

ASIAN POWERLIFTING FEDERATION
ASIAN BENCHPRESS CHAMPIONSHIP 2018, DUBAI (U A E), 18-24.09.2018

SCORESHEET

PL.	Name	B.Date	Team	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.
Open												
-47kg												
1.	POPOVA KRISTINA	10-06-2001	KAZ-A	46.96	1,3457	3	70,0	75,0	80,0	75,0	100.93	12
2.	TSKHAY NATALYA	19-04-1975	KAZ-B	45.54	1,3754	4	60,0	65,0	67,5	65,0	89.40	9
3.	PORATHA TRIIDA	21-05-1989	IND-B	46.70	1,3654	5	40,0	45,0	50,0	45,0	87.90	8
4.	KARINTHA IFRAN	01-09-1992	IND-B	42.90	1,2645	6	30,0	35,0	40,0	35,0	80.40	7
5.	PAKIM KAFUKA	15-07-1982	PAK	46.70	1,2465	7	20,0	25,0	35,0	25,0	78.65	6
-52kg												
1.	AKSHITHA POOJARTHI	08-08-1987	IND-A	52.00	1,2466	12	70,0	75,0	80,0	80,0	99.73	12
2.	YIP KIT-YING REBECCA	01-01-1976	HKG	50.14	1,2819	10	65,0	70,0	75,0	70,0	89.73	9
3.	DEEKSHA SHARMA	20-12-1991	IND-A	48.45	1,3153	11	55,0	60,0	60,0	55,0	72.34	8
4.	RAJ LAXMI SINGH	01-01-1988	IND-B	51.92	1,2481	9	55,0	55,0	57,5	55,0	68.65	7
-57kg												
1.	TOLEGENOVA ALIYA	07-11-1996	KAZ-A	56.68	1,1655	7	90,0	95,0	100,0	100,0	116.55	12
2.	KURYSHEVA OLGA	28-02-2067	KAZ-B	56.92	1,1617	8	75,0	85,0	97,5	97,5	113.27	9
3.	FAO SIN	05-09-1994	HKG	55.91	1,1236	9	60,0	62,5	65,0	65,0	112.9	8
4.	GUAN JAKI	14-12-1992	JPN	52.80	1,1205	10	40,0	45,0	55,0	55,0	110.7	7
5.	MAI JIN	29-04-1994	HKG	54.80	1,1164	11	20,0	25,0	35,0	35,0	108.4	6
-63kg												
1.	ISKANDAROVA VALIDA	10-04-1974	KAZ-A	62.30	1,0831	14	117,5	125,0	125,0	117,5	127.26	12
2.	TOMAZOVA YULIYA	26-07-1993	KAZ-B	63.00	1,0945	15	95,0	100,0	110,0	110,0	118.14	9
3.	CHAN MEI-MEI	01-01-1968	HKG	61.45	1,0856	13	70,0	72,5	75,0	75,0	82.09	8
4.	MITSUKO MIHO	17-06-1989	JPN	62.40	1,0801	16	55,0	60,0	70,0	70,0	79.56	7
5.	LING LUFEN	27-06-1978	HKG	60.46	1,0789	17	40,0	50,0	55,0	55,0	74.64	6
-72kg												
1.	KABIYEVA ZHADYRA	02-05-1992	KAZ-A	71.99	0,9761	4	140,0	140,0	150,0	150,0	146.41	12
2.	AMRUTHA MOHAN	25-08-1992	IND-B	72.00	0,9760	15	45,0	55,0	65,0	65,0	63.44	9
-84kg												
1.	BERMUKHAMBETOVA ZH	08-11-1986	KAZ-A	81.33	0,9068	9	135,0	145,0	152,5	152,5	138.29	12
2.	KUZNETSOVA ZOYA	08-03-1989	KAZ-A	83.22	0,8959	6	110,0	117,5	122,5	122,5	109.75	9
3.	HO KIT-MING FLORENCE	01-01-1979	HKG	82.52	0,8999	7	92,5	97,5	100,0	92,5	83.24	8
4.	RUPALI DAS	22-02-1980	IND-A	81.10	0,9082	8	50,0	52,5	65,0	65,0	59.03	7
84+kg												
1.	ABDURAIMOVA AZIZA	21-03-1989	KAZ-A	89.20	0,8673	13	150,0	160,0	170,0	160,0	138.77	12
2.	KONSAM ROSHIDA DEVI	23-09-1991	IND-A	84.26	0,8904	14	67,5	75,0	80,0	80,0	71.23	9
3.	CHHAYA BHAT	27-08-1969	IND-A	117.83	0,8023	12	70,0	75,0	82,5	75,0	60.17	8

Nation (points)

Best Lifters of Open							
Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	KABIYEVA ZHADYRA	KAZAKHSTAN-A	71.99	0,9761	150,0	146.42	1
2.	ABDURAIMOVA AZIZA	KAZAKHSTAN-A	89.20	0,8673	160,0	138.77	1
3.	BERMUKHAMBETOVA ZH	KAZAKHSTAN-A	81.33	0,9068	152,5	138.29	1

Sub-Juniors

-52kg												
1.	DOSKUL ADELYA	03-08-2003	KAZ	51.56	1,2548	7	70,0	80,0	87,5	80,0	100.38	12
-57kg												
1.	ZHUMABAYEVA ALIYA	24-01-2000	KAZ	56.75	1,1644	6	65,0	70,0	75,0	75,0	87.33	12
2.	NURIDDINOVA DIANA	01-01-2001	KAZ	53.61	1,2175	5	50,0	57,5	62,5	50,0	60.88	9
3.	HUASIN MALI	23-08-2001	HKG	56.80	1,2010	7	35,0	40,0	42,5	42,5	58.7	8
4.	PRATAKHA ISANI	14-02-2001	IND	55.80	1,994	8	35,0	40,0	40,0	35,0	53.8	7
-63kg												
1.	SOVETOVA TOMIRIS	17-01-2002	KAZ	62.06	1,0863	12	110,0	117,5	120,0	120,0	130.36	12
2.	VENIEZIA A CARLO	07-02-2000	IND	62.72	1,0776	11	70,0	77,5	82,5	77,5	83.51	9
84+kg												
1.	MALYKHINA DIANA	25-04-2003	KAZ	105.13	0,8215	11	90,0	100,0	110,0	110,0	90.36	12
2.	PANCHAMI .	25-02-2004	IND	100.36	0,8317	10	50,0	50,0	55,0	55	42.64	9
3.	RAKHU RAMA	16-03-2002	IND	89.10	0,8421	12	50,0	52,5	55,0	52,5	40.64	8
4.	DAYARAM GERISH	02-04-2001	IND	102.90	0,8261	13	30,0	35,0	40,0	40,0	32.60	7

5. MAKIN GUORI 14-06-2002 JPN 91.6 0.8165 14 20.0 25.0 30.0 30.0 30.6 6
Nation (points)

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	SOVETOVA TOMIRIS	KAZAKHSTAN	62.06	1,0863	120,0	130.36	1
2.	DOSKUL ADELYA	KAZAKHSTAN	51.56	1,2548	80,0	100.38	1
3.	MALYKHINA DIANA	KAZAKHSTAN	105.13	0,8215	110,0	90.37	1

Juniors

-47kg

1.	DESHMUKH SHUSHMITA	06-11-1996	IND	46.34	1,3586	2 55,0 60,0 65,0	60,0	81.52	12
2.	BINCY VARGHESE	24-02-1999	IND	46.83	1,3484	1 37,5 42,5 45,0	42,5	57.31	9

-52kg

1.	NEEMAKUMARI .	01-06-1997	IND	50.00	1,2846	5 57,5 57,5 60,0	60,0	77.08	12
2.	POIGRAY ANASTASSIYA	31-01-1999	KAZ	51.52	1,2556	6 50,0 55,0 60,0	50,0	62.78	9

-57kg

1.	OMARKHANOVA SANIYA	21-07-1999	KAZ	56.05	1,1758	4 65,0 70,0 75,0	75,0	88.19	12
2.	SWATHI .	27-03-1997	IND	56.81	1,1634	3 52,5 57,5 60,0	57,5	66.90	9
3.	DEVDAK RAKHUL	15-08-1997	IND	53.90	1,1512	5 45,0 50,0 55,0	50	60.45	8
4.	YNHUA YANLIN	12-05-1998	HKG	56.40	1,1410	6 30,0 35,0 40,0	35	51.23	7

-63kg

1.	SHALINI G	25-06-1996	IND	62.16	1,0850	10 60,0 65,0 70,0	65,0	70.53	12
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-72kg

1.	KORNIYENKO TAMIRIS	05-04-1998	KAZ	71.49	0,9807	2 100,0 100,0 100,0	100,0	98.07	12
2.	IKEDA MISAKI	20-02-1999	JPN	65.42	1,0441	3 85,0 100,0 100,0	85,0	88.75	9

-84kg

1.	USHA R	27-09-1997	IND	83.32	0,8954	5 60,0 67,5 67,5	67,5	60.44	12
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Nation (points)

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	KORNIYENKO TAMIRIS	KAZAKHSTAN	71.49	0,9807	100,0	98.07	1
2.	IKEDA MISAKI	JAPAN	65.42	1,0441	85,0	88.75	2
3.	OMARKHANOVA SANIYA	KAZAKHSTAN	56.05	1,1758	75,0	88.19	1

Masters 1

-57kg

1.	EKTA VISHNOI	06-03-1974	IND	55.48	1,1852	2 60,0 65,0 67,5	65,0	77.04	12
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-72kg

1.	AMIRI MARYAM	04-06-1978	IRN	68.40	1,0110	1 70,0 90,0 100,0	100,0	101.10	12
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Nation (points)

Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	AMIRI MARYAM	IRAN	68.40	1,0110	100,0	101.10	1
2.	EKTA VISHNOI	INDIA	55.48	1,1852	65,0	77.04	1

Masters 2

-57kg

1.	YANAGISAWA YUKIKO	01-11-2067	JPN	56.13	1,1745	1 57,5 62,5 67,5	62,5	73.41	12
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-63kg

1.	IP WING-YUK	01-01-2061	HKG	61.10	1,0994	9 70,0 75,0 77,5	77,5	85.20	12
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Nation (points)

Best Lifters of Masters 2

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	IP WING-YUK	HONG KONG	61.10	1,0994	77,5	85.20	1
2.	YANAGISAWA YUKIKO	JAPAN	56.13	1,1745	62,5	73.41	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = HONG KONG

IRN = IRAN

KAZ-B = KAZAKHSTAN-B

IND = INDIA

JPN = JAPAN

IND-A = INDIA-A

KAZ = KAZAKHSTAN

IND-B = INDIA-B

KAZ-A = KAZAKHSTAN-A

