

OFFICIAL INVITATION

Asian Powerlifting Federation and Turkish Powerlifting Federation invite

the APF member nations to participate in the

**Asian Classic and Equipped Benchpress Championships
from 21-27 September 2026**

in İstanbul, Türkiye

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director: Name: Gürhan Gürler
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**Accommodation
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APF PRESIDENT Farshid Soltani, farshid.soltani@powerlifting.sport
APF Secretary General Tatiana Romanova, tatiana.romanova@powerlifting.sport
APF Treasurer Ip Wing Yuk , Josephine.ip@powerlifting.sport

**APF Championship
Secretary** PJ Joseph, pjoseph_arjun@yahoo.co.in
**APF Technical
Chairwoman** Chen Yeh Chao, chenyehchao@yahoo.com.tw

Host City: ISTANBUL - TURKIYE

Date: 21-27 September 2026

Venue: Eser Diamond Hotel & Convention Center

Technical Meeting: 21 September, 18.00

Hotel:	Name: Eser Diamond Hotel & Convention center Address: Silivri İstanbul E-mail: yonetim@powerlifting.org.tr
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Hotel Rates:	Prices for night per room with breakfast
	130\$ (single room – 1 person) \$140 (twin room – 2 persons)

Note 1:

All athletes, coaches, referees and officials from each federation must stay in the official hotel for all days they require an accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship. For all championships, to receive accreditation, each athlete, coach, official or referee must stay in the designated championship hotel(s) for a minimum of three nights. In exchange the athlete, coach, official and referee shall receive accreditation for a period of three days – the arrival, competition, and departure day. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Note 2:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.

Payable by:

1. Bank transfer according to the invoice
Payment must be received at the bank account latest **at the issued payment deadline on the invoice.**
2. Payment links can also be sent at request but it should be paid by the deadline.

International Airport for arrival:	ISTANBUL INTERNATIONAL AIRPORT
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Arrivals/Transportation: \$80 per person from Airport to Hotel and Hotel to Airport (The transfer is for a minimum of 4people. You can request a price for a private transfer.)

Scales:	Scales will be available at the official hotel), 24 hours. Scales will also be available at the venue in the hotel gymnasium.
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Training :	Will be prepared by the Organizer.
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Flag and anthem:	Will be provided by the Organizer.
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Closing Banquet: Contact Ozan Erkan Kumit ozanerkankumitt@gmail.com
The banquets tickets must be ordered with the preliminary nomination. The tickets will be booked through the hotel Booking form

Participation Fee:	90\$ for each lifter declared must be wired to the APF bank account
Anti-Doping Fee:	80\$ for each lifter declared must be wired to the APF bank account
Coaches Fee:	50\$ for each Nominated Coach must be wired to the APF bank account

Health and Travel Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.

Anti-Doping Information:

For the: Asian Classic and Equipped Benchpress Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from ADeL with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
 - requirements for submitting whereabouts information
 - rights and responsibilities during [sample collection](#)
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are taking a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Nominations:	Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than: 24 July 2026
Preliminary:	24 July 2026 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).
Final:	31 August (later entries will not be accepted).

30 Days Before Technical Meeting: 31 August 2026 the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.

Correspondence: E-Mails regarding the championship must be sent to:
Meet Director and APF Championship Secretary

Please take note of IPF By-Law 14.4:

All accredited athletes, coaches, referees, and officials from each federation must stay in the official hotel for all days they require accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship.

For all championships, to receive accreditation, each athlete, coach, official or referee must stay in the designated championship hotel(s) for a minimum of three nights. In exchange the athlete, coach, official and referee shall receive accreditation for a period of three days – the arrival, competition, and departure day.

APF ACCOUNT NUMBER

China Citic Bank International Limited
Des Voeux Road Central Branch
The Chinese Bank Building
61-65 Des Voeux Road Central, Hong Kong
Swift Code: KWHKHKHH
Beneficiary's Name: Asian Powerlifting Federation
Beneficiary's A/C No: 018-744-1-40131301

Timetable

Technical Meeting: 21 September, 18:00

Date	Weigh-in Time	Event	Category	Start
22/09	9:00-10:30	Women Equipped	43/47/52/57/63	11:00
22/09	Opening Ceremony 14:00			
22/09	13:00-14:30	Women Equipped	69//76/84/84+	15:00
22/09	16:00-17:30	Men Equipped	53, 59, 66	18:00
23/09	9:00-10:30	Men Equipped	74, 83	11:00
23/09	12:00-13:30	Men Equipped	93, 105	14:00
24/09	8:00 – 9:30	Men Equipped	120, 120+	10:00
24/09	12:00-13:30	Women Classic	43/47/52	14:00
24/09	15:00-16:30	Women Classic	57/63/69	17:00
25/09	8:00 – 9:30	Women Classic	76/84/84+	10:00
25/09	12:00-13:30	Men Classic	53/59/66	14:00
26/09	8:00 – 9:30	Men Classic	74/83	10:00
26/09	16:30-18:00	Men Classic	93/105	18:30
27/09	8:00 – 9:30	Men Classic	120/120+	10:00
27/09	18.00	BANQUET		

Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 30 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According to Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on 21 September 18.00. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Farshid Soltani
APF President

Gürhan Gürler
TPSSF President
(Meet Director)