

17th Men & 16th Women Asian Powerlifting Championships

02.05.2005 Alleppey, India



Women 82.5 - 90+ kg

Lot No.	Family name / 1st name	Nation	Birth Year	Body Weight	Squat				Benchpress				Sub Total	Deadlift				Total	Place	Formula Point
					1	2	3	4	1	2	3	4		1	2	3	4			
82.5kg class																				
	Sub-Jr																			
1	Sandeep Kaur	India	1987	77.70	140.0x	140.0	150.0x		45.0	50.0	55.0	195.0	110.0	120.0	127.5	322.5	1	300.054		
3	Athi Udha Yan	India	1990	77.85	115.0x	115.0	125.0		30.0x	30.0	40.0	165.0	105.0	115.0	125.0	290.0	2	269.613		
2	Hsu Pei Yin	C. Taipei	1987	77.40	100.0x	100.0	110.0x		45.0x	45.0	50.0	150.0	120.0x	120.0	140.0x	270.0	3	251.802		
	Jr																			
4	Chang Ya Wen	C. Taipei	1984	80.50	200.0	212.5x	212.5x		100.0	110.0	120.0x	310.0	170.0	187.5	192.5	502.5	1	458.2298		
6	T. Narayanamma	India	1984	81.05	170.0	177.5	180.0		62.5x	62.5	67.5x	242.5	175.0	180.0	182.5	425.0	2	386.24		
5	Tindu Thomas	India	1983	77.20	165.0	175.0	180.0x		60.0	65.0x	65.0	240.0	165.0	177.5x	177.5x	405.0	3	378.27		
	Senior																			
7	Blessy Job	India	1975	79.55	160.0	180.0	200.0		65.0	75.0	80.0	280.0	160.0	185.0	200.0	480.0	1	440.736		
	Master 1																			
0	Sandhya Khude	India	1958	75.60	50.0	60.0	70.0		25.0x	25.0	30.0	100.0	80.0	90.0	100.0	200.0	1	189.18		
90kg class																				
	Sub-Jr																			
8	Randeep Sharma	India	1987	84.85	125.0	135.0	145.0		40.0	45.0	50.0	195.0	105.0	110.0	120.0	315.0	1	279.594		
	Jr																			
9	Stesenko Yulia	Uzbekistan	1984	87.75	180.0	200.0	225.0		100.0	115.0	122.5x	340.0	170.0	190.0	200.0	540.0	1	471.798		
10	T. Sajitha Raj	India	1983	87.65	170.0	180.0	-		75.0	80.0x	80.0	260.0	180.0	190.0x	190.0x	440.0	2	384.648		
	Senior																			
12	Neelima Saraf	India	1976	89.15	160.0x	160.0	180.0		75.0	85.0	95.0	275.0	150.0	160.0	170.0	445.0	1	386.1265		
90+kg class																				
	Jr																			
14	Ambili G	India	1984	93.35	165.0	185.0	200.0		60.0	70.0	72.5	272.5	170.0	202.5	210.0	482.5	1	411.0418		
	Senior																			
15	Mallika Sharma	India	1978	107.65	230.0	240.0x	240.0x		67.5	72.5	75.0	305.0	165.0	180.0	187.5	492.5	1	402.3725		
16	Sampa Guha	India	1967	94.60	192.5	207.5	212.5x		92.5	102.5x	102.5x	300.0	70.0	182.5	187.5x	482.5	2	409.0153		

17th Men & 16th Women Asian Powerlifting Championships

01.05.2005 Alleppey, India



Men 75kg

Lot No.	Family name / 1st name	Nation	Birth Year	Body Weight	Squat				Benchpress				Sub Total	Deadlift				Total	Place	Formula Point
					1	2	3	4	1	2	3	4		1	2	3	4			
	Sub-Jr				Asian S-Jr record															
15	Ting Cheng Hsiung	C.Taipei	1988	72.55	200.0	215.0	228.0		130.0x	130.0	140.0x		358.0	200.0	212.5x	215.0		572.5	1	417.925
1	Sagar A More	India	1987	73.15	210.0	220.0	228.0x		125.0	135.0x	135.0		355.0	200.0	212.5x	215.0		570.0	2	413.592
2	Lin Yang Kai	C.Taipei	1987	67.70	125.0	140.0	160.0x		60.0	70.0x	70.0		210.0	150.0	160.0x	160.0x		360.0	3	276.912
	Jr																			
11	R.Anand Babu	India	1985	73.40	200.0	220.0	230.0x		120.0	130.0	140.0		360.0	210.0	247.5	257.5		617.5	1	446.7613
12	Asghar Fatemi	Iran	1982	75.00	200.0x	200.0	220.0x		125.0	135.0x	135.0x		325.0	190.0	220.0	225.0x		545.0	2	388.367
	Senior																			
5	T. Muralimohan	India	1980	74.35	275.0	282.5	287.5		140.0	147.5	152.5x		435.0	285.0x	285.0	295.0		730.0	1	523.629
14	Manukhos Ravi	Iran	1960	74.40	250.0	265.0	270.0		170.0x	170.0	177.5x		440.0	260.0x	260.0	270.0		710.0	2	508.786
13	Fairushin Konstantin	Kazakhstan	1985	74.60	265.0	277.5x	277.5x		145.0	152.5	157.5		422.5	265.0	275.0	280.0		702.5	3	502.428
7	Fotiyev Sergey	Uzbekistan	1979	74.15	240.0	250.0	265.0		140.0	157.5	162.5		427.5	250.0	267.5	275.0x		695.0	4	499.427
6	Richie Rozales	Philippines	1976	74.50	205.0	235.0	242.5		182.5	185.0	187.5		430.0	225.0	257.5x	257.5x		655.0	5	468.9145
	Master 1																			
8	Taniguchi Koichi	Japan	1960	72.95	200.0	212.5	220.0		157.5	165.0	172.5x		385.0	210.0	217.5	217.5		602.5	1	438.0778
9	Reza Jafari	Iran	1960	75.00	210.0	230.0	240.0x		130.0	140.0x	140.0		370.0	190.0	205.0	212.5x		575.0	2	409.745
	Master 2																			
4	Prakash Karanth	India	1955	72.40	180.0x	180.0	190.0x		90.0	100.0	105.0x		280.0	180.0	200.0x	200.0x		460.0	1	336.122

17th Men & 16th Women Asian Powerlifting Championships

01.05.2005 Alleppey, India



Men 82.5 kg

Lot No.	Family name / 1st name	Nation	Birth Year	Body Weight	Squat				Benchpress				Sub Total	Deadlift				Total	Place	Formula Point
					1	2	3	4	1	2	3	4		1	2	3	4			
	Sub-Jr																			
1	Gass Sergey	Uzbekistan	1987	80.00	210.0	220.0	240.0		115.0	125.0x	125.0x	355.0	230.0	240.0	242.5x	595.0	1	406.2065		
17	B. Mohammad Sadegh	Iran	1987	79.70	190.0	205.0	215.0		120.0	130.0	137.5	352.5	202.5	220.0x	242.5x	555.0	2	379.7865		
2	Swapnil S. Jawalkar	India	1988	77.85	205.0x	205.0x	205.0x													
	Jr																			
3	Zinovyev Dmitriy	Kazakhstan	1984	82.30	265.0	275.0	280.0		190.0	200.0	205.0	485.0	265.0	280.0	292.5	777.5	1	521.6248		
4	Sakala Suryanaryan	India	1983	81.75	250.0	262.5	267.5x		130.0	137.5	142.5	405.0	290.0	302.5x	302.5	707.5	2	476.7843		
6	Jubanaev Davlet	Uzbekistan	1983	81.30	250.0	270.0	275.0x		160.0	170.0	175.0	445.0	240.0	255.0	257.5x	700.0	3	473.13		
5	Hoshiyar Singh	India	1985	80.50	265.0	272.5x	272.5x		140.0	150.0	152.5	417.5	260.0	275.0x	275.0x	677.5	4	460.7		
	Senior				Asian record											Asian record				
7	Turakhanov Davranbek	Kazakhstan	1974	82.50	290.0	302.5	315.0		165.0	172.5	180.0	495.0	287.5	300.0	310.0	805.0	1	539.2695		
9	V Raja	India	1980	82.30	282.5	297.5	305.0		150.0	160.0	167.5	472.5	295.0	315.0	332.5x	787.5	2	528.3338		
8	Falshid Soltani Amidabadi	Iran	1969	81.75	275.0	305.0	-		180.0	187.5	192.5	497.5	275.0	280.0x	290.0x	772.5	3	520.5878		
10	Yokoi Keiichi	Japan	1968	81.40	240.0	250.0	260.0x		180.0	185.0	187.5	437.5	235.0	250.0x	250.0x	672.5	4	454.2065		
11	Yoza Tsunetomo	Japan	1969	79.90	235.0	255.0	270.0x		155.0	180.0x	180.0x	410.0	210.0	245.0	247.5x	655.0	5	447.496		
	Master 1																			
13	T. K. Vikas	India	1962	82.40	232.5	242.5	250.0		135.0	142.5	147.5	397.5	230.0	242.5	252.5	650.0	1	435.76		
12	S. Vladimir	Kazakhstan	1964	81.40	200.0x	200.0	220.0		135.0	140.0	142.5x	360.0	240.0	267.5	285.0	645.0	2	435.633		
14	Lee Yong Soo	Korea	1961	77.90	230.0	240.0	250.0		130.0	142.5	147.5x	392.5	205.0	215.0	220.0x	607.5	3	421.9088		
	Master 2																			
15	Cho Young Hun	Korea	1951	75.45	70.0	80.0	100.0		60.0	70.0	80.0	180.0	80.0	90.0x	-	260.0	1	184.574		
	Master 3																			
16	G. D. Poddar	India	1943	81.00	140.0	150.0	160.0		100.0	107.5	112.5x	267.5	140.0	155.0	160.0	427.5	1	289.5885		

17th Men & 16th Women Asian Powerlifting Championships

02.05.2005 Alleppey, India



Men 100kg

Lot No.	Family name / 1st name	Nation	Birth Year	Body Weight	Squat				Benchpress				Sub Total	Deadlift				Total	Place	Formula Point
					1	2	3	4	1	2	3	4		1	2	3	4			
	Sub-Jr				Asian S-Jr record								Asian S-Jr record				Asian S-Jr record			
1	Ionin Alexey	Kazakhstan	1988	94.10	210.0	230.0	245.0		115.0	125.0	132.5		377.5	210.0	230.0	247.5		625.0	1	390.4375
	Junior												Asian Jr record							
3	Kambiz Afshar	Iran	1983	99.60	150.0	180.0	200.0		150.0	200.0x	210.0	221.0	410.0	150.0	210.0	230.0		640.0	1	390.144
4	Jaspret Singh	India	1985	90.10	205.0	215.0	222.5		115.0	122.5	132.5x		345.0	240.0	252.5x	252.5x		585.0	2	373.23
5	Seo Yong Wan	Korea	1982	97.60	160.0	180.0	200.0		110.0	120.0x	130.0		330.0	180.0	190.0	200.0x		520.0	3	319.644
	Senior																			
16	Djioev Alan	Uzbekistan	1977	99.90	300.0	320.0	325.0x		210.0	230.0	240.0		560.0	280.0	290.0	300.0		860.0	1	523.568
7	Sakala Koteswara Rao	India	1974	94.45	305.0	312.5	317.5x		162.5	167.5	170.0		482.5	335.0	350.0x	350.0x		817.5	2	509.9565
														Asian record						
8	Taha Md. Shaker	Iraq	1977	96.60	270.0	285.0x	290.0		160.0	180.0	185.0x		470.0	270.0	290.0	295.0x		760.0	3	469.224
9	Rashed Sami Marof	UAE	1970	99.90	250.0	300.0	320.0x		235.0	250.0	260.0x		550.0	200.0	250.0x	250.0x		750.0	4	456.6
									Asian record											
10	Ali Rafee Zadeh	Iran	1978	96.40	300.0	310.0	320.0x		120.0	190.0x	190.0x		430.0	270.0	300.0	320.0x		730.0	5	451.14
6	Farhad Saber	Iran	1974	99.45	260.0	285.0x	-		200.0x	200.0x	200.0x			272.5	282.5x	297.5x				
	Master 1																			
11	Peter Edward Torres	Philippines	1965	99.20	275.0	305.0x	305.0		150.0	165.0x	165.0x		455.0	250.0	292.5	300.0		755.0	1	461.003
	Master 2																			
14	Luzanov Aleksandr	Uzbekistan	1954	91.30	200.0	230.0	250.0		140.0	160.0	180.0		430.0	230.0	270.0	300.0x		700.0	1	443.66
15	Satish Ch. Dixit	India	1952	98.20	180.0	190.0	200.0		90.0	100.0	107.5		307.5	180.0	190.0	195.0		502.5	2	308.0828

17th Men & 16th Women Asian Powerlifting Championships

02.05.2005 Alleppey, India



Men 110kg

Lot No.	Family name / 1st name	Nation	Birth Year	Body Weight	Squat				Benchpress				Sub Total	Deadlift				Total	Place	Formula Point
					1	2	3	4	1	2	3	4		1	2	3	4			
	Sub-Jr																			
14	Majid Nazari	Iran	1987	105.25	180.0	200.0	230.0		140.0	150.0	160.0	390.0	180.0	210.0	217.5	607.5	1	362.799		
13	Gaurav R. Dhokle	India	1987	107.80	195.0	205.0	212.5x		130.0	140.0	147.5	352.5	200.0	215.0	220.0	572.5	2	339.0918		
15	Hamed Noorani	Iran	1986	104.70	175.0	195.0	210.0		120.0x	120.0	135.0x	330.0	160.0	190.0x	190.0x	490.0	3	293.118		
2	Akshay Balkawade	India	1988	101.80	180.0	195.0x	195.0x		75.0	85.0	90.0x	265.0	170.0	185.0	192.5	457.5	4	276.513		
	Jr																			
3	M. Karthikeyan	India	1983	104.90	280.0	287.5	295.0		150.0	157.5	162.5	457.5	270.0	280.0	285.0	742.5	1	443.8665		
4	Parmanandam Wilson	India	1984	100.75	270.0x	270.0	282.5		125.0	132.5x	132.5x	407.5	240.0	255.0	265.0	672.5	2	408.1403		
5	Ali Ghasemi	Iran	1984	100.50	220.0	235.0x	245.0		160.0	170.0	175.0	420.0	240.0	250.0	-	670.0	3	406.958		
	Senior				Asian record															
6	Mehdi Ghorbanzadeh	Iran	1980	107.70	315.0	345.0	360.0		215.0	225.0	230.0	590.0	305.0	325.0	330.0x	915.0	1	542.046		
9	Makrov Alexandr	Uzbekistan	1977	105.50	300.0	315.0	320.0		180.0	200.0	210.0	530.0	300.0	320.0	-	850.0	2	507.11		
7	Abdul Munaf	India	1974	109.70	330.0	340.0	347.5		165.0	172.5	177.5	525.0	255.0	270.0	277.5x	795.0	3	468.255		
10	Al Amri	Oman	1971	105.20	270.0	290.0x	-		170.0	177.5	182.5x	447.5	280.0	290.0	300.0x	737.5	4	440.435		
	Master 1																			
16	Yaghoub Amir Salari	Iran	1962	102.20	265.0	285.0	292.5x		155.0	165.0	170.0	455.0	240.0	252.5x	252.5	707.5	1	426.9763		
12	Rajesh Toora	India	1962	100.15	250.0	265.0	275.0		50.0	-	-	325.0	200.0	240.0	252.5	577.5	2	351.2933		
	Master 2																			
11	Vinesh Kr. Tyagi	India	1955	102.60	200.0	220.0	232.5		110.0	120.0	125.0	357.5	190.0	210.0	220.0	577.5	1	348.0015		

17th Men & 16th Women Asian Powerlifting Championships

02-03.05.2005 Alleppey, India



Men 125 - 125+kg

125kg was held at 02.05, 125+kg was held at 03.05.

Lot No.	Family name / 1st name	Nation	Birth Year	Body Weight	Squat				Benchpress				Sub Total	Deadlift				Total	Place	Formula Point
					1	2	3	4	1	2	3	4		1	2	3	4			
125kg class																				
	Sub-Jr																			
26	Huang Tz-Yi	C. Taipei	1988	122.80	230.0	250.0	270.0x	150.0	165.0	172.5x	415.0	220.0	225.0	235.0x	640.0	1	366.08			
3	Surojit Das	India	1987	113.50	250.0	260.0	270.0x	90.0	97.5	105.0x	357.5	190.0	200.0	210.0	567.5	2	330.9093			
	Jr																			
1	Tuyehiyev Sardor	Uzbekistan	1984	113.40	280.0	300.0	310.0x	170.0	177.5	182.5	482.5	310.0	322.5	330.0	812.5	1	473.9313			
5	Hossein Rahini Kazerooni	Iran	1986	119.75	285.0	310.0	322.5	195.0	210.0	220.0	542.5	255.0	270.0	280.0x	812.5	2	467.4313			
6	Jafar Rezaei	Iran	1984	115.85	270.0	290.0	310.0	160.0	175.0	185.0x	485.0	230.0	260.0x	260.0x	715.0	3	414.7			
	Senior																			
7	Mohsen Estakhr	Iran	1969	124.80	320.0	335.0	345.0	230.0	240.0	-	585.0	260.0	280.0	300.0x	865.0	1	493.05			
9	Arvind Sharma	India	1980	122.15	300.0	310.0	320.0x	177.5	187.5	190.0x	497.5	300.0	320.0	325.0x	817.5	2	468.1823			
10	Hesamedin H. Jahreni	Iran	1978	119.40	275.0	290.0	300.0x	190.0	200.0	215.0x	490.0	280.0x	280.0x	280.0x						
	Master 1																			
8	Kanie Hidenobu	Japan	1963	111.70	250.0	270.0x	270.0	200.0x	200.0x	200.0	470.0	240.0	250.0	260.0	730.0	1	427.634			
11	P. M. Balachandran	India	1965	115.65	235.0x	235.0	260.0	120.0	132.5x	132.5x	380.0	185.0	200.0x	200.0	580.0	2	336.574			
12	Khaden	Iraq	1958	111.45	150.0	170.0	-	140.0x	140.0	160.0x	310.0	150.0x	150.0	-	460.0	3	269.698			
	Master 2																			
14	Harsh Raj Agnihotri	India	1955	113.80	200.0	225.0	240.0x	125.0	135.0	142.5	367.5	200.0	220.0	225.0	592.5	1	345.2498			
13	Ronnie Martinez	Philippines	1955	119.75	210.0	230.0	235.0	115.0	130.0	140.0x	365.0	185.0	212.5	225.0	590.0	2	339.427			
15	Abdul Hussein	Iraq	1953	113.35	80.0	100.0	-	60.0	-	-	160.0	100.0	-	-	260.0	3	151.684			
125+kg class																				
	Jr																			
2	Pardeep Malik	India	1982	130.10	270.0	285.0x	285.0	190.0	195.0x	195.0x	475.0	235.0	250.0x	252.5	727.5	1	411.4013			
3	Kushal Sayal	India	1980	145.70	290.0x	290.0	300.0x	160.0	170.0	177.5	467.5	230.0	250.0	260.0x	717.5	2	398.643			
	Senior																			
4	Mojtaba Maleki	Iran	1983	138.50	340.0	350.0	360.0	270.0x	280.0	295.0	655.0	300.0	320.0	330.0	985.0	1	551.3045			
5	Harjinder Kumar	India	1968	148.55	400.0x	400.0	-	240.0	250.0	257.5	657.5	260.0	280.0x	280.0x	917.5	2	508.3868			
6	Fukushima Yasuto	Japan	1965	135.55	300.0	320.0	340.0x	220.0x	220.0	230.0	550.0	220.0	230.0x	230.0x	770.0	3	432.432			
7	Rabia M. Ali	Iraq	1979	130.70	300.0x	300.0	310.0	160.0	175.0x	175.0x	470.0	270.0	290.0x	290.0x	740.0	4	418.174			

Women's Team awards of Asian Powerlifting Championships 2005

Sub-Jr

PL		44	48	52	56	60	68	75	83	90	90+	Total points	
1	India			12	12	9	9	8	12	9	12	66	8 lifters
2	Chinese Taipei	12					9	12	8			41	4 lifters
3	Uzbekistan					12	12					24	2 lifters

Jr

PL		44	48	52	56	60	68	75	83	90	90+	Total points		
1	India	12	0	9	12		9	9	9	8	9	12	63	10 lifters
2	Chinese Taipei		12	12		12	12	12	12			48	6 lifters	
3	Uzbekistan			9						12		21	2 lifters	

No referee from Chinese Taipei, only 4 lifters are scored.

Senior

PL		44	48	52	56	60	68	75	83	90	90+	Total points		
1	India	12	12	9	12	12	12	12	12	12	12	9	72	10 lifters
2	Kazakhstan			9	12	9	9	9				39	5 lifters	
3	Uzbekistan						12	8				20	2 lifters	
4	Hong Kong					8						8	1 lifter	

No referee from Kazakhstan, only 4 lifters are scored.

Masters 1

PL		44	48	52	56	60	68	75	83	90	90+	Total points	
1	India				12		12		12			36	3 lifters

Masters 2

PL		44	48	52	56	60	68	75	83	90	90+	Total points	
1	India							12				12	1 lifter
1	Japan				12							12	1 lifter

Men 's Team awards of Asian Powerlifting Championships 2005

Sub-Jr

PL		52	56	60	67.5	75	82.5	90	100	110	125	125+	Total points		
1	India	12	9	9	12	12	8	9	0		9	7	9	63	11 lifters
2	Uzbekistan		12		9	7	12	12					52	5 lifters	
3	Chinese Taipei				6	12	8				12		38	4 lifters	
4	Iran						9			12	8		29	3 lifters	
5	Kazakhstan								12				12	1 lifter	

Jr

PL		52	56	60	67.5	75	82.5	90	100	110	125	125+	Total points		
1	India	0				12	9	7	9	8	9	12	9	63	11 lifters
2	Iran					9			12	8	9	8	46	5 lifters	
3	Uzbekistan			12			8	12			12		44	4 lifters	
4	Oman		8	9	12								29	3 lifters	
5	Kazakhstan		12				12						24	2 lifters	
6	Japan	12											12	1 lifter	
7	Chinese Taipei		9										9	1 lifter	
8	Korea								8				8	1 lifter	

Senior

PL		52	56	60	67.5	75	82.5	90	100	110	125	125+	Total points	
1	India	12	12	12	12	12	9	0	9	8	9	9	69	11 lifters
2	Iran					9	8	9	8	6	0	12	62	10 lifters
3	Uzbekistan	9				7		12	12	9			49	5 lifters
4	Japan				9		7	6	7			8	37	5 lifters
5	Iraq	8							8			7	23	3 lifters
6	Kazakhstan					8	12						20	2 lifters
7	Nepal				8								8	1 lifter
8	UAE								7				7	1 lifter
8	Oman									7			7	1 lifter
10	Philippines					6							6	1 lifter

Master 1

PL		52		56		60	67.5		75	82.5		90		100		110		125		125+		Total points	
1	India	12	9	12	9	12		12		12		12	9		9							72	11 lifters
2	Iran								9				7			12						28	3 lifters
3	Japan								12										12			24	2 lifters
4	Philippines													12								12	1 lifter
5	Kazakhstan									9												9	1 lifter
5	Uzbekistan						9															9	1 lifter
7	Iraq																		8			8	1 lifter
7	Nepal											8										8	1 lifter
7	Korea									8												8	1 lifter

Master 2

PL		52		56		60	67.5		75	82.5		90		100		110		125		125+		Total points	
1	India	12	9	12	9				12					9	12			12				69	8 lifters
2	Korea					12				12												24	2 lifters
3	Uzbekistan													12								12	1 lifter
3	Iran						12															12	1 lifter
5	Philippines																		9			9	1 lifter
6	Iraq																		8			8	1 lifter

Master 3

PL		52		56		60	67.5		75	82.5		90		100		110		125		125+		Total points	
1	India	9		12		9				12												42	4 lifters
2	Hong Kong	12																				12	1 lifter
2	Iran					12																12	1 lifter

Best lifters of Asian Powerlifting Championships 2005

Women Best lifters

Age Category	PL	Name	Nation	Formula Points
Sub-Jr	1	Li Chia Yu	Chinese Taipei	450.4
	2	Manisha Panwar	India	426.5
	3	Zakharova Makhbuba	Uzbekistan	384.5
Junior	1	Stesenko Yulia	Uzbekistan	471.7
	2	Tseng Chien Iun	Chinese Taipei	470.4
	3	Lo Hsiu Jung	Chinese Taipei	466.9
Senior	1	Malyugina Nadejda	Uzbekistan	567.2
	2	G. Raja Rajeswari	India	534.8
	3	Badeti Tejeswini Naide	India	533.0
Master 1	1	Balwinder Kaur	India	309.7
	2	Rekha Gogoi	India	230.4
	3	Sandhya Khude	India	189.1
Master 2	1	Yoshida Hisako	Japan	409.2
	2	Ratanmani Roy Chaudhuri	India	279.7
	3			

Men Best lifters

Age Category	PL	Name	Nation	Formula Points
Sub-Jr	1	Balinder Singh	India	522.9
	2	Midhun Joseph	India	456.9
	3	Kim Aleksey	Uzbekistan	449.3
Junior	1	Zinovyev Dmitriy	Kazakhstan	521.6
	2	Tuyehiyev Sardor	Uzbekistan	473.9
	3	Melnikov Denis	Uzbekistan	456.1
Senior	1	P. Suresh	India	555.8
	2	V. Loganathan	India	552.6
	3	Mojtaba Maleki	Iran	551.3
Master 1	1	Peter Edward Torres	Philippines	461.0
	2	Thomas T. V.	India	457.0
	3	Taniguchi Koichi	Japan	438.0
Master 2	1	Sebastian I.	India	463.8
	2	Luzanov Aleksandr	Uzbekistan	443.6
	3	Purna Chandraboika	India	362.0
Master 3	1	D. Lodh Chowdhury	India	338.6
	2	Pok Kim Won	Hong Kong	313.5
	3	G. D. Poddar	India	289.5