

New Zealand Powerlifting Federation
Asia & Oceania Classic Womens Powerlifting Championships 2016, Christchurch (New Zealand), 06-07.12.2016
DETAILED SCORESHEET

PL.	Lifters	BY	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift			TOTAL	W.pts.	Pts.	
Open																					
-47kg																					
1	Tang Hoi Lam	1988	HKG	45.70	1.3720	1	55.0	60.0	65.0	1	42.5	45.0	47.5	1	90.0	95.0	100.0	1	212.5	291.55	12
-52kg																					
1	Craven Elizabeth	1975	AUS	51.70	1.2522	21	140.0	148.5-or	153.5-or	1	77.5	82.5	85.0	1	165.0	175.5-or	180.0-or	1	418.5-wr	524.05	12
2	Premji Suzan	1984	NZL-B	51.50	1.2560	16	102.5	110.0	112.5	3	57.5	62.5	65.0	2	125.0	132.5	135.0	2	307.5	386.22	9
3	Lee Layteng	1990	SGP	49.70	1.2905	15	115.0	117.5	122.5	2	52.5	57.5	57.5	4	115.0	120.0	125.0	3	297.5	383.92	8
4	Smith Megan	1981	NZL	51.35	1.2588	20	90.0	95.0	100.0	4	60.0	62.5	65.0	3	120.0	130.0	132.5	4	282.5	355.61	7
-57kg																					
1	Foulkes Amanda	1988	NZL-B	54.60	1.2002	13	105.0	110.0	115.0	2	60.0	62.5	65.0	2	140.0	145.0	150.0	1	327.5	393.07	12
2	Lu Lu	1992	NZL	57.00	1.1604	16	110.0	117.5	122.5	1	60.0	65.0	67.5	1	140.0	140.0	145.0	2	327.5	380.03	9
3	Loo Daphne	1983	SGP	57.00	1.1604	15	112.5	117.5	117.5	3	50.0	52.5	55.0	3	125.0	132.5	137.5	3	302.5	351.02	8
—	Van Miwah	1982	AUS	56.65	1.1660	12	95.0	105.0	105.0	4	62.5	62.5	62.5	—	120.0	130.0	155.0	4	DSQ	—	—
-63kg																					
1	Pickard Cass	1974	AUS	62.35	1.0824	16	140.0	147.5	152.5	3	70.0	72.5	75.0	3	185.0	192.5-or	200.0	1	415.0	449.20	12
2	Kearns Heidi	1981	AUS	60.60	1.1063	12	140.0	147.5	150.0	1	72.5	75.0	77.5	2	165.0	172.5	175.0	2	400.0	442.52	9
3	Dillen Carolina	1983	NZL	62.75	1.0772	18	137.5	145.0	145.0	6	77.5	80.0	82.5	1	147.5	160.0	170.0	4	390.0	420.11	8
4	Lethbridge Lisa	1992	NZL	62.35	1.0824	14	142.5	147.5	152.5	2	67.5	72.5	72.5	5	155.0	165.0	170.0	5	385.0	416.72	7
5	Wyatt Bree-Danielle	1981	AUS	61.10	1.0994	17	135.0	135.0	140.0	4	70.0	72.5	75.0	4	160.0	167.5	170.0	3	382.5	420.52	6
6	Lin Katie	1989	NZL-B	61.70	1.0911	13	132.5	140.0	145.0	5	70.0	72.5	72.5	6	145.0	155.0	157.5	6	367.5	400.98	5
7	Chan Mei Mei	1968	HKG	61.30	1.0966	10	70.0	77.5	85.0	7	50.0	55.0	62.5	7	90.0	100.0	110.0	7	250.0	274.15	4
-72kg																					
1	Kholyavko Olga	1989	KAZ	69.15	1.0033	26	150.0	157.5	162.5	1	82.5	87.5	92.5	2	145.0	152.5	155.0	5	405.0	406.34	12
2	Lester Ashley	1991	NZL	70.35	0.9914	12	135.0	142.5	150.0	2	102.5	115.5	115.5	1	147.5	160.0	162.5	4	405.0	401.52	9
3	Stowers Nicole	1991	NZL-B	69.50	0.9998	15	137.5	145.0	145.0	6	75.0	75.0	77.5	4	162.5	170.0	175.0	1	390.0	389.92	8
4	Hellyer Shontelle	1985	AUS	70.70	0.9881	27	125.0	135.0	140.0	5	77.5	82.5	85.0	3	157.5	167.5	175.0	3	390.0	385.36	7
5	Thompson Anna	1981	NZL-B	69.35	1.0013	16	125.0	135.0	140.0	4	65.0	70.0	72.5	6	162.5	170.0	180.0	2	380.0	380.49	6
6	Tan Sze Yin	1980	SGP	68.55	1.0095	14	120.0	130.0	140.0	3	60.0	72.5	77.5	5	135.0	147.5	155.0	7	360.0	363.42	5
7	Lecomte Elodie	1991	NCL	70.95	0.9857	24	115.0	125.0	130.0	7	60.0	65.0	67.5	7	140.0	150.0	160.0	6	335.0	330.21	4
-84kg																					
1	Doughty Einasleigh	1991	AUS-B	82.25	0.9014	16	155.0	160.0	165.0	1	77.5	82.5	85.0	2	165.0	172.5	180.0	2	427.5	385.35	12
2	Saywell Jessica	1990	AUS	75.05	0.9502	17	130.0	142.5	150.0	2	80.0	85.0	90.0	1	160.0	182.5	195.0	1	415.0	394.33	9
3	Togiaso Pandora	1978	NZL	82.55	0.8997	15	130.0	145.0	145.0	4	70.0	77.5	82.5	3	170.0	180.0	185.0	3	392.5	353.13	8
4	Welsh Michelle	1978	NZL-B	82.90	0.8977	18	135.0	142.5	142.5	3	65.0	67.5	70.0	4	160.0	165.0	167.5	4	370.0	332.15	7
84+kg																					
1	Sitagata Matile	1992	WSM	112.50	0.8093	22	200.0	210.0	X	1	60.0	70.0	80.0	3	210.0	225.0	225.0	1	480.0	388.46	12
2	Ropata Riria	1989	NZL	120.75	0.7988	25	160.0	170.0	177.5	2	80.0	87.5	90.0	2	185.0	200.0	215.0	2	467.5	373.44	9
3	Barrett Katrina	1979	NZL-B	121.10	0.7984	24	155.0	162.5	167.5	3	85.0	90.0	95.0	1	155.0	162.5	167.5	3	430.0	343.31	8
4	Ahosivi Malia	1980	NIU	141.65	0.7760	23	200.0	200.0	120.0	4	55.0	65.0	70.0	4	130.0	140.0	150.0	4	325.0	252.20	7
Nation (points)																					
1	Australia	49	[12+12+9+9+7]	2195.45 w.pts.																	
2	New Zealand B	44	[12+9+8+8+7]	1844.67 w.pts.																	
3	New Zealand	43	[9+9+9+8+8]	1928.23 w.pts.																	
4	Singapore	21	[8+8+5]	1098.36 w.pts.																	
5	Hong Kong	16	[12+4]	565.70 w.pts.																	
6	Kazakhstan	12	[12]	406.34 w.pts.																	
7	Samoa	12	[12]	388.46 w.pts.																	

8 Australia B	12	[12]	385.35 w.pts.
9 Niue	7	[7]	252.20 w.pts.
10 New Caledonia	4	[4]	330.21 w.pts.

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Craven Elizabeth	Australia	51.70	1.2522	418.5	524.05	1
2	Pickard Cass	Australia	62.35	1.0824	415.0	449.20	1
3	Kearns Heidi	Australia	60.60	1.1063	400.0	442.52	2

Sub-Juniors

-47kg																					
1	Dieni Alexandra	1998	AUS	45.55	1.3752	6	75.0-or	80.0-or	87.5-or	1	57.5-or	62.5-or	65.0	1	97.5	105.0	110.0-or	1	260.0	357.55	12
-52kg																					
1	Tsiode Febrose	1999	NRU	51.75	1.2513	12	115.0	120.0-or	125.5-wr	1	90.0-wr	100.0-wr	105.5	1	130.0	130.0	130.0	1	355.5-wr	444.84	12
-57kg																					
1	Dediya Fatima	2001	NRU	56.40	0.9041	2	100.0	110.0	110.0	1	40.0	47.5	X	1	90.0	105.0	107.5	1	247.5	223.76	12
-63kg																					
1	Batsiua Atniza	1998	NRU-B	62.00	1.0871	8	117.5	117.5	122.5	1	47.5	52.5	55.0	2	115.0	120.0	125.0	1	290.0	315.26	12
2	Agigo Barbara	2000	NRU	62.95	1.0746	9	100.0	120.0	120.0	2	47.5	55.0	57.5	1	100.0	110.0	110.0	2	255.0	274.02	9
-72kg																					
1	Pamment Hannah	1999	AUS	71.95	0.9765	9	102.5	107.5	107.5	3	62.5	67.5	70.0	2	120.0	130.0	140.0	1	307.5	300.27	12
2	Taekateata Mwamware	1998	KIR	71.35	0.9820	11	100.0	110.0	120.0	1	65.0	73.0	73.0-or	1	100.0	112.5	125.0	3	295.5	290.18	9
3	Bop Tanimoun	1999	NRU-B	71.45	0.9811	1	100.0	110.0	120.0	2	45.0	52.5	55.0	4	90.0	105.0	115.0	2	280.0	274.71	8
4	Limen Dolly	1999	NRU	63.80	1.0638	2	90.0	100.0	102.5	4	50.0	57.5	62.5	3	105.0	115.0	122.5	4	265.0	281.91	7
5	Ve a Kilisitina	2001	NIU	69.60	0.9988	10	80.0	90.0	95.0	5	35.0	40.0	45.0	5	90.0	100.0	110.0	5	235.0	234.72	6
-84kg																					
1	Parker Bethany	1999	AUS	82.90	0.8977	9	165.0	172.5-wr	177.5-wr	1	102.5	107.5	108.5-or	2	170.0	185.0	195.5-wr	1	481.5-wr	432.24	12
2	Canon Win-Ed	2001	NRU	82.20	0.9017	1	140.0	152.5	152.5	2	55.0	65.0	75.0	3	140.0	150.0	160.0	2	365.0	329.12	9
3	Itsimeara Tori	1999	NRU-B	81.10	0.9082	2	120.0	130.0	142.5	3	40.0	45.0	50.0	4	110.0	120.0	130.0	3	310.0	281.54	7
G	Torronen Susanna	1998	FIN	78.40	0.9256	3	75.0	95.0	110.0	4	110.0-wr	112.5-wr	115.0-wr	1	75.0	100.0	125.0	4	335.0	310.08	-

Nation (points)

1 Nauru	49	[12+12+9+9+7]	1553.65 w.pts.
2 Australia	36	[12+12+12]	1090.07 w.pts.
3 Nauru B	27	[12+8+7]	871.51 w.pts.
4 Kiribati	9	[9]	290.18 w.pts.
5 Niue	6	[6]	234.72 w.pts.

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Tsiode Febrose	Nauru	51.75	1.2513	355.5	444.84	1
2	Parker Bethany	Australia	82.90	0.8977	481.5	432.24	1
3	Dieni Alexandra	Australia	45.55	1.3752	260.0	357.55	1

Juniors

-52kg																					
1	McRae Emma	1993	AUS	51.80	1.2504	13	115.0	122.5	127.5	1	67.5	72.5	75.0	1	145.0	160.0	170.5	1	347.5-wr	434.51	12
2	Campilan Aiber	1994	NZL	51.95	1.2476	19	112.5	117.5	125.0	2	57.5	62.5	X	3	120.0	130.0	135.0	3	317.5	396.11	9
3	Tan Hannah	1993	AUS	51.10	1.2635	18	102.5	107.5	107.5	3	52.5	55.0	57.5	4	125.0	132.5	137.5	2	300.0	379.05	8
4	Swift Jacqui	1993	NZL-B	51.65	1.2531	14	82.5	87.5	92.5	4	67.5	72.5	75.0	2	102.5	110.0	115.0	4	275.0-wr	344.60	7
-57kg																					

1	Balhald Nathalie	1993	AUS	56.90	1.1620	4	132.5	140.5-or	145.0-or	1	65.0	67.5	70.0	2	162.5	171.0-wr	175.0-wr	1	390.0 -wr	453.18	12
2	Harris Orla	1997	NZL	56.80	1.1636	7	112.5	117.5	120.0	2	70.0	75.0	78.0-or	1	115.0	120.0	130.0	4	328.0	381.66	9
3	Leighton Megan	1996	ZAF	56.85	1.1628	3	105.0	112.5	120.0	3	62.5	67.5	70.0	3	130.0	140.0	150.0	2	320.0	372.10	8
4	Tan Alleen	1996	SGP	55.10	1.1916	6	80.0	87.5	90.0	4	52.5	57.5	60.0	4	115.0	122.5	127.5	5	275.0	327.69	7
5	Norman Shirin	1993	AUS-B	55.35	1.1874	5	80.0	85.0	87.5	5	37.5	40.0	42.5	5	117.5	127.5	132.5	3	262.5	311.69	6

-63kg																					
1	Zarew Schae	1994	AUS	62.10	1.0858	20	147.5	155.5-or	160.5-wr	1	80.0	85.5-or	87.5	1	172.5-or	180.5-wr	190.0-wr	1	436.0 -wr	473.41	12
2	Limbrick Amie	1995	NZL-B	61.75	1.0905	22	122.5	130.0	132.5	3	72.5	75.0	77.5	3	142.5	152.5	160.0	3	360.0	392.58	9
3	Corrigan Ciara	1993	NZL-B	61.50	1.0939	15	117.5	125.0	130.0	2	77.5	82.5	X	2	135.0	145.0	150.0	4	357.5	391.07	8
4	Garcia Carissa	1996	NZL	61.75	1.0905	11	115.0	122.5	130.0	4	65.0	70.0	72.5	4	152.5	162.5	170.0	2	355.0	387.13	7

-72kg																					
1	Auva'a Barbra	1993	NZL	71.35	0.9820	17	158.0-or	165.0	165.0	1	80.0	86.0-or	88.0-or	1	160.0	173.0	181.0	4	419.0	411.46	12
2	Miller Courtney	1993	AUS	71.05	0.9848	19	132.5	140.0	145.0	2	65.0	70.0	72.5	4	160.0	173.5	180.5-or	1	395.5	389.49	9
3	Perissinotto Kristin	1993	AUS	71.70	0.9788	22	110.0	117.5	122.5	5	77.5	82.5	87.5-or	2	147.5	162.5	174.0-or	3	384.0	375.86	8
4	Laukau Nesi	1994	NZL	70.95	0.9857	21	135.0	142.5	142.5	3	75.0	80.0	82.5	3	150.0	160.0	165.0	5	372.5	367.17	7
5	Samouny Alisa	1996	NZL-B	66.85	1.0278	13	117.5	125.0	130.0	4	60.0	62.5	65.0	5	155.0	167.5	175.0-or	2	365.0	375.15	6
6	Schepis Mia	1995	AUS-B	69.15	1.0033	25	107.5	115.0	122.5	6	57.5	62.5	67.5	6	130.0	140.0	145.0	6	317.5	318.55	5
7	Isbister Jade	1995	NZL-B	69.20	1.0028	20	90.0	95.0	100.0	8	55.0	60.0	62.5	7	130.0	135.0	140.0	7	297.5	298.33	4
8	Tanner Sarah	1995	AUS-B	71.45	0.9811	18	100.0	105.0	110.0	7	52.5	60.0	62.5	8	125.0	132.5	132.5	8	290.0	284.52	3

-84kg																					
1	Zhao Yan-Fei	1995	AUS	83.60	0.8939	13	187.5	198.0-wr	206.5	1	97.5	102.5	105.0	1	180.0	190.0	198.0-or	1	501.0	447.84	12
2	Musgrave Xanthe	1994	NZL	73.20	0.9655	20	125.0	130.0	135.0	5	75.0	80.0	82.5	2	175.0	185.0	187.5	2	400.0	386.20	9
3	Cocker Siuea	1993	NZL	78.45	0.9252	19	145.0	152.5	157.5	2	65.0	72.5	77.5	3	165.0	175.0	180.0	3	400.0	370.08	8
4	Derog Ewawiy	1995	NRU	78.20	0.9269	14	122.5	132.5	142.5	3	52.5	65.0	70.0	4	122.5	137.5	140.0	4	345.0	319.78	7
5	Veal Malia	1997	NIU	83.15	0.8963	12	125.0	130.0	142.5	4	55.0	65.0	67.5	5	120.0	130.0	140.0	5	337.5	302.50	6

84+kg																					
1	Kepae Yurika	1995	NRU	124.75	0.5701	30	185.0	190.0	200.0	1	70.0	85.0	87.5	2	145.0	155.0	162.5	1	450.0	256.55	12
2	Augustine Tiarne	1994	AUS	124.65	0.7943	29	145.0	155.0	160.0	2	107.5	113.0-or	115.0-or	1	135.0	145.0	150.0	2	420.0	333.61	9

Nation (points)

1	Australia	57	[12+12+12+12+9]	2198.44	w.pts.
2	New Zealand	47	[12+9+9+9+8]	1945.51	w.pts.
3	New Zealand B	34	[9+8+7+6+4]	1801.73	w.pts.
4	Nauru	19	[12+7]	576.33	w.pts.
5	Australia B	14	[6+5+3]	914.76	w.pts.
6	South Africa	8	[8]	372.10	w.pts.
7	Singapore	7	[7]	327.69	w.pts.
8	Niue	6	[6]	302.50	w.pts.

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Zarew Schae	Australia	62.10	1.0858	436.0	473.41	1
2	Balhald Nathalie	Australia	56.90	1.1620	390.0	453.18	1
3	Zhao Yan-Fei	Australia	83.60	0.8939	501.0	447.84	1

Masters 1

-52kg																					
1	King Kara	1970	AUS	49.80	1.2885	9	95.0	105.0	110.0	1	57.5	62.5	65.0	1	130.0	140.0	147.5	1	320.0	412.32	12
-57kg																					
1	Donevska Lin	1969	AUS	56.65	1.1660	14	87.5	87.5	92.5	1	67.5	72.5	75.0	1	110.0	117.5	127.5	1	282.5	329.39	12
-63kg																					
1	Deeks Zoe	1975	AUS	62.55	1.0798	3	122.5	127.5	130.0	1	82.5	85.0-or	86.0	1	145.0	150.0	155.0	1	370.0	399.53	12

2	Tarlton Jo	1972	NZL	62.65	1.0785	7	95.0	105.0	110.0	2	55.0	57.5	60.0	2	125.0	135.0	140.0	2	310.0	334.33	9
-72kg																					
1	Katene Tui	1973	NZL	68.45	1.0105	6	110.0	125.0	125.0	1	85.0	90.0	95.0	1	140.0	150.0	162.5	1	350.0	353.68	12
-84kg																					
1	Hanara Jessica	1975	NZL	79.05	0.9212	6	135.0	142.5	150.0	2	87.5	92.5	95.0	1	170.0	180.0	185.0	1	427.5	393.81	12
2	MacKenzie Alice	1975	NZL	82.50	0.9000	5	150.0	155.0	157.5	1	65.0	70.0	72.5	2	160.0	165.0	170.0	2	392.5	353.25	9
3	Karl Maxine	1974	NZL-B	82.00	0.9028	4	107.5	112.5	117.5	3	45.0	47.5	50.0	3	117.5	120.0	122.5	3	285.0	257.30	8
84+kg																					
1	Walford Lisa	1970	NZL	92.65	0.8542	26	125.0	135.0	142.5	1	70.0	75.0	77.5	2	130.0	145.0	150.0	1	360.0	307.51	12
2	Duggan Rachel	1972	NZL	90.55	0.8619	28	120.0	130.0	140.0	2	65.0	70.0	75.0	1	130.0	140.0	150.0	2	345.0	297.36	9

Nation (points)

1	New Zealand	54	[12+12+12+9+9]	1742.58 w.pts.
2	Australia	36	[12+12+12]	1141.24 w.pts.
3	New Zealand B	8	[8]	257.30 w.pts.

Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	King Kara	Australia	49.80	1.2885	320.0	412.32	1
2	Deeks Zoe	Australia	62.55	1.0798	370.0	399.53	1
3	Hanara Jessica	New Zealand	79.05	0.9212	427.5	393.81	1

Masters 2

-47kg																					
1	Macken Mary	1961	AUS	46.55	1.3542	11	102.5	105.5-or	107.5	1	47.5	50.0	52.5	1	120.0	125.5-or	130.0-or	1	287.5	389.33	12
-52kg																					
1	Gascoine Ali	1963	NZL	49.90	1.2866	5	90.0	95.0	95.0	1	52.5	55.0	57.5	1	145.0	152.5-or	155.5-or	1	303.0	389.84	12
2	Harada Megumi	1960	JPN	49.60	1.2925	4	67.5	72.5	77.5	2	50.0	52.5	52.5	2	80.0	85.0	90.0	2	217.5	281.12	9
-57kg																					
1	Angel Clair	1963	AUS	56.70	1.1652	8	97.5	102.5	105.0	1	50.0	52.5	55.0	2	130.0	140.0	142.5	1	302.5	352.47	12
2	Cirauo Cristina	1961	AUS-B	56.35	1.1709	10	85.0	90.0	95.0	2	50.0	55.0	57.5	1	110.0	117.5	122.5	2	275.0	322.00	9
3	Doyama Akemi	1965	JPN	56.05	1.1758	11	65.0	80.0	80.0	3	45.0	47.5	50.0	3	100.0	117.5	120.0	3	232.5	273.37	8
-63kg																					
1	O'Brien Vicki	1962	AUS	62.10	1.0858	5	105.0	112.5	117.5	1	70.0-or	75.0	75.0	1	167.5-wr	175.5-wr	180.0	1	363.0	394.14	12
2	Ip Wing Yuk	1961	HKG	62.45	1.0811	4	77.5	82.5	87.5	2	55.0	57.5	60.0	2	100.0	105.0	107.5	2	255.0	275.68	9
3	Lindsay Margaret	1961	NZL	58.95	1.1303	6	77.5	80.0	85.0	3	50.0	52.5	55.0	3	97.5	102.5	105.0	3	245.0	276.92	8
-72kg																					
1	Till Denise	1965	AUS	71.10	0.9843	8	105.0	115.0-or	123.0	1	60.0	67.5	70.0	2	132.5	140.0	140.0	2	322.5-or	317.44	12
2	Soffe Marie	1960	NZL	70.90	0.9862	5	95.0	100.0	102.5	3	62.5	65.0	67.5	1	145.0	152.5	155.0	1	312.5	308.19	9
3	Maguire Susan	1962	AUS-B	71.80	0.9779	7	105.0	105.0	110.0	2	62.5	65.0	67.5	3	125.0	130.0	135.0	3	310.0	303.15	8
—	Dermer Rosette	1961	NZL	64.25	1.0582	4	100.0	105.0	110.0	—	50.0	55.0	60.0	4	107.5	112.5	117.5	4	DSQ	—	—
-84kg																					
1	Whitehead Lynda	1965	AUS	79.45	0.9186	7	122.5	130.0	135.0-or	1	70.0	75.0	77.5	1	145.0	161.0-or	173.5	1	373.5	343.10	12
2	Henderson Julie	1966	AUS	81.10	0.9082	8	125.0	133.0-or	135.5	2	70.0	77.5	80.5	2	132.5	142.5	147.5	2	358.0	325.14	9
84+kg																					
1	Fitzmaurice Alison	1966	NZL	132.30	0.7858	21	145.0	147.5	160.0	1	90.0	95.0	97.5	1	145.0	150.0	157.5	2	395.0	310.39	12
2	Horlyck Stephanie	1966	AUS	96.95	0.8406	27	122.5	130.0	137.5	2	72.5	77.5	82.5	2	140.0	150.0	157.5	1	372.5	313.12	9

Nation (points)

1	Australia	60	[12+12+12+12+12]	1796.49 w.pts.
2	New Zealand	41	[12+12+9+8]	1285.34 w.pts.
3	Australia B	17	[9+8]	625.15 w.pts.

4 Japan	17 [9+8]	554.49 w.pts.
5 Hong Kong	9 [9]	275.68 w.pts.

Best Lifters of Masters 2

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	O'Brien Vicki	Australia	62.10	1.0858	363.0	394.15	1
2	Gascoine Ali	New Zealand	49.90	1.2866	303.0	389.84	1
3	Macken Mary	Australia	46.55	1.3542	287.5	389.33	1

Masters 3

-47kg																					
1	Muldrock Trish	1954	NZL	46.30	1.3594	2	65.0	70.0	75.0	1	55.0	60.0	X	1	115.0	123.5-wr	127.5-wr	1	252.5	343.25	12
-63kg																					
1	Silver Valerie	1949	AUS	61.45	1.0945	2	55.0	60.0	65.0	1	37.5	42.5	45.0	1	90.0	97.5	105.0	1	212.5	232.58	12
-72kg																					
1	Procter Lesley	1956	NZL	71.40	0.9815	3	75.0	80.0	86.0-or	1	55.0-or	57.5	57.5-or	1	120.0	125.0-or	132.5-or	1	276.0 -or	270.89	12

Nation (points)

1 New Zealand	24 [12+12]	614.14 w.pts.
2 Australia	12 [12]	232.58 w.pts.

Best Lifters of Masters 3

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Muldrock Trish	New Zealand	46.30	1.3594	252.5	343.25	1
2	Procter Lesley	New Zealand	71.40	0.9815	276.0	270.89	1
3	Silver Valerie	Australia	61.45	1.0945	212.5	232.58	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 AUS = Australia KIR = Kiribati NZL-B = New Zealand B
 AUS-B = Australia B NCL = New Caledonia SGP = Singapore
 FIN = Finland NIU = Niue WSM = Samoa
 HKG = Hong Kong NRU = Nauru ZAF = South Africa
 JPN = Japan NRU-B = Nauru B
 KAZ = Kazakhstan NZL = New Zealand