

**Asian  
Benchpress  
Championships  
2009**

**19-20.08.2009 Chandigarh, India**

**Men**

Lot No.	Classes	Age Cat.	Family name / 1st name	Nation	Birth Year	Body Weight	Benchpress			Best BP	Place	Formula Point	Body Weight	Formula	Best BP
							1	2	3						
3	52	S.Jr.	KA RAMAN ABDULKARIM	KAZAK HSTAN	1994	50.700	50.0	80.0	85.0	85.0	1	85.672	50.7	1.0079	85.0
8	56	M1	KHODAYRI HASHEM	IRAN	1968	55.150	80.0	95.0	x107.5	95.0	1	87.875	55.1	0.9250	95.0
2	56	M1	BINO P ABRAHAM	INDIA	1966	54.850	80.0	87.5	x92.5	87.5	2	81.375	54.8	0.9300	87.5
4	56	S.Jr.	ASKARIMOHAMMADABADI AMIR	IRAN	1991	55.800	100.0	110.0	x112.5	110.0	1	100.49	55.8	0.9135	110.0
5	56	Jr.	P. NAGARAJ	INDIA	1987	53.850	120.0	127.5	135.0	135.0	1	127.9	53.8	0.9474	135.0
6	56	OPEN	MILIND TATE	INDIA	1982	53.800	90.0	100.0	x117.5	100.0	1	94.74	53.8	0.9474	100.0
7	60	Jr.	KHOSROW ROSTAMI	IRAN	1989	57.600	x110	110.0	x140	110.0	1	97.449	57.6	0.8859	110.0
9	60	M1	ASHOK CHAKRAVORTY	INDIA	1961	58.550	100.0	115.0	x122.5	115.0	1	100.41	58.5	0.8731	115.0
10	60	OPEN	ASHIZAKI TAKASHI	JAPAN	1971	58.800	160.0	170.0	x172.5	170.0	1	147.71	58.8	0.8689	170.0
11	60	OPEN	PUZIKOV OLEG	KAZAK HSTAN	1988	59.500	160.0	x170	x172.5	160.0	2	137.5	59.5	0.8594	160.0

12	60	OPEN	S. TANDELU	INDIA	1976	59.900	x122.5	122.5	135.0	135.0	3	115.32	59.9	0.8542	135.0
3	67.5	Jr.	ABDOL HOSSEIN GOMEH	IRAN	1987	67.400	165.0	x175	175.0	175.0	1	135.08	67.4	0.7719	175.0
4	67.5	Jr.	KUME RYOHEI	JAPAN	1988	63.400	155.0	x160	x165	155.0	2	125.89	63.4	0.8122	155.0
9	67.5	M1	MOTAGHIAN MORTEZA	IRAN	1964	67.500	x180	180.0	191.0	191.0	1	147.26	67.5	0.7710	191.0
11	67.5	M2	SATO KEIJI	JAPAN	1952	66.300	120.0	x160	x160	120.0	1	93.876	66.3	0.7823	120.0
12	67.5	M2	JITENDER KOHLI	INDIA	1954	63.000	95.0	105.0	x120	105.0	2	85.743	63.0	0.8166	105.0
13	67.5	M3	MAGOME TORU	JAPAN	1943	67.300	x155	155.0	x171	155.0	1	119.8	67.3	0.7729	155.0
16	67.5	OPEN	ISHIKAWA TAKUYA	JAPAN	1979	67.000	190.0	195.0	197.5	197.5	1	153.18	67.0	0.7756	197.5
15	67.5	OPEN	BUTENKO OLEG	KAZAKHSTAN	1983	66.300	x192.5	x192.5	195.0	195.0	2	152.55	66.3	0.7823	195.0
17	67.5	OPEN	RAJU KHAN	INDIA	1984	66.000	x180	x180	180.0	180.0	3	141.34	66.0	0.7852	180.0
14	67.5	OPEN	DOLATI MANSOOR	IRAN		67.300	x185	x185	x185				67.3	0.7729	
2	75	Jr.	MOSTAFAVI SEYAD MORTEZA	IRAN	1987	71.700	80.0	x100	x145	80.0	1	58.88	71.7	0.7360	80.0
4	75	Jr.	SAED DAVID	IRAN	1987	73.400	147.5	167.5	177.5	177.5	2	128.42	73.4	0.7235	177.5
5	75	Jr.	JASPREET SINGH	INDIA	1989	69.600	150.0	x155	x155	150.0	3	112.91	69.6	0.7527	150.0
3	75	Jr.	UJJAL ROY	INDIA	1987	68.200	130.0	145.0	x150	145.0	4	110.88	68.2	0.7647	145.0
6	75	M1	AJITH UTEKAR	INDIA	1963	68.000	x90	90.0	105.0	105.0	1	80.483	68.0	0.7665	105.0
7	75	M2	HASHIMOTO MASATO	JAPAN	1957	68.100	125.0	132.5	x142.5	132.5	1	101.44	68.1	0.7656	132.5
10	75	OPEN	YOSHIOKA HIDEAKI	JAPAN	1984	74.200	x185	185.0	x192.5	185.0	1	132.81	74.2	0.7179	185.0

12	75	OPEN	PALWINDER SINGH	INDIA	1984	72.500	155.0	162.5	167.5	167.5	2	122.28	72.5	0.7300	167.5
11	75	OPEN	SHYAM SINGH	INDIA	1983	73.200	145.0	152.5	x157.5	152.5	3	110.55	73.2	0.7249	152.5
9	75	OPEN	GHAFOORI AKBAR	IRAN	1976	73.600	x230	x230	x230				73.6	0.7221	
21	82.5	Jr.	ZIYBKIN VLADIMIR	KAZAKHSTAN	1988	80.600	195.0	200.0	205.0	205.0	1	139.3	80.6	0.6795	205.0
24	82.5	Jr.	HAYASHI KATSUYA	JAPAN	1987	78.000	x180	x180	180.0	180.0	2	124.9	78.0	0.6939	180.0
23	82.5	Jr.	KASHI NASER	IRAN	1990	80.600	x160	160.0	x182.5	160.0	3	108.72	80.6	0.6795	160.0
25	82.5	Jr.	MINAR RANE	INDIA	1987	81.800	x100	100.0	107.5	107.5	4	72.391	81.8	0.6734	107.5
26	82.5	M1	ISHIMOTO NAOKI	JAPAN	1962	81.500	200.0	210.0	x225	210.0	1	141.73	81.5	0.6749	210.0
27	82.5	M1	SHKIRMAN VLADIMIR	KAZAKHSTAN	1964	80.500	130.0	x140	140.0	140.0	2	95.2	80.5	0.6800	140.0
1	82.5	M1	RAMCHANDRA	INDIA	1966	80.300	105.0	x110	110.0	110.0	3	74.921	80.3	0.6811	110.0
30	82.5	M2	ANARKU TOMOHIRO	JAPAN	1956	80.600	180.0	x202.5	x202.5	180.0	1	122.31	80.6	0.6795	180.0
29	82.5	M2	YERISHULY SERIC	KAZAKHSTAN	1958	78.800	155.0	x165	x165	155.0	2	106.84	78.8	0.6893	155.0
8	82.5	M2	BINJA RAM	INDIA	1956	77.900	82.5	90.0	95.0	95.0	3	65.978	77.9	0.6945	95.0
32	82.5	M3	KITANO TOSHIO	JAPAN	1946	81.800	x170	170.0	x186	170.0	1	114.48	81.8	0.6734	170.0
31	82.5	M3	OSANOV DARIBAI	KAZAKHSTAN	1949	79.400	90.0	x130	x130	90.0	2	61.74	79.4	0.6860	90.0
33	82.5	OPEN	IDRISSOV AKHAT	KAZAKHSTAN	1974	79.700	205.0	222.5	x230	222.5	1	152.26	79.7	0.6843	222.5
35	82.5	OPEN	R.B.S THAPA	INDIA	1968	79.900	147.5	160.0	165.0	165.0	2	112.73	79.9	0.6832	165.0
34	82.5	OPEN	INOUE KAZUAKI	JAPAN	1972	75.400	x220	x220	x230				75.4	0.7099	

2	90	S.Jr	MIRZAE KAMRAN	IRAN	1991	85.800	150. 0	190.0	207.5	207.5	1	135.89	85.8	0.6549	207.5
3	90	Jr.	NISHI AKITO	JAPAN	1988	87.400	160. 0	x170	170.0	170.0	1	110.21	87.4	0.6483	170.0
22	90	Jr.	HAMID REZA GHANBARI	IRAN	1987	83.700	110. 0	135.0	147.5	147.5	2	97.97	83.7	0.6642	147.5
5	90	M1	MOTAMEDILASHNESHEAI KIOMARS	IRAN	1965	88.600	170. 0	x187.5	x187.5	170.0	1	109.41	88.6	0.6436	170.0
8	90	M1	DILIP NARVEKAR	INDIA	1960	86.600	137. 5	147.5	150.0	150.0	2	97.725	86.6	0.6515	150.0
6	90	M1	KAUKAKOV BAKYT	KAZAK HSTAN	1967	87.200	130. 0	140.0	150.0	150.0	3	97.365	87.2	0.6491	150.0
1	90	M1	CHAMAN LAL	INDIA	1964	88.500	125. 0	130.0	142.5	142.5	4	91.77	88.5	0.6440	142.5
9	90	M2	JAGDISH SINGH	INDIA	1955	88.200	130. 0	140.0	145.0	145.0	1	93.54	88.2	0.6451	145.0
13	90	OPEN	VAIGANT SERGEY	KAZAK HSTAN	1989	89.800	240. 0	252.5	257.5	257.5	1	164.57	89.8	0.6391	257.5
12	90	OPEN	HAJIAGHABOZORG MAJID	IRAN	1978	88.400	240. 0	x247.5	x252.5	240.0	2	154.66	88.4	0.6444	240.0
15	90	OPEN	ASHWINI MALIK	INDIA	1983	86.600	165. 0	172.5	x177.5	172.5	3	112.38	86.6	0.6515	172.5
14	90	OPEN	PUNEET RAI	INDIA	1978	87.400	150. 0	x155	x155	150.0	4	97.245	87.4	0.6483	150.0
21	10 0	S.Jr.	SAEED AZADFALLAH	IRAN	1992	92.400	150. 0	x160	170.0	170.0	1	107.12	92.4	0.6301	170.0
4	10 0	Jr.	MOHAMMED JAVED	INDIA	1987	90.100	160. 0	167.5	x172.5	167.5	1	106.87	90.1	0.6380	167.5
24	10 0	M1	SAGHAEI REZA	IRAN	1966	97.700	x200	215.0	x237.5	215.0	1	132.1	97.7	0.6144	215.0
11	10 0	M2	EBRAHMZADEH ALIREZA	IRAN	1955	90.100	130. 0	160.0	167.5	167.5	1	106.87	90.1	0.6380	167.5
10	10 0	M2	SAVINDER SINGH	INDIA	1957	96.600	120. 0	125.0	127.5	127.5	2	78.719	96.6	0.6174	127.5

30	10 0	M2	PURAN SINGH KADIYAN	INDIA	1951	93.800	105. 0	115.0	NT	115.0	3	71.956	93.8	0.6257	115.0
25	10 0	OPEN	ARJMANDFARD YOUNES	IRAN	1979	98.200	x260	260.0	x276	260.0	1	159.41	98.2	0.6131	260.0
27	10 0	OPEN	TAKEZAWA AKIHIRO	JAPAN	1973	97.900	240. 0	245.0	x250	245.0	2	150.41	97.9	0.6139	245.0
26	10 0	OPEN	ARASTEHFARD MEHDI	IRAN	1983	98.500	x245	245.0	x252.5	245.0	3	150.01	98.5	0.6123	245.0
28	10 0	OPEN	SHIBATA MICHIO	JAPAN	1978	98.500	220. 0	x242.5	x247.5	220.0	4	134.71	98.5	0.6123	220.0
2	11 0	S.Jr.	REZABEGLOO ALIREZA	IRAN	1991	100.300	110. 0	x150	x150	110.0	1	66.869	100.3	0.6079	110.0
4	11 0	Jr.	DEVI PRASAD CHATTERJEE	INDIA	1986	108.200	x190	190.0	x210	190.0	1	112.4	108.2	0.5916	190.0
3	11 0	Jr.	SUKHBIR SINGH	INDIA	1987	105.800	140. 0	x150	x150	140.0	2	83.44	105.8	0.5960	140.0
7	11 0	M1	SAEED ALIAZAM	IRAN	1968	101.100	210. 0	x220	220.0	220.0	1	133.32	101.1	0.6060	220.0
5	11 0	M1	ISHAR SINGH	INDIA	1963	108.000	160. 0	170.0	180.0	180.0	2	106.54	108.0	0.5919	180.0
11	11 0	M1	TORAS PETAR	PHILI PINES	1965	100.100	165. 0	172.5	x180	172.5	3	104.93	100.1	0.6083	172.5
6	11 0	M2	NIRMALJEET SINGH	INDIA	1958	100.100	130. 0	140.0	NT	140.0	1	85.162	100.1	0.6083	140.0
9	11 0	OPEN	YULCHIYEV RUSTAM	KAZAK HSTAN	1977	108.600	280. 0	290.0	x297.5	290.0	1	171.36	108.6	0.5909	290.0
10	11 0	OPEN	GHOREYSHI SEYEDSAMED	IRAN	1968	105.600	240. 0	250.0	275.0	275.0	2	164.01	105.6	0.5964	275.0
8	11 0	OPEN	SHAHNAVAZ MAJID	IRAN	1981	108.600	275. 0	x290	x290	275.0	3	162.5	108.6	0.5909	275.0
21	12 5	S.Jr.	MOHAMMADREZA ARDESHRI	IRAN	1994	117.000	120. 0	190.0	x226	190.0	1	109.92	117.0	0.5785	190.0

