

ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION
2025 Asian / Pacific / African Men's Equipped Powerlifting Championships, Himeji (Japan), 06-13.07.2025

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press				All Deadlift			Total	IPF GL	Pts		
Open																					
-59kg																					
1	Attavar Adarsh Bharath	04.05.0	IND	58.30	0.1470	9	252.5	252.5	260.0	1	130.0	135.0	140.0	2	247.5	265.0	276.0-w	1	671.0	98.60	12
2	Kubo Motohito	21.12.8	JPN	58.60	0.1464	8	230.0	240.0	247.5	2	120.0	132.5	137.5	1	240.0	252.5	260.0	2	637.5	93.31	9
-66kg																					
1	Hsieh Tsung-Ting	28.03.8	TPE	64.70	0.1359	20	260.0	275.0	275.0	2	190.0	205.0	X	1	270.0	280.0	X	1	745.0	101.22	12
2	Feng Po-Wen	04.11.9	TPE	65.80	0.1342	23	270.0	290.0	313.0	1	160.0	175.0	175.0	2	240.0	250.0	255.0	2	715.0	95.98	9
3	Kapoor Manan	03.05.0	IND	66.00	0.1339	21	215.0	225.0	232.5	3	125.0	132.5	137.5	3	200.0	215.0	225.0	3	572.5	76.68	8
—	Kander Tharendra	09.09.9	AUS	65.90	0.1341	22	180.0	195.0	200.0	4	X	X	X	—	X	X	X	—	DSQ	—	—
-74kg																					
1	Ionin Yakov	13.03.8	KAZ	73.10	0.1249	35	280.0	295.0	307.5	1	190.0	202.5	202.5	1	270.0	280.0	300.0	1	797.5	99.62	12
2	Cheng Yu-Jui	26.03.9	TPE	73.00	0.1250	34	275.0	305.0	305.0	2	180.0	200.0	200.0	2	270.0	285.0	X	2	745.0	93.15	9
3	Kudalkar Sidhant Nitin	10.04.9	IND	71.20	0.1271	36	170.0	200.0	200.0	3	80.0	90.0	100.0	3	170.0	190.0	202.5	3	472.5	60.06	8
-83kg																					
1	Kobayakawa Wataru	18.12.7	JPN	80.80	0.1173	43	310.0	320.0	330.0	1	200.0	210.0	222.5	2	270.0	282.5	292.5	1	812.5	95.33	12
2	Hsieh Pei-Ying	18.10.9	TPE	81.80	0.1165	45	275.0	300.0	312.5	2	252.5	268.0	293.0	1	175.0	225.0	232.5	3	755.5	87.99	9
3	Tariyal Shashank	08.10.9	IND	81.90	0.1164	44	210.0	235.0	235.0	3	140.0	150.0	152.5	3	200.0	230.0	250.0	2	617.5	71.87	8
-93kg																					
1	Terunuma Naoki	16.09.9	JPN	91.90	0.1091	56	330.0	350.0	360.5	1	220.0	250.0	252.5	3	270.0	285.0	300.0	2	880.5	96.09	12
2	Chen Wei-An	06.08.9	TPE	92.50	0.1088	54	325.0	342.5	352.5	2	200.0	212.5	212.5	4	270.0	290.0	305.0	3	845.0	91.90	9
3	Lee Pin-Hung	02.12.8	TPE	89.10	0.1110	55	250.0	270.0	285.0	3	250.0	250.0	275.0	1	230.0	250.0	260.0	4	805.0	89.31	8
—	Suzuki Yoshiki	14.04.9	JPN	92.90	0.1085	57	355.0	355.0	360.0	—	255.0	270.0	285.0	2	290.0	305.0	310.0	1	DSQ	—	—
-105kg																					
1	Yamagmarsuren Galsaikhai	21.07.8	MGL	98.40	0.1054	66	320.0	350.0	370.0	1	235.0	235.0	260.0	2	260.0	280.0	300.0	2	890.0	93.80	12
2	Yamashita Yasuki	31.08.9	JPN	93.70	0.1080	67	175.0	190.0	205.0	2	275.0	307.5	X	1	175.0	205.0	227.5	3	740.0	79.94	9
—	Lin Hong-Lin	22.03.9	TPE	103.60	0.1028	65	325.0	325.0	325.0	—	125.0	X	X	3	335.0	357.5	365.0	1	DSQ	—	—
-120kg																					
1	Yamada Yusei	18.04.9	JPN	118.20	0.0972	74	320.0	340.0	340.0	1	220.0	230.0	240.0	1	260.0	280.0	285.0	3	855.0	83.12	12
2	Hayashi Naoaki	07.07.9	JPN	110.40	0.1000	73	305.0	310.0	315.0	2	215.0	225.0	232.5	2	275.0	295.0	302.5	1	837.5	83.73	9
3	Jayasinghe Uvindu	19.05.9	SRI	106.60	0.1015	75	280.0	290.0	300.0	3	160.0	170.0	X	3	280.0	300.0	305.0	2	770.0	78.17	8
120+kg																					
1	Wu Yi-Chiu	07.07.0	TPE	130.40	0.0938	78	390.0	425.0	425.0	1	240.0	252.5	260.0	1	330.0	366.0	366.0	1	1043.5	97.85	12
2	Altaibaev Andrey	25.06.7	KAZ	120.20	0.0966	77	150.0	X	X	2	235.0	245.0	252.5	2	150.0	X	X	2	535.0	51.67	9

Team (points)

1	Japan	54	[12+12+12+9+9]	451.57	IPF GL
2	Chinese Taipei	51	[12+12+9+9+9]	480.10	IPF GL
3	India	36	[12+8+8+8]	307.22	IPF GL
4	Kazakhstan	21	[12+9]	151.29	IPF GL
5	Mongolia	12	[12]	93.80	IPF GL
6	Sri Lanka	8	[8]	78.17	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Hsieh Tsung-Ting	Chinese Taipei	64.70	745.0	101.2232	1
2.	Ionin Yakov	Kazakhstan	73.10	797.5	99.6221	1
3.	Attavar Adarsh Bharath	India	58.30	671.0	98.6048	1

Sub-Juniors

-53kg																					
1	Syu Sheng-Kai	07.06.0	TPE	52.30	0.1605	1	130.0	140.0	450.0	1	60.0	67.5	72.5	1	135.0	145.0	150.0	2	362.5	58.20	12
2	Maeda Akito	02.01.0	JPN	49.40	0.1687	2	110.0	120.0	430.0	2	55.0	60.0	65.0	2	160.0	170.0	177.5	1	345.0	58.19	9
-59kg																					
1	Soloshenko Arseniy	14.08.0	KAZ	57.40	0.1488	7	160.0	170.0	180.0	1	75.0	90.0	95.0	1	170.0	180.0	185.0	1	455.0	67.69	12
-66kg																					
1	Chen Yi-Jin	14.04.0	TPE	64.60	0.1360	19	220.0	230.0	237.5	1	110.0	117.5	117.5	2	230.0	250.0	270.0	1	597.5	81.27	12
2	Banzai Munkhtur	26.06.0	MGL	65.90	0.1341	18	192.5	205.0	205.0	2	117.5	125.0	132.5	1	190.0	200.0	210.0	2	517.5	69.39	9
-74kg																					
1	Hu Yu-Sung	03.01.0	TPE	72.80	0.1253	33	220.0	240.0	260.0	1	110.0	120.0	130.0	1	270.0	290.0	300.5	1	660.0	82.67	12
-83kg																					
1	Yu Wei-Ming	27.07.0	TPE	82.50	0.1159	42	245.0	260.0	265.0	1	150.0	160.0	165.0	1	250.0	260.0	260.0	1	680.0	78.80	12
-93kg																					
1	Yan Shao-Kui	01.02.0	TPE	90.30	0.1102	53	260.0	280.0	300.0	1	160.0	170.0	180.0	1	240.0	252.5	275.0	1	720.0	79.31	12
2	Yevdokimov Nikita	28.05.0	KAZ	92.20	0.1089	52	230.0	250.0	255.0	2	135.0	150.0	160.0	2	215.0	225.0	235.0	2	650.0	70.81	9
3	Cheng You-Teng	06.05.1	TPE	88.00	0.1117	51	210.0	225.0	230.0	3	120.0	130.0	130.0	3	220.0	240.0	240.0	3	575.0	64.23	8
-105kg																					
1	Kao Chun-Li	04.12.0	TPE	94.70	0.1074	64	210.0	225.0	235.0	1	110.0	120.0	125.0	1	210.0	230.0	250.0	1	605.0	65.00	12
2	Davaadorj Dagvadorj	23.07.0	MGL	95.30	0.1071	63	190.0	205.0	227.5	2	115.0	125.0	125.0	2	160.0	170.0	180.0	2	490.0	52.48	9
-120kg																					
1	Suleimenov Timur	15.10.0	KAZ	115.80	0.0980	72	190.0	200.0	210.0	1	115.0	125.0	132.5	1	200.0	220.0	230.0	1	555.0	54.40	12

Team (points)

1	Chinese Taipei	60	[12+12+12+12+12]	387.05	IPF GL
2	Kazakhstan	33	[12+12+9]	192.89	IPF GL
3	Mongolia	18	[9+9]	121.87	IPF GL
4	Japan	9	[9]	58.19	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Hu Yu-Sung	Chinese Taipei	72.80	660.0	82.6683	1
2.	Chen Yi-Jin	Chinese Taipei	64.60	597.5	81.2731	1
3.	Yan Shao-Kui	Chinese Taipei	90.30	720.0	79.3087	1

Juniors

-59kg																					
1	Pan Bo-Yuan	08.03.0	TPE	58.70	0.1462	6	195.0	207.5	212.5	2	130.0	135.0	145.0	1	205.0	205.0	217.5	1	570.0	83.32	12

2	Tian Jun-Bao	26.08.0	TPE	58.80	0.1460	5	190.0	205.0	212.5	1	115.0	130.0	130.0	2	190.0	190.0	220.0	2	532.5	77.73	9
-66kg																					
1	Batsukh Uuganbat	24.08.0	MGL	65.30	0.1350	16	210.0	225.0	232.5	1	110.0	120.0	120.0	2	220.0	230.0	237.5	1	582.5	78.62	12
—	Kitamura Orihi	19.08.0	JPN	65.40	0.1348	17	195.0	200.0	200.0	—	127.5	132.5	135.0	1	187.5	200.0	215.0	2	DSQ	—	—
-74kg																					
1	Saito Mizuki	09.01.0	JPN	73.70	0.1243	32	190.0	210.0	225.0	2	195.0	210.0	210.0	1	180.0	195.0	210.0	1	615.0	76.42	12
2	Ganbat Temuujin	06.03.0	MGL	69.80	0.1288	31	205.0	225.0	232.5	1	130.0	145.0	155.0	2	190.0	205.0	220.0	2	585.0	75.36	9
3	Lazarek Alexandr	21.07.0	KAZ	66.40	0.1334	30	100.0	117.5	120.0	3	70.0	80.0	80.0	3	150.0	160.0	165.0	3	330.0	44.01	8
-83kg																					
1	Goto Yusei	14.05.0	JPN	82.70	0.1157	40	240.0	255.0	270.0	1	170.0	180.0	200.0	1	245.0	265.0	287.5	1	757.5	87.66	12
2	Sodnom-Ish Anand	10.07.0	MGL	80.40	0.1177	41	210.0	230.0	255.0	2	80.0	X	X	2	220.0	245.0	250.0	2	530.0	62.37	9
-93kg																					
1	Jargalsaikhan Khashbat	06.03.0	MGL	92.70	0.1086	50	240.0	260.0	282.5	1	150.0	170.0	185.0	1	190.0	210.0	220.0	1	662.5	71.97	12
-105kg																					
1	Wu Bo-Sheng	07.03.0	TPE	101.20	0.1040	62	275.0	325.0	X	1	205.0	217.5	230.0	1	225.0	260.0	290.0	2	815.0	84.74	12
2	Nishioka Kaito	05.09.0	JPN	93.10	0.1084	61	240.0	210.0	225.0	2	205.0	215.0	220.0	2	227.5	260.0	295.0	1	705.0	76.41	9
-120kg																					
1	Reburiano Harley Davidso	08.10.0	PHI	119.20	0.0969	71	225.0	235.0	240.0	1	120.0	127.5	132.5	1	235.0	245.0	245.0	1	597.5	57.89	12
120+kg																					
1	Chang Yi	06.06.0	TPE	125.80	0.0950	76	280.0	300.0	310.0	1	160.0	170.0	175.0	1	210.0	210.0	245.0	1	665.0	63.15	12

Team (points)

1	Chinese Taipei	45	[12+12+12+9]	308.94	IPF GL
2	Mongolia	42	[12+12+9+9]	288.32	IPF GL
3	Japan	33	[12+12+9]	240.49	IPF GL
4	Philippines	12	[12]	57.89	IPF GL
5	Kazakhstan	8	[8]	44.01	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Goto Yusei	Japan	82.70	757.5	87.6594	1
2.	Wu Bo-Sheng	Chinese Taipei	101.20	815.0	84.7437	1
3.	Pan Bo-Yuan	Chinese Taipei	58.70	570.0	83.3163	1

Masters 1

-59kg																					
1	Shiraishi Tadashi	07.09.8	JPN	58.10	0.1473	4	175.0	182.5	190.0	1	120.0	127.5	135.0	1	190.0	200.0	205.0	1	530.0	78.09	12
-66kg																					
1	Ganbold Shinebold	31.12.8	MGL	63.60	0.1376	14	150.0	170.0	180.0	1	135.0	142.5	150.0	1	170.0	180.0	200.0	1	510.0	70.16	12
2	Shiroyama Tomonori	07.06.7	HKG	62.40	0.1395	15	60.0	65.0	70.0	2	100.0	117.5	117.5	2	90.0	100.0	110.0	2	280.0	39.07	9
-74kg																					
1	Otgonsuren Batbileg	09.11.7	MGL	72.30	0.1258	29	190.0	210.0	X	1	90.0	110.0	120.0	1	210.0	225.0	235.0	1	565.0	71.09	12
-93kg																					
1	Ito Hideki	21.07.7	JPN	92.30	0.1089	49	220.0	245.0	275.0	1	215.0	232.5	247.5	1	230.0	265.0	277.5	1	787.5	85.74	12
-105kg																					
1	Tsutsumi Taro	25.06.7	JPN	93.40	0.1082	59	250.0	265.0	272.5	1	157.5	167.5	175.0	1	215.0	230.0	235.0	2	655.0	70.87	12

2	Kao Jih-Hao	06.07.8	TPE	101.40	0.1039	60	220.0	240.0	245.0	2	130.0	X	X	2	125.0	200.0	240.0	1	590.0	61.29	9
-120kg																					
1	Tao Feng	11.09.7	CHN	118.60	0.0971	70	190.0	230.0	230.0	1	120.0	150.0	180.0	1	200.0	230.0	245.0	1	625.0	60.68	12

Team (points)

1	Japan	36	[12+12+12]	234.71	IPF GL
2	Mongolia	24	[12+12]	141.25	IPF GL
3	China	12	[12]	60.68	IPF GL
4	Chinese Taipei	9	[9]	61.29	IPF GL
5	Hong Kong, China	9	[9]	39.07	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Ito Hideki	Japan	92.30	787.5	85.7406	1
2.	Shiraishi Tadashi	Japan	58.10	530.0	78.0944	1
3.	Otgonsuren Batbileg	Mongolia	72.30	565.0	71.0911	1

Masters 2

-66kg																					
1	Fukagawa Tadashi	16.07.7	JPN	65.40	0.1348	13	205.0	217.5	222.5	1	180.0	190.5-w2	193.0	1	190.0	205.0	217.5	1	628.0	84.67	12
-74kg																					
1	Kumar Kushwaha Arvind	05.09.7	IND	68.40	0.1306	27	180.0	190.0	200.0	1	90.0	400.0	400.0	2	185.0	187.5	492.5	2	477.5	62.38	12
2	Liu Li-Hsin	07.07.6	TPE	72.50	0.1256	26	125.0	432.5	432.5	2	60.0	70.0	72.5	3	120.0	150.0	172.5	3	370.0	46.47	9
—	Yamamoto Eiji	06.03.7	JPN	73.50	0.1245	28	200.0	200.0	200.0	—	140.0	450.0	450.0	1	190.0	205.0	220.0	1	DSQ	—	—
-83kg																					
1	Thilakarathna Chandana	12.02.7	SRI	82.50	0.1159	39	200.0	210.0	215.0	1	92.5	100.0	X	2	225.0	232.5	X	1	540.0	62.58	12
2	Olzkhuu Batzorig	06.12.7	MGL	75.80	0.1220	38	125.0	X	X	2	105.0	107.5	122.5	1	170.0	180.0	182.5	2	430.0	52.47	9
-93kg																					
1	Fukushima Kazufumi	07.09.6	JPN	87.10	0.1123	48	200.0	210.0	220.0	1	150.0	155.0	160.0	1	190.0	200.0	210.0	1	590.0	66.28	12
—	Nakamura Toshio	22.12.7	JPN	92.20	0.1089	47	215.0	225.0	225.0	2	472.5	472.5	472.5	—	170.0	180.0	190.0	2	DSQ	—	—
-105kg																					
1	Ogawa Mitsuhsa	29.03.7	JPN	101.40	0.1039	58	230.0	250.0	260.0	1	475.0	180.0	200.0	1	210.0	225.0	235.0	1	685.0	71.16	12
-120kg																					
—	Yamamori Tomoyuki	09.05.7	JPN	106.80	0.1014	69	180.0	492.5	200.0	1	240.0	245.5	245.5	—	125.0	145.0	460.0	1	DSQ	—	—

Team (points)

1	Japan	36	[12+12+12]	222.11	IPF GL
2	Sri Lanka	12	[12]	62.58	IPF GL
3	India	12	[12]	62.38	IPF GL
4	Mongolia	9	[9]	52.47	IPF GL
5	Chinese Taipei	9	[9]	46.47	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Fukagawa Tadashi	Japan	65.40	628.0	84.6676	1
2.	Ogawa Mitsuhsa	Japan	101.40	685.0	71.1599	1

3. Fukushima Kazufumi Japan 87.10 590.0 66.2841 1

Masters 3

-66kg

1	Yabu Shunsuke	19.05.6	JPN	65.50	0.1347	11	490.0	190.0	211.0-w3	1	92.5	97.5	102.5	1	185.0	200.0	205.5	1	519.0	69.90	12
—	Niwa Hironori	06.04.6	JPN	65.30	0.1350	12	180.0	190.0	200.0	2	80.0	80.0	80.0	—	190.0	190.0	200.0	2	DSQ	—	—

-74kg

1	Purev Bayar	25.04.5	MGL	73.50	0.1245	25	110.0	X	X	1	135.0	X	X	1	155.0	157.5	X	1	402.5	50.10	12
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-120kg

1	Pordel Abbas	01.06.6	AUS	117.20	0.0975	68	170.0	180.0	190.0	1	205.0	215.0	222.5	1	175.0	200.0	215.0	1	617.5	60.23	12
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Team (points)

1	Japan	12	[12]	69.90	IPF GL
2	Australia	12	[12]	60.23	IPF GL
3	Mongolia	12	[12]	50.10	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Yabu Shunsuke	Japan	65.50	519.0	69.8958	1
2.	Pordel Abbas	Australia	117.20	617.5	60.2310	1
3.	Purev Bayar	Mongolia	73.50	402.5	50.1008	1

Masters 4

-59kg

—	Isagawa Hiroyuki	22.07.5	JPN	58.20	0.1471	3	95.0	95.0	105.0	1	130.0	130.0	130.0	—	400.0	400.0	100.0	1	DSQ	—	—
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-66kg

1	Tseng Chung-Yuen	12.10.5	TPE	61.30	0.1414	10	120.0	125.0	130.0	1	80.0	87.5	92.5	1	140.0	150.0	160.0	1	372.5	52.67	12
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-74kg

1	Ichikawa Tsutomu	02.09.4	JPN	73.40	0.1246	24	105.0	110.0	115.0	1	145.5	145.5	145.5	1	75.0	110.0	120.0	1	380.5	47.40	12
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-83kg

1	Kitano Toshio	09.10.4	JPN	82.40	0.1160	37	480.0	480.0	180.0	1	75.0	85.0	85.0	1	175.0	190.0	200.0	1	440.0	51.03	12
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-93kg

1	Hwang Chien-Lih	22.03.5	TPE	83.20	0.1153	46	155.0	175.0	X	1	133.0	146.0	X	1	100.0	132.5	X	1	440.5	50.80	12
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Team (points)

1	Chinese Taipei	24	[12+12]	103.47	IPF GL
2	Japan	24	[12+12]	98.43	IPF GL

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Tseng Chung-Yuen	Chinese Taipei	61.30	372.5	52.6696	1
2.	Kitano Toshio	Japan	82.40	440.0	51.0264	1
3.	Hwang Chien-Lih	Chinese Taipei	83.20	440.5	50.7963	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia
CHN = China
HKG = Hong Kong, China
IND = India

JPN = Japan
KAZ = Kazakhstan
MGL = Mongolia
PHI = Philippines

SRI = Sri Lanka
TPE = Chinese Taipei