

ASIAN POWERLIFTING FEDERATION

Asian Women's Equipped Championships, Coimbatore (India), 17-21.06.2022

SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	SQ	BP	DL	TOTAL	IPF GL	Pts
Open											
-47kg											
1	Ghare Najuka Tatu	1995	IND	45.60	0.2243	150.0 2	90.0 1	165.0 1	405.0	90.83	12
2	Kumari Reema	1995	IND	43.75	0.2318	155.0 1	70.0 2	145.0 2	370.0	85.75	9
-52kg											
1	Gurav Kajol Ashok	1995	IND	51.75	0.2043	170.0 1	85.0 1	170.0 1	425.0	86.84	12
2	V Mohanapriya	1998	IND	50.20	0.2088	142.5 2	70.0 2	142.5 2	355.0	74.11	9
-57kg											
1	Zhurbina Anastasiya	1999	KAZ	53.35	0.2001	130.0 1	90.0 1	130.0 1	350.0	70.04	12
-63kg											
1	Bakhtygalieva Olga	2001	KAZ	61.00	0.1839	170.0 2	122.5 1	160.0 1	452.5	83.23	12
2	Poonam Poonam	1990	IND	62.10	0.1820	180.0 1	115.0 2	135.0 2	430.0	78.27	9
-69kg											
1	Shedge Akshaya Ajit	1995	IND	68.10	0.1731	232.5 1	107.5 2	192.5 1	532.5	92.16	12
2	Nurkenova Asel	2000	KAZ	65.00	0.1774	185.0 2	142.5 1	170.0 2	497.5	88.27	9
3	Munkhbat Solongo	1988	MGL	65.70	0.1764	155.0 3	85.0 3	155.0 3	395.0	69.67	8
-76kg											
1	Chandrakala Chandrakal	1992	IND	74.05	0.1661	205.0 1	107.5 1	212.5 1	525.0	87.18	12
2	Menaka Menaka	2000	IND	73.55	0.1666	190.0 2	95.0 2	152.5 2	437.5	72.88	9
-84kg											
1	Shovita Shovita	1997	IND	82.95	0.1581	255.0 1	172.5 1	192.5 2	620.0	97.99	12
2	Yadav Vummalla	1994	IND	82.90	0.1581	250.0 2	110.0 2	220.0 1	580.0	91.70	9
3	Preeti Preeti	1998	IND	83.80	0.1574	165.0 3	95.0 3	170.0 3	430.0	67.69	8
84+kg											
1	Sunil Bordawekar Shrey	1998	IND	129.20	0.1393	220.0 1	120.0 3	200.0 1	540.0	75.23	12
2	Meier Regina	1999	KAZ	126.30	0.1399	207.5 2	147.5 1	165.0 3	520.0	72.75	9
—	de Sharmila	1990	IND	110.45	0.1441	— —	145.0 2	170.0 2	DSQ	— —	—

Team (points)

1	India	60	[12+12+12+12+12]	455.00	IPF GL
2	Kazakhstan	42	[12+12+9+9]	314.28	IPF GL
3	Mongolia	8	[8]	69.67	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Poi	C.Rnk
1.	Shovita Shovita	India	82.95	620.0	97.9947	1
2.	Shedge Akshaya Ajit	India	68.10	532.5	92.1571	1
3.	Yadav Vummalla	India	82.90	580.0	91.6951	2

Sub-Juniors

-43kg											
1	Minimathi M.	2004	IND	42.15	0.2390	110.0 1	52.5 1	117.5 1	280.0	66.91	12
2	Parveen A. Rizwana	2006	IND	41.20	0.2436	95.0 2	50.0 2	110.0 2	255.0	62.11	9
3	P. Nair Pragathi	2005	IND	43.00	0.2350	95.0 4	30.0 4	107.5 3	232.5	54.65	8
4	Arthi P.	2006	IND	41.70	0.2411	95.0 3	40.0 3	90.0 4	225.0	54.25	7
-47kg											
1	Krishna V K Anjana	2006	IND	46.20	0.2220	132.5 1	57.5 1	125.0 1	315.0	69.93	12
2	Jasmine P	2006	IND	46.50	0.2209	115.0 2	50.0 2	115.0 2	280.0	61.85	9
-57kg											
1	Priya D Harini	2004	IND	56.25	0.1933	170.0 1	90.0 1	167.5 1	427.5	82.63	12
-69kg											

1	M. Kiruthika	2005	IND	67.10	0.1744	175.0	1	85.0	1	145.0	2	405.0	70.64	12
2	Varshini S. Amritha	2005	IND	67.10	0.1744	142.5	3	72.5	3	157.5	1	372.5	64.97	9
3	Gaas Regina	2004	KAZ	63.50	0.1797	147.5	2	75.0	2	140.0	3	362.5	65.15	8
4	Beegam C V Ayisha	2004	IND	68.10	0.1731	132.5	4	60.0	4	135.0	4	327.5	56.68	7

-76kg

1	P R Anjali	2004	IND	74.15	0.1660	175.0	1	82.5	1	150.0	1	407.5	67.63	12
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-84kg

1	V Ameya	2005	IND	83.95	0.1573	170.0	1	85.0	1	140.0	1	395.0	62.13	12
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Team (points)

1	India	60	[12+12+12+12+12]	357.74	IPF GL
2	Kazakhstan	8	[8]	65.15	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Poi	C.Rnk
1.	Priya D Harini	India	56.25	427.5	82.6349	1
2.	M. Kiruthika	India	67.10	405.0	70.6360	1
3.	Krishna V K Anjana	India	46.20	315.0	69.9328	1

Juniors

-43kg

1	Benny Sona	1999	IND	42.50	0.2373	100.0	1	50.0	1	117.5	1	267.5	63.48	12
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-47kg

1	E P Amritha	2000	IND	46.05	0.2226	155.0	1	65.0	1	142.5	1	362.5	80.68	12
2	A Anagha	2003	IND	46.50	0.2209	125.0	3	50.0	3	140.0	2	315.0	69.59	9
3	S Ramya	2000	IND	46.85	0.2196	130.0	2	55.0	2	130.0	3	315.0	69.19	8

-52kg

1	Singh Bipasha	2003	IND	51.10	0.2061	150.0	1	60.0	2	160.0	1	370.0	76.27	12
2	Poigray Anastassiya	1999	KAZ	51.15	0.2060	110.0	2	65.0	1	100.0	2	275.0	56.65	9

-57kg

1	Almas Shaik Sadiya	2002	IND	55.75	0.1944	185.0	1	72.5	3	162.5	2	420.0	81.65	12
2	Rajak Mamta	1999	IND	56.30	0.1932	160.0	2	75.0	2	172.5	1	407.5	78.72	9
3	Makwana Sejal	2001	IND	56.10	0.1936	150.0	3	80.0	1	145.0	3	375.0	72.61	8
4	Thirupatamma M.	2002	IND	54.70	0.1968	120.0	4	55.0	4	135.0	4	310.0	61.02	7

-63kg

1	Samruddhi Sudhir Deolek	2001	IND	61.00	0.1839	170.0	1	90.0	1	157.5	1	417.5	76.79	12
2	Aitassova Sara	2001	KAZ	59.00	0.1876	155.0	2	77.5	2	145.0	2	377.5	70.83	9
3	K Kavitha	2000	IND	58.70	0.1882	140.0	3	67.5	3	120.0	3	327.5	61.64	8

-69kg

1	Molodets Alexandra	2001	KAZ	67.10	0.1744	150.0	2	102.5	1	152.5	1	405.0	70.64	12
2	M Priya	2000	IND	66.10	0.1758	167.5	1	85.0	2	150.0	2	402.5	70.76	9

-76kg

1	Dwaraka S.	2001	IND	75.40	0.1647	202.5	1	92.5	1	205.0	1	500.0	82.34	12
2	Sehravat Megha	2000	IND	75.50	0.1646	170.0	2	85.0	2	180.0	2	435.0	71.59	9

-84kg

1	Aparna D.	2001	IND	77.30	0.1628	160.0	2	80.0	2	160.0	1	400.0	65.13	12
2	S Shalini	2002	IND	83.65	0.1575	165.0	1	87.5	1	147.5	3	400.0	63.01	9
3	Vaishnavi Mahesh	2003	IND	83.05	0.1580	152.5	3	80.0	3	152.5	2	385.0	60.82	8

84+kg

1	V V Arshana	1999	IND	102.65	0.1469	230.0	1	122.5	1	177.5	1	530.0	77.86	12
2	Bhavika D	2000	IND	91.80	0.1522	180.0	2	102.5	2	170.0	2	452.5	68.86	9
3	Futardo Jennifer	2003	IND	92.45	0.1518	145.0	3	80.0	3	125.0	3	350.0	53.14	8

Team (points)

1	India	60	[12+12+12+12+12]	399.32	IPF GL
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2 Kazakhstan

30 [12+9+9]

198.12 IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Poi	C.Rnk
1.	Dwaraka S.	India	75.40	500.0	82.3365	1
2.	Almas Shaik Sadiya	India	55.75	420.0	81.6518	1
3.	E P Amritha	India	46.05	362.5	80.6802	1

Masters 1**-52kg**

1	Kandhare Jyoti Deepak	1980	IND	50.90	0.2067	120.0	1	80.0	1	127.5	1	327.5	67.70	12
2	Deepa Verma	1977	IND	49.80	0.2100	62.5	2	35.0	2	80.0	2	177.5	37.27	9

-63kg

1	Chatterjee Sima Dutt	1977	IND	62.00	0.1822	115.0	1	65.0	1	125.0	1	305.0	55.57	12
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Team (points)

1	India	33	[12+12+9]	160.53 IPF GL
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Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Poi	C.Rnk
1.	Kandhare Jyoti Deepak	India	50.90	327.5	67.6985	1
2.	Chatterjee Sima Dutt	India	62.00	305.0	55.5695	1
3.	Deepa Verma	India	49.80	177.5	37.2665	2

Masters 2**-76kg**

1	Khardina Elena	1971	UZB	74.20	0.1659	65.0	1	50.0	1	85.0	1	200.0	33.18	12
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-84kg

1	Agashe Roopali	1971	IND	80.80	0.1598	75.0	1	37.5	1	82.5	1	195.0	31.15	12
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Team (points)

1	Uzbekistan	12	[12]	33.18 IPF GL
2	India	12	[12]	31.15 IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Poi	C.Rnk
1.	Khardina Elena	Uzbekistan	74.20	200.0	33.1798	1
2.	Agashe Roopali	India	80.80	195.0	31.1544	1

Masters 3**-63kg**

1	More Lorraine	1955	IND	60.00	0.1857	60.0	1	35.0	1	80.0	1	175.0	32.50	12
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Team (points)

1	India	12	[12]	32.50 IPF GL
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Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Poi	C.Rnk
1.	More Lorraine	India	60.00	175.0	32.5042	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt. DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

IND = India
KAZ = Kazakhstan

MGL = Mongolia
UZB = Uzbekistan