

**ASIAN POWERLIFTING FEDERATION**  
**ASIAN CLASSIC BENCHPRESS CHAMPIONSHIP 2018, DUBAI (U A E), 18-24.09.2018**

**SCORESHEET**

PL.	Name	B.Date	Team	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.
<b>Open</b>												
<b>-47kg</b>												
1.	POPOVA KRISTINA	10-06-2001	KAZ-A	46.95	1,3459	4	60,0	62,5	65,0	65,0	87.48	12
2.	TSKHAY NATALYA	19-04-1975	KAZ-B	46.37	1,3580	3	52,5	57,5	<del>62,5</del>	57,5	78.08	9
3.	SOHAIL SYBIL	04-12-1991	PAK	46.28	1,3598	6	40,0	42,5	<del>45,0</del>	42,5	57.79	8
4.	MANISHA SHARMA	08-01-1994	IND-A	43.80	1,4123	5	30,0	<del>40,0</del>	<del>45,0</del>	30,0	42.37	7
5.	BIYU VEN	15-06-1994	HKG	46.10	1,3945	7	20,0	<del>25,0</del>	<del>25,0</del>	20,0	39.31	6
<b>-52kg</b>												
1.	AKSHITHA POOJARTHI	08-08-1987	IND-A	51.87	1,2490	13	60,0	67,5	<del>70,0</del>	67,5	84.31	12
2.	RAJ LAXMI SINGH	01-01-1988	IND-B	50.75	1,2702	14	52,5	55,0	60,0	60,0	76.21	9
3.	KOLESNIKOVA ANASTAS	05-05-1987	KAZ-A	51.65	1,2531	12	55,0	60,0	<del>62,5</del>	60,0	75.19	8
4.	YIP KIT-YING REBECCA	01-01-1976	HKG	49.68	1,2909	16	50,0	<del>55,0</del>	<del>55,0</del>	50,0	64.55	7
5.	DEEKSHA SHARMA	20-12-1991	IND-A	48.19	1,3206	15	40,0	<del>45,0</del>	X	40,0	52.82	6
<b>-57kg</b>												
1.	TOLEGENOVA ALIYA	07-11-1996	KAZ-B	56.44	1,1694	8	75,0	77,5	80,0	80,0	93.55	12
2.	BHAVANA BISHT	03-03-1985	IND-A	56.01	1,1764	10	70,0	75,0	<del>77,5</del>	75,0	88.23	9
3.	FUKAZAWA AYUMI	10-06-1988	JPN	56.19	1,1735	11	55,0	60,0	<del>62,5</del>	60,0	70.41	8
4.	SUIN HEPIN	05-04-1989	HKG	55.14	1,1651	12	40,0	45,0	<del>50,0</del>	45,0	56.12	7
5.	VENLING DZHU	12-07-1987	HKG	54.10	1,0795	13	20,0	30,0	<del>35,0</del>	30,0	54.64	6
<b>-63kg</b>												
1.	TIMOSHINA MARIYA	27-01-1984	KAZ-A	59.20	1,1266	17	95,0	100,0	<del>105,0</del>	100,0	112.66	12
2.	TOMAZOVA YULIYA	26-07-1993	KAZ-B	62.90	1,1165	19	75,0	80,0	85,0	85,0	91.40	9
3.	TAPSI CHAKRABORTY	12-04-1985	IND-A	60.16	1,1126	18	50,0	57,5	<del>62,5</del>	57,5	63.98	8
4.	MAKTA NEHA	29-06-1989	IND-B	62.80	1,1023	20	40,0	45,0	<del>50,0</del>	45,0	60.46	7
5.	BELGIM AUBARIN	15-10-1990	PAK	61.40	1,1001	21	40,0	<del>45,0</del>	<del>45,0</del>	40,0	57.23	6
<b>-72kg</b>												
1.	KRYUKOVA YEKATERINA	21-09-1985	KAZ-A	71.52	0,9804	4	107,5	<del>112,5</del>	<del>117,5</del>	107,5	105.39	12
2.	MAQSOOD NADIA	31-05-1988	PAK	64.77	1,0519	5	35,0	40,0	42,5	42,5	44.71	9
3.	MARIYUM SOHAIL	27-09-1993	PAK	64.02	1,0610	18	<del>25,0</del>	25,0	30,0	30,0	31.83	8
<b>-84kg</b>												
1.	KUZNETSOVA ZOYA	08-03-1989	KAZ-A	83.04	0,8969	10	80,0	87,5	92,5	92,5	82.96	12
2.	HO KIT-MING FLORENCE	01-01-1979	HKG	82.71	0,8988	12	65,0	70,0	<del>77,5</del>	70,0	62.92	9
3.	CHAITALI BAR	10-05-1986	IND-A	83.45	0,8947	11	50,0	60,0	<del>65,0</del>	60,0	53.68	8
<b>84+kg</b>												
1.	ABDURAIMOVA AZIZA	21-03-1989	KAZ-A	88.48	0,8703	17	105,0	115,0	<del>117,5</del>	115,0	100.08	12
2.	IING KIAO	02-06-1992	HKG	87.96	0,8612	18	85,0	90,0	<del>95,0</del>	90	98.26	9
3.	KIRI KUMARI	26-02-1987	IND	91.50	0,8549	19	65,0	72,5	<del>75,0</del>	72,5	97.36	8

**Nation (points)**

**Best Lifters of Open**

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	TIMOSHINA MARIYA	KAZAKHSTAN-A	59.20	1,1266	100,0	112.66	1
2.	KRYUKOVA YEKATERINA	KAZAKHSTAN-A	71.52	0,9804	107,5	105.39	1
3.	ABDURAIMOVA AZIZA	KAZAKHSTAN-A	88.48	0,8703	115,0	100.09	1

**Sub-Juniors**

<b>-47kg</b>												
1.	VERONIKA SOHAIL	21-07-2002	PAK	45.20	1,3825	2	25,0	30,0	<del>35,0</del>	30,0	41.48	12
<b>-52kg</b>												
1.	KISHKIMBAYEVA ALIYA	31-05-2000	KAZ-A	50.97	1,2660	11	65,0	70,0	72,5	72,5	91.78	12
<b>-57kg</b>												
1.	GLADKOVA ALYONA	22-02-2001	KAZ-A	56.50	1,1684	6	60,0	62,5	65,0	65,0	75.95	12
2.	ZHUMABAYEVA ALIYA	24-01-2000	KAZ-A	56.46	1,1691	7	<del>55,0</del>	55,0	<del>62,5</del>	55,0	64.30	9
3.	NURIDDINOVA DIANA	01-01-2001	KAZ-B	54.35	1,2045	5	45,0	50,0	<del>55,0</del>	50,0	60.23	8
4.	MUI SENZI	12-05-2000	HKG	56.70	1,1987	8	40,0	45,0	<del>50,0</del>	45,0	57.56	7
5.	HADISHA AKHMAT	17-05-2001	PAK	55.12	1,1895	9	30,0	35,0	<del>40,0</del>	35,0	56.89	6
<b>-63kg</b>												
1.	VENIEZIA A CARLO	07-02-2000	IND	62.44	1,0813	16	50,0	60,0	<del>70,0</del>	60,0	64.88	12
<b>84+kg</b>												
1.	MALYKHINA DIANA	25-04-2003	KAZ-A	105.47	0,8208	15	75,0	85,0	X	85,0	69.77	12

2.	PANCHAMI .	25-02-2004	IND	99.61	0,8335	16	35,0	37,5	40,0	40,0	33.34	9
3.	SURAKAMI MEGURO	12-08-2003	JPN	98.14	0,8125	17	20,0	30,0	37,5	37,5	30.56	8
4.	FAHRAD SULIMA	02-07-2002	PAK	96.12	0,7956	18	20,0	25,0	30,0	30,0	30.00	7
5.	KEORI AMATU	16-12-2001	JPN	104.20	0,7865	19	20,0	22,5	<del>25,0</del>	22,5	28.40	6

### Nation (points)

#### Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	KISHKIMBAYEVA ALIYA	KAZAKHSTAN-A	50.97	1,2660	72,5	91.79	1
2.	GLADKOVA ALYONA	KAZAKHSTAN-A	56.50	1,1684	65,0	75.95	1
3.	MALYKHINA DIANA	KAZAKHSTAN-A	105.47	0,8208	85,0	69.77	1

#### Juniors

-47kg												
1.	KAWAKAMI MAYU	01-12-1995	JPN	44.17	1,4044	1	50,0	57,5	<del>60,0</del>	57,5	80.75	12

-52kg												
1.	SOLOPOVA ALYONA	30-04-1998	KAZ	51.85	1,2494	8	52,5	57,5	<del>60,0</del>	57,5	71.84	12
2.	SHAHZAD RABIA	07-11-1988	PAK	50.17	1,2813	9	50,0	<del>55,0</del>	<del>55,0</del>	50,0	64.06	9
3.	ANJANI BARI	19-06-1998	IND	51.21	1,2614	7	<del>45,0</del>	45,0	50,0	50,0	63.07	8
4.	NEEMAKUMARI .	01-06-1997	IND	49.40	1,2964	10	45,0	<del>50,0</del>	<del>50,0</del>	45,0	58.34	7

-57kg												
1.	OMARKHANOVA SANIYA	21-07-1999	KAZ	56.38	1,1704	2	70,0	80,0	87,5	87,5	76.08	12
2.	GHAFOOR SANIHA	15-04-1996	PAK	56.34	1,1710	3	50,0	55,0	60,0	60,0	70.26	9
3.	SWATHI U K	27-03-1997	IND	56.70	1,1652	4	40,0	<del>45,0</del>	45,0	45,0	52.43	8
4.	INDRA SUNDARA	18-07-1996	IND	55.70	1,1563	5	30,0	<del>35,0</del>	35,0	35,0	50.12	7
5.	HOSHIKO MYOKO	08-06-1996	JPN	54.60	1,1364	6	30,0	<del>35,0</del>	<del>35,0</del>	30,0	48.96	6

-63kg												
1.	SHESTOPALOVA VICTOR	20-04-1995	KAZ	62.50	1,0805	14	55,0	60,0	67,5	67,5	72.93	12
2.	SHALINI G	25-06-1996	IND	62.85	1,0759	15	45,0	47,5	50,0	50,0	53.80	9

-72kg												
1.	SOHAIL TWINKLE	03-03-1996	PAK	68.37	1,0114	3	50,0	55,0	57,5	57,5	58.16	12
2.	VAISHNAVI K S	26-12-1996	IND	70.44	0,9906	2	32,5	42,5	<del>50,0</del>	42,5	42.10	9

-84kg												
1.	MANISHA EKKA	25-10-1995	IND	81.61	0,9051	9	65,0	72,5	77,5	77,5	70.14	12
2.	RAZZAQ RABBIA	07-09-1997	PAK	74.19	0,9572	7	50,0	57,5	62,5	62,5	59.83	9
3.	USHA R	27-09-1997	IND	83.38	0,8951	8	47,5	55,0	<del>60,0</del>	55,0	49.23	8

### Nation (points)

#### Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	KAWAKAMI MAYU	JAPAN	44.17	1,4044	57,5	80.75	1
2.	OMARKHANOVA SANIYA	KAZAKHSTAN	56.38	1,1704	87,5	76.08	1
3.	SHESTOPALOVA VICTOR	KAZAKHSTAN	62.50	1,0805	67,5	72.93	1

#### Masters 1

-57kg												
1.	EKTA VISHNOI	06-03-1974	IND	55.79	1,1801	1	50,0	52,5	55,0	55,0	64.91	12

-63kg												
1.	ISKANDAROVA VALIDA	10-04-1974	KAZ-B	62.41	1,0817	19	75,0	80,0	82,5	82,5	89.24	12

-72kg												
1.	AMIRI MARYAM	04-06-1978	IRN	67.50	1,0206	1	65,0	70,0	72,5	72,5	73.99	12

84+kg												
1.	CHHAYA BHAT	27-08-1969	IND	118.09	0,8020	13	60,0	70,0	<del>75,0</del>	70,0	56.14	12

### Nation (points)

#### Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	ISKANDAROVA VALIDA	KAZAKHSTAN-B	62.41	1,0817	82,5	89.24	1
2.	AMIRI MARYAM	IRAN	67.50	1,0206	72,5	73.99	1
3.	EKTA VISHNOI	INDIA	55.79	1,1801	55,0	64.91	1

#### Masters 2

**-57kg**

1.	KURYSHEVA OLGA	28-02-2067	KAZ-A	56.56	1,1675	9	60,0	65,0	67,5	67,5	78.81	12
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**-63kg**

1.	JABEEN NUZHAT	19-09-2064	PAK	60.29	1,1107	13	25,0	27,5	X	27,5	30.54	12
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**-84kg**

1.	TOKUTAKE MEGUMI	21-03-2064	JPN	76.16	0,9417	6	102,5	107,5	110,0	110,0	103.59	12
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**Nation (points)****Best Lifters of Masters 2**

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	TOKUTAKE MEGUMI	JAPAN	76.16	0,9417	110,0	103.59	1
2.	KURYSHEVA OLGA	KAZAKHSTAN-A	56.56	1,1675	67,5	78.81	1
3.	JABEEN NUZHAT	PAKISTAN	60.29	1,1107	27,5	30.54	1

**Masters 3****-63kg**

1.	HOSHITA CHIZUKO	17-06-2053	JPN	62.30	1,0831	12	65,0	<del>70,0</del>	<del>70,0</del>	65,0	70.40	12
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**Nation (points)****Best Lifters of Masters 3**

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1.	HOSHITA CHIZUKO	JAPAN	62.30	1,0831	65,0	70.40	1

**Abbreviations:**

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = HONG KONG

IRN = IRAN

KAZ-B = KAZAKHSTAN-B

IND = INDIA

JPN = JAPAN

PAK = PAKISTAN

IND-A = INDIA-A

KAZ = KAZAKHSTAN

IND-B = INDIA-B

KAZ-A = KAZAKHSTAN-A