

Minutes of APF Congress made during Asian Powerlifting Championships 2018 held in Udaipur, India.

Roll call of nations and delegates:

Attending nations:

- India
- Iran
- Afghanistan
- Kazakhstan
- Indonesia
- Syria
- UAE
- Hong Kong
- Philippines
- Oman
- Chinese Taipei

Attending EC members:

- President Mr Farshid Soltani
- Secretary General Mr Rajesh Tiwari
- Vice President Mr Pok Kim Won
- Treasurer Mr Ramon Debuque
- TC Chairman Ms Chao Chen Yeh
- Board Member of Central Asia Ms Tatiana Romanova
- Board Member of South Asia Mr PJ Joseph
- Board Member of East Asia Ms Wing Yuk Ip

The Annual meeting of Asian Powerlifting Federation began at 7.00 pm on 01.05.2018 at Ananta Resort, Udaipur, India with Mr Farshid Soltani, President in the Chair.

General Secretary Address

Mr Rajesh Tiwari in his address welcomed all delegates to Annual Congress of APF and informed about the online conference with IPF President Mr Gaston Parage.

IPF President Mr Gaston Parage made a speech where He Welcomed all nations at Asian Powerlifting Championships and pleased to join the Annual Congress of APF. Also He made a wish to see the Asian Region as a strong and developed Region in Future.

The President of APF Mr Farshid Soltani also Welcomed the IPF President and said words of thanks for all advices and help from IPF side.

In President speech it was also said that past year was extremely successful for APF as we are one step close to IOC recognition. FISU recognition was a very strong achievement and thanks everyone who was working with IPF and APF on Board together to make this real.

It was noticed that we had a successful World Games with participated nations from Kazakhstan, Japan and Chinese Taipei. Words of thanks were said to all Asian referees for the help at the WG venue.

Last year also was active with all trips to member nations with Gaston Parage. They were in UAE where discussed the future of Powerlifting with UAE National Olympic Committee and members from UAE Ministry of Sports.

The one more trip was to Japan where the hotel and preparation for the World Championships were checked.

They have also visited Mongolia where the hotel and venue for the World and Asian Championships were inspected and approved.

The President also mentioned the trip to China with IPF President and APF EC Member Ms Wing Yuk IP. They visited National Olympic Committee and noticed that China as a country is pleased to join the IPF in future.

Honorary Treasurer address

Mr Ramon Debuque as a Treasurer of APF was reading his report enclosed to Agenda and noticed that last year was successful for APF as the level of total assets increased and the level of fees received over the expenditures exceeded 23 673, 25\$. It was mentioned that new member nations became active and that is the one more reason of APF budget growth.

The APF Secretary General said thanks to Mr Debuque for his job and mentioned that not all countries were so active as there is not enough reports were made for Agenda. He said thanks to Tatiana Romanova for her activity and help with reports from Central Asia countries.

Mr Farshid Soltani also mentioned that we should be more active in our job.

And the job of Board Member is extremely important. As some of our nations even not informed about APF events because of not active Board Members. As good example is Central Asia controlled by Tatiana Romanova that is going forward with a very fast steps.

He mentioned that we have problems with West Region and the preparations for the Benchpress Championships in UAE in September are not done. And sure the person that is responsible is a Board Member of West Asia.

It was given a time to Philippines member Mr Eddie Torres and discussed that this year will be better with preparation for Asian Classic Powerlifting Championship in December. Mr Torres mentioned that He will do all his best to improve the level of orgaizing and the hotel for the

Championships Will be the same as last year with few varieties of rooms and meals. It was said that the goodlift system will be used and the LIVE streaming will be active too.

The APF President in his answer to Mr Torres said that we need development and improvements and preliminary visits to the host countries to make sure that the job is done.

The Secretary General Mr Tiwari also discussed the importance of a good organization of Asian Championships and gave the time to Ms IP to inform about Asian Championships that will be hosted in Hong Kong next year.

Ms Wing Yuk IP informed that the job will be done on the highest level and the hotel will be chosen at affordable price for the lifters. She is Welcomed all officials to Hong Kong and hopes that more assian lifters will come to the Championships.

The Secretary General Mr Rajesh Tiwari said a words of thanks to Hong Kong and discussed the future calendar of APF Activities.

2019

1. Asian Powerlifting Championships - Hong Kong
2. Asian Benchpress Championships - Mongolia
3. Asian Classic Powerlifting Championship - Oman/Iran

2020

1. Asian Powerlifting Championships - India
2. Asian Benchpress Championships - Iraq
3. Asian Classic Powerlifting Championships - India.

It was asked if members of Oman, UAE and Mongolia that presented at the Congress have any information and comments regarding the events.

Mr Farshid Soltani said that Oman will have a Support from Iran what means: the hosted country is Oman and Iran will take care about some organization. It was said also that Iraq as a host country of Asian Championship will try to do the best job and find the safe place for the Championships.

The APF President also said that we need to put a time and discuss the better dates of APF Championships without the conflict with dates of IPF events.

Hall of Fame

APF Congress approved the Hall of Fame person from India Mr Puran Singh as he was advised by APF Secretary General because of his great efforts for the growth of Powerlifting India.

Announcements from the APF President:

It was said that we need development steps to go forward faster and Ms Tatiana Romanova is advised by IPF during their meeting in Iran to be APF Secretary General Assistant to cover the job relating all APF matters. He also thanked to Tatiana for her ideas for the Congress and all improvements.

The APF President also said that:

- The job of Board members is important. People that do not fulfill APF requirements regarding cooperation with regions should leave the position of Board members.
- The Asian Coach Course is available now to organize in UAE, Dubai. Need time to place a date in calendar of APF.
- At least 2 EC members should attending at the Championships.
- Accomodation for the referees should be given from the host countries.
- APF need standard of branding the certificates and designs of Championships materials.
- Nominations in future should be done online via goodlift system.
- A disciplinary committee is not working good as there are a lot of people that doesn't know the Rules and we need to make changes. Mr Eddie Torres as a member of APF DC explained that the job should be done in consultation with Secretary General APF like IPF does but it was answered to him that He is responsible if He is elected, but Secretary General should be kept informed at all times.

This is issued with the approved of The Secretary General
Mr. Rajesh Tiwari