

**ASIAN POWERLIFTING FEDERATION**  
**Asian Women's Bench Press Championships, Ulaanbaatar (Mongolia), 06-12.09.2019**  
**SCORESHEET**

Rnk	Lifters	d.o.b.	Team	BWT	Lot	1 Att.	2 Att.	3 Att.	Result	IPF Pts	Pts
<b>Open</b>											
<b>-52kg</b>											
—	Solopova Alyona	30.04.98	KAZ	52.00	5	<del>75.0</del>	<del>80.0</del>	<del>80.0</del>	DSQ	—	—
<b>-57kg</b>											
1	Tuvaandorj Khuselzay	28.08.83	MGL	56.02	12	<del>87.5</del>	<del>87.5</del>	87.5	87.5	554.14	12
2	Zorig Enkhzaya	21.02.83	MGL	56.06	14	<del>50.0</del>	50.0	60.0	60.0	447.86	9
3	Munkhbat Solongo	06.09.90	MGL	56.64	13	40.0	<del>50.0</del>	<del>52.5</del>	40.0	369.94	8
<b>-63kg</b>											
1	Tolegenova Aliya	11.07.96	KAZ	61.00	6	87.5	92.5	97.5	97.5	571.17	12
2	Bathishig Amartsenge	07.04.89	MGL	62.65	8	60.0	<del>77.5</del>	<del>77.5</del>	60.0	433.43	9
<b>-72kg</b>											
1	Chan So Yin	10.07.91	HKG	69.90	9	90.0	95.0	100.0	100.0	550.44	12
2	Nyamsuren Bayarjarg	30.12.81	MGL	71.90	10	<del>90.0</del>	<del>90.0</del>	90.0	90.0	513.47	9
3	Tumurbaatar Sarnai	15.04.81	MGL	70.70	11	75.0	85.0	<del>90.0</del>	85.0	500.30	8
<b>84+kg</b>											
1	Abduraimova Aziza	21.03.89	KAZ	90.45	15	145.0	150.0	X	150.0	643.18	12

**Nation (points)**

1	Mongolia	47	[12+9+9+9+8]	2449.19	IPF Pts
2	Kazakhstan	24	[12+12]	1214.35	IPF Pts
3	Hong Kong	12	[12]	550.44	IPF Pts

**Best Lifters of Open by IPF Points System**

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Abduraimova Aziza	Kazakhstan	90.45	150.0	643.1786	1
2.	Tolegenova Aliya	Kazakhstan	61.00	97.5	571.1748	1
3.	Tuvaandorj Khuselzay	Mongolia	56.02	87.5	554.1413	1

**Sub-Juniors**

<b>-52kg</b>											
1	Nuriddinova Diana	07.11.01	KAZ	51.40	3	40.0	60.0	<del>72.5</del>	60.0	461.30	12
<b>-57kg</b>											
1	Ankhubayar Narangere	16.09.03	MGL	55.96	10	60.0	<del>67.5</del>	<del>70.0</del>	60.0	448.12	12
<b>-63kg</b>											
1	Sovetova Tamiris	17.01.02	KAZ	61.70	3	115.0	121.0	125.0	125.0	666.24	12
2	Altangerel Buyandelger	24.04.01	MGL	61.95	5	60.0	<del>70.0</del>	70.0	70.0	470.18	9
3	Ganhulug Erdenebоло	08.08.02	MGL	62.40	4	<del>60.0</del>	60.0	65.0	65.0	451.50	8
<b>-84kg</b>											
1	Purevsuren Namuun	01.11.02	MGL	76.90	13	<del>50.0</del>	50.0	57.5	57.5	405.16	12

**Nation (points)**

1	Mongolia	41	[12+12+9+8]	1774.96	IPF Pts
2	Kazakhstan	24	[12+12]	1127.54	IPF Pts

**Best Lifters of Subjuniors by IPF Points System**

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Sovetova Tamiris	Kazakhstan	61.70	125.0	666.2388	1
2.	Altangerel Buyandelger	Mongolia	61.95	70.0	470.1836	2
3.	Nuriddinova Diana	Kazakhstan	51.40	60.0	461.2983	1

**Juniors**

<b>-57kg</b>											
1	Omarkhanova Saniya	21.07.99	KAZ	55.98	2	75.0	<del>82.5</del>	82.5	82.5	534.99	12
—	Narantuya Anujin	10.06.00	MGL	57.00	9	<del>100.0</del>	<del>100.0</del>	<del>100.0</del>	DSQ	—	—
<b>-63kg</b>											
1	Ochirbat Orkhontuul	29.08.97	MGL	62.95	2	<del>130.0</del>	130.0	135.0	135.0	695.05	12
<b>-84kg</b>											

