

ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION

2025 Asian / Pacific / African Men's Classic Bench Press Championships, Himeji (Japan), 06-13.07.2025

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-59kg												
1	Tanaka Reo	12.04.98	JPN	58.00	0.6092	6	160.0	177.0-wb	180.0-wb	180.0	109.65	12
-66kg												
1	Goto Mahiro	24.03.00	JPN	65.50	0.5696	15	170.0	180.0	180.0	170.0	96.83	12
2	Vo Steven	10.04.96	AUS	64.80	0.5729	13	137.5	147.5	150.0	150.0	85.94	9
3	Qiu Tian	25.02.92	CHN	64.10	0.5764	14	140.0	145.0	147.5	147.5	85.01	8
-74kg												
1	Yokoyama Kosei	21.08.96	JPN	72.20	0.5403	28	200.0	228.0	228.0-wb	228.0	123.20	12
2	Ionin Yakov	13.03.86	KAZ	73.00	0.5372	29	165.0	170.0	172.5	172.5	92.66	9
3	Gombo Ganganjivaa	06.03.87	MGL	73.20	0.5364	27	162.5	165.0	172.5	165.0	88.50	8
4	Lee Kiho	29.11.89	KOR	73.00	0.5372	26	160.0	167.5	167.5	160.0	85.95	7
5	Torrevillas Zachary	07.09.96	AUS	70.60	0.5469	25	130.0	135.0	140.0	135.0	73.83	6
-83kg												
1	Kodama Daiki	03.04.79	JPN	82.30	0.5045	45	210.0	220.0	233.0	233.0	117.54	12
2	Daido Yuki	14.07.94	JPN	81.90	0.5057	47	195.0	205.0	212.5	212.5	107.47	9
3	Yudchenko Sergey	11.06.96	KAZ	81.60	0.5067	43	200.0	205.0	212.5	205.0	103.87	8
4	Chiba Mitsunori	18.11.86	AUS	82.20	0.5048	46	182.5	192.5	200.0	192.5	97.17	7
5	Browne Mitchell	20.01.00	AUS	83.00	0.5023	44	145.0	152.5	160.0	160.0	80.37	6
-93kg												
1	Nakamura Seiya	16.10.96	JPN	93.00	0.4744	56	210.0	215.0	222.5	215.0	102.00	12
2	Yemchenko Alexandr	06.12.90	KAZ	85.30	0.4953	55	180.0	185.0	200.0	200.0	99.07	9
3	Kerr-Phillips Richard	03.04.90	NZL	91.50	0.4782	58	172.5	177.5	182.5	182.5	87.28	8
4	Jenkins Alan	11.11.96	AUS	91.40	0.4785	57	150.0	160.0	170.0	170.0	81.35	7
-105kg												
1	Hasegawa Naoki	10.03.92	JPN	104.00	0.4498	64	220.0	220.0	220.0	220.0	98.95	12
-120kg												
1	Toyoshima Yasuhiro	02.03.92	JPN	117.20	0.4262	72	220.0	230.0	240.0	240.0	102.29	12
120+kg												
1	Kishan Amit	14.02.94	IND	121.20	0.4201	76	175.0	182.5	185.0	182.5	76.67	12
2	Altaibaev Andrey	25.06.72	KAZ	120.20	0.4216	77	160.0	X	X	160.0	67.45	9

Team (points)

1	Japan	60	[12+12+12+12+12]	554.69	IPF GL
2	Kazakhstan	35	[9+9+9+8]	363.06	IPF GL
3	Australia	35	[9+7+7+6+6]	118.65	IPF GL
4	India	12	[12]	76.67	IPF GL
5	Mongolia	8	[8]	88.50	IPF GL
6	New Zealand	8	[8]	87.28	IPF GL
7	China	8	[8]	85.01	IPF GL
8	South Korea	7	[7]	85.95	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Yokoyama Kosei	Japan	72.20	228.0	123.1980	1
2.	Kodama Daiki	Japan	82.30	233.0	117.5438	1
3.	Tanaka Reo	Japan	58.00	180.0	109.6538	1

Sub-Juniors

-59kg												
1	Tsuneishi Itto	22.10.08	JPN	58.80	0.6045	5	130.0	140.0	149.0-wbs	149.0	90.08	12
-66kg												
1	Yamashita Naoki	22.01.08	JPN	65.80	0.5681	12	90.0	97.5	102.5	102.5	58.23	12
-74kg												
1	Okayama Sora	25.04.08	JPN	73.60	0.5348	24	152.5	162.5	162.5	162.5	86.91	12
-83kg												
1	Hokugo Ryo	15.03.07	JPN	76.10	0.5255	42	105.0	112.5	120.0	120.0	63.06	12
-93kg												

1	Fulop Szethyn	05.04.07	RSA	92.80	0.4749	54	130.0	135.0	140.0	140.0	66.49	12
-120kg												
1	Suleimenov Timur	15.10.08	KAZ	114.80	0.4301	71	90.0	100.0	105.0	100.0	43.01	12

Team (points)

1	Japan	48	[12+12+12+12]	298.28	IPF GL
2	South Africa	12	[12]	66.49	IPF GL
3	Kazakhstan	12	[12]	43.01	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Tsuneishi Itto	Japan	58.80	149.0	90.0778	1
2.	Okayama Sora	Japan	73.60	162.5	86.9112	1
3.	Fulop Szethyn	South Africa	92.80	140.0	66.4917	1

Juniors

-66kg												
1	Jaziri Youssef	27.12.02	AUS	65.60	0.5691	11	122.5	127.5	132.5	127.5	72.56	12

-74kg												
1	Inubushi Ryuichi	21.08.04	JPN	67.80	0.5590	23	155.0	155.0	167.5	155.0	86.64	12
2	Lazarek Alexandr	27.07.06	KAZ	67.80	0.5590	22	65.0	70.0	72.5	72.5	40.52	9

-83kg												
1	Watanabe Shinnosuke	14.06.02	JPN	81.60	0.5067	39	175.0	177.5	182.5	182.5	92.47	12
2	Tsagaris Dimitri	17.05.02	AUS	81.80	0.5061	40	165.0	172.5	180.0	180.0	91.09	9
3	Sriramulu Vikram	15.04.04	IND	82.70	0.5032	38	172.5	172.5	180.0	172.5	86.81	8
4	Goto Yusei	14.05.02	JPN	82.20	0.5048	41	137.5	145.0	150.0	150.0	75.72	7

-93kg												
1	Tserenkhram Iderbayar	01.05.03	MGL	92.90	0.4747	53	142.5	150.0	160.0	150.0	71.20	12
2	Bolliipo Samuel	27.10.03	AUS	90.40	0.4811	52	127.5	135.0	142.5	142.5	68.56	9

-105kg												
1	Matsui Shinsuke	20.12.03	JPN	104.60	0.4486	63	175.0	182.5	187.5	187.5	84.10	12

-120kg												
1	Luo James	04.02.02	AUS	119.40	0.4228	69	182.5	192.5	200.0	192.5	81.39	12
2	Matsuoka Tokio	26.12.03	JPN	112.00	0.4348	70	175.0	182.5	192.5	182.5	79.35	9

120+kg												
1	Yee Johann Robin	18.05.02	PHI	126.20	0.4130	75	130.0	142.5	150.0	142.5	58.86	12

Team (points)

1	Japan	52	[12+12+12+9+7]	118.29	IPF GL
2	Australia	42	[12+12+9+9]	113.60	IPF GL
3	Mongolia	12	[12]	71.20	IPF GL
4	Philippines	12	[12]	58.86	IPF GL
5	Kazakhstan	9	[9]	40.52	IPF GL
6	India	8	[8]	86.81	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Watanabe Shinnosuke	Japan	81.60	182.5	92.4731	1
2.	Tsagaris Dimitri	Australia	81.80	180.0	91.0913	2
3.	Sriramulu Vikram	India	82.70	172.5	86.8065	3

Masters 1

-66kg												
1	Kanaya Masahisa	05.11.85	JPN	64.00	0.5768	9	160.0	172.5-cb1	175.0	172.5	99.51	12

-74kg												
1	Harishchandra Pawar Dines	05.05.80	IND	72.30	0.5399	21	125.0	137.5	142.5	137.5	74.24	12
2	Singh Rawat Uttam	02.12.84	IND	72.20	0.5403	20	80.0	105.0	112.5	112.5	60.79	9

-83kg												
1	Takagi Atsushi	04.01.83	JPN	81.70	0.5064	36	165.0	170.0	175.0	175.0	88.62	12
2	Takahashi Toshihiro	11.09.80	JPN	82.20	0.5048	35	160.0	170.0	175.0	175.0	88.34	9
3	Batmunkh Bulgankhangai	05.09.85	MGL	82.40	0.5042	37	155.0	162.5	180.0	162.5	81.93	8

-93kg												
1	Ito Masahide	20.07.82	JPN	92.20	0.4765	50	190.0	200.0	208.5	200.0	95.29	12

2	Sexton Craig	13.12.81	NZL	91.90	0.4772	51	142.5	150.0	155.0	155.0	73.97	9
-105kg												
1	Nagae Tatsuru	22.11.85	JPN	103.60	0.4506	61	200.0	200.0	215.0	215.0	96.87	12
2	Hashimoto Koji	25.09.76	JPN	103.40	0.4510	62	180.0	190.0	200.0	190.0	85.68	9
-120kg												
1	Kamiya Hidetaka	15.01.78	JPN	105.80	0.4462	68	180.0	190.0	200.0	190.0	84.78	12
2	Miyamoto Yoshiyuki	08.11.78	JPN	113.00	0.4331	67	160.0	170.0	192.5	170.0	73.63	9
120+kg												
1	Das Kuntal	26.07.84	IND	122.00	0.4189	74	135.0	145.0	150.0	150.0	62.84	12

Team (points)

1	Japan	60	[12+12+12+12+12]	165.06	IPF GL
2	India	33	[12+12+9]	197.87	IPF GL
3	New Zealand	9	[9]	73.97	IPF GL
4	Mongolia	8	[8]	81.93	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kanaya Masahisa	Japan	64.00	172.5	99.5058	1
2.	Nagae Tatsuru	Japan	103.60	215.0	96.8717	1
3.	Ito Masahide	Japan	92.20	200.0	95.2914	1

Masters 2

-59kg												
1	Arai Hidenori	02.09.70	JPN	57.90	0.6098	4	115.0	122.5	127.5	127.5	77.75	12
-66kg												
1	Oba Takatoshi	21.01.73	JPN	65.70	0.5686	8	157.5-wb2	165.0-wb2	170.0-wb2	170.0	96.67	12
-74kg												
1	Moriyama Tetsuo	08.05.71	JPN	73.90	0.5337	19	162.5-cb2	174.5	174.5	162.5	86.72	12
-83kg												
1	Kushino Shigeki	26.09.73	JPN	82.70	0.5032	34	172.5	180.5	186.5	180.5	90.83	12
2	Fujimoto Yoshikazu	06.11.74	JPN	82.30	0.5045	33	170.0	180.0	181.0	170.0	85.76	9
-105kg												
1	Kassai Masahiko	14.01.71	JPN	105.00	0.4478	60	200.0	210.5	220.0	220.0	98.51	12
-120kg												
1	Ito Satoshi	11.08.66	JPN	111.40	0.4359	66	170.0	170.0	X	170.0	74.10	12
120+kg												
1	Ishii Takatoshi	28.12.73	JPN	164.00	0.3744	73	200.0	215.5	222.5	215.5	80.68	12

Team (points)

1	Japan	60	[12+12+12+12+12]	153.41	IPF GL
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Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kassai Masahiko	Japan	105.00	220.0	98.5085	1
2.	Oba Takatoshi	Japan	65.70	170.0	96.6651	1
3.	Kushino Shigeki	Japan	82.70	180.5	90.8323	1

Masters 3

-59kg												
1	Miura Hiroshi	14.10.64	JPN	48.60	0.6731	3	110.0	120.0	125.0	120.0	80.77	12
-66kg												
1	Maeta Masami	20.02.64	JPN	63.70	0.5783	7	120.0	127.5	135.5	120.0	69.40	12
-74kg												
1	Ohashi Kaoru	15.07.65	JPN	73.30	0.5360	17	140.0	148.5-cb3	155.5	148.5	79.60	12
2	Purev Bayar	25.04.58	MGL	73.40	0.5356	18	100.0	X	X	100.0	53.56	9
-83kg												
1	Karube Toshihiro	26.05.65	JPN	82.10	0.5051	31	155.0	162.5	167.5	167.5	84.61	12
2	Tanita Shin	28.06.62	JPN	82.80	0.5029	32	140.0	150.0	160.0	150.0	75.44	9
-93kg												
1	Tanabe Shinji	30.11.63	JPN	88.40	0.4865	49	147.5	152.5	157.5	157.5	76.63	12
-105kg												
1	Araki Hiroshige	06.10.64	JPN	100.40	0.4573	59	145.0	165.0	165.0	145.0	66.30	12

-120kg												
1	Wada Kohei	03.11.64	JPN	119.80	0.4222	65	190.0	200.0	200.0	190.0	80.21	12

Team (points)

1	Japan	60	[12+12+12+12+12]	101.81	IPF GL
2	Mongolia	9	[9]	53.56	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Karube Toshihiro	Japan	82.10	167.5	84.6061	1
2.	Miura Hiroshi	Japan	48.60	120.0	80.7719	1
3.	Wada Kohei	Japan	119.80	190.0	80.2148	1

Masters 4

-59kg												
1	Shirakawa Takeshi	04.05.48	JPN	57.60	0.6115	2	90.0	100.0	102.5	102.5	62.68	12
2	Kitamura Hiroyuki	21.08.54	JPN	57.00	0.6151	1	80.0	85.0	90.0	85.0	52.29	9

-83kg												
1	Urano Yutaka	20.04.54	JPN	82.40	0.5042	30	100.0	115.0	120.0	115.0	57.98	12

-93kg												
1	Suyama Toshihiro	18.12.54	JPN	92.60	0.4754	48	145.0	150.0	155.5	150.0	71.32	12

Team (points)

1	Japan	45	[12+12+12+9]	144.27	IPF GL
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Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Suyama Toshihiro	Japan	92.60	150.0	71.3166	1
2.	Shirakawa Takeshi	Japan	57.60	102.5	62.6837	1
3.	Urano Yutaka	Japan	82.40	115.0	57.9790	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia

CHN = China

IND = India

JPN = Japan

KAZ = Kazakhstan

KOR = South Korea

MGL = Mongolia

NZL = New Zealand

PHI = Philippines

RSA = South Africa