

Asian POWERLIFTING FEDERATION
Asian Classic Powerlifting Championships, Kerala (India), 04-09.12.2017

SCORESHEET

PL.	Name	B.Date	Nation	Weight	WF	Squat	BENCH.	Deadlift	TOTAL	W.Pts.	Pts.
Open											
-47kg											
1.	Evangelista Leslie	01-01-1981	PHN	47.00	1,3449	120,0 1	67,5 1	157,5 1	345,0	463,99	12
2.	Tskhay Natalya	19-04-1975	KAZ-A	46.45	1,3563	90,0 2	57,5 2	100,0 2	247,5	335,68	9
-52kg											
1.	Anupama Swain	01-01-1990	IND-A	51.30	1,2597	132,5 1	65,0 2	127,5 5	325,0	409,40	12
2.	Lee layteng	01-01-1996	SNG	50.90	1,2673	122,5 2	62,5 3	132,5 3	317,5	402,37	9
3.	Koykka Anita	01-01-2060	PHN	51.30	1,2597	110,0 3	67,5 1	140,0 1	317,5	399,95	8
4.	Majziya Bhanu	01-01-1990	IND-A	52.00	1,2466	110,0 5	60,0 5	135,0 2	305,0	380,21	7
5.	Sarita Raikwar	01-01-1993	IND-B	51.30	1,2597	110,0 4	60,0 4	130,0 4	300,0	377,91	6
-57kg											
1.	Hartati Sri	08-11-1984	INA-A	54.00	1,2106	130,0 1	102,5 1	135,0 1	367,5	444,90	12
2.	Bijlee Bag	01-01-1995	IND-A	55.30	1,1883	107,5 3	67,5 2	125,0 2	300,0	356,49	9
3.	Rajani Upadhyaya	01-01-1979	IND-A	53.65	1,2168	115,0 2	57,5 3	112,5 3	285,0	346,79	8
4.	Noorollahi Helma	01-01-1990	IRN-A	55.00	1,1933	60,0 4	47,5 4	97,5 4	205,0	244,63	7
-63kg											
1.	Means Daniella	01-01-1990	HKG	61.70	1,0911	137,5 2	82,5 2	175,0 1	395,0	430,99	12
2.	Tomazova Yuliya	01-01-1993	KAZ-A	63.00	1,0740	137,5 3	85,0 1	172,5 2	395,0	424,23	9
3.	Wong Carmille	17-01-1991	MLS	60.30	1,1106	137,5 1	62,5 3	120,0 3	320,0	355,39	8
4.	Lishram Memoli Devi	01-01-1987	IND-B	59.70	1,1192	75,0 4	40,0 4	100,0 4	215,0	240,63	7
-72kg											
1.	Piven Svetlana	01-01-1990	KAZ-A	67.70	1,0185	147,5 1	80,0 1	170,0 1	397,5	404,85	12
2.	Bithika Mondal B	01-01-1992	IND-B	68.00	1,0153	137,5 2	70,0 3	145,0 4	352,5	357,89	9
3.	Nitya Nitya	01-01-1989	IND-A	71.80	0,9779	125,0 3	70,0 4	152,5 2	347,5	339,82	8
—	Nadram Babita Devi	01-01-1986	IND-A	70.95	0,9857	— —	72,5 2	147,5 3	DSQ	— —	—
-84kg											
1.	Reboton Joyce Gail	01-01-1990	PHN	73.90	0,9596	157,5 1	72,5 2	173,0 1	403,0	386,72	12
2.	Zangane Somayah	01-01-1990	IRN-A	83.15	0,8963	110,0 3	85,0 1	140,0 2	335,0	300,26	9
3.	Ho Kit-ming Florence	01-01-1979	HKG	82.55	0,8997	117,5 2	72,5 3	135,0 3	325,0	292,40	8
4.	Rajkumari Yadav	01-01-1981	IND-B	78.60	0,9242	90,0 4	62,5 4	125,0 4	277,5	256,47	7
84+kg											
1.	Okatenko Xeniya	01-01-1994	KAZ-A	103.65	0,8244	170,0 1	110,0 1	172,5 1	452,5	373,04	12
2.	Rajpreet Kaur	01-01-1994	IND-A	91.05	0,8600	145,0 2	70,0 2	170,0 2	385,0	331,10	9
3.	Rezakhani Fahimeh	01-01-1990	IRN-A	86.30	0,8802	85,0 3	55,0 3	115,0 3	255,0	224,45	8

Nation (points)

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Evangelista Leslie	Philippines	47.00	1,3449	345,0	463.99	1
2.	Hartati Sri	Indonesia-A	54.00	1,2106	367,5	444.90	1
3.	Means Daniella	Hong Kong	61.70	1,0911	395,0	430.99	1

Sub-Juniors

-43kg											
1.	Ompod Veronica	01-01-2000	PHN	42.65	1,4370	95,0 1	50,0 2	120,0 1	265,0	380,81	12
2.	Tabuan Jessa Mae	01-01-2002	PHN	42.20	1,4467	85,0 2	50,0 1	105,0 2	240,0	347,21	9
3.	Amritya M S	01-01-1999	IND-A	42.40	1,4424	65,0 3	30,0 3	105,0 3	200,0	288,48	8
-47kg											
1.	Popova Kristina	01-01-2001	KAZ-A	46.25	1,3605	93,0 1	60,0 1	100,0 1	253,0	344,21	12
2.	Poigray Anastassiya	31-01-1999	KAZ-A	46.85	1,3480	70,0 2	42,5 2	80,0 2	192,5	259,49	9
-52kg											
1.	Thor Qian Qi	01-01-1999	SNG	51.70	1,2522	115,0 1	57,5 1	115,0 2	287,5	360,01	12
2.	Bhagyalekshmi Bhagyalekshn	01-01-2000	IND-A	50.70	1,2711	97,5 2	52,5 2	125,0 1	275,0	349,55	9
3.	Sadiya Almas	01-01-1999	IND-A	51.80	1,2504	97,5 3	37,5 4	107,5 3	242,5	303,22	8
4.	Abrea Andrea Rowella	01-01-1999	PHN	50.75	1,2702	85,0 4	50,0 3	100,0 4	235,0	298,50	7
-57kg											
1.	Venizeia A Carlo	01-01-2000	IND-A	57.00	1,1604	90,0 3	52,5 2	122,5 1	265,0	307,51	12
2.	Lipasana Daisy Grace	01-01-1999	PHN	53.70	1,2159	100,0 1	52,5 1	105,0 2	257,5	313,09	9
3.	Pragathishwari M	01-01-2000	IND-B	56.30	1,1717	92,5 2	50,0 3	105,0 3	247,5	290,00	8
4.	Anju Sharma	01-01-1999	IND-B	56.40	1,1701	87,5 4	50,0 4	92,5 4	230,0	269,12	7
-63kg											
1.	Zhurbina Anastassiya	01-01-1999	KAZ-A	62.35	1,0824	130,0 1	92,5 1	145,0 1	367,5	397,78	12
2.	Ritu Ritu	01-01-2000	IND-A	61.50	1,0939	115,0 2	45,0 3	137,5 2	297,5	325,44	9
3.	Aswathi C	01-01-1999	IND-A	62.65	1,0785	87,5 3	50,0 2	132,5 3	270,0	291,19	8
4.	Mansi M	01-01-2000	IND-C	60.25	1,1113	80,0 5	42,5 4	120,0 4	242,5	269,49	7

5.	Aastha Tyagi	01-01-2000	IND-B	62.30	1,0831	82,5	4	42,5	5	105,0	5	230,0	249,11	6
-72kg														
1.	Ajeesha A	01-01-2000	IND-A	71.10	0,9843	112,5	1	55,0	1	132,5	2	300,0	295,29	12
2.	Caroline Rebello	01-01-2000	IND-B	65.70	1,0408	105,0	2	50,0	2	135,0	1	290,0	301,83	9
3.	Aparna Chauhan	01-01-1999	IND-B	66.65	1,0300	95,0	3	42,5	3	117,5	3	255,0	262,65	8
-84kg														
1.	Pshenichnova Anna	11-05-2001	KAZ-A	82.80	0,8983	110,0	1	60,0	1	142,5	1	312,5	280,72	12
2.	Navya Prasad	01-01-2001	IND-A	72.25	0,9738	102,5	2	55,0	2	127,5	2	285,0	277,53	9
84+kg														
1.	Bhavika D	01-01-2000	IND-A	89.90	0,8645	100,0	1	50,0	1	110,0	1	260,0	224,77	12
2.	Sharma Jiya	01-01-2003	IND-B	105.55	0,8207	52,5	2	40,0	2	65,0	2	157,5	129,26	9

Nation (points)

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Zhurbina Anastassiya	Kazakhstan-A	62.35	1,0824	367,5	397.78	1
2.	Ompod Veronica	Philippines	42.65	1,4370	265,0	380.81	1
3.	Thor Qian Qi	Singapore	51.70	1,2522	287,5	360.01	1

Juniors

-47kg														
1.	Rajani S	01-01-1996	IND-A	46.15	1,3626	95,0	1	55,0	1	127,5	1	277,5	378,12	12
-57kg														
1.	Sreekutty S P	01-01-1997	IND-A	56.45	1,1692	90,0	1	52,5	1	127,5	1	270,0	315,68	12
-63kg														
1.	Looi Abigail	01-01-1996	SNG	62.95	1,0746	145,0	1	75,0	1	170,5	1	390,5	419,63	12
2.	Lakshmi Ningthujam	01-01-1996	IND-A	62.10	1,0858	62,5	2	30,0	2	110,0	2	202,5	219,88	9
-72kg														
1.	Choo Alina	01-01-1996	SNG	68.05	1,0147	135,0	1	80,0	1	150,0	1	365,0	370,37	12
-84kg														
1.	Shuck Hana	01-01-1996	SNG	80.15	0,9141	170,0	1	85,5	1	170,0	1	425,5	388,95	12
2.	Fugen Danielle Maxine	01-01-1995	PHN	72.15	0,9747	100,0	2	57,5	2	135,0	2	292,5	285,10	9
3.	Vandana Vandana	01-01-1998	IND-A	81.60	0,9052	80,0	3	42,5	3	105,0	3	227,5	205,93	8
84+kg														
1.	Go Alexis Nicole	01-01-1996	PHN	84.30	0,8902	107,5	1	65,0	1	135,0	1	307,5	273,74	12

Nation (points)

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Looi Abigail	Singapore	62.95	1,0746	390,5	419.63	1
2.	Shuck Hana	Singapore	80.15	0,9141	425,5	388.95	1
3.	Rajani S	India-A	46.15	1,3626	277,5	378.12	1

Masters 1

-52kg														
1.	Yip Rebecca Kit-ying	01-01-1976	HKG	50.15	1,2817	70,0	1	52,5	1	100,0	1	222,5	285,18	12
2.	Parul Singhal	01-01-1974	IND-A	51.40	1,2578	65,0	2	35,0	2	100,0	2	200,0	251,56	9

Nation (points)

Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Yip Rebecca Kit-ying	Hong Kong	50.15	1,2817	222,5	285.18	1
2.	Parul Singhal	India-A	51.40	1,2578	200,0	251.56	2

Masters 2

-63kg														
1.	Ip Wing-Yuk	01-01-2061	HKG	61.45	1,0945	62,5	1	57,5	1	105,0	1	225,0	246,26	12

Nation (points)

Best Lifters of Masters 2

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Ip Wing-Yuk	Hong Kong	61.45	1,0945	225,0	246.26	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = Hong Kong
INA-A = Indonesia-A
IND-A = India-A
IND-B = India-B

IND-C = India-C
IRN-A = Iran-A
KAZ-A = Kazakhstan-A
MLS = Malaysia

PHN = Philippines
SNG = Singapore