

## ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION

## Asian / Pacific / African Women's Classic Bench Press Championships, Potchefstroom (South Africa), 06-13.07.2024

## SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
<b>Open</b>												
<b>84+kg</b>												
1.	Teotia Geeta	06.07.90	IND	91,60	0,7323	5	75,0	85,0	90,0	90,0	65,90	12
2.	Altaibaeva Marina	25.12.73	KAZ	121,55	0,7093	4	35,0	40,0	50,0	50,0	35,46	9

## Team (points)

1.	India	12	[12]	65,90	IPF GL
2.	Kazakhstan	9	[9]	35,46	IPF GL

## Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Teotia Geeta	India	91.60	90,0	65,9048	1
2.	Altaibaeva Marina	Kazakhstan	121.55	50,0	35,4650	2

## Sub-Juniors

<b>-63kg</b>												
1.	Fox Jana	22.10.07	RSA	61,40	0,8470	1	50,0	52,5	55,0	55,0	46,58	12

## Team (points)

1.	South Africa	12	[12]	46,58	IPF GL
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## Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Fox Jana	South Africa	61.40	55,0	46,5834	1

## Masters 1

<b>-84kg</b>												
1.	Ghodekar Gauri	16.04.83	IND	79,75	0,7566	2	52,5	57,5	60,0	60,0	45,39	12

<b>84+kg</b>												
1.	Deshpande Pooja	02.05.82	IND	101,40	0,7208	3	55,0	57,5	62,5	62,5	45,05	12

## Team (points)

1.	India	24	[12+12]	90,45	IPF GL
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## Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Ghodekar Gauri	India	79.75	60,0	45,3940	1
2.	Deshpande Pooja	India	101.40	62,5	45,0528	1

## Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

IND = India

RSA = South Africa

KAZ = Kazakhstan