

ASIAN POWERLIFTING FEDERATION
Asian Men's Classic Bench Press Championships, Ulaanbaatar (Mongolia), 06-12.09.2019
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	Lot	1 Att.	2 Att.	3 Att.	Result	IPF Pts	Pts
-59kg											
1	Purevsuren Bat-Amga	06.05.87	MGL	58.20	14	140.0	142.5	145.0	145.0	787.92	12
2	Tsegmid Battulga	22.04.91	MGL	58.02	12	110.0	132.5	142.5	132.5	721.79	9
-66kg											
1	Takahashi Yuji	01.05.83	JPN	65.65	11	160.0	160.0	175.5	160.0	780.52	12
2	Vanchigdash Mygmar	25.02.86	MGL	65.95	12	140.0	145.0	162.5	145.0	704.37	9
3	Salmen Azat	08.02.89	KAZ	66.00	10	140.0	145.0	150.0	145.0	703.92	8
-74kg											
1	Gerelbadrakh Ganbol	12.11.90	MGL	72.60	15	170.0	175.0	180.0	180.0	809.06	12
2	Ganbaatar Ariunbold	22.12.91	MGL	73.25	18	170.0	175.0	177.5	170.0	758.72	9
3	Almarzooqi Mansour	03.02.95	UAE	74.00	17	160.0	170.0	170.0	170.0	752.75	8
4	Zhakypbekov Shakhri	18.07.97	KAZ	73.35	14	155.0	160.0	160.0	160.0	713.24	7
5	Hung Wing Fai	07.08.80	HKG	70.05	16	120.0	130.0	135.0	130.0	600.62	6
-83kg											
1	Suzuki Yusuke	05.09.84	JPN	81.25	18	207.5	217.0	217.0	207.5	857.24	12
2	Galdan Orgilbold	21.11.86	MGL	82.40	15	197.5	202.5	210.0	202.5	828.18	9
3	Yemchenko Alexande	06.12.90	KAZ	83.00	19	180.0	185.0	192.5	192.5	783.20	8
4	Supronkov Alexandr	17.09.87	KAZ B	82.30	16	190.0	192.5	192.5	190.0	777.68	7
5	Chuluuntsetseg Ochir	12.05.95	MGL B	82.25	17	170.0	185.0	192.5	185.0	757.52	6
-93kg											
1	Tsoy Vyacheslav	18.09.84	KAZ	90.50	13	210.0	220.0	225.0	220.0	843.46	12
2	Khumuugul Battumur	05.10.74	MGL	92.80	16	185.0	192.5	X	185.0	697.56	9
-105kg											
1	Enkhbayar Sodnompil	24.08.85	MGL	104.25	26	240.0	245.0	248.0	248.0	868.77	12
2	Vertmiller Kirill	27.06.84	KAZ	104.35	30	210.0	222.5	222.5	210.0	735.29	9
3	Rybka Denis	20.05.85	KAZ	104.90	27	210.0	222.5	222.5	210.0	732.95	8
—	Gankhuu Tserentogto	24.11.84	MGL B	103.00	28	220.0	222.5	222.5	DSQ	—	—
—	Alkhanbouli Mohamm	08.08.80	UAE	104.10	19	160.0	X	X	DSQ	—	—
-120kg											
1	Koga Hirokazu	10.10.91	JPN	112.85	11	220.0	225.0	230.5	230.5	770.31	12
2	Li Dimitriy	01.01.91	KAZ	111.55	10	215.0	220.0	227.5	220.0	740.24	9
3	Odontungalag Munkhl	06.05.82	MGL B	117.00	12	212.5	217.5	222.5	217.5	711.99	8
4	Danzan Tuvshintugs	09.01.84	MGL B	117.20	13	205.0	212.5	X	205.0	670.48	7
120+kg											
1	Nergui Ylalt	08.05.82	MGL	144.00	19	230.0	235.0	X	230.0	673.46	12
2	Pichshayev Roman	30.04.89	KAZ	120.15	20	200.0	205.0	205.0	205.0	661.16	9
3	Tumurbaatar Erdenek	13.07.85	MGL B	120.60	18	192.5	200.0	202.5	202.5	651.75	8
4	Fong Chai Chi	01.01.82	HKG	136.20	21	165.0	175.0	185.0	175.0	527.69	7

Nation (points)

1	Mongolia	57	[12+12+12+12+9]	3967.39	IPF Pts
2	Kazakhstan	47	[12+9+9+9+8]	3763.34	IPF Pts
3	Japan	36	[12+12+12]	2408.07	IPF Pts
4	Mongolia B	29	[8+8+7+6]	2791.74	IPF Pts
5	Hong Kong	13	[7+6]	1128.31	IPF Pts
6	United Arab Emirates	8	[8]	752.75	IPF Pts
7	Kazakhstan B	7	[7]	777.68	IPF Pts

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Enkhbayar Sodnompil	Mongolia	104.25	248.0	868.7679	1
2.	Suzuki Yusuke	Japan	81.25	207.5	857.2403	1
3.	Tsoy Vyacheslav	Kazakhstan	90.50	220.0	843.4557	1

-53kg

1	Kuvaldin Ivan	11.06.01	KAZ	51.68	2	117.5	122.5	130.0	130.0	795.86	12
2	Yerlan Igiliik	05.01.01	KAZ	52.70	1	70.0	77.5	82.5	82.5	492.86	9

3 Meitei Maibam Ibomcl	16.03.02	IND	51.60	3	60.0	65.0	70.0	65.0	395.93	8
-59kg										
1 Marchenko Anton	26.06.03	KAZ	58.70	11	107.5	115.0	117.5	117.5	632.64	12
2 Jargalsaikhan Altansu	12.09.01	MGL	58.30	9	112.5	115.0	117.5	112.5	609.48	9
3 Lonjidjargal Otgon-Erc	07.07.01	MGL	56.90	10	87.5	92.5	100.0	92.5	512.20	8
-66kg										
1 Munkh-Ochir Baljinny	01.09.01	MGL	64.90	8	97.5	105.0	110.0	105.0	516.36	12
2 Batbold Enkhbuyant	19.06.01	MGL	65.80	9	95.0	95.0	107.5	95.0	461.50	9
3 Amgalan Uuriuntsolm	06.09.02	MGL	61.10	7	85.0	92.5	95.0	92.5	479.28	8
-74kg										
1 Gurtovenko Vladislav	21.07.02	KAZ	72.60	12	110.0	117.5	122.5	122.5	550.06	12
2 Choudhary Haroon	15.07.01	IND	72.15	11	107.5	115.0	120.0	120.0	541.43	9
-83kg										
1 Kim Dmitriy	01.01.02	KAZ	80.35	14	95.0	105.0	110.0	110.0	457.65	12
-93kg										
1 Oleinikov Yegor	01.01.05	KAZ	83.90	10	75.0	90.0	100.0	100.0	403.43	12
-105kg										
1 Mungunbaatar Bilguur	26.09.01	MGL	101.40	24	100.0	110.0	120.0	120.0	427.77	12
-120kg										
1 Rudenko Nikita	06.11.01	KAZ	118.35	8	135.0	140.0	150.0	140.0	455.69	12
2 Batsukh Tsogt	26.07.01	MGL	117.40	9	132.5	135.0	147.5	135.0	441.45	9
120+kg										
1 Mungunbaatar Dulguu	26.09.01	MGL	121.40	17	120.0	125.0	X	125.0	401.26	12

Nation (points)

1 Kazakhstan	60	[12+12+12+12+12]	2891.91 IPF Pts
2 Mongolia	54	[12+12+12+9+9]	2416.38 IPF Pts
3 India	17	[9+8]	937.36 IPF Pts

Best Lifters of Subjuniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk				
1.	Kuvaldin Ivan	Kazakhstan	51.68	130.0	795.8574	1				
2.	Marchenko Anton	Kazakhstan	58.70	117.5	632.6416	1				
3.	Jargalsaikhan Altansu	Mongolia	58.30	112.5	609.4788	2				
-59kg										
1	Hashimoto Kanta	JPN	58.82	8	130.0	135.0	140.0	135.0	726.02	12
2	Khurelbat Munkhtur	MGL	58.76	7	110.0	115.0	125.0	115.0	618.51	9
-66kg										
1	Mitsui Seiya	JPN	65.80	6	140.0	145.0	152.5	152.5	742.37	12
2	Od-Erdene Usukhbay	MGL	65.90	4	130.0	145.0	147.5	130.0	631.65	9
-74kg										
1	Enhjargal Galbayar	MGL	73.05	8	165.0	172.5	178.0	165.0	737.92	12
2	Okamoto Yu	JPN	73.20	10	132.5	142.5	152.5	142.5	636.06	9
3	Uuganbayar Myagmai	MGL	72.35	9	132.5	140.0	142.5	132.5	596.71	8
-83kg										
1	Yudchenko Sergey	KAZ	78.90	11	177.5	182.5	X	182.5	770.11	12
2	Krivtsov Denis	KAZ	82.40	12	155.0	165.0	165.0	155.0	633.73	9
3	Batbold Dulguun	MGL	81.35	10	130.0	140.0	145.0	140.0	577.58	8
-93kg										
1	Batbaatar Dashbalbar	MGL	89.10	6	160.0	172.5	190.0	172.5	668.23	12
2	Enkhjargal Enkhtur	MGL	84.70	8	140.0	140.0	X	140.0	561.36	9
-105kg										
1	Akhmetov Zhassurbel	KAZ	100.80	22	100.0	115.0	125.0	125.0	447.22	12
-120kg										
1	Bayasgalan Tuvshiba	MGL	115.10	5	170.0	180.0	185.0	185.0	611.43	12
2	Akhmedov Zhalaliddii	KAZ	105.20	7	100.0	110.0	120.0	110.0	383.51	9

Nation (points)

1 Mongolia	54	[12+12+12+9+9]	3267.74 IPF Pts
2 Kazakhstan	42	[12+12+9+9]	2234.56 IPF Pts

Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Yudchenko Sergey	Kazakhstan	78.90	182.5	770.1083	1
2.	Mitsui Seiya	Japan	65.80	152.5	742.3695	1
3.	Enhjargal Galbayar	Mongolia	73.05	165.0	737.9235	1
-66kg						
1	Mandakh Gansukh	12.03.77 MGL	65.75 2	135.0	140.0 140.0	135.0 657.31 12
2	Dugersuren Bayanmu	04.07.73 MGL B	65.05 3	100.0	110.0	X 110.0 540.01 9
-74kg						
1	Lkhagva Jamyan	21.06.78 MGL	70.60 5	135.0	145.0	150.0 150.0 688.99 12
2	Sukhbaatar Bayasgal	13.05.77 MGL B	72.90 7	125.0	130.0	147.5 130.0 581.97 9
3	Purevdorj Erkhembulç	23.05.75 MGL B	73.00 6	125.0	127.5	132.5 127.5 570.14 8
-83kg						
1	Ganjuur Gantugs	14.01.78 MGL	81.90 6	155.0	160.0	167.5 167.5 687.88 12
2	Gansukh Gan-Erdene	25.07.76 MGL	81.00 8	135.0 135.0	142.5	142.5 589.73 9
3	Nanjid Damdinbat	14.07.76 MGL B	81.30 5	120.0	122.5	130.0 130.0 536.49 8
-93kg						
1	Alzaabi Faisal	01.01.78 UAE	91.30 5	185.0	195.0	200.0 200.0 762.28 12
2	Baasanjav Tuvshintog	01.05.78 MGL B	92.90 3	180.0	190.0	195.0 190.0 715.91 9
3	Gaadansuren Batbileç	26.03.77 MGL B	91.10 4	160.0	175.0	185.0 175.0 667.94 8
-105kg						
1	Sodov Enkhjargal	14.06.71 MGL	96.15 21	180.0 180.0	180.0	195.0 180.0 663.30 12
2	Mohamad Ziad	20.07.72 SYR	98.05 29	90.0	105.0	115.0 115.0 418.60 9
-120kg						
1	Batbold Hash-Erdene	14.09.73 MGL	107.50 4	185.0	192.5	205.0 192.5 662.09 12
2	Sanjsuren Bayartugs	03.07.76 MGL B	110.30 3	182.5	190.0	197.5 190.0 643.63 9
3	Bazarsuren Uurtsaikh	06.09.76 MGL B	118.70 22	175.0	185.0 185.0	175.0 568.41 8
120+kg						
1	Damdinbal Otgonbaat	05.09.75 MGL	128.20 16	170.0	175.0	177.5 177.5 552.62 12
2	Khurelsukh Ganselerr	06.09.75 MGL	121.00 23	155.0	165.0	175.0 165.0 530.28 9

Nation (points)

1	Mongolia	60	[12+12+12+12+12]	3359.58 IPF Pts
2	Mongolia B	44	[9+9+9+9+8]	3149.47 IPF Pts
3	United Arab Emirates	12	[12]	762.28 IPF Pts
4	Syria	9	[9]	418.60 IPF Pts

Best Lifters of Masters 1 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Alzaabi Faisal	United Arab Emirates	91.30	200.0	762.2802	1
2.	Baasanjav Tuvshintog	Mongolia B	92.90	190.0	715.9146	2
3.	Lkhagva Jamyan	Mongolia	70.60	150.0	688.9913	1
-59kg						
1	S Sainudheen	28.05.68 IND	58.12 5	70.0	80.0	85.0 85.0 460.92 12
-74kg						
1	Dolgorsuren Bayarjarç	06.04.69 MGL	69.55 4	90.0 90.0	100.0	100.0 464.22 12
2	Oldohbayar Tsendenc	11.09.64 MGL	73.45 19	65.0	75.0	92.5 75.0 333.12 9
-83kg						
1	Yamashita Takuya	22.02.68 JPN	81.80 1	145.0	155.0	157.5 157.5 647.32 12
2	Banzar Bayaraa	12.04.63 MGL	82.30 4	110.0	115.0	120.0 120.0 490.86 9
3	Biswas Pabitra	25.02.66 IND	81.30 3	90.0	105.0	117.5 105.0 433.15 8
-93kg						
1	Zundui Dorj	13.03.60 MGL	89.45 15	110.0	115.0	120.0 120.0 463.53 12
-105kg						
1	Tsevegsuren Munkhb	14.03.69 MGL	104.30 17	160.0	180.0 X	160.0 560.50 12
-120kg						
1	Lkhamaa Jargalsaikh	22.06.68 MGL	115.00 2	140.0	150.0	X 150.0 496.17 12

Nation (points)

1	Mongolia	57	[12+12+12+12+9]	2475.28	IPF Pts
2	India	20	[12+8]	894.06	IPF Pts
3	Japan	12	[12]	647.32	IPF Pts

Best Lifters of Masters 2 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Yamashita Takuya	Japan	81.80	157.5	647.3225	1
2.	Tsevegsuren Munkhb	Mongolia	104.30	160.0	560.4986	1
3.	Lkhamaa Jargalsaikh	Mongolia	115.00	150.0	496.1680	1

-59kg

1	Shagdar Perenlei	05.02.51	MGL	58.86	4	50.0	65.0	70.0	65.0	347.45	12
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-66kg

1	Sugar Bogd-Ochir	07.11.58	MGL	63.40	1	70.0	72.5	80.0	80.0	400.76	12
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-74kg

1	Shagdarsuren Bat-Erc	06.09.57	MGL	73.35	2	90.0	90.0	105.0	105.0	467.50	12
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-105kg

1	Ydamsuren Amarjarg	15.03.56	MGL	102.25	16	90.0	100.0	110.0	100.0	354.72	12
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Nation (points)

1	Mongolia	48	[12+12+12+12]	1570.43	IPF Pts
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Best Lifters of Masters 3 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Shagdarsuren Bat-Erc	Mongolia	73.35	105.0	467.5010	1
2.	Sugar Bogd-Ochir	Mongolia	63.40	80.0	400.7649	1
3.	Ydamsuren Amarjarg	Mongolia	102.25	100.0	354.7225	1

-74kg

1	Jadamba Baasandam	15.08.44	MGL	71.65	1	65.0	70.0	80.0	70.0	316.81	12
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-93kg

1	Tseveendorj Maamch	08.06.46	MGL	86.36	1	110.0	120.0	120.0	120.0	474.68	12
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-105kg

1	Abakirov Adzhibek	09.03.47	KGZ	100.05	15	70.0	80.0	90.0	80.0	287.64	12
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Nation (points)

1	Mongolia	24	[12+12]	791.49	IPF Pts
2	Kyrgyzstan	12	[12]	287.64	IPF Pts

Best Lifters of Masters 4 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Tseveendorj Maamch	Mongolia	86.36	120.0	474.6806	1
2.	Jadamba Baasandam	Mongolia	71.65	70.0	316.8104	1
3.	Abakirov Adzhibek	Kyrgyzstan	100.05	80.0	287.6417	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = Hong Kong

KAZ B = Kazakhstan B

SYR = Syria

IND = India

KGZ = Kyrgyzstan

UAE = United Arab Emirates

JPN = Japan

MGL = Mongolia

KAZ = Kazakhstan

MGL B = Mongolia B