

Asian POWERLIFTING FEDERATION
Asian Powerlifting Championships, Hong Kong (Hong Kong), 20-25.07.2015
DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat		All Bench Press			All Deadlift			TOTAL	W.pts.	Pts.				
Open																					
-47kg																					
1.	Mangcao Letecia	01-01-1982	PHN	45.69	1,3722	11	125,0	125,0	140,0	1	50,0	62,5	70,0	2	135,0	145,0	155,0	2	347,5	476,84	12
2.	ANKITA MAYEKAR	06-12-1989	India	46.27	1,3601	12	120,0	130,0	135,0	2	55,0	60,0	62,5	3	117,5	117,5	127,5	3	322,5	438,63	9
3.	Tang Hoi Lam	09-06-1988	HK	46.30	1,3594	10	65,0	72,5	75,0	4	42,5	45,0	47,5	5	85,0	92,5	95,0	4	212,5	288,87	8
4.	SURMEET KOUR SONI	02-11-1983	India	45.53	1,3756	13	45,0	55,0	55,0	5	25,0	30,0	35,0	6	60,0	70,0	80,0	5	170,0	233,85	7
—	Evangelista Leslie	01-01-1981	PHN	46.79	1,3492	14	137,5	137,5	137,5	—	72,5	72,5	72,5	1	142,5	152,5	160,0	1	DSQ	—	—
—	Kolesnikova Anastassiya	05-05-1985	KAZ	46.91	1,3468	9	115,0	120,0	122,5	3	55,0	60,0	62,5	4	125,0	125,0	125,0	—	DSQ	—	—
-52kg																					
1.	CHOU YI-JU	25-06-1980	TPE	50.90	1,2673	25	145,0	147,5	165,0	1	67,5	75,0	80,0	1	170,0	185,0	185,0	1	412,5	522,76	12
2.	Cheung Chun Yin	10-02-1987	HK	51.05	1,2645	24	85,0	85,0	102,5	2	40,0	42,5	60,0	2	90,0	100,0	110,0	2	245,0	309,80	9
-57kg																					
1.	Selivanova Irina	19-03-1973	KAZ	55.72	1,1812	35	150,0	160,0	165,0	1	80,0	87,5	90,0	3	150,0	165,0	172,5	3	420,0	496,10	12
2.	Koykka Anita	01-01-2060	PHN	54.26	1,2061	38	150,0	162,5	162,5	2	80,0	90,0	100,0	2	150,0	165,0	172,5	2	417,5	503,55	9
3.	NIDHI SINGH PATEL	07-07-1990	India	56.26	1,1723	36	120,0	125,0	130,0	4	67,5	75,0	80,0	4	120,0	132,5	137,5	4	337,5	395,65	8
4.	Davaa Tumuruu	28-05-1980	MNG	56.01	1,1764	37	130,0	130,0	130,0	3	75,0	85,0	85,0	5	130,0	X	X	5	335,0	394,09	7
—	Hartati Sri	08-10-1984	IND	56.22	1,1730	39	200,0	210,0	210,0	—	100,0	120,0	135,0	1	170,0	180,0	185,0	1	DSQ	—	—
-63kg																					
1.	Sari Noviana	07-11-1984	IND	60.79	1,1037	49	200,0	210,0	225,0	1	115,0	122,5	127,5	2	200,0	210,0	215,0	1	567,5	626,35	12
2.	WU HUI-CHUN	17-12-1986	TPE	59.19	1,1267	47	175,0	185,0	185,0	3	120,0	125,0	127,5	1	160,0	170,0	175,0	2	472,5	532,37	9
3.	Sulastri Yuli	15-06-1992	IND	60.75	1,1042	50	160,0	180,0	200,0	2	80,0	95,0	105,0	3	140,0	162,5	172,5	3	457,5	505,17	8
4.	So Wai Ching	27-07-1982	HK	62.12	1,0855	51	102,5	110,0	120,0	4	62,5	67,5	70,0	4	105,0	115,0	120,0	4	300,0	325,65	7
5.	MEGHA JAIN	22-12-1981	India	60.99	1,1009	48	25,0	35,0	45,0	5	25,0	30,0	30,0	5	50,0	50,0	70,0	5	115,0	126,60	6
-72kg																					
1.	Kryukova Ekaterina	21-09-1985	KAZ	71.44	0,9811	2	190,0	190,0	211,0	1	120,0	130,0	135,0	1	180,0	190,0	200,5	2	536,0	525,87	12
2.	Bordeos Ma. Betina	01-01-1990	PHN	63.03	1,0736	4	155,0	165,0	170,0	3	102,5	107,5	112,5	2	167,5	177,5	190,0	1	462,5	496,54	9
3.	BHAKTI AMBRE	19-03-1982	India	71.13	0,9840	11	170,0	170,0	170,0	2	95,0	100,0	102,5	3	150,0	160,0	165,0	3	437,5	430,50	8
4.	DHARINI MODI	25-11-1987	India	70.53	0,9897	10	130,0	145,0	150,0	4	50,0	60,0	65,0	5	115,0	130,0	132,5	4	322,5	319,18	7
5.	HYUN SOO JI	19-10-1988	KOR	66.71	1,0293	6	110,0	120,0	125,0	5	50,0	55,0	60,0	4	120,0	130,0	150,0	5	315,0	324,23	6
-84kg																					
1.	HUNG MIN-CHU	31-07-1983	TPE	83.69	0,8934	24	170,0	180,0	X	1	150,0	170,0	X	1	125,0	135,0	137,5	1	465,0	415,43	12
2.	RAJ KUMARI YADAV	02-07-1980	India	76.43	0,9396	26	125,0	132,5	140,0	2	70,0	72,5	75,0	2	120,0	127,5	132,5	2	342,5	321,81	9
84+kg																					
1.	CHANG YA-WEN	30-05-1984	TPE	89.98	0,8641	27	90,0	X	X	1	142,5	150,0	X	1	200,0	210,0	X	1	450,0	388,85	12

Nation (points)

1.	India	54	[9+9+8+8+7+7+6]	2266,23 w.pts.
2.	Chinese Taipei	45	[12+12+12+9]	1859,40 w.pts.
3.	Philippines	30	[12+9+9]	1476,93 w.pts.
4.	Kazakhstan	24	[12+12]	1021,97 w.pts.
5.	Hong Kong	24	[9+8+7]	924,33 w.pts.
6.	Indonesia	20	[12+8]	1131,52 w.pts.
7.	Mongolia	7	[7]	394,09 w.pts.
8.	Korea	6	[6]	324,23 w.pts.

Best Lifters of Open

PL.	Lifter	Nation	B.Weight	WF	Total	W.Points
1.	Sari Noviana	Indonesia	60.79	1,1037	567,5	626,35
2.	WU HUI-CHUN	Chinese Taipei	59.19	1,1267	472,5	532,37

3. Kryukova Ekaterina Kazakhstan 71.44 0,9811 536,0 525.87

Sub-Juniors

-43kg																					
1.	Masangkay Joan	01-01-1998	PHN	42.42	1,4419	1	90,0	100,0	105,0	1	45,0	50,0	52,5	2	100,0	105,0	115,0	1	255,0	367,69	12
2.	Ompod Veronica	01-01-2000	PHN	40.25	1,4883	2	80,0	90,0	105,0	2	45,0	47,5	50,0	1	90,0	97,5	100,0	2	237,5	353,47	9
-47kg																					
1.	AKSHAYA S	15-04-1999	India	47.00	1,3449	6	95,0	102,5	112,5	1	37,5	42,5	45,0	2	100,0	112,5	118,0	1	265,5	357,07	12
2.	Liwanag Marielle	01-01-2001	PHN	45.94	1,3670	8	80,0	90,0	110,0	2	45,0	50,0	52,5	1	90,0	97,5	105,0	2	245,0	334,92	9
3.	Takano Tomomi	08-08-1997	JPN	44.19	1,4040	7	50,0	55,0	62,5	3	40,0	45,0	45,0	3	85,0	90,0	97,5	3	192,5	270,27	8
-52kg																					
1.	Abrea Rowella	01-01-1999	PHN	51.05	1,2645	22	100,0	115,0	125,0	1	52,5	57,5	62,5	2	107,5	110,0	120,0	2	302,5	382,51	12
2.	Bautista Jeremy Reign	01-01-1999	PHN	50.13	1,2821	23	110,0	130,0	130,0	2	60,0	65,0	67,5	1	110,0	120,0	130,0	1	295,0	378,22	9
3.	ENEZIA A. CARLO	07-02-2000	India	50.63	1,2725	21	70,0	80,0	80,0	3	47,5	57,5	57,5	3	85,0	100,0	107,5	3	235,0	299,04	8
-57kg																					
1.	HSIEH CHIA-CHEN	02-08-1997	TPE	56.08	1,1753	33	110,0	120,0	125,0	1	55,0	60,0	62,5	3	120,0	127,5	132,5	1	315,0	370,22	12
2.	Bulgan Burmaa	08-01-1997	MNG	56.19	1,1735	32	100,0	102,5	115,0	2	60,0	67,5	72,5	1	100,0	120,0	130,0	2	307,5	360,85	9
3.	SREEKUTTY S. P.	15-07-1997	India	55.04	1,1927	34	100,0	100,0	120,0	3	55,0	60,0	62,5	2	80,0	100,0	120,0	3	262,5	313,08	8
-63kg																					
1.	ASWATHY C	02-10-1999	India	61.13	1,0989	46	110,0	120,0	127,5	1	50,0	55,0	60,0	2	110,0	120,0	135,5	1	318,0	349,45	12
2.	Alferez Angela	01-01-1999	PHN	56.25	1,1725	45	100,0	110,0	110,0	2	55,0	55,0	55,0	1	105,0	120,0	136,0	2	275,0	322,44	9
-72kg																					
1.	Nesterova Anastassiya	24-12-1998	KAZ	71.02	0,9851	1	100,0	107,5	115,0	1	52,5	60,0	62,5	1	100,0	110,0	117,5	1	295,0	290,61	12
2.	NAMITA SHAILESH GAWADI	20-01-2001	India	66.20	1,0351	3	40,0	50,0	60,0	2	25,0	27,5	30,0	2	50,0	65,0	72,5	2	155,0	160,44	9
-84kg																					
1.	DIANA JOHN D'SOUZA	11-07-1998	India	76.45	0,9395	23	45,0	60,0	85,0	1	25,0	32,5	35,0	1	60,0	75,0	87,5	1	182,5	171,46	12
84+kg																					
1.	CHANG YI-CHIAO	15-11-1997	TPE	87.61	0,8742	28	160,0	170,0	177,5	1	80,0	87,5	92,5	1	120,0	130,0	140,0	1	402,5	351,87	12

Nation (points)

1.	India	61	[12+12+12+9+8+8]	1650,54 w.pts.
2.	Philippines	60	[12+12+9+9+9+9]	2139,24 w.pts.
3.	Chinese Taipei	24	[12+12]	722,09 w.pts.
4.	Kazakhstan	12	[12]	290,61 w.pts.
5.	Mongolia	9	[9]	360,85 w.pts.
6.	Japan	8	[8]	270,27 w.pts.

Best Lifters of Subjuniors

PL.	Lifter	Nation	B.Weight	WF	Total	W.Points
1.	Abrea Rowella	Philippines	51.05	1,2645	302,5	382.51
2.	Bautista Jeremy Reign	Philippines	50.13	1,2821	295,0	378.22
3.	HSIEH CHIA-CHEN	Chinese Taipei	56.08	1,1753	315,0	370.22

Juniors

-47kg																					
1.	Martin Jasmine	01-01-1993	PHN	45.16	1,3834	5	120,0	127,5	132,5	1	50,0	55,0	60,0	1	145,0	152,5	152,5	1	332,5	459,98	12
2.	SHIU HUEI-MIN	28-01-1996	TPE	45.51	1,3760	4	85,0	85,0	X	2	30,0	40,0	40,0	2	80,0	90,0	100,0	2	215,0	295,84	9
-52kg																					
1.	HUANG YEN-TZU	22-10-1992	TPE	51.48	1,2563	17	135,0	145,0	152,5	1	85,0	95,0	100,0	1	150,0	160,0	165,0	1	407,5	511,94	12
2.	SUMI GEORGE	09-11-1993	India	51.21	1,2614	18	120,0	120,0	132,5	2	40,0	47,5	55,0	3	125,0	132,5	137,5	2	312,5	394,19	9
3.	Ng Stephanie	23-11-1996	HK	47.95	1,3254	19	75,0	80,0	85,0	3	50,0	52,5	55,0	2	80,0	90,0	100,0	4	240,0	318,10	8
4.	Wong Jasmine	27-12-1994	HK	51.51	1,2558	20	50,0	65,0	70,0	4	50,0	55,0	60,0	4	85,0	95,0	102,5	3	227,5	285,69	7
-57kg																					

1.	HUNG HSIU-CHING	22-06-1995	TPE	56.98	1,1607	31	135,0	145,0	152,5	1	60,0	65,0	67,5	2	130,0	145,0	152,5	1	370,0	429,46	12
2.	KIM HYO EUN	17-03-1993	KOR	56.50	1,1684	28	110,0	125,0	135,0	2	60,0	65,0	70,0	1	120,0	135,0	137,5	2	337,5	394,33	9
3.	RIYA T C	26-05-1994	India	54.76	1,1974	29	110,0	117,5	122,5	3	40,0	47,5	55,0	4	110,0	120,0	127,5	3	300,0	359,22	8
4.	Kim Tatyana	13-12-1995	KAZ	54.11	1,2087	30	85,0	92,5	100,0	4	50,0	55,0	60,0	3	85,0	95,0	100,0	4	247,5	299,15	7
-63kg																					
1.	Chiang Dianne Kathleen	01-01-1995	PHN	61.15	1,0987	43	130,0	140,0	147,5	1	62,5	62,5	65,0	2	120,0	132,5	140,0	2	345,0	379,05	12
2.	Velasco Donna Marie	01-01-1995	PHN	58.71	1,1339	44	117,5	127,5	130,0	2	62,5	65,0	67,5	1	130,0	137,5	150,0	1	332,5	377,02	9
3.	SHALINI SHALINI	25-06-1996	India	60.49	1,1079	42	100,0	110,0	110,0	3	42,5	47,5	50,0	3	110,0	117,5	122,5	3	275,0	304,67	8
-72kg																					
1.	Angulo Margarette	01-01-1996	PHN	71.79	0,9779	5	140,0	140,0	145,0	1	80,0	90,0	90,0	1	150,0	165,0	172,5	1	407,5	398,49	12
2.	B. N. USHA	02-04-1995	India	70.47	0,9903	7	125,0	135,0	140,0	2	55,0	62,5	70,0	2	125,0	140,0	150,0	2	360,0	356,51	9
-84kg																					
1.	Rahayu Sri	15-05-1992	IND	82.98	0,8973	25	235,0	250,0	268,0	1	125,0	135,0	145,0	1	160,0	180,0	206,0	1	619,0	555,43	12
2.	Go Alexis Nicole	01-01-1996	PHN	79.65	0,9173	21	120,0	120,0	135,0	3	75,0	85,0	90,0	2	120,0	125,0	145,0	2	365,0	334,81	9
3.	ANJU MURALI	23-09-1993	India	82.58	0,8995	29	120,0	135,0	147,5	2	50,0	52,5	67,5	3	105,0	120,0	125,0	3	340,0	305,83	8
84+kg																					
1.	REHANA C J	09-10-1994	India	84.58	0,8887	30	145,0	145,0	155,0	2	57,5	65,0	72,5	2	145,0	155,0	160,0	1	375,0	333,26	12
2.	MOUSOMI BORAH	07-01-1996	India	89.41	0,8664	22	150,0	160,0	165,0	1	60,0	70,0	72,5	1	130,0	150,0	150,0	2	367,5	318,40	9

Nation (points)

1.	India	63	[12+9+9+9+8+8+8]	2372,08 w.pts.
2.	Philippines	54	[12+12+12+9+9]	1949,36 w.pts.
3.	Chinese Taipei	33	[12+12+9]	1237,24 w.pts.
4.	Hong Kong	15	[8+7]	603,79 w.pts.
5.	Indonesia	12	[12]	555,43 w.pts.
6.	Korea	9	[9]	394,33 w.pts.
7.	Kazakhstan	7	[7]	299,15 w.pts.

Best Lifters of Juniors

PL.	Lifter	Nation	B.Weight	WF	Total	W.Points
1.	Rahayu Sri	Indonesia	82.98	0,8973	619,0	555.43
2.	HUANG YEN-TZU	Chinese Taipei	51.48	1,2563	407,5	511.94
3.	Martin Jasmine	Philippines	45.16	1,3834	332,5	459.98

Masters 1

-63kg																					
1.	Chan Mei Mei Wendy	12-09-1968	HK	61.64	1,0920	41	90,0	105,0	X	1	55,0	60,0	X	1	90,0	105,0	120,0	1	285,0	311,22	12
-72kg																					
1.	RAKHI SHARMA	31-12-1971	India	68.08	1,0144	8	400,0	400,0	100,0	1	40,0	47,5	50,0	1	100,0	110,0	115,0	1	265,0	268,82	12

Nation (points)

1.	Hong Kong	12	[12]	311,22 w.pts.
2.	India	12	[12]	268,82 w.pts.

Best Lifters of Masters 1

PL.	Lifter	Nation	B.Weight	WF	Total	W.Points
1.	Chan Mei Mei Wendy	Hong Kong	61.64	1,0920	285,0	311.22
2.	RAKHI SHARMA	India	68.08	1,0144	265,0	268.82

Masters 2

-47kg																					
1.	Wong Wai Yu, Amelia	03-01-2060	HK	46.45	1,3563	3	60,0	67,5	72,5	1	42,5	45,0	47,5	1	80,0	87,5	92,5	1	210,0	284,82	12

-52kg																					
1.	Tam Ho Yee	03-02-1965	HK	49.80	1,2885	15	75,0	75,0	80,0	1	60,0	65,0	67,5	1	92,5	100,0	105,0	1	240,0	309,24	12
-57kg																					
—	Yu Cissy	05-10-2057	HK	55.34	1,1876	27	55,0	60,0	60,0	—	42,5	45,0	47,5	1	70,0	80,0	85,0	1	DSQ	—	—
-63kg																					
1.	Ip Wing Yuk	11-11-2061	HK	60.05	1,1142	40	100,0	115,0	X	1	70,0	77,5	85,5	1	80,0	100,0	120,0	1	312,5	348,19	12
-72kg																					
1.	Nabekura Yumiko	21-09-2062	JPN	65.61	1,0419	9	120,0	130,0	137,5	1	75,0	77,5	80,0	1	120,0	130,0	135,0	1	350,0	364,67	12

Nation (points)

1.	Hong Kong	36	[12+12+12]	942,25 w.pts.
2.	Japan	12	[12]	364,67 w.pts.

Best Lifters of Masters 2

PL.	Lifter	Nation	B.Weight	WF	Total	W.Points
1.	Nabekura Yumiko	Japan	65.61	1,0419	350,0	364.67
2.	Ip Wing Yuk	Hong Kong	60.05	1,1142	312,5	348.19
3.	Tam Ho Yee	Hong Kong	49.80	1,2885	240,0	309.24

Masters 4

-57kg																					
1.	LIN A-YUN	29-11-2045	TPE	54.55	1,2010	26	100,0	110,0	115,0	1	50,0	55,0	65,5	1	100,0	120,0	132,5	1	313,0	375,91	12

Nation (points)

1.	Chinese Taipei	12	[12]	375,91 w.pts.
----	----------------	----	------	---------------

Best Lifters of Masters 4

PL.	Lifter	Nation	B.Weight	WF	Total	W.Points
1.	LIN A-YUN	Chinese Taipei	54.55	1,2010	313,0	375.91

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HK = Hong Kong

KAZ = Kazakhstan

TPE = Chinese Taipei

IND = Indonesia

KOR = Korea

India = India

MNG = Mongolia

JPN = Japan

PHN = Philippines