

Asian POWERLIFTING FEDERATION
Asian Classic Powerlifting championships, Kerala (India), 04-09.12.2017

SCORESHEET

PL.	Name	B.Date	Nation	Weight	WF	Squat	BENCH.	Deadlift	TOTAL	W.Pts.	Pts.
Open											
-59kg											
1.	Setiono Muji	13-03-1993	INA-A	57.25	0,8911	175,0 1	117,5 1	220,0 1	512,5	456,69	12
2.	Gee Ci Long	28-07-1988	MLS	58.00	0,8802	142,5 4	110,0 2	215,0 2	467,5	411,49	9
3.	Mohammed Aarif	01-01-1991	IND-A	58.40	0,8745	160,0 2	102,5 3	185,0 3	447,5	391,34	8
4.	Pratik Namdev	01-01-1993	IND-A	58.00	0,8802	147,5 3	92,5 4	170,0 4	410,0	360,88	7
-66kg											
1.	Kuramshin Alexandr	22-10-1986	KAZ-A	65.90	0,7862	230,5 1	147,5 2	250,0 2	628,0	493,73	12
2.	Asadollahzadehrezaabadi Am	28-07-1990	IRN-A	65.90	0,7862	205,0 4	125,0 3	262,5 1	592,5	465,82	9
3.	Salmen Azat	06-02-1989	KAZ-B	65.70	0,7881	215,0 2	152,5 1	222,5 4	590,0	464,98	8
4.	Manjappa P	01-01-1988	IND-A	65.60	0,7891	205,0 3	110,0 5	227,5 3	542,5	428,09	7
5.	Pradeep Kumar Patra	01-01-1990	IND-B	65.50	0,7901	200,0 5	117,5 4	210,0 5	527,5	416,78	6
-74kg											
1.	Prokopenko Andrey	01-01-1988	KAZ-A	73.90	0,7200	252,5 1	175,0 1	297,5 1	725,0	522,00	12
2.	Bal Bir Tamta	01-01-1988	IND-A	74.00	0,7193	190,0 3	132,5 3	260,0 2	582,5	418,99	9
3.	Yeoh Han Pin	23-02-1989	MLS	72.20	0,7322	197,5 2	132,5 2	217,5 3	547,5	400,88	8
4.	Davinder Singh	01-01-1996	IND-B	73.50	0,7228	180,0 5	122,5 4	210,0 5	512,5	370,44	7
5.	Sai Ram	01-01-1993	IND-A	73.10	0,7256	180,0 4	102,5 5	210,0 4	492,5	357,36	6
-83kg											
1.	Kapyshev Aman	01-01-1987	KAZ-A	82.65	0,6692	260,0 1	172,5 2	255,0 5	687,5	460,07	12
2.	B Vishwanatha	01-01-1991	IND-A	82.50	0,6699	230,0 4	130,0 8	300,0 1	660,0	442,13	9
3.	Tulegenov Abdukarim	01-01-1986	KAZ-B	81.30	0,6759	247,5 2	132,5 7	275,0 2	655,0	442,71	8
4.	Pradeep Kumar	01-01-1988	IND-B	82.60	0,6694	235,0 3	155,0 4	265,0 4	655,0	438,46	7
5.	Almaazmi Abdalla	13-05-1992	UAE	82.00	0,6724	160,0 7	120,0 9	275,0 3	555,0	373,18	6
6.	Elias Syazwan	03-10-1987	MLS	81.00	0,6774	207,5 5	117,5 10	227,5 6	552,5	374,26	5
7.	Chandan Chaudhary	01-01-1986	IND-B	81.70	0,6739	190,0 6	140,0 6	217,5 7	547,5	368,96	4
8.	Al zaabi Faisal Ahmed Obaid	01-01-1978	UAE	82.45	0,6701	160,0 8	180,0 1	140,0 9	480,0	321,65	3
9.	Haider Ahmad	11-02-1979	UAE	80.80	0,6785	100,0 9	162,5 3	180,0 8	442,5	300,24	2
—	Shehnifeyz Mohsen	08-09-1979	IRN-A	83.00	0,6675	— —	147,5 5	— —	DSQ	—	—
-93kg											
1.	Korigov Aslan	01-01-1987	KAZ-A	92.55	0,6296	300,0 1	190,0 1	300,0 1	790,0	497,38	12
2.	Gaurav Ganesh Ghule	01-01-1994	IND-A	91.45	0,6333	237,5 4	170,0 3	280,0 2	687,5	435,39	9
3.	Muhammed Nazirul	01-01-1990	SNG	92.90	0,6285	255,0 2	180,0 2	250,0 4	685,0	430,52	8
4.	Alhallak Charbel	18-01-1984	LBN	91.05	0,6347	200,0 6	162,5 4	255,0 3	617,5	391,93	7
5.	Kodikara A. M. D.	21-05-1992	SRL-B	92.35	0,6303	245,0 3	132,5 5	240,0 5	617,5	389,21	6
6.	Prateek Mishra	01-01-1993	IND-B	92.20	0,6308	210,0 5	125,0 6	225,0 6	560,0	353,25	5
-105kg											
1.	Miroshnikov Alexandr	23-08-1987	KAZ-A	104.40	0,5988	272,5 3	207,5 1	310,0 2	790,0	473,05	12
2.	Yazdanikachouei Mostafa	21-01-1988	IRN-A	101.90	0,6041	277,5 1	155,0 4	332,5 1	765,0	462,14	9
3.	Starkov Vyacheslav	01-01-1987	KAZ-B	99.10	0,6108	262,5 4	192,5 2	287,5 3	742,5	453,52	8
4.	Alhumaidi Mohammed	08-08-1980	UAE	104.30	0,5990	262,5 5	182,5 3	260,0 6	705,0	422,30	7
5.	Paranagama Indika	01-01-1986	SRL-B	102.30	0,6032	275,0 2	150,0 5	270,0 5	695,0	419,22	6
6.	Sujay Janardhan	01-01-1976	IND-B	98.40	0,6126	242,5 7	102,5 7	285,0 4	630,0	385,94	5
7.	Ankit Chauhan	01-01-1992	IND-B	104.40	0,5988	247,5 6	145,0 6	225,0 7	617,5	369,76	4
-120kg											
1.	Jayathilake D. K. R.	15-12-1986	SRL-A	119.10	0,5759	285,0 1	135,0 3	315,5 1	735,5	423,57	12
2.	Dr. Hafiz A K	01-01-1974	IND-A	116.60	0,5790	272,5 2	160,0 1	265,0 2	697,5	403,85	9
3.	Mukesh Tripathi	01-01-1995	IND-B	111.30	0,5864	240,0 3	140,0 2	250,0 3	630,0	369,43	8
120+kg											
1.	Pirinae Jafar	24-03-1983	IRN-A	148.50	0,5541	290,0 2	202,5 1	282,5 1	775,0	429,43	12
2.	Yevdokimov Yevgeniy	01-01-1980	KAZ-A	129.15	0,5663	290,0 1	170,0 3	280,0 2	740,0	419,06	9
3.	Bhim Sonkar	01-01-1994	IND-B	139.10	0,5593	260,0 3	135,0 4	280,0 3	675,0	377,53	8
—	Sadeghpour Mehdi	21-09-1987	IRN-A	135.10	0,5619	— —	177,5 2	262,5 4	DSQ	—	—
—	Mafigholami Mehdi	14-06-1982	IRN-B	141.40	0,5580	— —	— —	— —	DSQ	—	—

Nation (points)

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Prokopenko Andrey	Kazakhstan-A	73.90	0,7200	725,0	522.00	1
2.	Korigov Aslan	Kazakhstan-A	92.55	0,6296	790,0	497.38	1
3.	Kuramshin Alexandr	Kazakhstan-A	65.90	0,7862	628,0	493.73	1

Sub-Juniors

-53kg											
1.	Rassulov Mansurzhan	06-11-2003	KAZ-A	52.60	0,9696	112,5 1	77,5 1	130,0 1	320,0	310,27	12

2.	Shakerkhan Dias	24-01-2003	KAZ-A	50.10	1,0210	95,0	2	60,0	2	120,0	2	275,0	280,77	9
—	Puneet Ray	01-01-2000	IND-A	53.00	0,9621	—	—	—	—	—	—	DSQ	—	—
-59kg														
1.	Arun Jacob	01-01-1999	IND-A	58.60	0,8717	160,0	1	87,5	1	172,5	2	420,0	366,11	12
2.	Mihir Soni	01-01-1999	IND-A	58.15	0,8780	145,0	2	80,0	2	182,5	1	407,5	357,79	9
3.	Mukhamedaliyev Zafarzhan	01-01-2001	KAZ-A	58.80	0,8689	85,0	3	60,0	3	135,0	3	280,0	243,29	8
-66kg														
1.	Yap Matthew	01-01-2000	SNG	66.00	0,7852	215,5	1	135,0	2	237,5	1	588,0	461,70	12
2.	Chebanov Dmitriy	26-04-1999	KAZ-A	64.30	0,8025	200,0	2	148,5	1	233,0	2	581,5	466,65	9
3.	Yefimenko Nikolay	11-07-2000	KAZ-A	65.40	0,7911	180,0	3	115,0	3	210,0	3	505,0	399,51	8
4.	Yuldashev Saydakhmat	01-01-2001	KAZ-A	65.30	0,7922	142,5	4	105,0	4	140,0	4	387,5	306,98	7
—	Almaazmi Ali	25-07-2001	UAE	65.80	0,7872	80,0	5	95,0	5	—	—	DSQ	—	—
-74kg														
1.	Ansari Mahzyar	10-04-1999	IRN-A	73.90	0,7200	195,0	1	112,5	1	202,5	3	510,0	367,20	12
2.	Yap Matthias	01-01-2000	SNG	72.60	0,7293	182,5	2	100,0	3	202,5	2	485,0	353,71	9
3.	Soram Sunil Singh	01-01-2002	IND-B	73.20	0,7249	170,0	3	90,0	4	212,5	1	472,5	342,51	8
4.	Hinashu Baliyn	01-01-2000	IND-A	74.00	0,7193	160,0	4	110,0	2	177,5	5	447,5	321,89	7
5.	Sarath Sarath	01-01-1999	IND-B	72.90	0,7271	142,5	5	75,0	5	195,0	4	412,5	299,93	6
-83kg														
1.	Koh Kai Wei	01-01-2000	SNG	82.85	0,6682	217,5	1	135,0	1	220,0	1	572,5	382,55	12
2.	Katayev Askar	13-05-1999	KAZ-A	75.90	0,7067	175,0	2	110,0	2	200,0	2	485,0	342,75	9
-93kg														
1.	Koo Wei Feng	01-01-2000	SNG	90.45	0,6368	215,5	1	120,5	1	228,0	1	564,0	359,15	12
2.	Lam Kam-yeung	01-01-1999	HKG	87.90	0,6463	180,0	2	105,0	2	220,0	2	505,0	326,38	9
3.	Amanov Aziz	01-01-2000	KAZ-A	91.35	0,6337	155,0	3	92,5	3	170,0	3	417,5	264,57	8
-105kg														
1.	Jahangiri bavarsa Erfan	30-03-1999	IRN-A	105.00	0,5976	170,0	1	132,5	1	210,0	1	512,5	306,27	12
-120kg														
1.	Murshid Hussain	01-01-1999	IND-A	108.45	0,5911	192,5	1	97,5	2	220,0	1	510,0	301,46	12
2.	Harpreet Singh Shindu	22-06-2005	IND-A	117.95	0,5773	160,0	2	80,0	3	190,0	2	430,0	248,24	9
3.	Omprakash Omprakash	01-01-1999	IND-B	107.40	0,5930	110,0	3	100,0	1	172,5	3	382,5	226,82	8
120+kg														
1.	Paritesh Pal	01-01-1999	IND-A	130.20	0,5654	210,0	1	140,0	1	205,0	1	555,0	313,80	12
2.	Libin Jacob	01-01-1999	IND-A	138.95	0,5594	140,0	3	70,0	3	180,0	2	390,0	218,17	9
3.	Jay Shankar Ojha	01-01-2000	IND-B	122.70	0,5721	150,0	2	82,5	2	155,0	3	387,5	221,69	8

Nation (points)

Best Lifters of Subjuniors							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Chebanov Dmitriy	Kazakhstan-A	64.30	0,8025	581,5	466.65	2
2.	Yap Matthew	Singapore	66.00	0,7852	588,0	461.70	1
3.	Yefimenko Nikolay	Kazakhstan-A	65.40	0,7911	505,0	399.51	3

Juniors														
-59kg														
1.	Yap Marcus	01-01-1998	SNG	58.85	0,8682	187,5	1	110,0	2	225,0	1	522,5	453,63	12
2.	Firizky Adriano	01-04-1996	INA-A	58.65	0,8710	185,0	2	117,5	1	200,0	2	502,5	437,68	9
3.	Mow Ka-ho	01-01-1994	HKG	58.20	0,8773	117,5	3	100,0	3	160,0	3	377,5	331,18	8
-66kg														
1.	Chan Joel	01-01-1996	SNG	64.80	0,7973	200,0	1	112,5	2	215,0	1	527,5	420,58	12
2.	Almarzooqi Mansour	01-01-1996	UAE	66.00	0,7852	120,0	2	125,0	1	120,0	2	365,0	286,60	9
-74kg														
1.	Chua Jonathan	01-01-1996	SNG	72.80	0,7278	225,0	1	130,0	2	265,0	1	620,0	451,24	12
2.	Man Ka-tsun	01-01-1995	HKG	73.70	0,7214	202,5	2	142,5	1	220,0	3	565,0	407,59	9
3.	Dheeraj Singh R	01-01-1995	IND-A	73.40	0,7235	200,0	3	120,0	3	240,0	2	560,0	405,16	8
-83kg														
1.	Tan Kang quan	01-01-1996	SNG	81.70	0,6739	222,5	2	160,0	1	250,0	1	632,5	426,24	12
2.	Saifutdinov Rustam	01-01-1998	KAZ-A	81.30	0,6759	242,5	1	142,5	3	220,0	4	605,0	408,92	9
3.	Hayashi Koichiro	01-01-1995	JPN	81.80	0,6734	200,0	3	147,5	2	237,5	2	585,0	393,94	8
4.	Golbadi Hesam	03-09-1995	IRN-A	82.20	0,6714	192,5	4	115,0	4	222,5	3	530,0	355,84	7
-93kg														
1.	Kadirov Ruzmatkhan	01-01-1998	KAZ-A	85.90	0,6545	150,0	1	100,0	1	165,0	1	415,0	271,62	12
-120kg														
1.	Said Shihabudeen	01-01-1995	IND-A	112.30	0,5849	252,5	1	100,0	1	300,0	1	652,5	381,65	12
2.	Pradeep kr yadav	02-07-1996	IND-A	110.60	0,5875	187,5	2	82,5	2	200,0	2	470,0	276,13	9
120+kg														
1.	Zagrevskiy Alexandr	08-02-1998	KAZ-A	121.10	0,5737	255,5	1	145,0	1	245,0	1	645,5	370,32	12
2.	Panin Roman	15-05-1997	KAZ-A	125.10	0,5698	220,0	2	120,0	2	220,0	2	560,0	319,09	9

Nation (points)

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Yap Marcus	Singapore	58.85	0,8682	522,5	453.64	1
2.	Chua Jonathan	Singapore	72.80	0,7278	620,0	451.24	1
3.	Firizky Adriano	Indonesia-A	58.65	0,8710	502,5	437.68	2

Masters 1

-59kg														
1.	Tomita Eikichi	11-01-1971	JPN	57.70	0,8845	130,0	1	85,0	1	175,0	1	390,0	344,95	12
2.	Eshwara N	01-01-1970	IND-A	58.60	0,8717	120,0	2	80,0	2	150,0	2	350,0	305,10	9
-66kg														
1.	Shivprasad K	01-01-1973	IND-A	65.40	0,7911	130,0	1	85,0	1	170,0	1	385,0	304,57	12
-83kg														
1.	Turakhanov Davranbek	01-01-1974	KAZ-B	82.30	0,6709	227,5	1	150,0	2	270,0	1	647,5	434,41	12
2.	Rizoev Khairiddin	06-10-1970	TGK	80.10	0,6822	195,0	2	150,0	1	220,0	2	565,0	385,44	9
-93kg														
1.	Bagherzadeh Gholamreza	29-12-1973	IRN-A	93.00	0,6282	240,0	1	160,0	1	220,0	2	620,0	389,48	12
2.	Prabir Ghosh	01-01-1974	IND-A	91.70	0,6325	200,0	2	117,5	2	245,0	1	562,5	355,78	9
-105kg														
1.	Athula Eranga Wijewickrama	28-09-1968	SRL-A	102.10	0,6037	265,0	1	137,5	2	235,0	1	637,5	384,86	12
2.	Vijay Kanchan	01-01-1968	IND-B	104.90	0,5978	215,0	3	175,0	1	222,5	2	612,5	366,15	9
3.	Fernando G. H. J.	06-08-1975	SRL-A	94.00	0,6250	232,5	2	120,0	3	210,0	3	562,5	351,56	8
-120kg														
1.	Dharmendra Sharma	01-01-1976	IND-A	118.60	0,5765	185,0	1	122,5	1	230,0	1	537,5	309,87	12
120+kg														
1.	Koeik Hassan	12-06-1972	LBN	130.30	0,5654	277,5	1	190,0	1	290,0	1	757,5	428,29	12
2.	AI AJMI HAMAD	07-11-1977	UAE	133.25	0,5632	275,0	2	190,0	2	235,0	3	700,0	394,24	9
3.	Muhammed Shaifulizzam	01-01-1976	SNG	131.10	0,5647	232,5	3	142,5	3	280,5	2	655,5	370,16	8

Nation (points)

Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Turakhanov Davranbek	Kazakhstan-B	82.30	0,6709	647,5	434.41	1
2.	Koeik Hassan	Lebanon	130.30	0,5654	757,5	428.29	1
3.	AI AJMI HAMAD	UAE	133.25	0,5632	700,0	394.24	2

Masters 2

-66kg														
1.	Sugimoto Motoaki	22-06-2066	JPN	65.20	0,7932	135,0	1	90,0	1	180,0	1	405,0	321,25	12
-74kg														
1.	Ashok G V	01-01-2060	IND-A	72.90	0,7271	140,0	1	90,0	2	185,0	1	415,0	301,75	12
2.	Sat Pal	01-01-2058	IND-A	73.80	0,7207	105,0	2	95,0	1	155,0	2	355,0	255,85	9
-83kg														
1.	Shkirman Vladimir	01-01-2064	KAZ-A	81.60	0,6744	210,0	1	110,0	2	250,0	1	570,0	384,41	12
2.	Raj Kumar	01-01-2064	IND-A	79.50	0,6854	160,0	2	117,5	1	180,0	2	457,5	313,57	9
3.	Raj Kumar Pandey	01-01-2065	IND-A	78.80	0,6893	117,5	3	87,5	3	145,0	3	350,0	241,25	8
-93kg														
1.	Lalit Diddee	01-01-2066	IND-B	83.50	0,6651	100,0	1	95,0	1	140,0	1	335,0	222,81	12
-105kg														
1.	Ghasemnezhad Alireza	21-03-2066	IRN-A	103.60	0,6004	140,0	1	135,0	1	175,0	1	450,0	270,18	12

Nation (points)

Best Lifters of Masters 2

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Shkirman Vladimir	Kazakhstan-A	81.60	0,6744	570,0	384.41	1
2.	Sugimoto Motoaki	Japan	65.20	0,7932	405,0	321.25	1
3.	Raj Kumar	India-A	79.50	0,6854	457,5	313.57	2

Masters 3

-59kg														
1.	Sreenivasan Sreenivasan	01-01-2050	IND-A	58.15	0,8780	90,0	1	87,5	1	115,0	1	292,5	256,81	12
-66kg														
1.	Pauly N I	01-01-2056	IND-A	65.10	0,7942	115,0	1	87,5	1	162,5	1	365,0	289,88	12

-74kg														
1.	Hwang Chien-Lih	01-01-2053	CHT	73.70	0,7214	115,0	1	138,0	1	120,0	1	373,0	269,08	12
-83kg														
1.	Jagdish Rathore	01-01-2050	IND-A	78.40	0,6916	132,5	1	75,0	1	142,5	1	350,0	242,06	12
-93kg														
1.	Chandrababu D	01-01-2057	IND-A	83.40	0,6656	130,0	1	90,0	1	135,0	1	355,0	236,29	12
-105kg														
1.	Manjunath Mallya	01-01-2056	IND-A	96.60	0,6174	157,5	1	100,0	1	175,0	1	432,5	267,03	12

Nation (points)

Best Lifters of Masters 3

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Pauly N I	India-A	65.10	0,7942	365,0	289.88	1
2.	Hwang Chien-Lih	Chinese Taipei	73.70	0,7214	373,0	269.08	1
3.	Manjunath Mallya	India-A	96.60	0,6174	432,5	267.03	1

Masters 4

-59kg														
1.	Mohan Datt Sharma	01-01-2045	IND-A	54.50	0,9352	70,0	1	47,5	2	107,5	1	225,0	210,42	12
2.	Pok Kim-won	01-01-2040	HKG	50.35	1,0155	60,0	2	55,0	1	102,5	2	217,5	220,87	9
-93kg														
1.	Noshir Dara Pandole	01-01-2047	IND-A	84.30	0,6615	90,0	1	80,0	1	160,0	1	330,0	218,29	12
2.	Varghese P J	01-01-2047	IND-A	83.55	0,6649	70,0	2	40,0	2	40,0	2	150,0	99,73	9

Nation (points)

Best Lifters of Masters 4

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1.	Pok Kim-won	Hong Kong	50.35	1,0155	217,5	220.87	2
2.	Noshir Dara Pandole	India-A	84.30	0,6615	330,0	218.30	1
3.	Mohan Datt Sharma	India-A	54.50	0,9352	225,0	210.42	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt. DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CHT = Chinese Taipei
HKG = Hong Kong
INA-A = Indonesia-A
IND-A = India-A
IND-B = India-B
IRN-A = Iran-A

IRN-B = Iran-B
JPN = Japan
KAZ-A = Kazakhstan-A
KAZ-B = Kazakhstan-B
LBN = Lebanon
MLS = Malaysia

SNG = Singapore
SRL-A = Sri Lanka-A
SRL-B = Sri Lanka-B
TGK = Tajikistan
UAE = UAE