

ASIAN POWERLIFTING FEDERATION**Asian University Women's Equipped Bench Press Championships, Hong Kong (Hong Kong), 06-11.05.2024****SCORESHEET**

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
-63kg												
1	Neri Maritoni Elline	25.11.02	UP	61.26	0.6144	1	87.5	100.0	105.0	105.0	64.51	12
84+kg												
1	Prathiksha Prathiksha	11.09.98	M U	106.17	0.4854	2	435.0	135.0	145.0	145.0	70.38	12

Team (points)

1	Mangalore University	12 [12]	70.38	IPF GL
2	University of the Philippines	12 [12]	64.51	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Prathiksha Prathiksha	M U	106.17	145.0	70.3782	1
2.	Neri Maritoni Elline	UP	61.26	105.0	64.5111	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

M U = Mangalore University

UP = University of the Philippines