

**Asian  
Benchpress  
Championships  
2009**

**19-20.08.2009 Chandigarh, India**

**Women**

Lot No.	Class	Age Cat.	Family name / 1st name	Nation	Birth Year	Body Weight	Benchpress			Best BP	Place	Formula Point
							1	2	3			
3	48	M1	MASUYAMA AKEMI	JAPAN	1962	48.000	90.0	95.0	x101	95.0	1	125.818
7	48	OPEN	SANDEEP KAUR	INDIA	1983	46.000	40.0	x45	45.0	45.0	1	61.4565
4	52	Jr.	ISHIMARU MAKI	JAPAN	1987	49.250	62.5	67.5	72.5	72.5	1	94.279
5	52	Jr.	SNEHA KARPE	INDIA	1987	50.350	x45	50.0	x52.5	50.0	2	63.94
6	52	Jr.	SNEHAL SAWANT	INDIA	1990	50.700	40.0	45.0	x50	45.0	3	57.1995
9	52	OPEN	NAYANA SRIYAN	INDIA	1974	51.900	60.0	65.0	x67.5	65.0	1	81.1525
10	56	OPEN	LEELA PHAD	INDIA	1982	55.050	60.0	65.0	x70	65.0	1	77.5645
8	60	Jr.	CHEREMISSINA OLGA	KAZAKHSTAN	1988	57.000	80.0	90.0	x95	90.0	1	104.436
12	60	OPEN	PRIYANKA	INDIA	1985	58.600	40.0	45.0	x47.5	45.0	1	51.0975

Body Weight	Formula	Best BP
48.0	1.3244	95.0
46.0	1.3657	45.0
49.2	1.3004	72.5
50.3	1.2788	50.0
50.7	1.2711	45.0
51.9	1.2485	65.0
55.0	1.1933	65.0
57.0	1.1604	90.0
58.6	1.1355	45.0



