



OFFICIAL INVITATION

The International Powerlifting Federation, Asian Powerlifting Federation, and Malaysian Association for Powerlifting invite the IPF Member Nations in the Asian Region, to participate in the

Asian Classic Powerlifting Championship 2023

from December 10-18, 2023 in Johor Bahru, Malaysia

Please note: all information is posted only for informational purposes. All team selection (including athletes, coaches, referees, and officials), all official entries for the competition, and all hotel bookings must be done by IPF Member Nations, NOT by individuals.

| | |
|----------------------------|---|
| Competition Director | : Duzbionjit Singh duznary@gmail.com |
| Correspondence and Visa | : Atika, map.powerlifting@gmail.com |
| Organizing Chairman | : Dato' Dayalan Jeevan, dayalan.jeevan@gmail.com |
| APF Technical Chairwoman | : Chen-Yeh Chao, chenyehchao@yahoo.com.tw . |
| APF Competition Secretary | : PJ Joseph, pjoseph_arjun@yahoo.co.in |
| APF Secretay General | : Tatiana Romanova, romanovatm@gmail.com |
| Host City | : Johor Bahru, Malaysia |
| Date | : December 10-18, 2023 |
| Competition Venue | : Hotel Trove JB, Lvl 10. Jalan Dato' Abdullah Tahir, 80300 Johor Bahru, Johor, Malaysia |
| Official Hotel Information | : Hotel Trove JB (rates below) Holiday Inn City Centre JB (rates below) Grand Paragon Hotel JB (rates below) |

Nominations: Team nomination forms must be completed in Goodlift System and submitted to Competition Director Duzbionjit Singh, APF Technical Chairwoman Chen-Yeh Chao, and the APF Competition Secretary PJ Joseph NO LATER than: **10th October 2023**

Preliminary: **October 10th, 2023** complete filled in preliminary form must be sent. (No final nomination will be accepted if the preliminary was not sent.)

Final: **November 19th, 2023** (later entries will not be accepted).

Asian Powerlifting Federation

NO: 66, 1st floor, Al e Ahmad St., Tehran – Iran

Postal code: 1445843181

Tel:+98 21 88242100 Fax: +98 21 88270581



Participation Fee: 90 USD each lifter declared must be wired to the APF bank account.

Anti-Doping Fee: 70 USD for each lifter declared must be wired to the APF bank account.

Participation and Anti-Doping Fees Payable by:

Bank transfer in **USD**. Payment must be received in the APF bank account according to the invoice at the latest **21 days** prior to the beginning of the competition. All Cost of transfer must be borne by sender.

APF ACCOUNT NUMBER

China Citic Bank International Limited
Des Voeux Road Central Branch
The Chinese Bank Building
61-65 Des Voeux Road Central, Hong Kong
Swift Code: KWHKHKHH
Beneficiary's Name: Asian Powerlifting Federation
Beneficiary's A/C No: 018-744-1-40131301

Note 1:

All athletes, coaches, referees or officials from each Federation must stay in the Official Hotel (listed above) during the **entire duration** of the event. To be clear, this is December 10th- 18th . If athletes, coaches, referees or officials do not stay in the official hotel during the entire time in attendance at the competition, they will be obliged to pay an administration fee of EUR **100.00** per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that competition (By-Laws 14.4).

Note 2:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team Manager will be responsible. All rooms must be booked and paid for at the latest with the deadline for the final nomination by **November 19th, 2023**. After the deadline, the organizer cannot guarantee the accommodation.

Note 3:

Sub-Junior, Junior, & Master athletes can participate in and receive awards for the Open competition, and only can compete once in 1 chosen category.

Scales:

Scale will be available at the hotel/venue, 24 hours per day.

Training:

Training will be available at the hotel/venue for accredited people.

Flag and anthem:

Will be provided by the organizer.

Health and Travel Insurance: All delegate members **MUST** have a valid health insurance. The organizer and the IPF will not incur any expenses for a doctor or a stay in hospital. We also recommend travel insurance for covering loss of luggage, theft, delayed planes etc

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Accommodation and transportation:

ALL reservations and payments MUST be made through Malaysian Association For Powerlifting (account details as below)

Transportation:

Transport from Kuala Lumpur International Airport (KUL) to hotel: (travel time 3hrs)

US\$50 per person RETURN transfers by charter coach/bus (45 pax Maximum, 25 minimum)

*scheduled fixed timing - Organizer will consolidate groups into coaches according to schedule.

US \$55 per person per way private van (10 seater van) minimum 7 pax per booking.

Transport from Senai International Airport (JHB) to hotel: (travel time 45 mins)

US \$ 55 each way per car with max of 3 people

US \$ 25 per person each way private van 10 seater with a (min of 6 people),

Transport fee is payable in advance via transfer.

| HOTEL TROVE JB ROOM Types All room comes with Daily Breakfast and Lunch Buffet | Rate Per Person Per Night USD \$ |
|---|-------------------------------------|
| Single room | \$95.00 |
| Twin Sharing | \$80.00 |
| Triple Sharing (10 rooms cap) First come first serve. | \$70.00 |

| HOLIDAY INN CITY CENTRE JB All room comes with Daily Bfast and Buffet lunch at venue | Rate per person per night USD\$ |
|---|------------------------------------|
| Single Room | \$105 |
| Twin Sharing | \$ 90 |
| Triple Sharing (10room cap) | \$ 80 |

| GRAND PARAGON HOTEL JB All room comes with Daily Bfast and Buffet lunch at venue | Rate Per Person Per Night USD \$ |
|---|-------------------------------------|
| Single room | \$85.00 |
| Twin Sharing | \$75.00 |
| Triple Sharing (10 rooms cap) First come first serve. | \$65.00 |

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All nominated lifters and officials must cover all hotel costs if we have received no information about a cancellation 14 days prior to the competition, and the same applies for the participation and anti-doping fees (IPF-By-Laws105.5.2).

21 Days Before Technical Meeting: November 19th , 2023 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms. If not, Federations are bound to pay the reserved hotel rooms, participation and anti-doping fees for all lifters specified at the final nomination form. Rooms booked on a first come first serve basis. Confirmation of room upon full payment.

Closing Banquet: Sunday, December 17th 2023 at 8pm. Price is US\$25 paid in advance via transfer or cash at the venue.

Payment in advance for banquet tickets is recommended. Closing ceremony gala and Best Team Trophy will be presented during the Banquet.

MAP Banking Info:

| | |
|--------------------|---|
| Beneficiary's Name | : PERSATUAN POWERLIFTING MALAYSIA |
| BANK | : CIMB BANK |
| Account Number | : 8008631328 |
| Swift Code | : CIBBMYKL |
| Branch | : Empire Gallery Subang Jaya. |
| Bank Address | : Empire Shopping Gallery, Jalan SS16/1, 47500 Subang Jaya, Selangor, Malaysia |

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Important Items to Remember

Preliminary nomination must be entered to the Goodlift system not later than 60 days before the date of the Championship with attachments of the following files: **Adel certificate, Consent form, personal photo of a lifter for live streaming.**

Final nominations must be submitted no later than **21 days** before the date of the competition and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted). According to Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes who will take part in the competition. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Sunday, December 10th at 8:00 PM. Victory and Award Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation. If the organizer does not receive confirmed cancellations of hotel rooms at least **21 days** prior to the competition, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2). All athletes, coaches, referees or officials from each federation must stay in the official hotel during the entire time in attendance at the competition. If athletes, coaches, referees or officials do not stay in the official hotel during the competition, they will be obliged to pay an administration fee **of EUR 100** per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from the competition (IPF By-laws 105.4.4).

Indemnity & Insurance: All participating Federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said competition.

FARSHID SOLTANI
APF PRESIDENT

TATIANA ROMANOVA
APF SECRETARY GENERAL

DATO' DAYALAN JEEVAN
MAP PRESIDENT

DUZBIONJIT SINGH
COMPETITION DIRECTOR

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2023 ASIAN CLASSIC POWERLIFTING CHAMPIONSHIP – TROVE HOTEL JOHOR BAHRU

Technical Meeting : SUNDAY, DECEMBER 10th at 8:00 PM.
 Referee Meeting : SUNDAY, DECEMBER 10th at 8:30 PM
 Opening Ceremony : MONDAY, DECEMBER 11th at 2.00PM.

**Provisional Timetable
 (Final Timetable will be made after the Technical Meeting)**

| Day | Weigh-in time | Classes | Start |
|---|-----------------------------------|---|----------|
| Monday, December 11th | 7:00 AM - 8:30 AM - Session 1 | Women: Jr Sjr all weight classes | 9:00 AM |
| | 1:00 PM - 2:30 PM - Session 2 | Women: Jr Sjr all weight classes | 3:00 PM |
| Tuesday December 12th | 7:00 AM - 8:30 AM - Session 1 | Women Masters all weight classes | 9:00 AM |
| | 12:00 PM - 1:30 PM - Session 2 | Men: Jr Sjr all weight classes | 2:00 PM |
| APF GENERAL ASSEMBLY : TUESDAY, DECEMBER 12th at 8:00 PM. | | | |
| Wednesday December 13th | 7.00 AM – 8.30 PM | Men: Jr Sjr all weight classes | 9.00 AM |
| Thursday December 14^t | 7:00 AM – 8:30 AM Session 1 | Men Masters all weight classes | 9:00 AM |
| | 12:00 PM - 1:30 PM - Session 2 | Men Jr Sjr, Masters All weight classes | 2:00 PM |
| Friday December 15th | 7:00 AM – 8:30 AM Session 1 | Women Open 47kg, 52kg & 57kg | 9:00 AM |
| | 12:00 PM - 1:30 PM - Session 2 | Women Open 63kg, 69 kg & 76kg | 2:00 PM |
| Saturday December 16th | 7:00 AM – 8:30 AM Session 1 | Women Open 84kg & 84+ kg Men Open 59kg | 9:00 AM |
| | 12:00 PM - 1:30 PM - Session 2 | Men Open 66kg& 74 kg | 2:00 PM |
| Sunday December 17th | 7:00 AM – 8:30 AM Session 1 | Men Open 83 kg& 93 kg | 9:00 AM |
| | 12:00 PM - 1:30 PM - Session 2 | Men Open 105kg | 2:00 PM |
| Monday December 18th | 8:00 AM – 9:30 AM Session 1 | Men Open 120 kg & 120 + kg | 10:00 AM |
| | 1.00 PM – 02.30 PM | Special Olympics & Blind | 03.00 PM |
| Closing Banquet : MONDAY, DECEMBER 18th at 8:00 PM. | | | |

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