

ASIAN POWERLIFTING FEDERATION
2024 Asian Women's Classic Powerlifting Championships, Tashkent (Uzbekistan), 02-10.12.2024

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Open																					
-47kg																					
1	Lebedeva Alina	25.04.0	AIN	46.96	0.2774	4	132.5	137.5	140.0	1	72.5	77.5	80.0	1	145.0	155.0	160.0	3	375.0	104.04	ps.
2	Altamimi Alhanouf	26.10.9	KUW	46.80	0.2784	5	122.5	127.5	127.5	2	75.0	77.5	80.0	2	155.0	160.0	170.0	2	365.0	101.61	12
3	Khoo Sheue Yee	24.11.9	MAS	46.20	0.2820	3	117.5	122.5	127.5	4	60.0	65.0	67.5	3	140.0	150.0	160.0	1	347.5	98.00	9
4	Boumpouka Theodora	24.06.9	QAT	46.38	0.2809	2	105.0	110.0	110.0	5	60.0	67.5	70.0	4	130.0	140.0	150.0	4	310.0	87.08	8
5	Chu Shirley Xin Jin	30.09.9	SGP	45.88	0.2840	1	115.0	120.0	125.0	3	52.5	55.0	57.5	5	122.5	127.5	127.5	5	305.0	86.63	7
-52kg																					
1	Farid Farhanna	26.09.9	SGP	51.74	0.2536	9	132.5	140.0	145.0	3	67.5	70.0	72.5	5	200.0	209.5	209.5	1	417.5	105.88	12
2	Salnikova Natalia	13.01.8	AIN	51.80	0.2533	15	137.5	142.5	147.5	2	87.5	90.0	92.5	1	155.0	162.5	167.5	4	402.5	101.97	ps.
3	Lin Jingwen	01.11.9	CHN	49.18	0.2654	10	125.0	130.0	135.0	5	77.5	82.5	85.0	2	155.0	165.0	172.5	2	382.5	101.51	9
4	Stella Audrey Lee Yuen Ch	05.08.9	HKG	51.70	0.2538	6	145.0	150.5	153.0	1	77.5	80.0	82.5	3	145.0	150.0	160.0	6	380.5	96.56	8
5	Kim Veronica	30.09.9	KOR	51.90	0.2529	8	132.5	137.5	142.5	4	67.5	72.5	75.0	6	155.0	160.0	162.5	5	375.0	94.85	7
6	Abbas Mariam	31.01.8	UAE	49.72	0.2627	13	107.5	112.5	117.5	7	75.0	75.0	77.5	4	155.0	162.5	167.5	3	355.0	93.27	6
7	Salazar Abigail	25.04.9	QAT	51.98	0.2526	11	125.0	132.5	137.5	6	60.0	65.0	70.0	7	135.0	145.0	152.5	7	342.5	86.51	5
8	Al-Thani Muneera	09.04.9	QAT	48.60	0.2684	12	70.0	77.5	82.5	8	45.0	50.0	50.0	9	110.0	120.0	120.0	8	232.5	62.39	4
—	Erdene-Ochir Otgonchime	24.11.9	MGL	51.46	0.2548	7	120.0	120.0	120.0	—	50.0	52.5	60.0	8	130.0	135.0	135.0	—	DSQ	—	—
-57kg																					
1	Polianskaia Kseniia	22.11.8	AIN	56.18	0.2372	23	155.0	162.5	167.5	1	87.5	92.5	95.0	3	175.0	185.0	190.0	2	452.5	107.31	ps.
2	Alhaddad Mariam	24.09.9	KUW	56.50	0.2361	22	147.5	155.0	160.0	2	92.5	97.5	100.0	2	167.5	180.0	195.5	5	437.5	103.31	12
3	Huang Zhiyin	17.09.9	CHN	56.18	0.2372	27	145.0	155.0	160.0	3	72.5	77.5	82.5	5	170.0	185.0	190.0	3	427.5	101.38	9
4	Huang Yen-Tzu	22.10.9	TPE	56.64	0.2357	25	130.0	140.0	145.0	5	100.0	110.0	115.0	1	160.0	167.5	170.0	6	425.0	100.17	8
5	Al Ammar Zahra	15.01.8	KSA	55.40	0.2397	20	142.5	150.0	150.0	6	75.0	80.0	80.0	7	180.0	192.5	205.0	1	415.0	99.49	7
6	Alqassar Haya	18.11.8	KUW	56.46	0.2363	18	137.5	142.5	142.5	7	62.5	65.0	67.5	10	180.0	185.0	190.0	4	395.0	93.32	6
7	Kamilla Inez Devina Insan	02.08.9	INA	56.36	0.2366	26	130.0	137.5	145.0	4	77.5	82.5	85.0	4	152.5	162.5	170.0	7	392.5	92.86	5
8	Zhou Yiqian	21.05.9	CHN	56.70	0.2355	19	117.5	127.5	127.5	10	65.0	72.5	75.0	8	142.5	152.5	157.5	8	357.5	84.19	4
9	Kim Songhee	23.11.9	KOR	56.92	0.2348	16	132.5	137.5	140.0	8	75.0	80.0	82.5	6	135.0	142.5	147.5	9	357.5	83.95	3
10	Tegio Diana Mae	17.09.9	QAT	56.16	0.2372	21	115.0	122.5	130.0	9	65.0	70.0	72.5	9	125.0	135.0	135.0	12	325.0	77.10	2
11	Liew Hui Wen	21.05.9	MAS	52.90	0.2489	17	92.5	97.5	97.5	11	55.0	60.0	62.5	11	120.0	127.5	132.5	10	292.5	72.79	1
12	Mosammat Nargish Irfat A	14.11.9	QAT	56.88	0.2349	24	95.0	102.5	102.5	12	45.0	47.5	47.5	12	110.0	120.0	127.5	11	270.0	63.43	1
-63kg																					
1	Bardova Anna	10.11.0	AIN	62.70	0.2195	32	185.0	190.0	190.0	1	90.0	95.0	100.0	2	195.0	205.0	215.0	1	505.0	110.83	ps.
2	Tiong Natalie	14.11.9	SGP	61.90	0.2213	28	152.5	160.0	165.0	3	77.5	82.5	85.0	4	195.0	207.5	213.0	2	455.5	100.81	12
3	Zheng Xiaoxuan	01.01.9	CHN	60.00	0.2260	30	162.5	170.0	175.0	2	87.5	92.5	95.0	3	147.5	155.0	160.0	5	430.0	97.20	9
4	Zein Layan	01.01.9	KSA	61.90	0.2213	31	137.5	145.0	145.0	5	97.5	100.0	102.5	1	165.0	175.0	185.0	3	422.5	93.50	8
5	Nursaidah Amirah	09.09.8	MAS	62.10	0.2208	29	142.5	150.0	155.0	4	67.5	72.5	75.0	5	155.0	165.0	177.5	4	392.5	86.68	7
-69kg																					
1	Abramova Galina	19.06.8	AIN	66.55	0.2115	45	165.0	175.0	180.0	1	77.5	82.5	87.5	3	200.0	220.0	230.0	1	497.5	105.23	ps.
2	Yang Chuanmei	26.01.9	CHN	66.05	0.2125	42	142.5	150.0	155.0	2	77.5	82.5	85.0	4	170.0	177.5	180.0	2	420.0	89.23	12
3	Fu Wenjing	18.10.9	CHN	63.65	0.2174	40	142.5	150.0	155.0	3	85.0	90.0	92.5	1	157.5	167.5	175.0	5	417.5	90.75	9
4	Mwaniki Peris Wanja	19.12.9	QAT	68.35	0.2083	41	135.0	142.5	150.0	4	77.5	82.5	87.5	6	165.0	172.5	180.0	3	412.5	85.91	8

5	Ryu Wonbin	23.11.9	KOR	68.40	0.2082	43	142.5	452.5	452.5	6	77.5	85.0	90.0	2	165.0	172.5	177.5	4	410.0	85.36	7
6	Alejandro Christine Erine	20.12.9	PHI	66.10	0.2124	46	140.0	447.5	147.5	5	77.5	82.5	87.5	5	155.0	165.0	472.5	6	395.0	83.88	6
7	Urauchi Shiori	09.05.9	JPN	67.50	0.2098	44	102.5	115.0	425.0	7	45.0	50.0	55.0	7	107.5	120.0	442.5	7	285.0	59.78	5
-76kg																					
1	Eskova Anastasiia	24.04.9	AIN	75.35	0.1980	49	190.0	200.0	240.0	1	95.0	100.0	105.0	1	175.0	185.0	490.0	1	490.0	97.00	ps.
2	Gbadago Jessica	22.08.9	SGP	75.65	0.1976	51	132.5	140.0	145.0	2	75.0	80.0	85.0	3	160.0	167.5	177.5	3	407.5	80.52	12
3	Haider Fatema	28.06.8	BRN	73.60	0.2002	50	135.0	140.0	142.5	3	80.0	85.0	85.0	2	170.0	177.5	482.5	2	405.0	81.10	9
4	Chew Kai Xinn	29.07.9	SGP	72.25	0.2021	48	115.0	120.0	125.0	5	77.5	80.0	82.5	4	142.5	150.0	160.0	4	367.5	74.28	8
5	Mc Hugh Hannah	21.04.9	QAT	74.80	0.1987	47	120.0	130.0	435.0	4	57.5	62.5	65.0	5	150.0	160.0	470.0	5	355.0	70.52	7
-84kg																					
1	Abouassi Nour	29.01.8	QAT	81.90	0.1908	35	480.0	180.0	185.0	2	87.5	92.5	95.0	2	182.5	190.0	200.0	1	480.0	91.57	12
2	Reboton Joyce Gail	04.04.9	PHI	77.05	0.1959	36	180.0	187.5	192.5	1	92.5	95.0	95.0	3	172.5	182.5	192.5	2	477.5	93.54	9
3	Maksimova Uliana	11.05.9	AIN	78.65	0.1941	33	450.0	150.0	160.0	4	100.0	105.0	110.0	1	185.0	192.5	200.0	3	462.5	89.77	ps.
4	Uchiyama Rei	04.07.8	JPN	81.75	0.1909	34	170.0	480.0	480.0	3	80.0	85.0	85.0	4	150.0	160.0	470.0	4	415.0	79.23	8
84+kg																					
1	Efimtseva Daria	02.03.0	AIN	150.30	0.1668	39	230.0	250.0	265.0	1	140.0	150.0	157.5	1	200.0	220.0	240.0	1	662.5	110.49	ps.
2	Capacio Jennifer	14.08.8	PHI	98.15	0.1793	38	487.5	187.5	195.0	2	80.0	85.0	87.5	3	185.0	200.0	202.5	2	485.0	86.94	12
3	Min Yerin	09.12.9	KOR	102.75	0.1771	37	160.0	472.5	180.0	3	85.0	92.5	97.5	2	160.0	175.0	200.0	3	477.5	84.56	9

Team (points)

1	Singapore	51	[12+12+12+8+7]	448.11	IPF GL
2	China	48	[12+9+9+9+9]	480.07	IPF GL
3	Qatar	40	[12+8+8+7+5]	421.60	IPF GL
4	Kuwait	30	[12+12+6]	298.24	IPF GL
5	Philippines	27	[12+9+6]	264.37	IPF GL
6	South Korea	26	[9+7+7+3]	348.71	IPF GL
7	Malaysia	17	[9+7+1]	257.47	IPF GL
8	Saudi Arabia	15	[8+7]	193.00	IPF GL
9	Japan	13	[8+5]	139.01	IPF GL
10	Bahrain	9	[9]	81.10	IPF GL
11	Chinese Taipei	8	[8]	100.17	IPF GL
12	Hong Kong	8	[8]	96.56	IPF GL
13	United Arab Emirates	6	[6]	93.27	IPF GL
14	Indonesia	5	[5]	92.86	IPF GL
—	Neutral Athlete	—			
—	Mongolia	—			

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Bardova Anna	Neutral Athlete	62.70	505.0	110.8268	1
2.	Efimtseva Daria	Neutral Athlete	150.30	662.5	110.4871	1
3.	Polianskaia Kseniia	Neutral Athlete	56.18	452.5	107.3131	1

Sub-Juniors

-43kg																					
1	Borshnyakova Milena	06.06.0	KAZ	42.60	0.3078	3	85.0	90.0	95.0	1	45.0	50.0	52.5	1	105.0	110.0	121.0	1	263.5	81.09	12

2	Yap Kah Yee	19.10.0	SGP	42.74	0.3066	2	82.5	90.0	95.5	2	42.5	45.0	47.5	2	100.0	107.5	117.5	2	245.0	75.12	9
-47kg																					
1	Gu Dong-Le	15.11.0	TPE	45.38	0.2873	6	90.0	95.0	97.5	3	47.5	50.0	52.5	2	120.0	125.0	135.0	1	285.0	81.87	12
2	Trempelets Arina	29.07.0	KAZ	46.06	0.2829	7	95.0	100.0	105.0	1	55.0	60.0	62.5	1	107.5	107.5	117.5	3	285.0	80.62	9
3	Doha Leya	12.08.0	LBN	46.80	0.2784	8	100.0	102.5	107.5	2	45.0	47.5	50.0	3	120.0	125.0	132.5	2	275.0	76.55	8
-52kg																					
1	Chan Abrienda	12.03.0	MAS	50.80	0.2577	14	100.0	107.5	107.5	2	62.5	62.5	62.5	2	120.0	132.5	137.5	1	302.5	77.96	12
2	Passyuk Viktoriya	20.06.0	KAZ	51.96	0.2527	13	100.0	110.0	115.0	1	62.5	67.5	67.5	1	120.0	135.0	135.0	2	302.5	76.43	9
-57kg																					
1	Akchabayeva Luiza	11.07.0	KAZ	56.26	0.2369	21	107.5	112.5	117.5	1	62.5	65.0	67.5	2	112.5	117.5	122.5	1	302.5	71.66	12
2	Mutunova Aidana	29.09.0	KAZ	56.48	0.2362	20	80.0	87.5	92.5	2	60.0	67.5	70.0	1	90.0	110.0	120.0	2	267.5	63.18	9
-63kg																					
1	Khe Anastassiya	23.06.0	KAZ	63.00	0.2188	26	110.0	120.0	127.5	1	55.0	62.5	67.5	1	145.0	152.5	X	1	327.5	71.65	12
-69kg																					
1	Guryeva Margarita	28.11.0	KAZ	65.65	0.2132	38	135.0	145.0	145.0	1	65.0	72.5	77.5	1	130.0	147.5	162.5	1	380.0	81.03	12
2	Bhagwat Aarya	28.01.0	IND	66.50	0.2116	37	127.5	137.5	137.5	3	62.5	65.0	65.0	2	145.0	153.0	158.0	2	355.5	75.23	9
3	Yu Pei-Ying	27.07.0	TPE	67.20	0.2103	36	130.0	140.0	145.0	2	52.5	57.5	60.0	3	120.0	130.0	132.5	3	330.0	69.40	8
-76kg																					
1	Jumabayeva Barno	26.01.0	KAZ	76.00	0.1972	42	145.0	150.0	157.5	1	117.5	121.5	122.5	1	165.0	175.5	180.0	1	459.0	90.49	12
2	Alateeq Ghadah	10.04.0	KSA	74.40	0.1992	44	77.5	85.0	95.0	2	45.0	52.5	60.0	2	105.0	117.5	130.0	2	265.0	52.78	9
84+kg																					
1	Su Sheng-Ci	04.04.0	TPE	113.25	0.1733	31	170.0	180.0	185.0	1	65.0	72.5	75.0	1	150.0	170.0	178.5	1	438.5	75.97	12
2	Nurlankyzy Kuralay	18.06.0	KAZ	99.80	0.1784	30	90.0	100.0	110.0	2	50.0	57.5	57.5	2	90.0	102.5	115.0	2	275.0	49.07	9

Team (points)

1	Kazakhstan	60	[12+12+12+12+12]	395.93	IPF GL
2	Chinese Taipei	32	[12+12+8]	227.24	IPF GL
3	Malaysia	12	[12]	77.96	IPF GL
4	India	9	[9]	75.23	IPF GL
5	Singapore	9	[9]	75.12	IPF GL
6	Saudi Arabia	9	[9]	52.78	IPF GL
7	Lebanon	8	[8]	76.55	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Jumabayeva Barno	Kazakhstan	76.00	459.0	90.4946	1
2.	Gu Dong-Le	Chinese Taipei	45.38	285.0	81.8694	1
3.	Borshnyakova Milena	Kazakhstan	42.60	263.5	81.0948	1

Juniors

-43kg																					
1	Lim Qin Wei	29.10.0	SGP	42.34	0.3099	1	85.0	90.0	92.5	1	57.5	61.0	64.5	1	105.0	110.0	110.0	1	263.5	81.67	12
-47kg																					
1	Lee Dahye	16.03.0	KOR	46.42	0.2807	4	85.0	92.5	100.0	1	57.5	60.0	65.0	1	102.5	110.0	115.0	1	267.5	75.08	12
2	Satova Elvira	01.01.0	KAZ	45.54	0.2862	5	40.0	45.0	50.0	2	25.0	25.0	27.5	2	57.5	65.0	70.0	2	142.5	40.79	9
-52kg																					

1	Miura Hinano	27.03.0	JPN	51.84	0.2532	10	110.0	115.0	117.5	1	70.0	75.0	75.0	2	145.0	455.0	455.0	1	332.5	84.18	12
2	Alhosani Shamma	29.04.0	UAE	51.88	0.2530	9	405.0	105.0	440.0	4	77.5	82.5	82.5	1	437.5	437.5	137.5	3	325.0	82.23	9
3	Teo Peak Yiin	04.04.0	MAS	50.82	0.2576	11	107.5	112.5	120.0	2	55.0	60.0	62.5	3	135.0	440.0	440.0	4	310.0	79.86	8
4	Chou Yu-Hsin	22.09.0	TPE	51.04	0.2566	12	100.0	107.5	112.5	3	50.0	52.5	55.0	4	127.5	137.5	442.5	2	302.5	77.63	7
-57kg																					
1	Shkarina Victoriia	03.09.0	AIN	56.90	0.2349	17	150.0	160.0	165.0	1	70.0	75.0	77.5	2	155.0	160.0	467.5	1	402.5	94.54	ps.
2	Khishigjargal Tsolmongoo	19.02.0	MGL	56.94	0.2348	15	125.0	132.5	140.0	2	60.0	65.0	70.0	3	147.5	157.5	462.5	2	367.5	86.27	12
3	Bochenkova Yuliya	03.10.0	KAZ	56.62	0.2358	16	110.0	120.0	427.5	3	70.0	75.0	77.5	1	110.0	120.0	125.0	4	322.5	76.03	9
4	Inoue Makoto	24.04.0	JPN	55.56	0.2392	18	107.5	115.0	420.0	4	60.0	65.0	70.0	4	120.0	127.5	437.5	3	307.5	73.55	8
-63kg																					
1	Tsesarskaia Sofia	21.05.0	AIN	62.85	0.2191	24	150.0	160.0	167.5	1	72.5	77.5	82.5	2	175.0	185.0	190.0	1	440.0	96.41	ps.
2	Arcenal Lyka Shayne	26.12.0	PHI	62.70	0.2195	22	120.0	125.0	130.0	3	62.5	67.5	72.5	3	152.5	160.0	165.0	2	367.5	80.65	12
3	Lapteva Olga	30.03.0	KAZ	61.10	0.2232	23	117.5	127.5	132.5	2	75.0	82.5	87.5	1	135.0	145.0	452.5	3	365.0	81.48	9
4	Tsukamoto Narumi	09.06.0	JPN	60.45	0.2249	25	95.0	102.5	412.5	4	45.0	47.5	50.0	4	90.0	100.0	407.5	4	250.0	56.22	8
-69kg																					
1	Abdyrova Nigara	27.02.0	KAZ	68.15	0.2086	32	135.0	140.0	145.0	1	95.0	100.0	405.0	2	150.0	160.0	165.0	1	410.0	85.53	12
2	Yultsova Viktoria	06.04.0	AIN	68.70	0.2077	34	125.0	132.5	135.0	2	97.5	102.5	107.5	1	147.5	157.5	470.0	2	400.0	83.07	ps.
3	Altoreky Sama	16.11.0	KSA	67.25	0.2102	35	110.0	120.0	430.0	3	50.0	50.0	60.0	3	130.0	145.0	457.5	3	325.0	68.32	9
-76kg																					
1	Abdyrova Iroda	09.02.0	KAZ	75.95	0.1972	41	140.0	150.0	155.0	3	100.0	405.0	105.0	1	170.0	175.0	480.0	2	435.0	85.79	12
2	Gaas Regina	28.06.0	KAZ	74.25	0.1994	39	155.0	165.0	472.5	2	85.0	90.0	92.5	2	160.0	475.0	175.0	1	430.0	85.73	9
3	Cruz Ashley Rose	05.05.0	PHI	75.85	0.1973	40	150.0	157.5	165.5	1	77.5	82.5	85.0	3	147.5	157.5	465.0	3	408.0	80.51	8
-84kg																					
1	Gvagvalia Diana	18.08.0	AIN	77.40	0.1955	27	145.0	152.5	157.5	1	87.5	92.5	97.5	1	470.0	170.0	187.5	1	442.5	86.51	ps.
84+kg																					
1	Malykhina Diana	25.04.0	KAZ	118.75	0.1717	28	180.0	200.0	233.0	1	70.0	80.0	90.0	1	145.0	160.0	475.0	1	450.0	77.28	12
2	Kumari Dey Khushi	04.07.0	IND	102.30	0.1773	29	455.0	155.0	460.0	2	62.5	67.5	72.5	2	140.0	150.0	157.5	2	385.0	68.25	9

Team (points)

1	Kazakhstan	54	[12+12+12+9+9]	415.82	IPF GL
2	Japan	28	[12+8+8]	213.95	IPF GL
3	Philippines	20	[12+8]	161.17	IPF GL
4	Mongolia	12	[12]	86.27	IPF GL
5	Singapore	12	[12]	81.67	IPF GL
6	South Korea	12	[12]	75.08	IPF GL
7	United Arab Emirates	9	[9]	82.23	IPF GL
8	Saudi Arabia	9	[9]	68.32	IPF GL
9	India	9	[9]	68.25	IPF GL
10	Malaysia	8	[8]	79.86	IPF GL
11	Chinese Taipei	7	[7]	77.63	IPF GL
—	Neutral Athlete	—	—	—	—

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Tsesarskaia Sofia	Neutral Athlete	62.85	440.0	96.4128	1
2.	Shkarina Victoriia	Neutral Athlete	56.90	402.5	94.5372	1

3. Gvaglia Diana Neutral Athlete 77.40 442.5 86.5070 1

Masters 1

-47kg

1 Chien Ya-Lan 03.07.8 TPE 46.76 0.2786 1 90.0 105.0 ~~110.0~~ 1 40.0 45.0 50.0 1 115.0 125.0 135.0 1 290.0 80.80 12

-57kg

1 Murayama Eri 02.02.7 JPN 56.08 0.2375 4 130.0 140.0 145.0 1 65.0 70.0 ~~72.5~~ 2 152.5 162.5 ~~172.5~~ 1 377.5 89.65 12

2 McCombie Jenifer 02.01.8 HKG 55.22 0.2403 7 92.5 97.5 102.5 3 72.5 77.5 ~~81.0~~ 1 130.0 140.0 150.0 2 330.0 79.32 9

3 Huang Pei-Wen 19.11.8 TPE 55.96 0.2379 6 110.0 120.0 ~~125.0~~ 2 35.0 40.0 ~~42.5~~ 4 140.0 145.0 ~~152.5~~ 3 305.0 72.55 8

4 Rueangsri Ratchaya 06.05.7 THA 56.60 0.2358 5 90.0 95.0 100.0 4 47.5 50.0 ~~55.0~~ 3 115.0 122.5 127.5 4 277.5 65.44 7

-63kg

1 Malyugina Nadejda 03.03.7 UZB 59.50 0.2274 9 130.0 137.5 ~~142.5~~ 2 77.5 82.5 85.0 1 145.0 155.0 ~~157.5~~ 1 377.5 85.83 12

2 Honda Mayumi 13.04.8 JPN 62.15 0.2207 11 125.0 140.0 ~~143.0~~ 1 70.0 ~~77.5~~ 77.5 2 135.0 150.0 ~~162.5~~ 2 367.5 81.12 9

3 Abe Mizuki 04.08.7 JPN 62.50 0.2199 10 97.5 102.5 ~~105.0~~ 4 ~~62.5~~ 62.5 ~~65.0~~ 3 115.0 117.5 ~~120.0~~ 4 282.5 62.13 8

4 Ng Joon Lian 21.07.7 MAS 62.10 0.2208 12 97.5 105.0 ~~107.5~~ 3 42.5 45.0 47.5 4 120.0 ~~130.0~~ ~~130.0~~ 3 272.5 60.18 7

-69kg

1 R.a.d. Nadeeka Hemanthi 03.09.8 SRI 68.40 0.2082 21 100.0 105.0 107.5 1 47.5 52.5 ~~55.0~~ 3 135.0 145.0 150.0 1 310.0 64.54 12

2 Chi Chia-Chi 11.04.7 TPE 64.05 0.2165 22 70.0 80.0 85.0 3 70.0 75.0 77.5 1 110.0 125.0 ~~132.5~~ 2 287.5 62.24 9

3 Chen Hsi-Yu 25.03.8 TPE 65.40 0.2137 23 90.0 ~~97.5~~ 97.5 2 47.5 50.0 52.5 2 120.0 ~~130.0~~ ~~132.5~~ 3 270.0 57.71 8

-76kg

1 Chang Ching-Fang 26.03.7 TPE 69.45 0.2064 24 120.0 140.0 150.5 1 40.0 45.0 X 1 140.0 160.0 ~~170.5~~ 1 355.5 73.39 12

2 Omelchenko Galina 08.08.8 KGZ 75.20 0.1982 25 65.0 75.0 82.5 2 32.5 35.0 37.5 2 70.0 90.0 ~~100.0~~ 2 210.0 41.61 9

-84kg

1 Hussin Norleila 08.08.8 MAS 83.60 0.1892 14 132.5 140.0 ~~142.5~~ 1 67.5 72.5 75.0 1 150.0 ~~157.5~~ ~~157.5~~ 1 365.0 69.06 12

2 Kasabaeva Aida 26.05.8 KGZ 82.75 0.1900 15 90.0 100.0 115.0 2 50.0 ~~55.0~~ ~~55.0~~ 2 120.0 130.0 ~~140.0~~ 2 295.0 56.04 9

84+kg

1 Abdul Razak Rozana 27.10.8 SGP 98.20 0.1792 18 85.0 ~~95.0~~ 95.0 2 55.0 57.5 60.0 1 165.0 180.5 183.0 1 338.0 60.58 12

2 Dulamsuren Munkhtsetseg 25.01.7 MGL 84.15 0.1887 17 90.0 102.5 ~~110.0~~ 1 52.5 ~~57.5~~ ~~62.5~~ 2 110.0 ~~130.0~~ X 2 265.0 50.01 9

Team (points)

1	Chinese Taipei	49	[12+12+9+8+8]	346.69	IPF GL
2	Japan	29	[12+9+8]	232.89	IPF GL
3	Malaysia	19	[12+7]	129.24	IPF GL
4	Kyrgyzstan	18	[9+9]	97.65	IPF GL
5	Uzbekistan	12	[12]	85.83	IPF GL
6	Sri Lanka	12	[12]	64.54	IPF GL
7	Singapore	12	[12]	60.58	IPF GL
8	Hong Kong	9	[9]	79.32	IPF GL
9	Mongolia	9	[9]	50.01	IPF GL
10	Thailand	7	[7]	65.44	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Murayama Eri	Japan	56.08	377.5	89.6491	1
2.	Malyugina Nadejda	Uzbekistan	59.50	377.5	85.8307	1
3.	Honda Mayumi	Japan	62.15	367.5	81.1168	2

Masters 2**-52kg**

1	Yanagisawa Yukiko	11.01.6	JPN	50.06	0.2611	2	57.5	65.0	70.0	1	32.5	40.0	42.5	1	75.0	90.0	400.0	1	202.5	52.88	12
---	-------------------	---------	-----	-------	--------	---	------	------	------	---	------	------	------	---	------	------	------------------	---	-------	-------	----

-69kg

1	Yu Yi-Chen	26.11.7	TPE	67.40	0.2099	20	125.0	132.5	140.0	1	55.0	62.5	62.5	1	120.0	127.5	435.5	1	315.0	66.13	12
---	------------	---------	-----	-------	--------	----	-------	-------	------------------	---	------	-----------------	-----------------	---	-------	-------	------------------	---	-------	-------	----

-84kg

1	Khardina Elena	08.07.7	UZB	77.20	0.1957	13	40.0	X	X	1	40.0	45.0	50.0	1	65.0	X	X	1	155.0	30.34	12
---	----------------	---------	-----	-------	--------	----	------	---	---	---	------	------	------	---	------	---	---	---	-------	-------	----

Team (points)

1	Chinese Taipei	12	[12]	66.13	IPF GL
2	Japan	12	[12]	52.88	IPF GL
3	Uzbekistan	12	[12]	30.34	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Yu Yi-Chen	Chinese Taipei	67.40	315.0	66.1336	1
2.	Yanagisawa Yukiko	Japan	50.06	202.5	52.8758	1
3.	Khardina Elena	Uzbekistan	77.20	155.0	30.3377	1

Masters 3**-57kg**

1	Noguchi Mari	03.05.6	JPN	56.32	0.2367	3	82.5	90.5	95.0	1	40.0	42.5	45.0	1	120.0	130.0	432.5	1	270.0	63.91	12
---	--------------	---------	-----	-------	--------	---	------	------	------	---	------	------	------	---	-------	-------	------------------	---	-------	-------	----

-63kg

1	Sekiya Megumi	09.01.6	JPN	58.50	0.2301	8	70.0	82.5	90.0	1	42.5	45.0	47.5	1	122.5	135.5	439.0	1	270.5	62.25	12
---	---------------	---------	-----	-------	--------	---	------	------	------	---	------	------	-----------------	---	-------	-------	------------------	---	-------	-------	----

-69kg

1	Lee Tsai-Wei	15.07.6	TPE	67.05	0.2106	19	90.0	100.0	103.0	1	40.0	45.0	51.0	1	105.0	112.5	118.0	1	266.0	56.02	12
---	--------------	---------	-----	-------	--------	----	------	-------	-------	---	------	------	-----------------	---	-------	-------	-------	---	-------	-------	----

84+kg

1	Urauchi Yumiko	16.10.6	JPN	88.35	0.1853	16	75.0	82.5	90.0	1	50.0	55.0	57.5	1	100.0	110.0	120.0	1	265.0	49.11	12
---	----------------	---------	-----	-------	--------	----	------	------	------	---	------	------	-----------------	---	-------	-------	-------	---	-------	-------	----

Team (points)

1	Japan	36	[12+12+12]	175.27	IPF GL
2	Chinese Taipei	12	[12]	56.02	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Noguchi Mari	Japan	56.32	270.0	63.9104	1
2.	Sekiya Megumi	Japan	58.50	270.5	62.2494	1
3.	Lee Tsai-Wei	Chinese Taipei	67.05	266.0	56.0153	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AIN = Neutral Athlete

KGZ = Kyrgyzstan

QAT = Qatar

BRN = Bahrain
CHN = China
HKG = Hong Kong
INA = Indonesia
IND = India
JPN = Japan
KAZ = Kazakhstan

KOR = South Korea
KSA = Saudi Arabia
KUW = Kuwait
LBN = Lebanon
MAS = Malaysia
MGL = Mongolia
PHI = Philippines

SGP = Singapore
SRI = Sri Lanka
THA = Thailand
TPE = Chinese Taipei
UAE = United Arab Emirates
UZB = Uzbekistan