



ASIAN Region General Assembly Report 2022

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- 2. Roll Call of Member Federations and Delegates**
- 3. Minutes from previous General Assembly**
- 4. Presidents Report**
- 5. VP President Report**
- 6. Secretary General Report**
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Agenda

- 1. Welcome Message from the APF President**
- 2. Roll Call of Member Federations and Delegates**
- 3. Minutes from Previous General Assembly**
- 4. Presidents Report - Farshid Soltani**

I'm honored, and it is pleasure to welcome you to this year's Asian General Assembly here in Dubai. My sincere thanks go to each of you for your hard work in making our championships a success. My friends, this year we have an important election congress, and we need to vote for the right candidates that will ensure the necessary and daily work will be done in more professional and timely manner.

The Asian Powerlifting Federation started its activities successfully after a 2-year stagnation and after holding the Asia-Pacific Championship (Powerlifting and Bench Press) in Turkey-Istanbul, the Asian Powerlifting Championship in India-Coimbatore and also the Bench Press Championship in Mongolia. By all accounts, the Bench Press Championships in Mongolia was one of the most successful events in the history of the Asian Federation.

The Asian Region has three new member federations – Bahrain, Palestine, and Saudi Arabia. Qatar is currently being reviewed and is in the final stages of approval. They remain pending for now. From these member federations, we shall see large and competitive teams. We must begin to invest and prepare in our future, as the Asian Region will become the largest federation in the IPF. Key and important, we must evaluate our growth rate and begin to recruit additional volunteers and staff for the future.

By studying the submitted reports and the necessary coordination with the executive members of the Asian Powerlifting Federation, we come to another important point that for all 5 sub-regions of the Asian Powerlifting Federation – more training and education for our coaches', officials, and referees. This will be essential and a must to be undertaken as soon as possible. All coach seminars and education must go through the IPF.

The effort of the Asian Federation will be to keep these activities in balance in the 5 sub-regions of Asia. As you already know the new Bench Press rules will come into effect 1. January 2023. All referees will be required to ensure they understand and are prepared to officiate with the new rules in place.

As the IPF is now a member of the FISU, we shall undertake and now focus on having an Asian University Cup for the region. I will designate someone to oversee this initiative.

Anti-doping is major concern of mine in the region. We must ensure all member federations are clean! I ask the member federations in our region, to cooperate and team with their National Anti-doping agencies through having more anti-doping education for their athletes especially when it comes for Sub-junior and Junior lifters.

To close, I wish you a successful championship this week.

Thank you, always, for both your trust and support.

Farshid Soltani
APF President

5. Vice-President's Report (Kim Won Pok)

6. General Secretary report (Rajesh Tiwari)

Hearty Greetings to one and all present in this General Assembly of the Asian Powerlifting Federation.

As you all know, the two years preceding the current year were really bad for all human beings, particularly sportspersons as the world were under the grip of the pandemic called covid19. However, activities have been slowly picking up and we have almost regained rhythms in our sporting events.

During the year under review, we could successfully conduct the following Asian Championships with encouragingly satisfying turn out of participants and participating nations.

1. Asian equipped Powerlifting Championship at Coimbatore, India during 17th to 21st June 2022.

2. Asian Equipped and Classic Bench press Championship at Ulaanbaatar, Mongolia from 7th to 11th September 2022
3. Asian Classic Powerlifting Championship to be held at Dubai, UAE during 1st to 7th December 2022

Needless to mention that all the events could be very well organized.

It's really heartening to note that, despite the haunting aftereffects of the pandemic, member nations have started showing keen interest either in hosting or in participating in Powerlifting activities in our continent, with added vigor and enthusiasm.

We have to take forward our activities further in the days to come so that the Asian Region achieves prestigious position in the world meets.

Let me conclude with my Greetings, Thanks and Regards to everyone present for the sincere cooperation being received from all the member nations.

Please. Stay happy as ever.

Raajesh Tiwari
APF Secretary General.

7. Treasurer's Report (Dr. Josephine Ip)
APF Financial Report Summary 31-10-2022

Current Balance as of 17/6/2022
\$24,418.00 USD

Income

Annual due \$200 for 2022 or before

Brunei 900

Other countries to pay in Dubai

2021 Asian Powerlifting & Bench Press Championship left over
pending

2022 Equipped Powerlifting in India left over
pending

Expenses

Bank Charge 7-10/2022 for account keeping \$13/month -52

Bank charge for remittance -60

Bank charge for remittance -28

Air ticket for Christina Chamley to Mongolia -2743.2

Commentary fee combined

Air ticket for Christina Chamley to Dubai -3100

Printer accessory -12

2022 Bench Press Championship in Mongolia left over
pending

Balance @ 17/6/2022 19322.8

8. Budget

To be submitted for review at the General Assembly.

9. Committee Reports

Technical Committee Report (Chen-Yeh, Chao)

Right after the pandemic the sport powerlifting is back in motion in Asian region too, we had a decent number of participation in the Asia Equipped Powerlifting Championship in Coimbatore. There we had also over 9 new category 2 referees and 4 category 1 referees in addition to IPF. In Mongolia, Asian Equipped and Classic Bench Press also the things went well with enormous participation from almost all Nations. And all went well as always. In the forthcoming Asian Classic Powerlifting Championship, we see a record number of nominations as well as participation from almost all member nations of Asia. We take this as a positive note and powerlifting is back in action in Asia in a full fledged motion. With the help of my fellow EC members and our IPF referees we can finish the championship in a memorable way.

Medical Committee Report (Wing-Yuk Ip)

From 2015 until now in every Asia Powerlifting Championship an anti-doping seminar was held. Also, at the Bench Press Championship, an anti-doping seminar was organized during the Championship.

It is planned that updated anti-doping information and anti-doping education will be organized in every Powerlifting Championship during 2023. Education is necessary to combat doping our sport.

New members are welcomed. Country members are encouraged to send medical personnel to join the committee.

10. Sub-Region Reports

West Asia

To Asian Powerlifting Federation,
Hope you are in good health,

I am writing this report today about the progress of our Sport in GCC region which done during 2021-2022:

1. Hosting two (2) local competitions meets a year, in the UAE.
2. Hosting one (1) Judging Course and one (1) Training Course every year.
3. ALL drug-testing is conducted through CCES.
4. Assist the Saudi Arabia Federation to become an official IPF membership
5. under progress the Bahraini Federation and Jordan federation to become an official IPF membership
6. Request to organize and host West Asia Championships under the Asian Powerlifting Federation in Kuwait; in order to emphasize and grow the sport in different GCC Countries
7. organize and host the Asian Classic Powerlifting Championships 2022 in the UAE
8. I helped in organizing a local championship in Saudi Arabia.
9. I guided Emirati referees (3 referees' man & 1 referee women) to help in organizing Saudi Arabia championship.
10. I proposed to APF President Mr. Farshid Soltani and he suggest Mrs. Tatiana to lead the woman refereeing in Saudi Arabia.

Appreciating your kind consideration and cooperation with us,
And we are looking forward hearing from you soon.

Best Regards,
Head of the Powerlifting Committee for West Asia
Faisal Al Zaabi

East Asia

East Asia is one of the most important parts of our region – China, Hong Kong, Mongolia, and Taiwan are the members of this sub-region. All are very active and established federations. Mongolia directed and exceptional Bench Press Championship during September 2022 in Ulaanbaatar. I am very confident that China will join us this year at one of the Asian Championships. Also,

most important, in 2025 the World Games will be held in Chengdu, in the Peoples Republic of China.

Thank you,
Farshid Soltani

Central of Asia

REPORT PREPARED AT 24.20.2022

BY TATIANA ROMANOVA (KYRGYZSTAN)

Countries – Kazakhstan, Uzbekistan, Kyrgyzstan, Tajikistan, Turkmenistan.

Dear ladies and gentlemen, dear friends, and officials,
Here are the highlights of the main achievements of Central Asian Region in 2022. First of all, let me thank all officials of Central Asia that are always in contact with me discussing all possibilities and their needs.

I have created official Instagram and Facebook pages of Central Asian region @ipf.centralasia in 2017 and this page is still working as a connection bridge between CA countries where we always have discussions, announcements and share photos from the international platform. We have currently more than 2 thousands active followers who are always online and ready to comment the posts.

Last years (2020 – 2021) were very difficult for every country due to lockdown and COVID19 and we have organized special Online Anti-Doping Seminar with KAZ NADO and Central Asian coaches and lifters during that time. Uzbekistan is working very hard on this issue as Vice-President of the Federation Mr. Sergey Fotiev is working in the National Olympic Committee in Anti-Doping Commission as Sport Pharmacology Specialist. This is a great step forward for the National Uzbekistan Federation in terms of Anti-Doping Development. Uzbekistan has 2 national championships and Cups per year and this year Team UZB has shown very good results in the World Bench Press Championship

in Kazakhstan, Almaty on May 2022. This competition was a historical event as:

- 1) First World Championship in Kazakhstan
- 2) 50th years anniversary of IPF

Almost all Central Asian countries have taken part and very successfully. Tajikistan and Kyrgyzstan came to Almaty with national teams and came back to homeland with winner awards and medals even they are infrequent guests at the world platform.

I was a co-organizer of the World Bench press Championship in Kazakhstan this year and have done several duties as: logos and all visual materials' production, hotel and transfer booking and accreditation, communication, and coordination with the IPF and all national teams before and during competition, organization of the different processes and events. This experience was extremely interesting, and I thank IPF and Gaston Parage for your support.

Coming back to the Anti-Doping it is important to say about the problems as this year showed weaknesses of Central Asia as Tajikistan and Kazakhstan lifters was doping positive during the last months and this may cause a big negative effect on presence of National Federations on the IPF platform and possible disqualification. It is strongly recommended to start needed action against doping in every country as this is a very important for the IPF and the whole world.

Also, this year I have visited Saudi Arabia and taken part at the National Championship as chief referee. It is important and very useful to share experience with the new APF members and I am very happy that I have opportunity and skills to help the region to growth. The competition was highlighted with Women tournament where we had 44 of Female lifters; this is 40% of the whole number of lifters. The detailed report about this event was sent on October 20th to the IPF and APF.

It is important to add that there are a lot of female lifters in Asian region and as proposal for the APF Congress I would like to offer:

- APF need to create ASIAN WOMENS COMISSION and to include several members from different Asian nations and start development process with the plan of events such as Anti-Doping Seminars, Referee clinics, coaching education etc.

Generally, 2022 was the most active year compared to 2020 and 2021 as there are almost no COVID19 restrictions in the region and our respectful lifters and coaches have more opportunities to travel. At the end of my report I would like to thank APF President Farshid Soltani for you incredible and hard work for Asian Region and support of Central Asian region.

Best regards,

Tatiana Romanova (Kyrgyzstan)

Executive Committee Member of Asian Powerlifting Federation

Women's Commission Member of International Powerlifting Federation

South Asia Report

India: Out of the South Asian Nations, performance of Powerlifting India was outstanding. They conducted Powerlifting and Bench Press Championships for all age categories, viz, Sub Junior, Junior, Open and Masters. A large contingent of competitors was presented in the Asian Championship in Coimbatore, India and won Over All Championship. In the Asian Bench Press Championship, Mongolia they had participation with lifter as well as officials. And also conducted several national championships with a whopping competitor in all age groups in both men and women in powerlifting as well as bench press championships. India had also won many medals in the Sub Junior and Junior Equipped and Classic Powerlifting Championship at Turkey this year. Also had a huge number of 160 nominations in the Asia Pacific championship in New Zealand and upcoming Asian

Classic at Dubai this year. Four-member team will participate in both World University Powerlifting Cup as well as in World Open Equipped Powerlifting this year. Powerlifting in India is at its high as number of active lifters in India crossed 5000. As a in the path of media they had live streamed many national championships

P.J. Joseph

Representative for South Asia Region

Southeast Asia

I regret to inform everyone that after several years of excellent service to the Southeast Asian Region, Mr. John Coyle the former president of Thailand Powerlifting, resigned for personal and family reasons and has relocated back to the United States. We sincerely thank John for his work in developing powerlifting in Southeast Asia. We wish John continued success. Mr. Dayalan Jeevan, on an interim bases, until we have elections, will serve as the representative for Southeast Asian Region.

Farshid Soltani

APF President

11. Elections

President

- Farshid Soltani

Vice-President

- Kim Won Pok

Secretary General

- Tatiana Romanova
- Raajesh Tiwari

Treasurer

- Wing Yuk Ip (Dr. Josephine Ip)

Medical Committee

- Wing Yuk Ip (Dr. Josephine IP)

Technical committee

- Chen Yeh Chao

West Asia

- Feisal Al-zaabi

Central of Asia

- Tatiana Romanova

South of Asia

- P.J. Joseph

East of Asia

- Batulga Dash

South East of Asia

- Dayalan Jeevan

12. Appointments

13. New IPF Member Federations

Palestine

Saudi Arabia

Bahrain

Qatar (pending)

14. Hall of the Fame

Male Official – Kim Won Pok

Female Official – Chen Yeh Chao

15. Proposals from the Floor

16. Bids and confirmation on Future Championships

2023

1. Asian Powerlifting Championship: May / India
2. Asian Bench Press Equipped/Unequipped: September / U.A.E.
3. Asian Classic Powerlifting: December / Malaysia

2024

1. Asian Powerlifting Championship: May / Hong Kong
2. Asian Bench Press Equipped/Unequipped: Sept / Kuwait
3. Asian Classic Powerlifting: December / Uzbekistan

2025

1. Asian Powerlifting Championship: May / Indonesia
2. Asian Bench Press Equipped/Unequipped: Sept / Mongolia
3. Asian Classic Powerlifting: December / India

17. Any Other Business

18. Adjournment