	54.60	0.2425	60	95.0	100.0	<del>105.0</del>	9	57.5	62.5	<del>65.0</del>	8	122.5	132.5	140.0	8	302.5	73.36	3
9	Jeong Younglim	20.09.0	KOR	55.90	0.2381	61	100.0	107.5	<del>112.5</del>	8	55.0	<del>57.5</del>	57.5	9	120.0	130.0	<del>135.0</del>	9	295.0	70.23	2
<b>-63kg</b>																					
1	Zheng Xiaoxuan	01.01.9	CHN	60.40	0.2250	94	178.0	185.5	188.0	1	92.5	97.5	100.0	2	155.0	162.5	167.5	8	455.5	102.49	12
2	Tiong Natalie	14.11.9	SGP	60.90	0.2237	92	147.5	157.5	160.0	5	75.0	80.0	82.5	5	190.0	<del>205.0</del>	205.0	1	447.5	100.12	9
3	Hamada Yuho	28.12.9	JPN	62.30	0.2204	88	160.0	<del>170.0</del>	170.0	2	97.5	102.5	<del>105.0</del>	1	160.0	170.0	<del>177.5</del>	7	442.5	97.52	8
4	Hurndell Gillian	16.09.9	NZL	62.40	0.2201	87	150.0	157.5	162.5	4	87.5	92.5	95.0	3	165.0	175.0	180.0	3	437.5	96.31	7
5	Hung Hsiu-Ching	22.06.9	TPE	62.80	0.2192	95	140.0	150.0	<del>155.0</del>	6	80.0	85.0	<del>87.5</del>	4	175.0	185.0	<del>205.0</del>	2	420.0	92.08	6
6	Nursaidah Amirah	09.09.8	MAS	62.60	0.2197	89	150.0	157.5	165.0	3	72.5	77.5	82.5	6	167.5	<del>177.5</del>	<del>177.5</del>	10	415.0	91.17	5
7	Zhou Yiqian	21.05.9	CHN	61.40	0.2225	96	130.0	140.0	<del>145.0</del>	7	72.5	77.5	80.0	7	150.0	162.5	170.0	4	390.0	86.78	4
8	Ong Yi Syuen	23.03.9	SGP	61.70	0.2218	97	112.5	120.0	125.0	9	65.0	70.0	72.5	8	155.0	170.0	<del>180.0</del>	5	367.5	81.51	3
9	Samosir Anggi Mareta	25.07.9	INA	62.20	0.2206	90	122.5	130.0	<del>135.0</del>	8	57.5	62.5	<del>65.0</del>	9	160.0	170.0	X	6	362.5	79.97	2
10	Nurazifah Pg Ali Siti	18.11.9	BRU	61.90	0.2213	91	115.0	122.5	<del>127.5</del>	10	47.5	50.0	52.5	11	157.5	165.0	167.5	9	342.5	75.80	1
11	Bat-Ulzii Munguntuya	22.07.9	MGL	62.60	0.2197	93	87.5	92.5	100.0	11	47.5	52.5	55.0	10	130.0	142.5	<del>155.0</del>	11	297.5	65.36	1
<b>-69kg</b>																					
1	Nomura Yu	09.02.0	JPN	68.80	0.2075	148	152.5	162.5	<del>167.5</del>	1	90.0	97.5	102.5	1	195.0	212.0-c	<del>222.0</del>	1	477.0 -c	98.98	12

2	Khwang Hayley	21.12.9	SGP	68.50	0.2080	146	157.5	<del>165.0</del>	<del>165.0</del>	2	82.5	87.5	90.0	2	160.0	170.0	177.5	2	425.0	88.41	9
3	Su Chia-Ju	17.11.9	TPE	68.70	0.2077	147	<del>145.0</del>	145.0	<del>160.0</del>	3	55.0	60.0	62.5	3	145.0	155.0	165.0	3	372.5	77.36	8
<b>-76kg</b>																					
1	Vrigitte Princess Elona	17.11.0	JPN	73.90	0.1998	163	180.0	192.5	<del>203.5</del>	1	92.5	102.5	105.0	2	160.0	170.0	175.0	3	472.5	94.43	12
2	Lai Karen	20.03.9	NZL	73.70	0.2001	160	162.5	170.0	172.5	3	100.0	105.0	<del>107.5</del>	1	170.0	177.5	<del>185.0</del>	2	455.0	91.05	9
3	Xie Thuy Tien	15.08.9	SGP	75.80	0.1974	164	172.5	182.5	<del>190.0</del>	2	70.0	75.0	<del>77.5</del>	5	170.0	180.0	<del>185.0</del>	1	437.5	86.36	8
4	Yao Yuerong	09.01.0	CHN	75.30	0.1980	162	152.5	162.5	167.5	5	82.5	87.5	<del>90.0</del>	4	155.0	172.5	<del>185.0</del>	4	427.5	84.66	7
5	Agarwal Ayushi	24.04.9	IND	74.00	0.1997	161	155.0	<del>165.0</del>	167.5	4	80.0	85.0	90.0	3	155.0	165.0	167.5	5	425.0	84.88	6
<b>-84kg</b>																					
1	Matsuda Miyu	29.11.9	JPN	81.90	0.1908	107	185.0	200.5-c	205.0-c	1	110.0	115.5-c	117.5-c	1	180.0	185.0	<del>195.0</del>	4	507.5 -c	96.82	12
2	Batgerel Maral	16.09.9	MGL	78.90	0.1938	109	165.0	175.0	182.5	2	82.5	87.5	<del>95.0</del>	4	200.0	210.0-c	220.0-c	1	490.0	94.97	9
3	Widjaja Sarah	11.06.9	SGP	80.40	0.1923	<sup>111</sup>	145.0	152.5	157.5	3	85.0	90.0	<del>92.5</del>	3	187.5	197.5	<del>205.0</del>	2	445.0	85.55	8
4	Stilwell Amanda	07.07.8	NZL	82.60	0.1901	108	135.0	145.0	152.5	4	80.0	85.0	87.5	5	187.5	<del>197.5</del>	197.5	3	437.5	83.17	7
5	Atmadikoesoemah Safira	29.08.0	INA	79.00	0.1937	112	107.5	<del>120.0</del>	120.0	7	92.5	<del>97.5</del>	<del>97.5</del>	2	140.0	150.0	<del>160.0</del>	5	362.5	70.22	6
6	Peng Jin	14.10.9	CHN	82.70	0.1900	110	140.0	145.0	<del>155.0</del>	5	85.0	87.5	<del>90.0</del>	6	<del>130.0</del>	130.0	<del>140.0</del>	7	362.5	68.88	5
7	Nitharshika Kumaran	07.03.9	SRI	79.90	0.1928	113	120.0	130.0	140.0	6	55.0	60.0	<del>65.0</del>	7	140.0	<del>142.5</del>	150.0	6	350.0	67.47	4
<b>84+kg</b>																					
1	Ropata Riria	16.11.8	NZL	127.00	0.1699	128	217.5	230.0	237.5	1	112.5	120.0	<del>122.5</del>	1	235.0	247.5	<del>252.5</del>	1	605.0	102.80	12
2	Lin Yu-Cin	12.01.9	TPE	89.60	0.1844	123	160.0	175.0	182.5	3	75.0	80.0	85.0	5	200.0	207.5	215.0	2	482.5	88.99	9
3	Amran Nur Nadhirah	20.11.9	SGP	115.40	0.1726	124	157.5	170.0	177.5	4	100.0	105.0	<del>107.5</del>	2	175.0	187.5	<del>200.0</del>	3	470.0	81.13	8
4	Kamoto Emi	08.10.9	JPN	116.00	0.1725	126	190.0	<del>205.0</del>	<del>212.5</del>	2	95.0	100.0	105.0	3	150.0	160.0	<del>170.0</del>	6	455.0	78.47	7
5	Hirst-Thynne Eloise	01.10.9	NZL	103.40	0.1768	127	155.0	162.5	170.0	5	80.0	85.0	90.0	4	155.0	165.0	170.0	4	430.0	76.03	6
6	E.a.d. Nayodya Epitawala	04.01.9	SRI	89.00	0.1849	125	160.0	165.0	<del>167.5</del>	6	75.0	<del>82.5</del>	X	6	165.0	167.5	X	5	407.5	75.33	5

#### Team (points)

1	Japan	53	[12+12+12+9+8]	487.26	IPF GL
2	New Zealand	43	[12+9+8+7+7]	479.96	IPF GL
3	Singapore	42	[9+9+8+8+8]	441.58	IPF GL
4	Chinese Taipei	39	[9+9+8+7+6]	450.33	IPF GL
5	China	30	[12+7+5+4+2]	399.91	IPF GL
6	India	30	[12+6+6+6]	371.31	IPF GL
7	Australia	24	[12+12]	202.86	IPF GL
8	Malaysia	17	[9+5+3]	262.34	IPF GL
9	Indonesia	15	[7+6+2]	247.47	IPF GL
10	Mongolia	10	[9+1]	160.33	IPF GL
11	Sri Lanka	9	[5+4]	142.80	IPF GL
12	Philippines	8	[8]	97.57	IPF GL
13	Thailand	8	[5+3]	174.60	IPF GL
14	South Korea	6	[4+2]	155.24	IPF GL
15	Brunei	1	[1]	75.80	IPF GL

#### Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Ray Sweta	India	45.80	370.0	105.2780	1
2.	Ropata Riria	New Zealand	127.00	605.0	102.7968	1
3.	Craven Elizabeth	Australia	51.70	405.0	102.7764	1

**Sub-Juniors****-47kg**

1	Gu Dong-Le	15.11.0	TPE	46.20	0.2820	9	100.0	107.5	112.5	1	45.0	52.5	55.0	1	120.0	130.0	140.0	1	307.5	86.72	12
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**-52kg**

1	Harper Maddi	30.01.0	AUS	51.40	0.2551	27	110.0	115.0	120.0	2	80.0	<del>85.0</del>	<del>85.0</del>	1	137.5	147.5	158.0	1	358.0	91.31	12
2	Someya Shion	02.05.0	JPN	51.70	0.2538	28	112.5	120.0	126.5	1	80.0	<del>85.0</del>	<del>85.0</del>	2	125.0	132.5	<del>142.5</del>	2	339.0	86.03	9

**-63kg**

1	Lee Jia Rong Pixel	01.01.0	SGP	62.30	0.2204	84	95.0	100.0	<del>105.0</del>	3	52.5	57.5	60.0	1	122.5	127.5	135.0	1	295.0	65.01	12
2	Chen Anqi	17.11.0	CHN	63.00	0.2188	85	100.0	102.5	107.5	2	52.5	<del>57.5</del>	<del>57.5</del>	2	115.0	127.5	<del>137.5</del>	2	287.5	62.90	9
3	Sato Miu	22.02.0	JPN	60.20	0.2255	86	100.0	<del>107.5</del>	107.5	1	45.0	50.0	<del>52.5</del>	3	<del>85.0</del>	85.0	90.0	3	247.5	55.82	8

**-69kg**

1	Yu Pei-Ying	27.07.0	TPE	66.00	0.2126	143	130.0	140.0	147.5	1	52.5	57.5	60.0	2	117.5	122.5	127.5	2	335.0	71.21	12
2	Morgan Natahlia	29.08.0	NZL	67.10	0.2105	144	107.5	115.0	<del>120.0</del>	3	70.0	75.0	<del>80.0</del>	1	110.0	120.0	130.0	1	320.0	67.36	9
3	Eirdina Binte Azmi Haritha	17.09.0	SGP	65.10	0.2143	145	105.0	110.0	115.0	2	47.5	50.0	52.5	3	120.0	125.0	<del>130.0</del>	3	292.5	62.69	8

**-76kg**

1	Konishi Mao	28.04.0	JPN	71.80	0.2028	158	105.0	112.5	<del>120.0</del>	1	50.0	55.0	<del>57.5</del>	1	110.0	120.0	130.0	1	297.5	60.33	12
2	Mellet Kobie	04.05.0	RSA	73.40	0.2005	159	80.0	85.0	90.0	2	45.0	47.5	<del>50.0</del>	2	80.0	90.0	<del>100.0</del>	2	227.5	45.62	9

**84+kg**

1	Su Sheng-Ci	04.04.0	TPE	122.20	0.1709	121	180.0	190.0	200.0	1	72.5	77.5	80.0	2	160.0	170.0	175.0	1	455.0	77.76	12
2	Warylo Mikaela	19.01.0	AUS	109.80	0.1744	122	155.0	165.0	172.5	2	92.5	97.5	100.0	1	160.0	170.0	<del>177.5</del>	2	442.5	77.15	9

**Team (points)**

1	Chinese Taipei	36	[12+12+12]	235.69	IPF GL
2	Japan	29	[12+9+8]	202.17	IPF GL
3	Australia	21	[12+9]	168.46	IPF GL
4	Singapore	20	[12+8]	127.70	IPF GL
5	New Zealand	9	[9]	67.36	IPF GL
6	China	9	[9]	62.90	IPF GL
7	South Africa	9	[9]	45.62	IPF GL

**Best Lifters of Subjuniors by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Harper Maddi	Australia	51.40	358.0	91.3097	1
2.	Gu Dong-Le	Chinese Taipei	46.20	307.5	86.7205	1
3.	Someya Shion	Japan	51.70	339.0	86.0277	2

**Juniors****-43kg**

1	Lim Qin Wei	29.10.0	SGP	42.90	0.3053	1	95.0	100.0	102.5	1	<del>63.0</del>	63.0-cj	65.5-cj	1	115.0	125.0	<del>130.0</del>	1	293.0	89.46	12
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**-47kg**

1	Tan Faith Suzanna	04.07.0	SGP	46.00	0.2833	8	100.0	107.5	110.0	1	52.5	57.5	<del>60.0</del>	1	148.0-cj	160.5-cj	164.0-cj	1	331.5 -cj	93.90	12
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**-52kg**

1	Aprily Sifra	20.04.0	NZL	51.80	0.2533	25	117.5	122.5	125.0	1	60.0	62.5	65.0	1	157.5	165.0	<del>170.0</del>	1	355.0	89.94	12
2	Kawahara Miu	13.06.0	JPN	51.90	0.2529	26	<del>100.0</del>	100.0	<del>107.5</del>	2	62.5	65.0	<del>67.5</del>	2	117.5	127.5	<del>135.0</del>	2	292.5	73.98	9

**-57kg**

1	Tang Chloe	15.07.0	SGP	57.00	0.2346	53	145.0	157.5	161.5	1	72.5	77.5	<del>82.5</del>	2	152.5	167.5	172.5	1	411.5	96.52	12
2	Low Lin Xuan Glenda	13.04.0	SGP	56.40	0.2364	56	115.0	122.5	127.5	2	72.5	77.5	80.0	1	155.0	162.5	167.5	2	375.0	88.67	9
3	Inoue Makoto	24.04.0	JPN	56.80	0.2352	54	<del>112.5</del>	112.5	117.5	4	65.0	70.0	72.5	3	125.0	130.0	132.5	4	322.5	75.85	8
4	Iura Nana	27.07.0	JPN	55.60	0.2391	55	115.0	122.5	125.0	3	45.0	50.0	52.5	4	130.0	137.5	<del>145.0</del>	3	315.0	75.31	7
<b>-63kg</b>																					
1	Yee Yue Ning	02.10.0	SGP	58.80	0.2293	80	125.0	132.5	137.5	1	60.0	62.5	<del>65.0</del>	5	150.0	160.0	172.5	1	372.5	85.41	12
2	Kida Mako	19.12.0	JPN	62.80	0.2192	81	125.0	132.5	137.5	2	75.0	80.0	82.5	2	140.0	152.5	<del>160.0</del>	4	372.5	81.66	9
3	Wang Yu-Fang	15.05.0	TPE	62.20	0.2206	78	<del>120.0</del>	125.0	130.0	3	70.0	75.0	77.5	3	140.0	150.0	160.0	2	367.5	81.07	8
4	Hmone Nanthar Htut	04.03.0	SGP	62.10	0.2208	79	112.5	<del>117.5</del>	<del>117.5</del>	4	65.0	<del>70.0</del>	<del>70.0</del>	4	137.5	145.0	152.5	3	330.0	72.88	7
5	Jannatinnisa Humaira	28.02.0	INA	62.90	0.2190	83	<del>107.5</del>	107.5	112.5	5	80.0	85.0	<del>87.5</del>	1	112.5	127.5	<del>135.0</del>	6	325.0	71.18	6
6	Snyman Karlia	22.08.0	RSA	62.00	0.2211	82	100.0	107.5	<del>112.5</del>	6	50.0	55.0	<del>57.5</del>	6	110.0	120.0	130.0	5	292.5	64.67	5
<b>-69kg</b>																					
1	Taylor Zali	26.05.0	NZL	66.60	0.2114	142	137.5	145.0	152.5	1	85.0	90.0	95.0	1	170.0	182.5	<del>190.0</del>	1	430.0	90.91	12
2	Komiya Elena	29.05.0	JPN	68.00	0.2089	141	115.0	<del>120.0</del>	120.0	2	75.0	<del>80.0</del>	82.5	2	120.0	130.0	<del>135.0</del>	2	332.5	69.45	9
<b>-76kg</b>																					
1	Tulona Tashbihun Noor	25.03.0	BAN	74.90	0.1985	157	130.0	<del>145.0</del>	145.0	1	60.0	65.0	72.5	1	140.0	152.5	162.5	1	380.0	75.44	12
<b>84+kg</b>																					
1	Sato Risa	07.10.0	JPN	123.80	0.1706	118	145.0	152.5	<del>160.0</del>	2	72.5	77.5	80.0	1	177.5	187.5	196.0	1	428.5	73.08	12
2	Alatas Binte Syed Idris Shazali	14.02.0	SGP	87.70	0.1858	119	152.5	162.5	170.0	1	65.0	70.0	72.5	2	160.0	170.0	177.5	2	420.0	78.05	9
3	Ashwin Desai Devika	06.04.0	IND	121.80	0.1710	120	140.0	150.0	<del>157.5</del>	3	60.0	65.0	<del>70.0</del>	3	140.0	150.0	157.5	3	372.5	63.70	8

#### Team (points)

1	Singapore	57	[12+12+12+12+9]	453.96	IPF GL
2	Japan	47	[12+9+9+9+8]	374.03	IPF GL
3	New Zealand	24	[12+12]	180.85	IPF GL
4	Bangladesh	12	[12]	75.44	IPF GL
5	Chinese Taipei	8	[8]	81.07	IPF GL
6	India	8	[8]	63.70	IPF GL
7	Indonesia	6	[6]	71.18	IPF GL
8	South Africa	5	[5]	64.67	IPF GL

#### Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Tang Chloe	Singapore	57.00	411.5	96.5239	1
2.	Tan Faith Suzanna	Singapore	46.00	331.5	93.9030	1
3.	Taylor Zali	New Zealand	66.60	430.0	90.9089	1

#### Masters 1

<b>-47kg</b>																					
1	Chien Ya-Lan	03.07.8	TPE	46.70	0.2790	6	95.0	102.5	<del>107.5</del>	1	45.0	47.5	<del>52.5</del>	3	115.0	125.0	135.0	1	285.0	79.51	12
2	Kelkar Varsha	05.03.7	IND	46.10	0.2826	5	97.5	<del>105.0</del>	<del>105.0</del>	2	45.0	47.5	<del>50.0</del>	2	105.0	110.0	112.5	2	257.5	72.78	9
3	Yasutomi Fumiko	22.02.8	JPN	46.90	0.2778	7	87.5	92.5	97.5	3	47.5	50.0	<del>52.5</del>	1	97.5	105.0	110.0	3	257.5	71.53	8
<b>-52kg</b>																					
1	Pham Thao	22.04.8	AUS	51.10	0.2564	23	102.5	107.5	112.5	1	67.5	70.0	72.5	2	137.5	147.5	<del>155.0</del>	1	332.5	85.24	12
2	Bartolo Natalie	03.08.8	AUS	51.80	0.2533	24	90.0	100.0	110.0	3	70.0	72.5	75.0	1	110.0	115.0	122.5	3	307.5	77.90	9
3	Neeta Mehta	07.04.7	IND	49.50	0.2638	21	100.0	105.0	110.0	2	52.5	57.5	60.0	3	120.0	127.5	130.0	2	300.0	79.14	8

4	Huang Chih-Ying	11.09.7	TPE	51.20	0.2559	22	55.0	60.0	65.0	4	25.0	30.0	35.0	4	95.0	110.0	<del>425.0</del>	4	210.0	53.74	7
<b>-57kg</b>																					
1	Murayama Eri	02.02.7	JPN	56.00	0.2377	51	140.0	145.5-c1	<del>148.0</del>	1	65.0	70.0	<del>72.5</del>	3	150.0	160.0	<del>162.5</del>	1	375.5	89.27	12
2	Ong Berni	23.07.8	SGP	56.60	0.2358	48	107.5	115.0	<del>120.0</del>	5	67.5	<del>72.5</del>	72.5	2	142.5	150.0	155.0	2	342.5	80.77	9
3	Frank Helen	29.07.7	AUS	55.70	0.2387	50	117.5	<del>125.0</del>	125.0	2	67.5	72.5	<del>75.0</del>	1	122.5	132.5	<del>142.5</del>	4	330.0	78.78	8
4	Wu Chia-Chuan	30.01.7	TPE	56.50	0.2361	49	<del>125.0</del>	<del>125.0</del>	125.0	3	50.0	57.5	62.5	5	115.0	125.0	135.0	3	322.5	76.15	7
5	Kim Yumin	28.12.8	KOR	56.00	0.2377	52	110.0	117.5	<del>122.5</del>	4	60.0	62.5	65.0	4	120.0	<del>127.5</del>	<del>130.0</del>	5	302.5	71.92	6
<b>-63kg</b>																					
1	Trovato Meaghan	17.05.7	AUS	62.80	0.2192	77	130.0	<del>137.5</del>	137.5	2	80.0	85.0	<del>87.5</del>	1	157.5	165.0	172.5	1	395.0	86.60	12
2	Honda Mayumi	13.04.8	JPN	62.30	0.2204	73	130.0	140.0	143.0	1	75.0	<del>80.0</del>	<del>80.0</del>	3	145.0	160.0	<del>165.0</del>	3	378.0	83.30	9
3	Tan Sze Yin Saudi	24.10.8	SGP	62.40	0.2201	76	112.5	120.0	125.0	3	67.5	72.5	77.5	2	145.0	157.5	162.5	2	365.0	80.35	8
4	Wu Pei-Shan	24.11.8	TPE	59.60	0.2271	74	100.0	107.5	112.5	4	50.0	55.0	57.5	4	125.0	135.0	145.0	4	315.0	71.54	7
5	Chang Chiao-Lin	01.10.7	TPE	60.10	0.2258	75	95.0	105.0	110.0	5	42.5	47.5	<del>50.0</del>	5	110.0	120.0	<del>130.0</del>	5	277.5	62.65	6
<b>-69kg</b>																					
1	Dillen Carolina	09.05.8	NZL	67.80	0.2092	135	157.5	165.0	167.5	1	87.5	92.5	95.0	1	170.0	177.5	185.0	1	447.5	93.63	12
2	Ajay Deepa	18.12.7	IND	68.00	0.2089	136	147.5	157.5-c1	<del>163.5</del>	3	80.0	87.5	90.0	2	162.5	175.0	<del>185.0</del>	2	422.5 -c1	88.25	9
3	Shiga Madoka	03.01.8	JPN	67.20	0.2103	140	152.5	<del>160.0</del>	160.0-c1	2	80.0	<del>87.5</del>	<del>87.5</del>	3	140.0	<del>152.5</del>	152.5	3	392.5	82.55	8
4	Ogawa Akiko	16.01.8	JPN	67.30	0.2101	139	127.5	135.0	137.5	4	65.0	70.0	<del>72.5</del>	4	137.5	145.0	150.0	4	357.5	75.12	7
5	Norliyana Binte Jumahat	06.12.8	SGP	67.90	0.2091	138	100.0	110.0	117.5	5	50.0	55.0	<del>57.5</del>	6	120.0	130.0	140.0	5	312.5	65.33	6
6	Chen Hsi-Yu	25.03.8	TPE	65.60	0.2133	137	85.0	95.0	<del>100.0</del>	6	50.0	55.0	<del>60.0</del>	5	110.0	125.0	<del>132.5</del>	6	275.0	58.67	5
<b>-76kg</b>																					
1	Mayani Hemant Kamble	20.06.8	IND	74.30	0.1993	153	142.5	152.5	157.5	1	77.5	<del>82.5</del>	82.5	1	157.5	<del>170.5</del>	<del>170.5</del>	1	397.5	79.23	12
2	Tsai Yi-Chiao	09.08.8	TPE	75.40	0.1979	155	<del>145.0</del>	145.0	155.0	2	60.0	65.0	70.0	4	135.0	147.5	152.5	2	377.5	74.71	9
3	Ng Zhen Wei Wendy	30.03.8	SGP	75.70	0.1975	154	112.5	120.0	125.0	4	77.5	80.0	<del>82.5</del>	2	135.0	142.5	<del>147.5</del>	3	347.5	68.64	8
—	Kobayashi Kazusa	17.10.8	JPN	75.10	0.1983	156	125.0	<del>135.0</del>	135.0	3	70.0	75.0	<del>80.0</del>	3	<del>165.0</del>	<del>170.5</del>	<del>170.5</del>	—	DSQ	—	—
<b>-84kg</b>																					
1	Banu Kazi Gulshan	12.04.7	IND	83.80	0.1890	106	155.5	<del>165.5</del>	<del>165.5</del>	1	60.0	65.0	70.0	2	195.5-c1	208.0-c,c1	<del>219.0</del>	1	433.5 -c1	81.94	12
2	Gowda Annette	24.01.8	IND	80.90	0.1917	103	135.0	142.5	<del>147.5</del>	2	70.0	75.0	<del>77.5</del>	1	135.0	147.5	<del>157.5</del>	3	365.0	69.99	9
3	Mori Chiemi	03.02.8	JPN	83.60	0.1892	105	130.0	<del>140.0</del>	<del>140.0</del>	3	52.5	57.5	60.0	3	130.0	140.0	142.5	4	332.5	62.91	8
4	R.a.d. Nadeeka Hemanthi	03.09.8	SRI	76.70	0.1963	104	110.0	<del>122.5</del>	<del>122.5</del>	4	50.0	55.0	57.5	4	145.0	152.5	<del>165.0</del>	2	320.0	62.82	7
<b>84+kg</b>																					
1	Teahuru Ngaraka	25.04.8	NZL	96.80	0.1800	117	140.0	147.5	155.0	1	72.5	77.5	80.0	1	185.0	195.0	202.5	1	437.5	78.74	12
2	Abdul Razak Rozana	27.10.8	SGP	100.40	0.1782	116	127.5	135.0	142.5	2	57.5	60.0	62.5	2	167.5	183.5	<del>193.0</del>	2	388.5	69.21	9

#### Team (points)

1	India	51	[12+12+9+9+9]	392.19	IPF GL
2	Japan	45	[12+9+8+8+8]	389.56	IPF GL
3	Chinese Taipei	42	[12+9+7+7+7]	355.65	IPF GL
4	Australia	41	[12+12+9+8]	328.52	IPF GL
5	Singapore	40	[9+9+8+8+6]	364.30	IPF GL
6	New Zealand	24	[12+12]	172.37	IPF GL
7	Sri Lanka	7	[7]	62.82	IPF GL
8	South Korea	6	[6]	71.92	IPF GL

#### Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
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1.	Dillen Carolina	New Zealand	67.80	447.5	93.6327	1
2.	Murayama Eri	Japan	56.00	375.5	89.2717	1
3.	Ajay Deepa	India	68.00	422.5	88.2531	2

## Masters 2

### -47kg

1	Yamane Yuko	10.09.7	JPN	44.20	0.2954	4	97.5	<del>405.5</del>	105.5	1	50.0	52.5	55.0	1	105.0	112.5	<del>422.5</del>	1	273.0	80.65	12
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### -52kg

1	Zhong Wen-Wen	22.04.7	TPE	51.40	0.2551	19	85.0	95.0	<del>97.5</del>	1	40.0	45.0	<del>47.5</del>	1	105.0	115.0	<del>422.5</del>	1	255.0	65.04	12
2	Khoo Lin Pei Claudia	03.04.7	SGP	48.60	0.2684	20	70.0	75.0	77.5	2	32.5	35.0	37.5	2	92.5	100.0	105.0	2	220.0	59.04	9

### -57kg

1	Yang Fang-Ting	08.05.6	TPE	55.80	0.2384	44	100.0	112.5	117.5	1	45.0	<del>55.0</del>	55.0	1	100.0	112.5	115.0	3	287.5	68.54	12
2	Sonobe Fumiko	07.01.7	JPN	56.90	0.2349	46	87.5	95.0	97.5	2	45.0	50.0	<del>52.5</del>	2	<del>44.0</del>	110.0	120.0	1	267.5	62.83	9
3	Sato Itsu	11.11.7	JPN	56.00	0.2377	45	80.0	87.5	90.0	3	40.0	47.5	<del>50.0</del>	3	100.0	112.5	117.5	2	255.0	60.62	8
4	A.p. Kumari Herat	02.04.7	SRI	56.10	0.2374	47	<del>65.0</del>	65.0	72.5	4	35.0	<del>40.0</del>	<del>40.0</del>	4	85.0	102.5	110.0	4	217.5	51.64	7

### -63kg

1	Tanaka Mariko	18.10.7	JPN	59.70	0.2268	71	<del>44.0</del>	140.0-c2	145.0	1	65.0	71.5-c2	72.5-c2	2	150.0	157.5	160.0	2	377.5 -c2	85.63	12
2	Soto Guzman Sara	10.09.6	THA	62.10	0.2208	70	<del>44.0</del>	110.0	<del>447.5</del>	3	60.0	62.5	65.0	3	162.5	<del>470.0</del>	170.0	1	345.0	76.19	9
3	Chen Tzu-Chien	12.04.7	TPE	62.90	0.2190	69	110.0	125.0-c2	<del>440.5</del>	2	65.0	71.0-c2	75.0-c2	1	110.0	127.5	140.0	3	340.0	74.46	8
4	Song Shu-Huei	09.08.7	TPE	62.80	0.2192	72	90.0	<del>97.5</del>	<del>97.5</del>	4	42.5	47.5	<del>52.5</del>	4	100.0	112.5	122.5	4	260.0	57.00	7

### -69kg

1	Price Alicia	17.08.7	AUS	67.60	0.2096	133	<del>425.0</del>	125.0	130.0	1	70.0	75.0	77.5	1	137.5	145.0	152.5	1	360.0	75.45	12
2	Yao Mei-Ju	01.10.7	TPE	64.70	0.2151	134	100.0	110.0	120.0	2	55.0	60.0	62.5	2	135.0	145.0	150.5-c2	2	333.0	71.64	9

### -76kg

1	Dwyer Kylie	18.09.7	AUS	73.60	0.2002	150	120.0	125.0	130.0	1	65.0	<del>70.0</del>	70.0	2	155.0	162.5	170.0	1	370.0	74.09	12
2	Fordyce Christina	22.09.7	NZL	73.80	0.2000	152	112.5	117.5	120.0	2	77.5	82.5	<del>85.0</del>	1	150.0	160.0	167.5	2	370.0	73.99	9
3	Thiithanchayawanich Ratt	13.05.7	THA	74.90	0.1985	151	105.0	<del>442.5</del>	<del>442.5</del>	3	52.5	60.0	<del>65.0</del>	3	142.5	152.5	<del>462.5</del>	3	317.5	63.03	8

### -84kg

1	Hall Elizabeth	01.06.7	NZL	83.30	0.1895	102	140.0	147.5	152.5	1	67.5	72.5	<del>77.5</del>	2	140.0	147.5	150.0	1	375.0	71.05	12
2	Maeda Miyuki	21.04.7	JPN	84.00	0.1888	101	140.5-c2	148.0-c2	<del>453.0</del>	2	70.0	75.5-c2	<del>78.0</del>	1	135.0	145.0	150.0	2	373.5	70.54	9

### 84+kg

1	Powers Hope	19.01.6	AUS	121.20	0.1711	115	130.0	<del>445.0</del>	145.0	1	75.0	80.0	<del>82.5</del>	1	140.0	147.5	155.0	2	380.0	65.03	12
2	Mishra Ranjita	01.02.6	IND	85.90	0.1872	114	120.0-c2	130.0-c2	142.5-c2	2	60.0	65.0-c2	<del>70.0</del>	2	140.0-c2	150.0-c2	160.0	1	367.5 -c2	68.81	9

## Team (points)

1	Japan	50	[12+12+9+9+8]	360.26	IPF GL
2	Chinese Taipei	48	[12+12+9+8+7]	336.68	IPF GL
3	Australia	36	[12+12+12]	214.58	IPF GL
4	New Zealand	21	[12+9]	145.04	IPF GL
5	Thailand	17	[9+8]	139.23	IPF GL
6	India	9	[9]	68.81	IPF GL
7	Singapore	9	[9]	59.04	IPF GL
8	Sri Lanka	7	[7]	51.64	IPF GL

## Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
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1.	Tanaka Mariko	Japan	59.70	377.5	85.6287	1
2.	Yamane Yuko	Japan	44.20	273.0	80.6469	1
3.	Soto Guzman Sara	Thailand	62.10	345.0	76.1908	2

### Masters 3

#### -47kg

1	Tsuji Noriko	03.11.6	JPN	45.80	0.2845	2	95.0	102.5	107.5	1	35.0	40.0	<del>42.5</del>	2	110.0	120.0	122.5	1	270.0	76.82	12
2	Pascoe Pranee	11.08.5	THA	47.00	0.2772	3	77.5	82.5	<del>87.5</del>	2	47.5	50.0	52.5	1	110.0	117.5	<del>127.0</del>	2	252.5	69.99	9

#### -52kg

1	Teramura Mika	05.09.6	JPN	51.60	0.2542	17	75.0	80.0	85.0	2	57.5	60.0	<del>61.0</del>	1	100.0	110.0	<del>112.5</del>	1	255.0	64.82	12
2	Tanaka Shoko	06.08.6	JPN	51.40	0.2551	18	85.0	95.0	<del>100.0</del>	1	47.5	52.5	55.0	2	87.5	97.5	<del>105.0</del>	2	247.5	63.13	9

#### -57kg

1	Jensen Linda	14.11.6	AUS	56.70	0.2355	43	102.5	<del>107.5</del>	107.5	1	62.5	<del>67.5</del>	<del>67.5</del>	1	147.5	156.0-w3	<del>160.5</del>	1	326.0-w3	76.77	12
2	Angel Clair	01.01.6	AUS	56.70	0.2355	42	87.5	92.5	95.0	3	50.0	52.5	55.0	2	122.5	130.0	<del>135.0</del>	2	280.0	65.94	9
3	Noguchi Mari	03.05.6	JPN	56.60	0.2358	41	90.0	100.0-c3	<del>105.5</del>	2	40.0	45.0	<del>47.5</del>	3	110.0	120.0	127.5	3	272.5	64.26	8

#### -63kg

1	Cheam Michelle	12.08.6	SGP	62.10	0.2208	68	72.5	77.5	<del>80.0</del>	1	37.5	40.0	42.5	1	87.5	95.0	100.0	1	220.0	48.59	12
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#### -69kg

1	Sato Ayako	10.11.6	JPN	67.40	0.2099	131	85.0	95.0	103.5-c3	2	60.0-c3	62.5	<del>65.0</del>	1	120.0	130.0	132.5	1	298.5	62.67	12
2	Lee Tsai-Wei	15.07.6	TPE	67.20	0.2103	132	<del>95.0</del>	95.0	104.0	1	45.0	50.0	<del>52.5</del>	3	105.0	115.0	120.0	2	274.0	57.62	9
3	Ichikawa Ryuko	07.08.5	JPN	68.30	0.2084	130	75.0	85.0	95.0	3	55.0-c3	<del>57.5</del>	<del>57.5</del>	2	85.0	95.0	102.5	3	252.5	52.61	8

#### -76kg

1	Condon Carole	20.06.6	AUS	74.30	0.1993	149	125.0	132.5	137.5	1	75.0	78.0	<del>81.5</del>	1	145.0	152.5	<del>157.5</del>	1	368.0	73.35	12
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#### -84kg

1	Chipping Tracy	06.05.6	NZL	83.90	0.1889	99	105.0	112.5	120.0	1	72.5	77.5	80.0	1	135.0	145.0	150.0	1	350.0	66.13	12
2	Takahashi Harumi	01.01.6	JPN	81.80	0.1909	98	<del>105.0</del>	105.0	117.5	2	57.5	60.0	<del>62.5</del>	2	110.0	125.0	132.5	2	310.0	59.17	9
3	Sawant Vidya	08.11.6	IND	80.60	0.1920	100	90.0	<del>95.0</del>	<del>95.0</del>	3	<del>40.0</del>	40.0	45.0	3	100.0	110.0	<del>115.0</del>	3	245.0	47.05	8

### Team (points)

1	Japan	54	[12+12+12+9+9]	326.61	IPF GL
2	Australia	33	[12+12+9]	216.06	IPF GL
3	New Zealand	12	[12]	66.13	IPF GL
4	Singapore	12	[12]	48.59	IPF GL
5	Thailand	9	[9]	69.99	IPF GL
6	Chinese Taipei	9	[9]	57.62	IPF GL
7	India	8	[8]	47.05	IPF GL

### Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Tsuji Noriko	Japan	45.80	270.0	76.8244	1
2.	Jensen Linda	Australia	56.70	326.0	76.7727	1
3.	Condon Carole	Australia	74.30	368.0	73.3464	1

### Masters 4

#### -52kg

1	Muldrock Trish	11.11.5	NZL	50.10	0.2609	16	75.0	77.5	80.0	1	55.0	58.5	61.0	1	123.0	130.0	135.0	1	276.0	72.02	12
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2	Toews Beulah	09.03.4	AUS	51.40	0.2551	15	55.0	60.0	65.0	2	27.5	32.5	<del>35.0</del>	2	75.0	80.0	82.5	2	180.0	45.91	9
<b>-57kg</b>																					
1	Hsieh Chih-Yun	27.02.5	TPE	55.90	0.2381	40	40.0	50.0	55.0	1	25.0	30.0	<del>32.5</del>	1	57.5	65.0	70.0	1	155.0	36.90	12
<b>-63kg</b>																					
1	Kato Yoshiko	03.02.5	JPN	61.40	0.2225	66	<del>50.0</del>	50.0	<del>60.0</del>	1	52.5	<del>57.5</del>	57.5	1	<del>400.0</del>	105.0	115.0	1	222.5	49.51	12
<b>-69kg</b>																					
1	Hayashi Hisako	31.07.5	JPN	67.90	0.2091	129	130.0	142.5-w3,v	151.0-w3,v	1	72.5-w4	<del>77.5</del>	80.0-w4	1	130.0	142.5	151.0	1	382.0	79.86	12

#### Team (points)

1	Japan	24	[12+12]	129.37	IPF GL
2	New Zealand	12	[12]	72.02	IPF GL
3	Chinese Taipei	12	[12]	36.90	IPF GL
4	Australia	9	[9]	45.91	IPF GL

#### Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Hayashi Hisako	Japan	67.90	382.0	79.8602	1
2.	Muldrock Trish	New Zealand	50.10	276.0	72.0156	1
3.	Kato Yoshiko	Japan	61.40	222.5	49.5089	1

#### Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia

BAN = Bangladesh

BRU = Brunei

CHN = China

INA = Indonesia

IND = India

JPN = Japan

KOR = South Korea

MAS = Malaysia

MGL = Mongolia

NZL = New Zealand

PHI = Philippines

RSA = South Africa

SGP = Singapore

SRI = Sri Lanka

THA = Thailand

TPE = Chinese Taipei