

ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

MINUTES OF THE APF GENERAL ASSEMBLY 2022

AL BUSTAN CENTRE & RESIDENCE MEETING ROOMS

1ST DECEMBER 2022 DUBAI UAE

Commence 21:00hrs

The following nations were in attendance and confirmed as eligible to vote:

Nation	Voting Delegate	Role
<i>Japan</i>	<i>Sasaki Yoichi</i>	<i>Team Manager</i>
<i>Iran</i>	<i>Jamshid Babaei ghane</i>	<i>General Secretary</i>
<i>South Korea</i>	<i>Young Hun Cho</i>	<i>President</i>
<i>Hong Kong</i>	<i>Luk Ho Yee</i>	<i>Team Manager</i>
<i>Chinese Taipei</i>	<i>Ching-Han Wu</i>	<i>Team Manager</i>
<i>UAE</i>	<i>Abdul Majeed Yazbek</i>	<i>Delegate</i>
<i>Kazakhstan</i>	<i>Zhanpeissof Kair</i>	<i>Team Manager</i>
<i>Syria</i>	<i>Ziad Mohamad</i>	<i>President</i>
<i>Thailand</i>	<i>Keen Thammathataree</i>	<i>President</i>
<i>Bangladesh</i>	<i>Mominul Hoque</i>	<i>Secretary General</i>
<i>Malaysia</i>	<i>Yeon Han Pin</i>	<i>Secretary General</i>
<i>Philippines</i>	<i>Ramon Debuque</i>	<i>Team Manager</i>
<i>Brunei</i>	<i>Ming Lau</i>	<i>President</i>
<i>Indonesia</i>	<i>Anna Maria</i>	<i>President</i>
<i>Singapore</i>	<i>Clinton Lee</i>	<i>President</i>
<i>Uzbekistan</i>	<i>Sergey Fotiev</i>	<i>Vice President</i>

APF Executives Present:

<i>President</i>	<i>Farshid Soltani</i>
<i>Vice President</i>	<i>Kim Won Pok</i>
<i>Treasurer</i>	<i>Josephine Wing Yuk Ip</i>
<i>Technical Committee Chair</i>	<i>Chen Yeh Chao</i>
<i>Central Asia EC Member</i>	<i>Tatiana Romanova</i>
<i>West Asia EC Member</i>	<i>Faisal Alzaabi</i>
<i>South Asia EC Member</i>	<i>PJ Joseph</i>

Total 16 National Delegates, plus 7 APF Executives:

Total Votes – 23. Simple Majority - 12



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

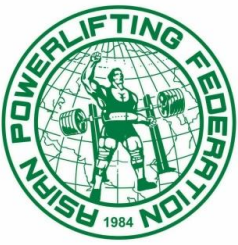
ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

Non-Voting Guests:

<i>Gaston Parage</i>	<i>IPF President</i>
<i>Hannie Smith</i>	<i>Technical Commission Chairperson and GA Scrutineer</i>
<i>Amir Reza Mesforoosh</i>	<i>GA Scrutineer</i>
<i>Chrissy Chamley</i>	<i>GA Chairperson</i>

1. Welcome and Thank You Messages from the Chair of the GA Chrissy Chamley and the APF President Farshid Soltani.
2. Roll Call of Nations and Delegates and Apologies.
The GA Chairperson took the roll call of Nations.
Apologies from East Asia EC member Battulga Dash and South East Asia EC Member Dayalan Jeevan.
3. Minutes of the last General Assembly – 2019
The Minutes were provided. Accepted by PJ Joseph, Seconded by Josephine Ip.
Adopted Unanimously.
4. APF President's Address:
I'm honoured, and it is pleasure to welcome you to this year's Asian General Assembly here in Dubai. My sincere thanks go to each of you for your hard work in making our championships a success. My friends, this year we have an important election congress, and we need to vote for the right candidates that will ensure the necessary and daily work will be done in more professional and timely manner.
The Asian Powerlifting Federation started its activities successfully after a 2-year stagnation and after holding the Asia-Pacific Championship (Powerlifting and Bench Press) in Turkey-Istanbul, the Asian Powerlifting Championship in India-Coimbatore and also the Bench Press Championship in Mongolia. By all accounts, the Bench Press Championships in Mongolia was one of the most successful events in the history of the Asian Federation.
The Asian Region has three new member federations – Bahrain, Palestine, and Saudi Arabia. Qatar is currently being reviewed and is in the final stages of approval. They remain pending for now. From these member federations, we shall see large and competitive teams. We must begin to invest and prepare in our future, as the Asian Region will become the largest federation in the IPF. Key and important, we must evaluate our growth rate and begin to recruit additional volunteers and staff for the future.
By studying the submitted reports and the necessary coordination with the executive members of the Asian Powerlifting Federation, we come to another important point that for all 5 sub-regions of the Asian Powerlifting Federation – more training and education for our coaches', officials, and referees. This will be essential and a must to be undertaken as soon as possible. All coach seminars and education must go through the IPF.
The effort of the Asian Federation will be to keep these activities in balance in the 5 sub-regions of Asia. As you already know the new Bench Press rules will come into effect 1. January 2023. All referees will be required to ensure they understand and are prepared to officiate with the new rules in place.



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

As the IPF is now a member of the FISU, we shall undertake and now focus on having an Asian University Cup for the region. I will designate someone to oversee this initiative. Anti-doping is major concern of mine in the region. We must ensure are member federations are clean! I ask the member federations in our region, to cooperate and team with their National Anti-doping agencies through having more anti-doping education for their athletes especially when it comes for Sub-junior and Junior lifters. To close, I wish you a successful championship this week. Thank you, always, for both your trust and support.
Farshid Soltani APF President

Accepted Unanimously

5. Vice-President's Report - Kim Won Pok
Not provided.

6. Treasurer's Report - Dr. Josephine Ip
APF Financial Report Summary 31.10.2022
Current Balance as of 17/6/2022 \$24,418.00 USD

Income

Annual due \$200 for 2022 or before
Brunei 900

Other countries to pay in Dubai

2021 Asian Powerlifting & Bench Press Championship left over pending

2022 Equipped Powerlifting in India left over pending

Expenses

Bank Charge 7-10/2022 for account keeping \$13/month -52

Bank charge for remittance -60

Bank charge for remittance -28

Air ticket for Christina Chamley to Mongolia -2743.2

Commentary fee combined Air ticket for Christina Chamley to Dubai -3100

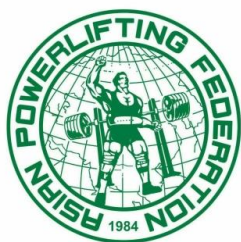
Printer accessory -12

2022 Bench Press Championship in Mongolia left over pending

Balance @ 17/6/2022 19322.8

Budget Submitted for review at the General Assembly.

Accepted Unanimously



ASIAN POWERLIFTING FEDERATION

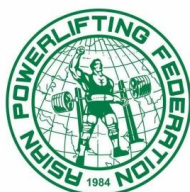
RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

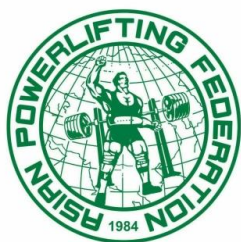
POWERLIFTING.SPORT

7. Budget 2023 and Financial Report

BUDGET 2023



	Budget Income	Expenditure
01 Fees		
01.1 Membership fees	6,000.00	
01.2 Participation fees (1400 entries x65)	91,000.00	17,500.00
	97,000.00	17,500.00
02. Partners		
03.1 IPF Sponsor	22,600.00	
03.2 Equipment for Championships		22,600.00
	22,600.00	22,600.00
03 Administration		
03.1 Office expenses		200.00
03.2 Account fees, Tax		200.00
03.3 Awards, Certificates etc.		200.00
03.4 Stationery		200.00
03.5 live streaming & equipment		15,000.00
03.6 Computer Secretary		12,000.00
03.7 Professional commentor		12,000.00
	0.00	39,800.00
04 Travel		
05.1 Championships(President , Hon Secretary, Hon Treasurer, Championship Secretary, Technic		37,500.00
	0.00	37,500.00
05 Development Fund		
05.1 Travel		1,500.00
05.2 Equipment/venue fee		1,500.00
05.3 Course fee(Educational course)	6,000.00	
	6,000.00	3,000.00
68 Marketing & Media		
06.1 Newsletter/Magazine		5,000.00
	0.00	5,000.00
Balance	125,600.00	125,400.00
Profit	200.00	



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

Financial report APF 18-11-2022			US\$
Balance on 17/6/2022			24418
Expenses			
Tax return by accountant			-52
Printer accessory			-12
Business registration 2022			-32
APF magazine printing			-1500
President's expenses for visa, traveling, food subsidy wifi 2020-2022			-7656
Income			
Annual due \$200 for 2022 or before			
	Brunei	900	900
	Other countries		to pay in Dubai
2021 Asian Powerlifting & Bench Press Championship in Turkey left over			1851
2022 Equipped Powerlifting in India 5-2022			3301
	No of lifters 154		
	Entry fee	13860	
	Anti-doping fee	10780	
	Traveling expenses for 6 officials	-6709	
	(President, Technical chair, General Secretary, Championship Secretary, 2 Computer operators)		
	Refund of anti-doping fee to IPF	-10780	
Asian Bench Press Championship in Mongolia 9-2022 left over			496.8
	No of lifters 206		
	Entry fee	18540	
	Anti-doping fee	14420	
	Traveling expenses for 6 officials	-12483.2	
	(President, Technical chair, Championship Secretary, 2 Computer operator, commentor)		
	30% of entry fee to host	-5560	
	Refund of anti-doping fee to IPF	-14420	
Asian Classic Powerlifting Championship 12-2022			
Petty cash to officials for air ticket purchase			-3100
	Left over		22079.8

Accepted Unanimously

Comment by IPF President Gaston Parage regarding the Budget:

It is clear that the Asian Region is growing and moving forward now. So, we need to progress in all areas of operation and to bring the activities of the Region up to the highest levels. Finances and resources must be used to improve your progress, professionalism, and capability. I



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

encourage you to use resources to continually improve the live-stream, commentator costs, computers, and equipment etc. These areas are very important as you are now growing so much.

8. General Secretary Report -Rajesh Tiwari.

Hearty Greetings to one and all present in this General Assembly of the Asian Powerlifting Federation.

As you all know, the two years preceding the current year were really bad for all human beings, particularly sportspersons as the world were under the grip of the pandemic called covid19. However, activities have been slowly picking up and we have almost regained rhythms in our sporting events.

During the year under review, we could successfully conduct the following Asian Championships with encouragingly satisfying turn out of participants and participating nations.

1. Asian equipped Powerlifting Championship at Coimbatore, India during 17th to 21st June 2022.

2. Asian Equipped and Classic Bench press Championship at Ulaanbaatar, Mongolia from 7th to 11th September 2022

3. Asian Classic Powerlifting Championship to be held at Dubai, UAE during 1st to 7th December 2022

Needless to mention that all the events could be very well organized.

It's really heartening to note that, despite the haunting aftereffects of the pandemic, member nations have started showing keen interest either in hosting or in participating in Powerlifting activities in our continent, with added vigour and enthusiasm.

We have to take forward our activities further in the days to come so that the Asian Region achieves prestigious position in the world meets.

Let me conclude with my Greetings, Thanks and Regards to everyone present for the sincere cooperation being received from all the member nations.

Please. Stay happy as ever.

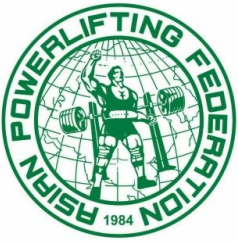
Raajesh Tiwari APF Secretary General.

Accepted Unanimously

9. Committee Reports

Technical Committee Report - Chen-Yeh Chao

Right after the pandemic the sport powerlifting is back in motion in Asian region too, we had a decent number of participation in the Asia Equipped Powerlifting Championship in Coimbatore. There we had also over 9 new category 2 referees and 4 category 1 referees in addition to IPF. In Mongolia, Asian Equipped and Classic Bench Press also the things went well with enormous participation from all most all Nations. And all went well as always In the forthcoming Asian Classic Powerlifting Championship, we see a record number of nominations as well as participation from almost all member nations of Asia. We take this is a positive note and powerlifting is back in action in Asia in a full fledged motion. With the help of my fellow EC members and our IPF referees we can finish the championship in a memorable way.



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

Medical Committee Report - Wing-Yuk Ip

From 2015 until now in every Asia Powerlifting Championship an anti-doping seminar was held. Also, at the Bench Press Championship, an anti-doping seminar was organized during the Championship. It is planned that updated anti-doping information and anti-doping education will be organized in every Powerlifting Championship during 2023. Education is necessary to combat doping our sport. New members are welcomed. Country members are encouraged to send medical personnel to join the committee.

Both Accepted Unanimously

10. Sub-Region Reports

West Asia:

To Asian Powerlifting Federation, Hope you are in good health, I am writing this report today about the progress of our Sport in GCC region which done during 2021-2022:

1. Hosting two (2) local competitions meets a year, in the UAE.
2. Hosting one (1) Judging Course and one (1) Training Course every year.
3. ALL drug-testing is conducted through CCES.
4. Assist the Saudi Arabia Federation to become an official IPF membership
5. under progress the Bahraini Federation and Jordan federation to become an official IPF membership
6. Request to organize and host West Asia Championships under the Asian Powerlifting Federation in Kuwait; to emphasize and grow the sport in different GCC Countries
7. organize and host the Asian Classic Powerlifting Championships 2022 in the UAE
8. I helped in organizing a local championship in Saudi Arabia.
9. I guided Emirati referees (3 referees' man & 1 referee women) to help in organizing Saudi Arabia championship.
10. I proposed to APF President Mr. Farshid Soltani and he suggest Mrs. Tatiana to lead the woman refereeing in Saudi Arabia.

Appreciating your kind consideration and cooperation with us.

And we are looking forward hearing from you soon.

Best Regards, Head of the Powerlifting Committee for West Asia

Faisal Al Zaabi

East Asia

East Asia is one of the most important parts of our region – China, Hong Kong, Mongolia, and Taiwan are the members of this subregion. All are very active and established federations. Mongolia directed and exceptional Bench Press Championship during September 2022 in Ulaanbaatar. I am very confident that China will join us this year at one of the Asian Championships. Also, most important, in 2025 the World Games will be held in Chengdu, in the Peoples Republic of China. Thank you, Farshid Soltani



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

Central Asia

REPORT PREPARED AT 24.20.2022 BY TATIANA ROMANOVA (KYRGYZSTAN)

Countries – Kazakhstan, Uzbekistan, Kyrgyzstan, Tajikistan, Turkmenistan.

Dear ladies and gentlemen, dear friends, and officials, here are the highlights of the main achievements of Central Asian Region in 2022. First of all, let me thank all officials of Central Asia that are always in contact with me discussing all possibilities and their needs.

I have created official Instagram and Facebook pages of Central Asian region @ipf.centralasia in 2017 and this page is still working as a connection bridge between CA countries where we always have discussions, announcements and share photos from the international platform. We have currently more than 2 thousands active followers who are always online and ready to comment the posts.

Last years (2020 – 2021) were very difficult for every country due to lockdown and COVID19 and we have organized special Online Anti-Doping Seminar with KAZ NADO and Central Asian coaches and lifters during that time. Uzbekistan is working very hard on this issue as Vice-President of the Federation Mr. Sergey Fotiev is working in the National Olympic Committee in Anti-Doping Commission as Sport Pharmacology Specialist. This is a great step forward for the National Uzbekistan Federation in terms of Anti-Doping Development. Uzbekistan has 2 national championships and Cups per year and this year Team UZB has shown very good results in the World Bench Press Championship in Kazakhstan, Almaty on May 2022. This competition was a historical event as:

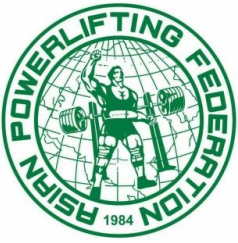
- 1) First World Championship in Kazakhstan
- 2) 50 years anniversary of IPF

Almost all Central Asian countries have taken part and very successfully. Tajikistan and Kyrgyzstan came to Almaty with national teams and came back to homeland with winner awards and medals even they are infrequent guests at the world platform.

I was a co-organizer of the World Bench Press Championship in Kazakhstan this year and have done several duties as: logos and all visual materials' production, hotel and transfer booking and accreditation, communication, and coordination with the IPF and all national teams before and during competition, organization of the different processes and events. This experience was extremely interesting, and I thank IPF and Gaston Parage for your support.

Coming back to the Anti-Doping it is important to say about the problems as this year showed weaknesses of Central Asia as Tajikistan and Kazakhstan lifters was doping positive during the last months and this may cause a big negative effect on presence of National Federations on the IPF platform and possible disqualification. It is strongly recommended to start needed action against doping in every country as this is a very important for the IPF and the whole world.

Also, this year I have visited Saudi Arabia and taken part at the National Championship as chief referee. It is important and very useful to share experience



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

with the new APF members and I am very happy that I have opportunity and skills to help the region to growth. The competition was highlighted with Women tournament where we had 44 of Female lifters; this is 40% of the whole number of lifters. The detailed report about this event was sent on October 20th to the IPF and APF.

It is important to add that there are a lot of female lifters in Asian region and as proposal for the APF Congress I would like to offer:

- APF need to create ASIAN WOMENS COMISSION and to include several members from different Asian nations and start development process with the plan of events such as Anti-Doping Seminars, Referee clinics, coaching education etc.

Generally, 2022 was the most active year compared to 2020 and 2021 as there are almost no COVID19 restrictions in the region and our respectful lifters and coaches have more opportunities to travel. At the end of my report I would like to thank APF President Farshid Soltani for you incredible and hard work for Asian Region and support of Central Asian region.

Best regards, Tatiana Romanova (Kyrgyzstan)

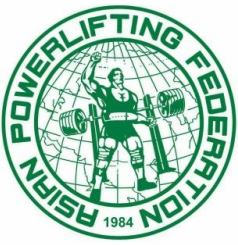
South Asia Report

India: Out of the South Asian Nations, performance of Powerlifting India was outstanding. They conducted Powerlifting and Bench Press Championships for all age categories, viz, Sub Junior, Junior, Open and Masters. A large contingent of competitors was presented in the Asian Championship in Coimbatore, India and won Over All Championship. In the Asian Bench Press Championship, Mongolia they had participation with lifter as well as officials. And also conducted several national championships with a whopping competitor in all age groups in both men and women in powerlifting as well as bench press championships. India had also won many medals in the Sub Junior and Junior Equipped and Classic Powerlifting Championship at Turkey this year. Also had a huge number of 160 nominations in the Asia Pacific championship in New Zealand and upcoming Asian Classic at Dubai this year. Four-member team will participate in both World University Powerlifting Cup as well as in World Open Equipped Powerlifting this year. Powerlifting in India is at its high as number of active lifters in India crossed 5000. As a in the path of media they had live streamed many national championships P.J. Joseph Representative for South Asia Region

Additional Note: Southeast Asia I regret to inform everyone that after several years of excellent service to the Southeast Asian Region, Mr. John Coyle the former president of Thailand Powerlifting, resigned for personal and family reasons and has relocated back to the United States. We sincerely thank John for his work in developing powerlifting in Southeast Asia. We wish John continued success. Mr. Dayalan Jeevan, on an interim bases, until we have elections, will serve as the representative for Southeast Asian Region.

Farshid Soltani APF President

All Accepted Unanimously



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

11. Elections

IPF President Gaston Parage read a statement provided by Secretary General Rajesh Tiwari in his absence:

"Dear APF colleagues

in APF we always have unanimous elections and last time when I won I had promised to Tatiana in presence of you all and also our president Gaston Parage, is that I will not stand for the post of Secretary General and accordingly I never forwarded my name for any posts and this is absolutely in line with our character and respects for our colleagues! So please allow me to keep my promise and make Tatiana the unanimous choice for the post of Secretary General. As it is she is the only candidate whose nominations for the post of Secretary General has come, making her election unanimous

I have informed about my decision to both Gaston and Farshid and both of them have accepted it.

I have requested our dear Gaston to read out this message so that we have unanimous elections as per our Asian traditions,

Gaston Parage is our friend and a very esteemed colleague and for me personally his words are like a command and he has asked along with Farshid me to continue and support powerlifting as they find my skills and experience very useful and would not like me to simply go off and accordingly as per their order and command I will accept and continue in APF as Senior Vice President and support Farshid / Gaston and all others in our pursuit for excellence in powerlifting in Asia and in the world !

I also deem it fit to thank all my colleagues in APF and in IPF, especially Farshid and Gaston for all round support during my two terms as Secretary General and take this opportunity to congratulate Tatiana as the new Secretary General of APF and promise her and you all my all round support as always

Thanks a lot

Rajesh"

Voting:

President - Farshid Soltani

Accepted Unanimously

Vice-President - Kim Won Pok

Accepted Unanimously

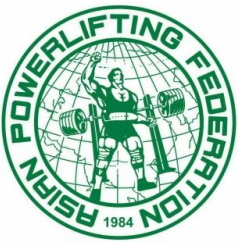
Secretary General - Tatiana Romanova

Accepted Unanimously

Speech delivered by Tatiana Romanova:

"I started working in Kyrgyzstan Powerlifting Federation in 2006 that was my first job when I was a student and in 2015, I became APF executive member and IPF referee as well and from the last year I am member of IPF Women Commission. I have experience in organizing several international championships in different countries and as one more part of my life I was working in American company past several years as project and marketing manager.

The main idea that APF must be more open for cooperation and active as well as we have already around 36 member nations and growing it is almost a half of the world. Many of you have no idea what's going on in the APF and



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

how to organize the competition.

So, we need:

- more close collaboration with the host countries of all Asian events

We need to prepare the application form, check list and promoter contract for host countries to they will understand how to organize the competition and what exactly they need to prepare. There is a big difference when you organize world championship or Asian from my experience as IPF have all documents for organizer where all details are written, and you have no questions.

-we need "all-in-time" organization to prevent delays in competition (again for this we need a check list)

- newsletters for member nations via email

& feedback form on the website for our members to get complaints or proposals

- we need development in media and promote lifters same as IPF does, need close collaboration with sponsors

- education commission & referee clinics as we have rule change from January 1st.

- sub-regional competitions such as SEA Cup in Malaysia this year to give more chance to the lifters, especially young generation to compete and feel the platform if they cannot compete in the Asian championship.

- what is also important to create a Women's Commission in Asia and I'd like to implement my IPF experience in Asia

All these actions must be pointed in Strategic Plan of APF that also will be created soon.

Sure, we need to develop Powerlifting in every country and this success will be achieved only if we will work very actively together not against or opposite. It is my intention to work immediately and actively to achieve all our goals and to become a bridge between APF and member nations."

Treasurer –Dr. Josephine Ip

Medical Committee - Dr. Josephine IP

Technical committee - Chen Yeh Chao

West Asia - Feisal Al-zaabi

Central Asia - Tatiana Romanova

South Asia - P.J.Joseph

East Asia - Batulga Dash

South East Asia - Dayalan Jeevan

Accepted Unanimously

Accepted Unanimously

Accepted Unanimously

Accepted Unanimously

Accepted Unanimously

Accepted Unanimously

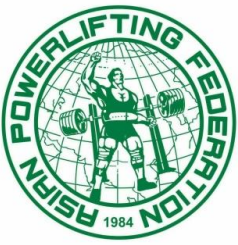
Accepted Unanimously

Accepted Unanimously

11. Appointments

PJ Joseph – Championship Secretary

Chrissy Chamley – Media Officer



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

13. New IPF Member Federations

Palestine
Saudi Arabia
Bahrain
Qatar (pending)

Gaston Parage and Farshid Soltani welcomed the new member federations to the IPF and APF, expressing that it is a pleasure to have them join us and reiterated that such growth within the region strengthens all of us.

14. Hall of the Fame

Male Official – Kim Won Pok
Female Official – Chen Yeh Chao

14. Proposals from the Floor

IPF President Gaston Parage advised the APF to remove this Agenda item in future as some proposals historically have come forward that are not legal, and it causes a lot of unnecessary problems. So, all Agenda items of proposal need to be submitted prior to the meeting.

16. Bids and confirmation on Future Championships:

2023

1. Asian Powerlifting Championship: May / India
2. Asian/Pacific Bench Press and Powerlifting Equipped and Classic Championship: June/Hong Kong
3. Asian Bench Press Equipped/Classic Championship: September / U.A.E.
4. Asian Classic Powerlifting Championship: December / Malaysia

2024

1. Asian Powerlifting Championship: May / Hong Kong
2. Asian Bench Press Equipped/Classic Championship: Sept / Kuwait
3. Asian Classic Powerlifting Championship: December / Uzbekistan

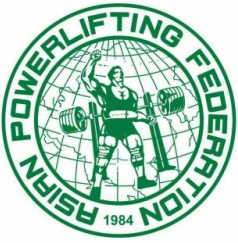
2025

1. Asian Powerlifting Championship: May / Indonesia
2. Asian Bench Press Equipped/Classic Championship: Sept / Mongolia
3. Asian Classic Powerlifting Championship: December / India

17. Any Other Business

IPF President Gaston Parage addressed the assembly:

-That there are so many nations and lifters attending this event following covid shows that powerlifting is growing strongly within the region, and this is very pleasing.



ASIAN POWERLIFTING FEDERATION

RECOGNIZED BY INTERNATIONAL POWERLIFTING FEDERATION

ASIA-POWERLIFTING.COM

POWERLIFTING.SPORT

- Through the media, live-streaming and televised lifting on Eurosport, powerlifting is becoming more and more popular.
- On Eurosport we had 15 million watching our sport. Media is so important. Men and Women lifting together proved to be very good promotion of the sport.
- Please always strive to show our sport from local, national, and regional events to a very high level ensuring that the APF and IPF logo can be clearly seen.
- The IPF is going very well with FISU being very proactive with FISU for the lifters. All nations are asked to contact their universities. Please work with them at national and regional levels to organise University Championships. The Universities will select the lifters and pay for the lifters to compete, the federation must ensure that the lifters are registered lifters. The IPF has opened the door for this fantastic opportunity for university student athletes so please do get in touch with your universities to get this happening. Remember to hold your national University Championships before the IPF University Championship in the calendar.
- IOC recognition is the most important goal so that all nations are then able to get support from their national ministries of sport. So far, we have done everything asked of us to obtain recognition and the work continues to go ahead but it is also political. The good thing is we are in the World Games, FISU and the Masters Games.
- Antidoping: this is major concern. A positive test at World Games could cost us our place in that event. In 2020 we had 4.8% positives, in 2021 we had 3.8% but we must still work very hard to get the message to lifters not to dope. One thing is for nations not to chase lifters to come back after they have been suspended for doping. We are working to get classic as well as equipped lifting at the World Games but nations who have high numbers of suspended lifters will not get a chance to World Games. The responsibility is on nations to work on anti-doping.

18. Adjournment

The General Assembly was Adjourned at 23:00 hrs.

Next General Assembly is scheduled for the day before the start of 2023 Classic Powerlifting Championship.

Minutes prepared by Chrissy Chamley

GA Chairperson

Dubai 1st December 2022