

ASIAN POWERLIFTING FEDERATION
Asian Men's Bench Press Championships, Ulaanbaatar (Mongolia), 06-12.09.2019
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	Lot	1 Att.	2 Att.	3 Att.	Result	IPF Pts	Pts
Open											
-59kg											
1	Amgalanbaatar Amarl	29.11.89	MGL	59.00	14	162.5	170.0	175.0	175.0	724.56	12
2	Purevsuren Bat-Amga	06.05.87	MGL	59.00	12	160.0	165.0	172.5	172.5	716.58	9
3	Mow Ka Ho	09.07.94	HKG	58.30	16	150.0	155.0	162.5	155.0	668.07	8
—	Lkhagvasuren Byamb	07.03.92	MGL	57.68	13	160.0	160.0	162.5	DSQ	—	—
-66kg											
1	Bayraa Odon	18.11.80	MGL	63.05	8	100.0	102.5	170.0	170.0	667.62	12
2	Salmen Azat	08.02.89	KAZ	65.40	9	170.0	170.0	182.5	170.0	647.39	9
3	Vanchigdash Myagma	25.02.86	MGL B	65.95	10	165.0	167.5	180.0	167.5	635.88	8
-74kg											
1	Battulga Tuguldur	10.06.94	MGL	73.15	15	190.0	205.0	215.0	215.0	709.46	12
2	Lkhamjav Ganbaatar	08.06.90	MGL B	73.60	16	205.0	205.0	217.5	205.0	680.65	9
3	Hung Wing Fai	07.08.80	HKG	70.30	13	155.0	170.0	182.5	155.0	571.57	8
-83kg											
1	Batsukh Gansukh	24.04.88	MGL	83.00	14	247.5	250.0	260.0	250.0	729.54	12
2	Supronkov Alexandr	17.09.87	KAZ	83.00	15	235.0	242.5	247.5	247.5	723.78	9
3	Otgondulan Sugar	27.08.93	MGL	81.60	11	240.0	240.0	245.0	245.0	726.41	8
4	Tienbaev Talgat	09.06.90	KAZ	81.70	12	235.0	235.0	245.0	245.0	725.80	7
5	Badrakh Munkhbat	31.10.92	MGL B	81.85	16	210.0	215.0	220.0	220.0	666.61	6
6	Kam Chi Leung	18.03.89	HKG	79.25	13	205.0	217.5	220.0	217.5	675.53	5
—	Miwa Keigo	22.05.81	JPN	83.00	10	245.0	245.0	245.0	DSQ	—	—
-93kg											
1	Shokhanov Askar	20.01.83	KAZ	89.95	18	325.0	335.5	335.5	335.5	877.02	12
2	Masahito Kitsui	03.04.78	HKG	92.40	19	275.0	285.0	295.0	295.0	775.97	9
3	Yoshikawa Nozomu	15.07.86	JPN	92.05	17	290.0	290.0	297.5	290.0	767.22	8
4	Tsoy Vyacheslav	18.09.84	KAZ	92.05	20	280.0	287.5	297.5	287.5	761.90	7
5	Samdankhuu Munkhe	09.07.84	MGL B	92.75	16	265.0	277.5	290.0	265.0	710.73	6
-105kg											
1	Dashzegve Tumenjar	10.06.87	MGL	103.60	34	310.0	317.5	346.5	317.5	768.17	12
2	Vaigant Sergey	18.03.89	KAZ	105.00	35	305.0	312.5	320.0	305.0	738.06	9
3	Sadykov Ruslan	01.01.86	KAZ	102.95	39	265.0	265.0	275.0	275.0	687.69	8
4	Lkhagvajav Barkhasb.	08.01.88	MGL B	104.00	37	265.0	275.0	275.0	265.0	664.27	7
5	Salavatov Saduakas	01.01.80	KAZ B	103.05	33	240.0	240.0	250.0	240.0	618.75	6
—	Ondagan Makhmud	01.01.85	KAZ B	104.25	38	240.0	250.0	250.0	DSQ	—	—
-120kg											
1	Bataa Chimedtseren	28.11.81	MGL	119.60	14	345.0	345.0	345.0	345.0	758.64	12
2	Saitov Shukhrat	13.02.84	KAZ	111.95	12	265.0	275.0	282.5	265.0	638.06	9
3	Tsolmon Uurtsaikh	26.07.74	MGL	118.50	13	190.0	210.0	215.0	190.0	485.56	8
120+kg											
1	Bujnlkham Altangerel	16.03.76	MGL	131.95	20	330.0	330.0	387.5	330.0	696.50	12
2	Tumurbaatar Erdenek	13.07.85	MGL B	120.85	23	260.0	270.0	275.0	275.0	631.03	9
3	Fong Chai Chi	01.12.82	HKG	138.75	19	257.5	267.5	272.5	272.5	586.53	8
—	Pichshayev Roman	30.04.89	KAZ B	120.30	22	260.0	260.0	275.0	DSQ	—	—

Nation (points)

1	Mongolia	60	[12+12+12+12+12]	3690.37	IPF Pts
2	Kazakhstan	48	[12+9+9+9+9]	3624.30	IPF Pts
3	Mongolia B	39	[9+9+8+7+6]	3322.55	IPF Pts
4	Hong Kong	38	[9+8+8+8+5]	3277.67	IPF Pts
5	Japan	8	[8]	767.22	IPF Pts
6	Kazakhstan B	6	[6]	618.75	IPF Pts

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Shokhanov Askar	Kazakhstan	89.95	335.5	877.0218	1
2.	Masahito Kitsui	Hong Kong	92.40	295.0	775.9749	2

3. Dashzegve Tumenjar, Mongolia 103.60 317.5 768.1690 1

Sub-Juniors

-53kg											
1	Meitei Maibam Ibomci	16.03.02	IND	51.50	1	50.0	60.0	65.0	65.0	418.99	12
-59kg											
1	Marchenko Anton	26.06.03	KAZ	58.10	9	125.0	135.0	152.5	135.0	605.23	12
2	Lonjidjargal Otgon- Er	07.07.01	MGL	56.40	10	95.0	97.5	110.0	110.0	538.21	9
3	Shakerkhan Dias	24.01.04	KAZ	58.02	8	95.0	100.0	112.5	100.0	492.07	8
—	Batbold Sukhbold	01.09.02	MGL	58.80	11	112.5	112.5	112.5	DSQ	—	—
-66kg											
1	Batbold Enkhbuyant	19.06.01	MGL	65.75	6	90.0	105.0	120.0	120.0	502.31	12
2	Dashsuren Tumurchu	12.02.02	MGL	64.45	7	100.0	105.0	120.0	105.0	466.57	9
-74kg											
1	Kurayev Zhakhangir	01.01.01	KAZ	73.00	10	140.0	147.5	150.0	150.0	543.25	12
2	Gurtovenko Vladislav	21.07.02	KAZ	72.10	11	125.0	135.0	147.5	147.5	541.56	9
3	Choudhary Haroon	15.07.01	IND	72.55	12	107.5	112.5	117.5	112.5	448.56	8
4	Yeung Wai Ho	22.04.03	HKG	68.50	9	90.0	100.0	107.5	90.0	405.25	7
-83kg											
1	Temirshikov Timur	01.01.01	KAZ	82.05	9	130.0	145.0	155.0	155.0	514.30	12
-93kg											
1	Oleinikov Yegor	01.01.05	KAZ	83.90	15	75.0	100.0	105.0	105.0	393.00	12
-105kg											
1	Mungunbaatar Bilguur	26.09.01	MGL	101.55	31	165.0	165.0	175.0	175.0	495.23	12
-120kg											
1	Rudenko Nikita	06.11.01	KAZ	117.65	10	165.0	X	X	165.0	442.37	12
120+kg											
1	Mungunbaatar Dulguu	26.09.01	MGL	120.15	18	172.5	172.5	185.0	185.0	473.55	12

Nation (points)

1	Kazakhstan	60	[12+12+12+12+12]	2498.15	IPF Pts
2	Mongolia	54	[12+12+12+9+9]	2475.87	IPF Pts
3	India	20	[12+8]	867.55	IPF Pts
4	Hong Kong	7	[7]	405.25	IPF Pts

Best Lifters of Subjuniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Marchenko Anton	Kazakhstan	58.10	135.0	605.2282	1
2.	Kurayev Zhakhangir	Kazakhstan	73.00	150.0	543.2456	1
3.	Gurtovenko Vladislav	Kazakhstan	72.10	147.5	541.5570	2

Juniors

-59kg											
1	Jalmurziyev Raiymbel	29.10.98	KAZ	58.24	6	130.0	140.0	152.5	140.0	620.10	12
2	Bayartugs Batbayar	25.07.98	MGL	58.90	7	50.0	100.0	107.5	107.5	509.75	9
3	Erdenebayar Gankulu	08.09.96	MGL	58.04	15	80.0	95.0	105.0	95.0	475.65	8
-66kg											
1	Od-Erdene Usukhbay	09.06.96	MGL	65.85	4	155.0	157.5	X	155.0	601.15	12
2	Kenzheev Arman	01.01.96	KAZ	62.25	5	100.0	115.0	125.0	125.0	539.56	9
-74kg											
1	Zhakypbekov Shakhri	18.07.97	KAZ	72.95	7	160.0	167.5	180.0	167.5	588.58	12
2	Batmunkh Badamsure	02.09.98	MGL	73.20	6	135.0	150.0	162.5	162.5	574.29	9
3	Chuluunbat Unubold	06.01.97	MGL	71.50	8	110.0	130.0	150.0	130.0	498.90	8
-83kg											
1	Shaukatov Zhavlan	21.06.98	KAZ	81.80	6	200.0	230.0	240.0	230.0	690.20	12
2	Zorigt Telmen	27.02.99	MGL	82.15	8	150.0	160.0	165.0	160.0	525.53	9
3	Chang Jia Lun	12.05.97	HKG	78.00	7	145.0	155.0	162.5	155.0	531.38	8
-93kg											
1	Shaukatov Daniyar	14.06.00	KAZ	85.50	10	222.5	227.5	237.5	237.5	687.05	12
2	Kuntuganov Rustam	20.04.97	KAZ	91.90	11	215.0	225.0	235.0	235.0	650.99	9
3	Tezichev Kirill	03.07.97	KAZ B	84.65	13	200.0	210.0	225.0	210.0	629.21	8

4 Erdenetsogt Ikhbayar	08.06.00	MGL	91.75	14	182.5	195.0	212.5	182.5	539.80	7
-105kg										
1 Dulguunkherlen Dash	18.08.00	MGL	104.40	30	175.0	185.0	192.5	185.0	507.53	12
2 Akhmetov Zhassurbel	?	KAZ	101.00	29	115.0	140.0	185.0	140.0	427.13	9
-120kg										
1 Boldbaatar Temuulen	08.04.99	MGL	117.75	8	197.5	205.0	212.5	212.5	527.37	12
2 Abdurakhmanov Takt	26.04.98	KAZ	105.60	9	185.0	197.5	205.0	185.0	504.53	9
3 Akhmedov Zhalaliddir	01.01.99	KAZ	105.10	6	100.0	110.0	115.0	110.0	360.84	8

Nation (points)

1 Kazakhstan	57	[12+12+12+12+9]	3236.91 IPF Pts
2 Mongolia	54	[12+12+12+9+9]	2735.87 IPF Pts
3 Kazakhstan B	8	[8]	629.21 IPF Pts
4 Hong Kong	8	[8]	531.38 IPF Pts

Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Shaukatov Zhavlan	Kazakhstan	81.80	230.0	690.2032	1
2.	Shaukatov Daniyar	Kazakhstan	85.50	237.5	687.0451	1
3.	Kuntuganov Rustam	Kazakhstan	91.90	235.0	650.9865	2

Masters 1

-66kg											
1	Mandakh Gansukh	12.03.77	MGL	65.45	3	100.0	160.0	170.0	160.0	618.40	12
-74kg											
1	Sanduijav Enkhbat	17.09.77	MGL	73.30	4	155.0	165.0	175.0	175.0	605.79	12
2	Purevdorj Khangal	03.03.75	MGL B	73.70	5	100.0	180.0	180.0	100.0	412.02	9
-83kg											
1	Suzuki Shigenari	21.05.73	JPN	82.90	4	230.0	232.5	245.5	232.5	689.77	12
2	Gimbiinov Munkhchul	20.10.77	MGL	81.70	5	210.0	230.0	232.5	210.0	644.09	9
3	Dorjsuren Erdenechul	23.01.77	MGL B	82.90	3	100.0	160.0	180.0	180.0	568.66	8
-93kg											
1	Khumuugul Battumur	05.10.74	MGL	92.80	8	250.0	272.5	272.5	250.0	678.81	12
2	Enkhbayar Sukhbat	09.10.79	MGL	93.00	7	230.0	252.5	252.5	230.0	635.74	9
3	Naidan Sansarbaatar	06.04.77	MGL B	92.20	5	205.0	210.0	212.5	212.5	601.93	8
-105kg											
1	Damdin Uuganbayar	10.05.76	MGL	104.10	25	257.5	257.5	270.0	257.5	649.32	12
2	Tserensodnom Bayas	16.03.76	MGL B	104.50	24	240.0	257.5	267.5	257.5	647.93	9
3	Okayama Miki	16.09.72	JPN	104.30	27	220.0	240.0	260.0	220.0	575.78	8
4	Zhashkeyev Azamat	15.06.74	KAZ	104.35	28	165.0	180.0	180.0	165.0	468.82	7
-120kg											
1	Sanjsuren Bayartugs	03.07.76	MGL	110.55	4	160.0	257.5	275.0	275.0	661.03	12
2	Ayush Otgonbayar	27.06.77	MGL	119.00	3	247.5	255.0	270.0	255.0	600.36	9
3	Tserendamba Bayark	10.05.71	MGL B	119.85	5	240.0	240.0	X	240.0	571.63	8
120+kg											
1	Damdinbal Otgonbaat	05.09.75	MGL	126.95	16	150.0	240.0	X	240.0	555.94	12
—	Purev Boldbaatar	05.12.72	MGL B	121.25	17	260.0	300.0	310.0	DSQ	—	—

Nation (points)

1 Mongolia	60	[12+12+12+12+12]	3213.35 IPF Pts
2 Mongolia B	42	[9+9+8+8+8]	2802.18 IPF Pts
3 Japan	20	[12+8]	1265.55 IPF Pts
4 Kazakhstan	7	[7]	468.82 IPF Pts

Best Lifters of Masters 1 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Suzuki Shigenari	Japan	82.90	232.5	689.7687	1
2.	Khumuugul Battumur	Mongolia	92.80	250.0	678.8125	1
3.	Sanjsuren Bayartugs	Mongolia	110.55	275.0	661.0323	1

Masters 2

-59kg											
1	S Sainudheen	28.05.68	IND	58.52	4	70.0	80.0	85.0	85.0	440.09	12
-74kg											
1	Dolgorsuren Bayarjarᠠ	06.04.69	MGL	69.95	3	100.0	110.0	120.0	110.0	453.18	12
-83kg											
1	Biswas Pabitra	25.02.66	IND	80.85	2	90.0	115.0	120.0	120.0	436.70	12
-93kg											
1	Kaukakov Bakhyt	01.01.67	KAZ	91.40	4	160.0	170.0	X	170.0	514.30	12
2	Zundui Dorj	13.03.60	MGL	89.75	2	120.0	130.0	140.0	130.0	433.13	9
-120kg											
1	Lkhamaa Jargalsaikhᠠ	22.06.68	MGL	116.10	2	180.0	X	X	180.0	472.24	12

Nation (points)

1	Mongolia	33	[12+12+9]	1358.55	IPF Pts
2	India	24	[12+12]	876.79	IPF Pts
3	Kazakhstan	12	[12]	514.30	IPF Pts

Best Lifters of Masters 2 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Kaukakov Bakhyt	Kazakhstan	91.40	170.0	514.2994	1
2.	Lkhamaa Jargalsaikhᠠ	Mongolia	116.10	180.0	472.2351	1
3.	Dolgorsuren Bayarjarᠠ	Mongolia	69.95	110.0	453.1789	1

Masters 3

-59kg											
1	Iitsuka Shinichi	14.01.56	JPN	57.90	3	80.0	100.0	115.0	100.0	492.95	12
-66kg											
1	Hashimoto Masato	28.11.57	JPN	63.60	1	80.0	120.0	127.5	127.5	537.57	12
2	Sekine Takanobu	10.03.55	JPN	65.55	2	95.0	120.0	127.5	127.5	524.88	9
-74kg											
1	Dash Namkhaidorj	03.03.52	MGL	71.80	2	115.0	125.0	125.0	115.0	458.24	12
-105kg											
1	Ydamsuren Amarjargᠠ	15.03.56	MGL	102.40	22	110.0	120.0	140.0	140.0	424.20	12

Nation (points)

1	Japan	33	[12+12+9]	1555.41	IPF Pts
2	Mongolia	24	[12+12]	882.44	IPF Pts

Best Lifters of Masters 3 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Hashimoto Masato	Japan	63.60	127.5	537.5731	1
2.	Sekine Takanobu	Japan	65.55	127.5	524.8830	2
3.	Iitsuka Shinichi	Japan	57.90	100.0	492.9535	1

Masters 4

-59kg											
1	Pok Kim-Won	05.10.40	HKG	50.00	2	55.0	60.0	65.0	65.0	431.21	12
-74kg											
1	Jadamba Baasandam	15.08.44	MGL	71.50	1	90.0	105.0	105.0	90.0	393.96	12
-93kg											
1	Tseveendorj Maamch	08.06.46	MGL	85.00	1	125.0	135.0	140.0	140.0	469.29	12
-105kg											
1	Abakirov Adzhibek	09.03.47	KGZ	101.50	21	90.0	100.0	110.0	110.0	366.68	12

Nation (points)

1	Mongolia	24	[12+12]	863.25	IPF Pts
2	Hong Kong	12	[12]	431.21	IPF Pts
3	Kyrgyzstan	12	[12]	366.68	IPF Pts

Best Lifters of Masters 4 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
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1.	Tseveendorj Maamch Mongolia	85.00	140.0	469.2931	1
2.	Pok Kim-Won Hong Kong	50.00	65.0	431.2083	1
3.	Jadamba Baasandam Mongolia	71.50	90.0	393.9573	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = Hong Kong

KAZ = Kazakhstan

MGL = Mongolia

IND = India

KAZ B = Kazakhstan B

MGL B = Mongolia B

JPN = Japan

KGZ = Kyrgyzstan