ASIAN POWERLIFTING FEDERATION
ASIAN BENCHPRESS CHAMPIONSHIPS OLD, MUSCAT (OMAN), 01-05.10.2015
SCORESHEET

PL.	Name	B.Date	Team	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.
Open												
-57kg												
1	Patel Nidhi Singh	07.07.90	IND	55.60	1.1832	3	65.0	77.5	82.5	82.5	97.61	12
-63kg												
1	Iskandarova Valida	01.01.74	KAZ	61.60	1.0925	5	100.0	110.0	~~115.0~~	110.0	120.17	12
2	Sriyan Nayna	01.06.74	IND	60.00	1.1149	6	62.5	70.0	72.5	72.5	80.83	9
-84kg												
1	Kulkarni Deepali	18.10.79	IND	83.40	0.8950	8	40.0	50.0	~~55.0~~	50.0	44.75	12
84+kg												
1	Kanwal Shazia	28.02.84	PAK	95.10	0.8461	-10	30.0	40.0	55.0	55.0	46.54	12

Best Lifters of Open

PL.	Lifter	Nation	B.Weight	WF	Result	W.Points
1	Iskandarova Valida	Kazakhstan	61.60	1.0925	110.0	120.18
2	Patel Nidhi Singh	India	55.60	1.1832	82.5	97.61
3	Sriyan Nayna	India	60.00	1.1149	72.5	80.83

Sub-Juniors												
-84kg												
1	Devi C.H. Jayaluxmi	28.02.99	IND	73.90	0.9596	7	35.0	40.0	45.0	45.0	43.18	12

Best Lifters of Subjuniors

PL.	Lifter	Nation	B.Weight	WF	Result	W.Points
1	Devi C.H. Jayaluxmi	India	73.90	0.9596	45.0	43.18

Juniors												
-57kg												
1	Sohail Twinkle	03.03.96	PAK	52.90	1.2302	2	25.0	32.5	37.5	37.5	46.13	12
-63kg												
1	Azmat Sonia	18.11.94	PAK	60.80	1.1035	-10	35.0	40.0	45.0	45.0	49.66	12

Best Lifters of Juniors

PL.	Lifter	Nation	B.Weight	WF	Result	W.Points
1	Azmat Sonia	Pakistan	60.80	1.1035	45.0	49.66
2	Sohail Twinkle	Pakistan	52.90	1.2302	37.5	46.13

Masters 2												
84+kg												
1	Nar Vijaya	10.06.57	IND	84.10	0.8912	9	25.0	27.5	30.0	30.0	26.74	12

Best Lifters of Masters 2

PL.	Lifter	Nation	B.Weight	WF	Result	W.Points
1	Nar Vijaya	India	84.10	0.8912	30.0	26.74

Abbreviations:
nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
IND = India PAK = Pakistan
KAZ = Kazakhstan